

Cyber Essentialism

Security Discipline, Collective Defense and the Pursuit of Less

Ben Johnson | March 2017

What is today's goal?

TO SPARK CONTEMPLATION

(and give you something to remember!)

Quick Background Check

- Experience
 - **NSA | U.S. Defense & Intelligence**
 - Intrusion Operations Division
 - **Carbon Black**
 - Co-Founder & CTO
 - Wrote initial EDR product
 - Spoke to 600 Orgs, 500,000 miles
 - **Ten Eleven Ventures (VC)**
 - Executive in Residence
 - Launching a new security company soon!!
- Education
 - University of Chicago (C.S.)
 - Johns Hopkins University (C.S.)
- Connect: [@chicagaben](https://twitter.com/chicagaben) | LinkedIn: [benjaminjohnson80](https://www.linkedin.com/in/benjaminjohnson80)



Cb

“Efficiency is doing **things right**;
Effectiveness is doing **right things**.”

– Peter Drucker, Business & Management Guru

ARE YOU AIMING FOR THIS?



BUT REALITY...

**YEAH, IF YOU COULD JUST KILL
ZERO DAYS**

THAT WOULD BE GREAT

memegenerator.net



TOO MANY DISTRACTIONS

Architecture Review

Capturing Metrics

Helpdesk Tickets HR

Tactics, Strategy & Ops

Bakeoffs Meetings RFPs

Troubleshooting

Recruiting Reading Blogs



Essentialism?

