

<b>Name:</b> Roeth, Everett	<b>Birth Date:</b> 06/24/1997	<b>Measure Date:</b> 01/23/2026
<b>Age:</b> 28.5	<b>Height:</b> 72.0 in.	<b>Measure Time:</b> 1:49:52 PM
<b>Gender:</b> Male	<b>Weight:</b> 155.0 lbs.	

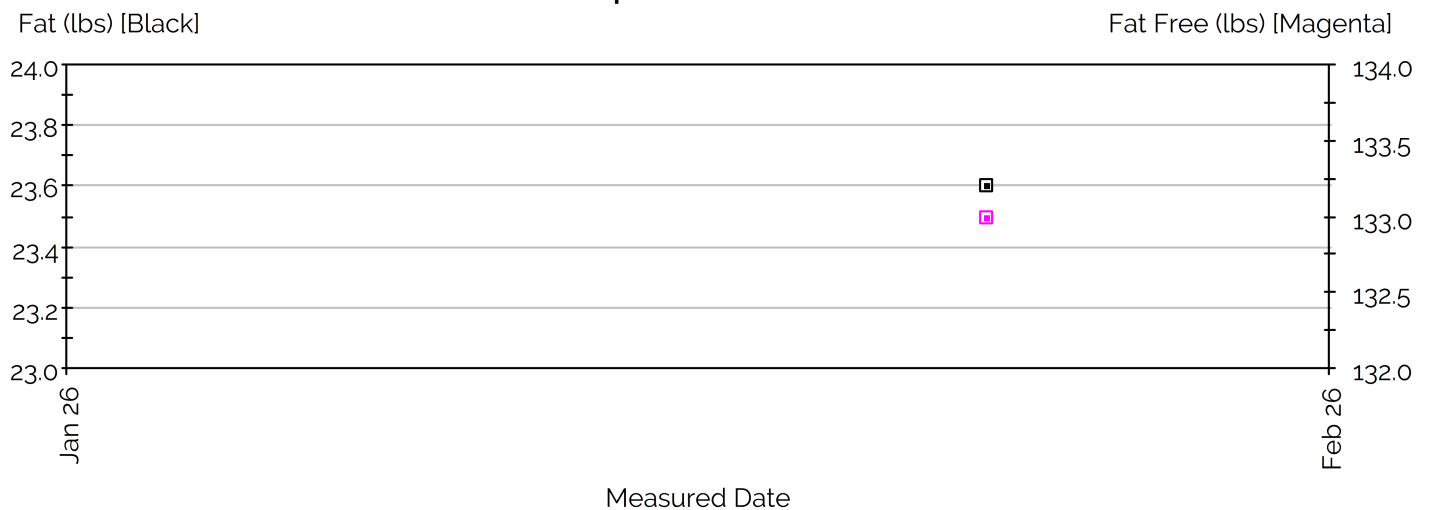
### DexaFit Summary Analysis Page

#### Summary - Total Body Composition Analysis

The total body composition table summarizes the metrics of your entire body and displays your Total Body Fat %, Total Mass (lbs), Fat Tissue (lbs), Lean Tissue (lbs), Bone Mineral Content (BMC), and Visceral Fat (lbs).

Measured Date	Total Body Fat %	Total Mass	Fat Tissue	Lean Tissue	BMC	Visceral Fat
01/23/2026	15.1%	156.6 lbs	23.6 lbs	126.0 lbs	6.9 lbs	0.33 lbs

#### Composition Trend: Total



#### Lean Mass Balance

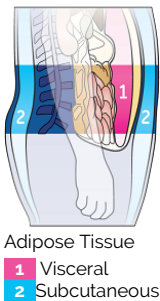
Lean mass balance is a comparison of your body's right to left lean mass symmetry. A lean mass difference close to zero indicates a balance of muscle. An injury, non-symmetrical training, or a health condition may cause disproportionate lean mass differences, but only your physician can determine if a health condition is the related cause.

Region	Measured Date	Lean Mass Right	Lean Mass Left	Lean Mass Difference
<b>Arms:</b>	01/23/2026	9.0 lbs	8.1 lbs	0.9 lbs
<b>Legs:</b>	01/23/2026	22.2 lbs	20.3 lbs	1.9 lbs
<b>Total:</b>	01/23/2026	62.5 lbs	63.6 lbs	-1.1 lbs

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<b>Gender:</b> Male	<b>Weight:</b> 155.0 lbs.	

