Mass fractions for nuclear reactions
$3\,^{4}\mathrm{He} \longleftrightarrow\, ^{12}\mathrm{C}$, $2\,^{12}\mathrm{C} \longleftrightarrow\, ^{24}\mathrm{Mg}$,
for T=1.5E+09 K, step size h=1.4E+09 s