

Mass fractions for nuclear reactions  
 $3^4\text{He} \leftrightarrow ^{12}\text{C}$ ,  $2^{12}\text{C} \leftrightarrow ^{24}\text{Mg}$ ,  
for  $T_p=7\text{E}+09$  K,  $\rho_p=1\text{E}+12$  g cm $^{-3}$