## BODY COMPOSITION: Total Body (Enhanced Analysis)

Region	Body Fat (%)	Fat (lbs)	Lean (lbs)	BMC (lbs)	Total Mass (lbs)
Arms	13.9	2.9	17.0	1.1	21.0
Arm Right	13.8	1.5	9.0	0.6	11.1
Arm Left	14.1	1.4	8.1	0.5	10.0
Arms Diff.	-0.4	0.1	0.9	0.0	1.1
Legs	13.9	7.3	42.5	2.7	52.4
Leg Right	13.4	3.6	22.2	1.4	27.2
Leg Left	14.3	3.6	20.3	1.4	25.2
Legs Diff.	-0.9	0.0	1.9	0.0	2.0
Trunk	15.9	11.4	58.6	1.9	71.9
Trunk Right	16.8	5.7	27.4	0.9	34.1
Trunk Left	15.1	5.7	31.2	1.0	37.9
Trunk Diff.	1.7	0.0	-3.7	-0.1	-3.8
Android	14.1	1.3	7.6	0.1	9.0
Gynoid	15.3	3.7	19.8	0.7	24.2
Total	15.1	23.6	126.0	6.9	156.6
Total Right	15.3	11.9	62.5	3.4	77.8
Total Left	14.9	11.8	63.6	3.5	78.9
Total Diff.	0.3	0.1	-1.1	-0.1	-1.1



The Android region is that of the abdomen, and often the body type with increased fat in this area is described as "apple shaped." The Gynoid region is that around the hips and thighs and often the body type with increased fat in this area is described as "pear shaped." Understanding where fat is stored on the body is recognized as an important predictor of the potential health risks of obesity.

CoreScan estimates the VAT (Visceral Adipose Tissue) content within the android region, VAT is a specific type of fat that is associated with several types of metabolic diseases such as obesity, metabolic syndrome, and type 2 diabetes. CoreScan results have been validated for adults between ages 18-90, and with a BMI in the range of 18.5-40.

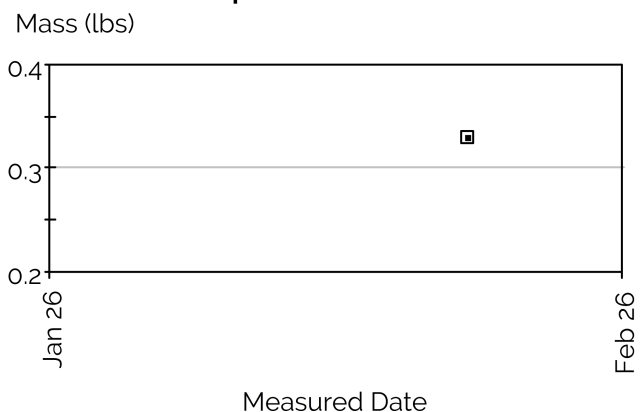
## Android/Gynoid Ratio

Measure Date	Android Body Fat %	Gynoid Body Fat %	A/G Ratio
01/23/2026	14.1%	15.3%	0.91