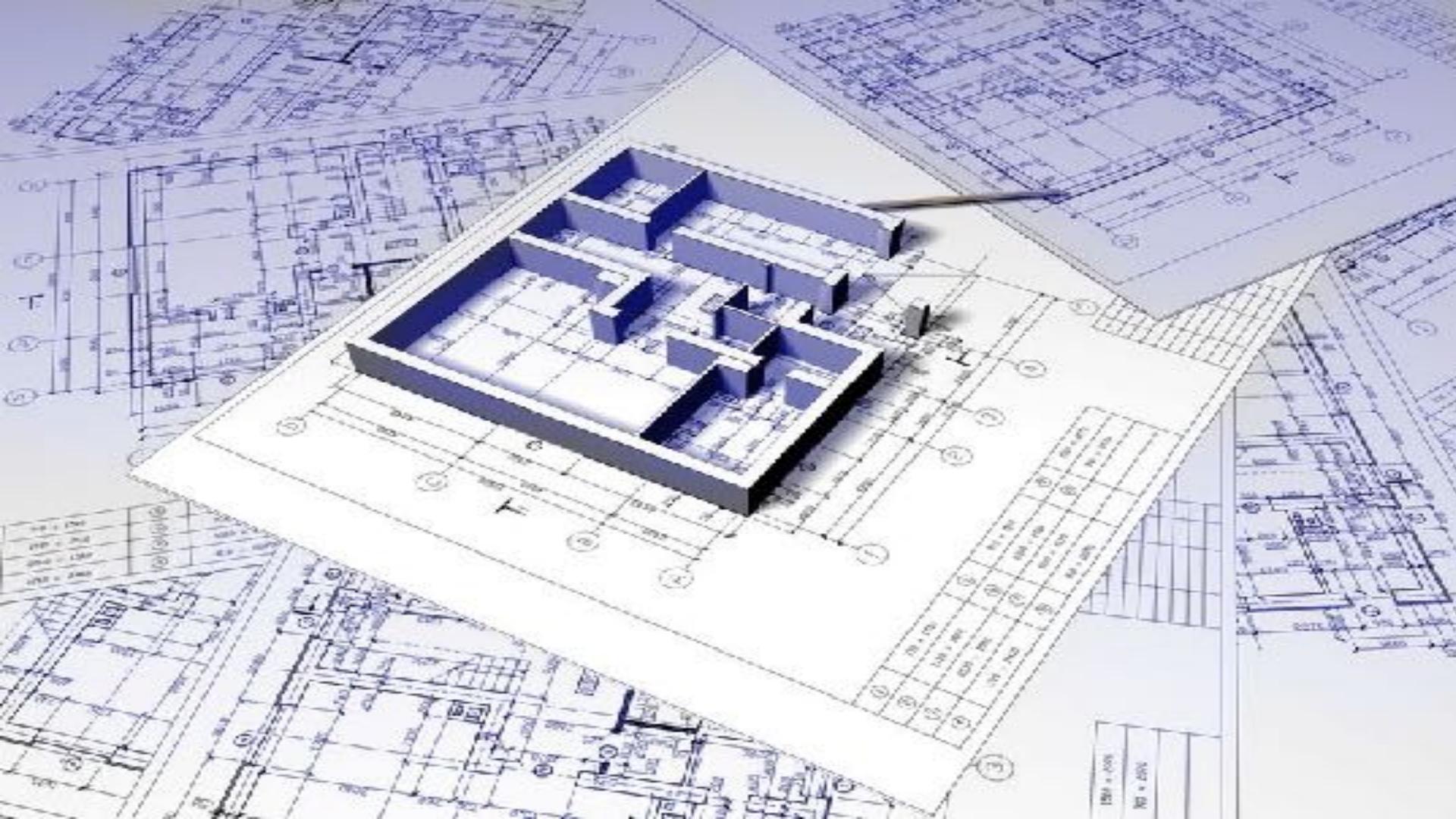


“It is about **making** the **wisest** possible **investment** of **your time** and energy in order to **operate** at our **highest** point of **contribution** by **doing** only what is **essential**.”

– *Greg McKeown, Author of Essentialism*

Rethinking Our Approach



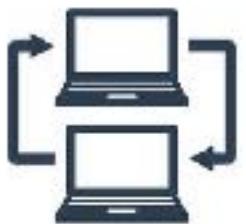


1000 x 1000
1000 x 1000

CYBERscape: The Cybersecurity Landscape

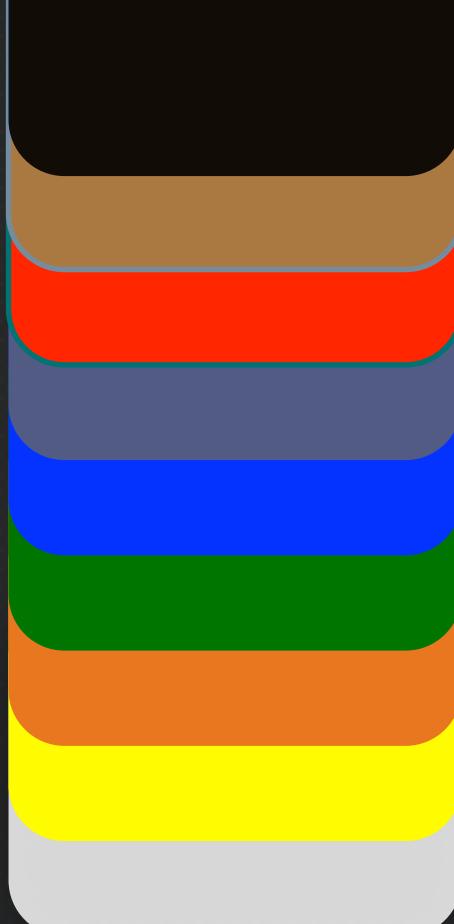
The Security Sector Is Dynamic And Vast. We Are Ceaseless & Vigilant In Our Coverage.







LAYERS-FU: CAPABILITY NOT CATEGORY



- Hunting & Collaborating
- Integration & Automation
- Hardening & Prevention
- Retrospection
- Patterns of Attack Detection
- Indicator-based Detection
- Remediation
- Triage
- Visibility

LAYERS-FU: EFFECTIVE USE OF TIME



Hunting & Collaborating



Integration & Automation



Hardening & Prevention



Retrospection



Patterns of Attack Detection



Indicator-based Detection



Remediation



Triage



Visibility







Increasing Supply

YOU CAN'T STOP WHAT YOU CAN'T SEE



BEING REACTIVE IS NOT EFFECTIVE



Waiting for
fires to put
out!

