

The Art of a



and title your work.

And we have witnessed some

smudging. Take care, and

smudge away.

journey together. We have

We are at the end of our

experienced some games.

more in half. Shred the piece in as many pieces as you can. Find a piece with writing on Sign the paper. Fold it once Put it in your pocket and ake that last piece you just itled. Fold it once in half. throw the rest of the piece

draw another. Now make a circle that does not touch either of the lines. Draw any not touch the other marks. through each previous drawing you made. Think Grab a blank piece of paper. Draw a line. From that line, form of your own that does Create a final line that passes about these past few minutes,

step away from life. Prepare for the

rest of this book

. The rest of the day.

long as you need. Take this time to the rays on your face. Stay there for as with eyes closed. Feel the warmth of

The fourth person you make reading this you must give a eye contact with after

> write it in the space below and think of a color. Now

Take a pause, look around

Shred Lye In the coming pages are the above games...