

# Tope Ayodele

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## EDUCATION

**Ontario Tech University, Oshawa, ON**

**2022**

*Bachelor of Health Sciences (Honors), Human Health Sciences Specialization*

- **GPA: 3.97/ 4.3** (Awarded Highest Distinction for graduating with a cGPA >3.80)
- **Honors:** President's Honour, cGPA >3.80 (2018, 2020 – 2022), Dean's Honour, cGPA 3.50 – 3.79 (2019).
- **Relevant Coursework:** Biology, Anatomy & Physiology, Clinical Biochemistry, Statistics, Microbiology, Ethics, Mental Health & Developmental Disabilities, Social Psychology, Written Communication

## RELEVANT EXPERIENCE

**Undergraduate Researcher**

**2021 – Present**

*Arcand Lab - Ontario Tech University, Oshawa, ON, Canada*

- Evaluated 1007 unique articles for adherence to systematic review's inclusion/exclusion criteria.
- Collaboratively devised a template for evaluating quality of dietary assessment tools used in included studies based on 2 validated risk-of-bias assessment tools.
- Critically appraised quality of 14 dietary assessment tools for secondary analysis.
- Consolidated secondary analysis findings into an abstract which was published in the Canadian Foundation for Dietetic Research's 2022 Research Showcase (DOI: [10.3148/cjdpr-2022-045](https://doi.org/10.3148/cjdpr-2022-045)). Primary Systematic Review was published in the Journal of Nutrition Education and Behavior (DOI: [10.1016/j.jneb.2023.03.004](https://doi.org/10.1016/j.jneb.2023.03.004)).

**Clinical Intern**

**2023**

*RNZ Global Occupational Hospital, Port Harcourt, Nigeria*

- Performed 150+ diagnostic blood and urine tests to expedite diagnosis and increase patient satisfaction.
- Organized drug inventory and dispensed prescriptions for 100+ patients under pharmacists' supervision.
- Articulated perspectives during triweekly ward round discussions and raised questions, where appropriate, to stimulate team discussions and augment fellow interns' understanding of concepts.

**Hospital Volunteer**

**2021**

*Obio Cottage Hospital, Port Harcourt, Nigeria*

- Assisted physicians during preoperative antisepsis procedures and vaginal deliveries. Facilitated management of reproductive complications and concerns (e.g., Pap smears, birth defects) for 500+ patients.
- Administered immediate postnatal care (e.g., cleaning, measuring) to 6 neonates under nurses' supervision.
- Expedited preparation of delivery rooms and obstetric patients for 15+ vaginal births.
- Monitored over 80 patients' vital signs in wards and confidentially managed 120+ patients' records.

## EXTRACURRICULARS & INTERESTS

**Secretary**

**2021 – 2022**

*African Student Union - Ontario Tech University, Oshawa, ON*

- Collaborated with executive team to coordinate, advertise, and execute 3 social events to help 50+ recently immigrated African students feel less homesick and integrate into campus life.
- Implemented event ideas in correspondence with 2 external parties (i.e., ASU/CSA games night, & Student Union's PANGAEA cultural showcase). Events boasted a combined total of 300+ minority student attendees.

**Head of Marketing**

**2019 – 2020**

*Black Physicians of Tomorrow - Ontario Tech University, Oshawa, ON*

- Facilitated planning, promotion (posters & social media) and execution of several club events (e.g., Annual General Meeting & suturing event) to promote medical education accessibility for Black students; gained 20 members in first semester of club's revitalization.
- Enlisted working healthcare professionals to speak and participate in events.

**Interests:** Language Learning (French Beginner), Sustainability, Gardening, Clinical Volunteering, Event Planning