## Estimated Visceral Adipose Tissue

Measure Date	Android Fat Mass	Visceral Fat Mass
01/23/2026	1.3 lbs	0.33 lbs

## Composition Trend: VAT



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Measure Date: 01/23/2026

Age: 28.5

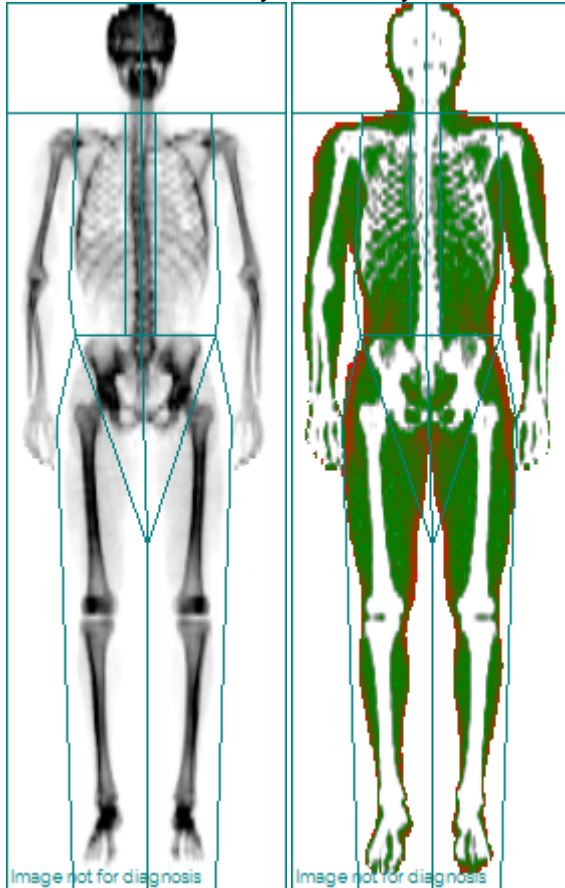
Height: 72.0 in.

Measured Time: 1:49:52 PM

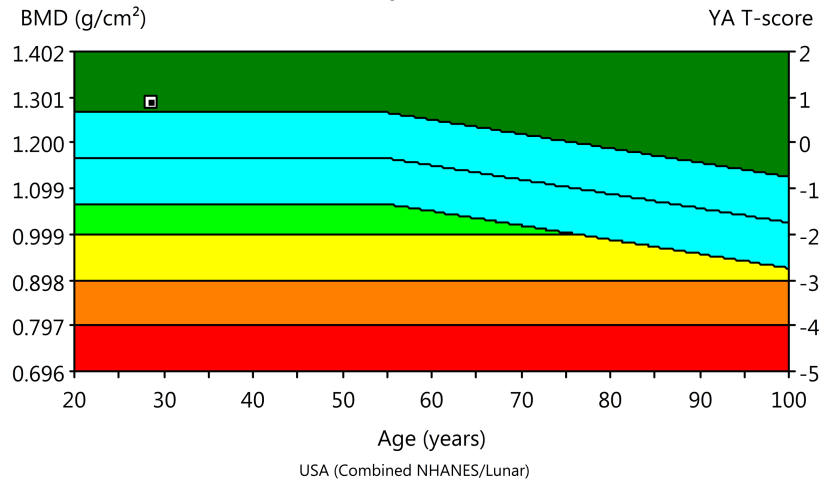
Gender: Male

Weight: 155.0 lbs.

### Total Body Bone Density

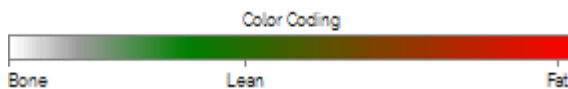


### Total Body: Total (BMD)



### Densitometry: USA (Combined NHANES/Lunar) (Enhanced Analysis)

Region	BMD (g/cm <sup>3</sup> )	YA T-score	AM Z-score
Head	2.051	-	-
Arms	0.940	-	-
Legs	1.461	-	-
Trunk	1.093	-	-
Ribs	0.880	-	-
Spine	1.135	-	-
Pelvis	1.243	-	-
Total	1.293	0.9	1.3



Region	Measured Date	Age	Body Fat %	%Change vs. Previous	%Change vs. Baseline
Arms:	01/23/2026	28.5	13.9	-	baseline
Legs:	01/23/2026	28.5	13.9	-	baseline
Trunk:	01/23/2026	28.5	15.9	-	baseline
Android:	01/23/2026	28.5	14.1	-	baseline
Gynoid:	01/23/2026	28.5	15.3	-	baseline
Total:	01/23/2026	28.5	15.1	-	baseline

### Body Composition History

Measured Date	Total Mass (lbs)	Change vs.		Fat Mass (lbs)	Change vs.		Lean Mass (lbs)	Change vs.	
		Baseline (lbs)	Previous (lbs)		Baseline (lbs)	Previous (lbs)		Baseline (lbs)	Previous (lbs)
01/23/2026	<b>156.6</b>	baseline	-	<b>23.6</b>	baseline	-	<b>126.0</b>	baseline	-



Image not for diagnosis



Image not for diagnosis