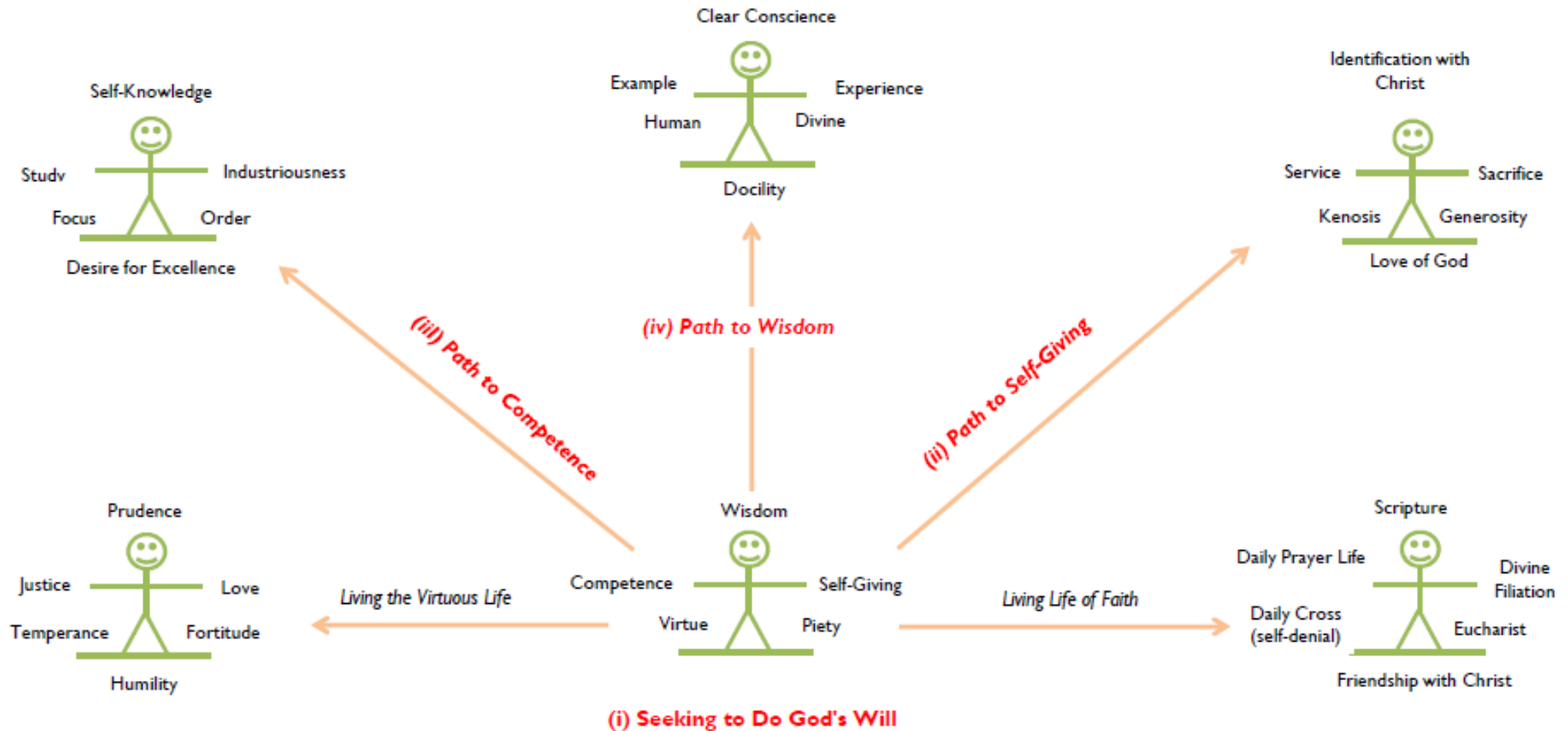


# Self-Mastery > Self-Giving

## Path to Lasting Joy in Life



Credit: Original idea from Mike Kelleher