

Mass fractions for nuclear reactions  
 $3^4\text{He} \leftrightarrow ^{12}\text{C}$ ,  $2^{12}\text{C} \leftrightarrow ^{24}\text{Mg}$ ,  
for  $T=1.8\text{E}+09$  K, step size  $h=1.7\text{E}+08$  s