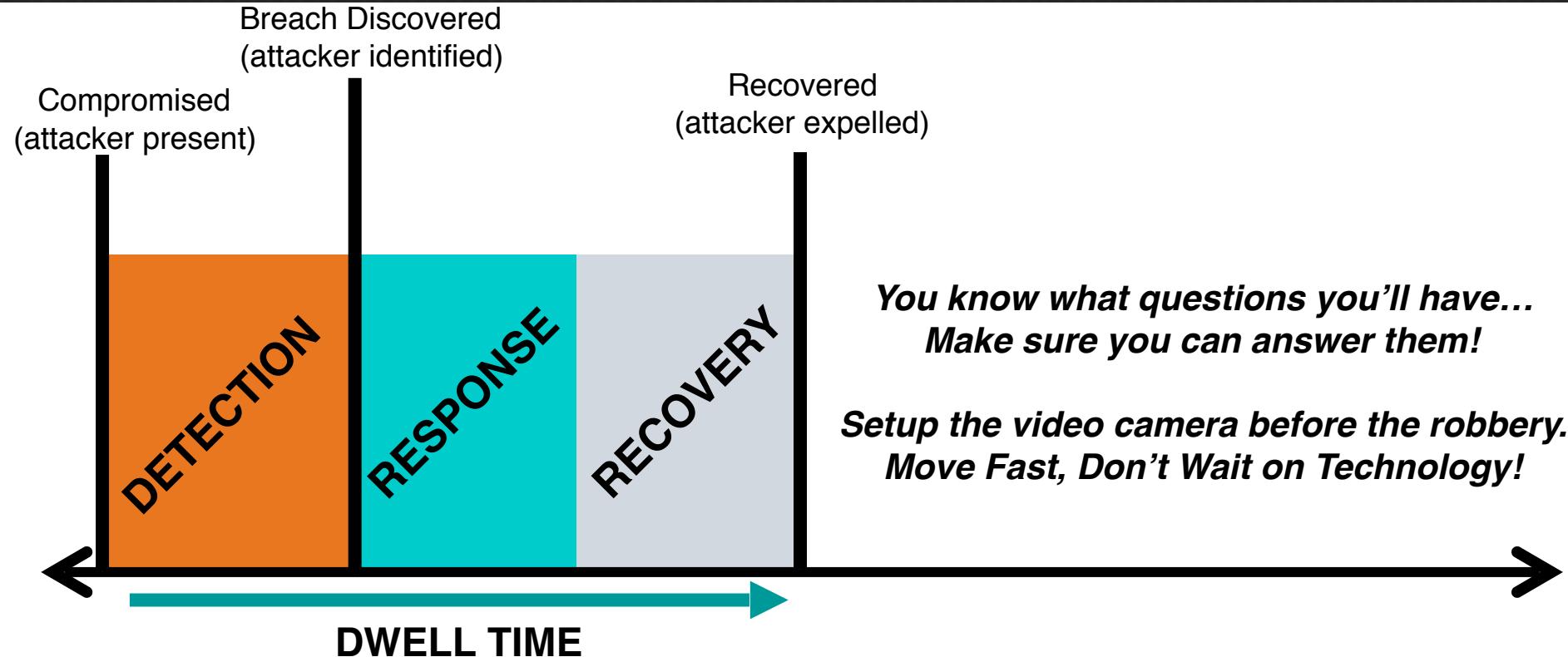
HARVESTING ALERTS (FARMING)



DEMAND ON RESPONSE TIME (SUPPLY)?



PRIORITIZE COLLECTION (VISIBILITY)

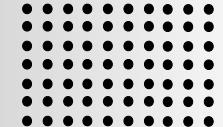


VISIBILITY: RELATIONSHIPS MATTER

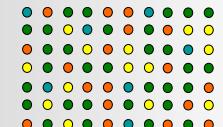
Scanning



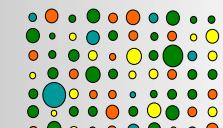
Continuous Recording



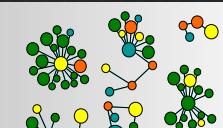
Continuous Recording + Intelligence



Continuous Recording + Intelligence + Prevalence



Continuous Recording + Intelligence + Prevalence + Relationships



CONTEXT

PROCESS
STRATEGY
CUSTOMER



FEEDBACK LOOPS



*Time is the dominant parameter.
The pilot who goes through the
OODA cycle in the **shortest time**
prevails because his opponent is
caught responding to situations
that have already changed.*

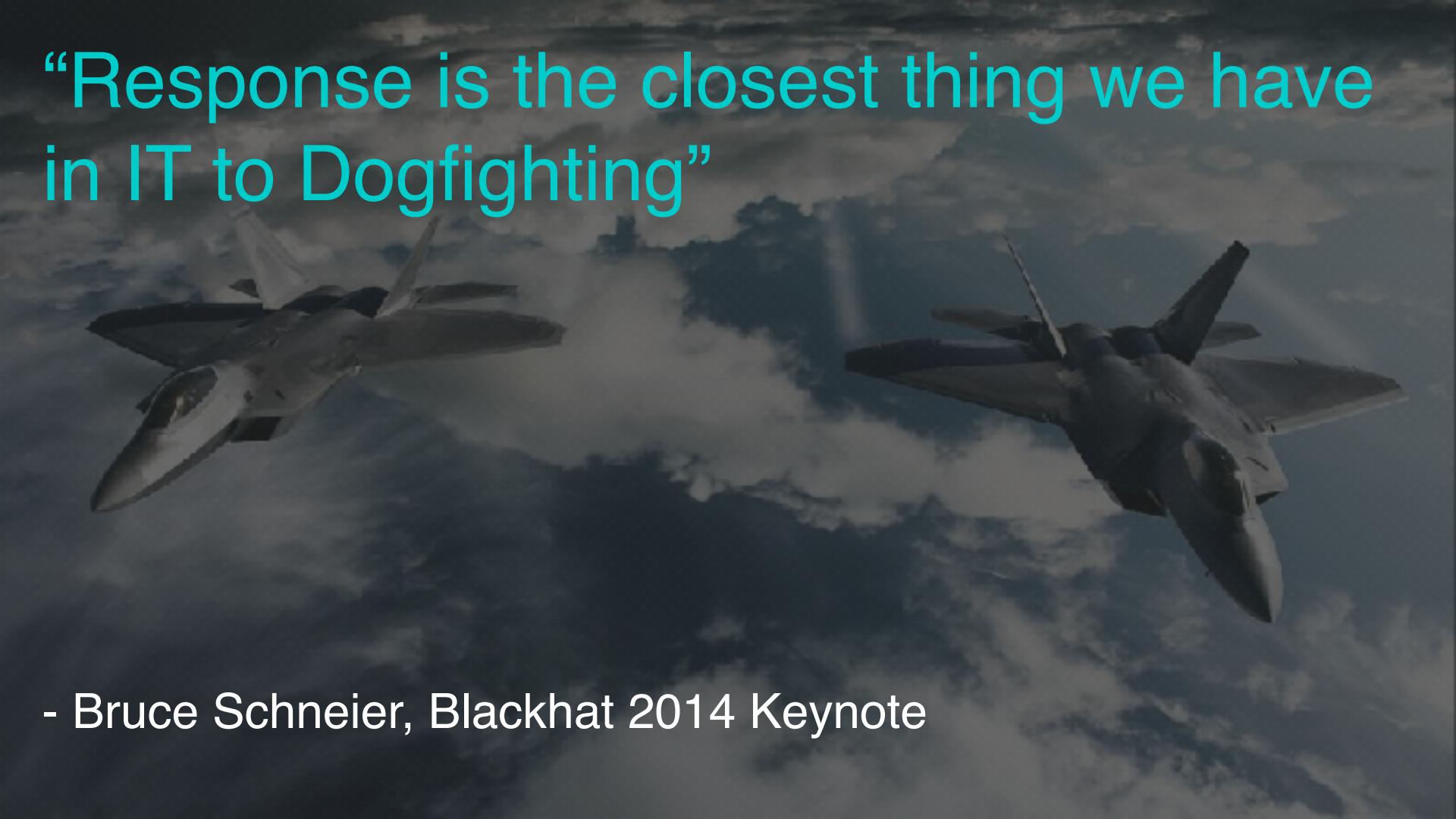
OBSERVE
ORIENT
DECIDE
ACT

Col John Boyd
1966

SPEED IS ESSENTIAL

“A **good decision today** is better than a **great decision 48-hours from now.**”

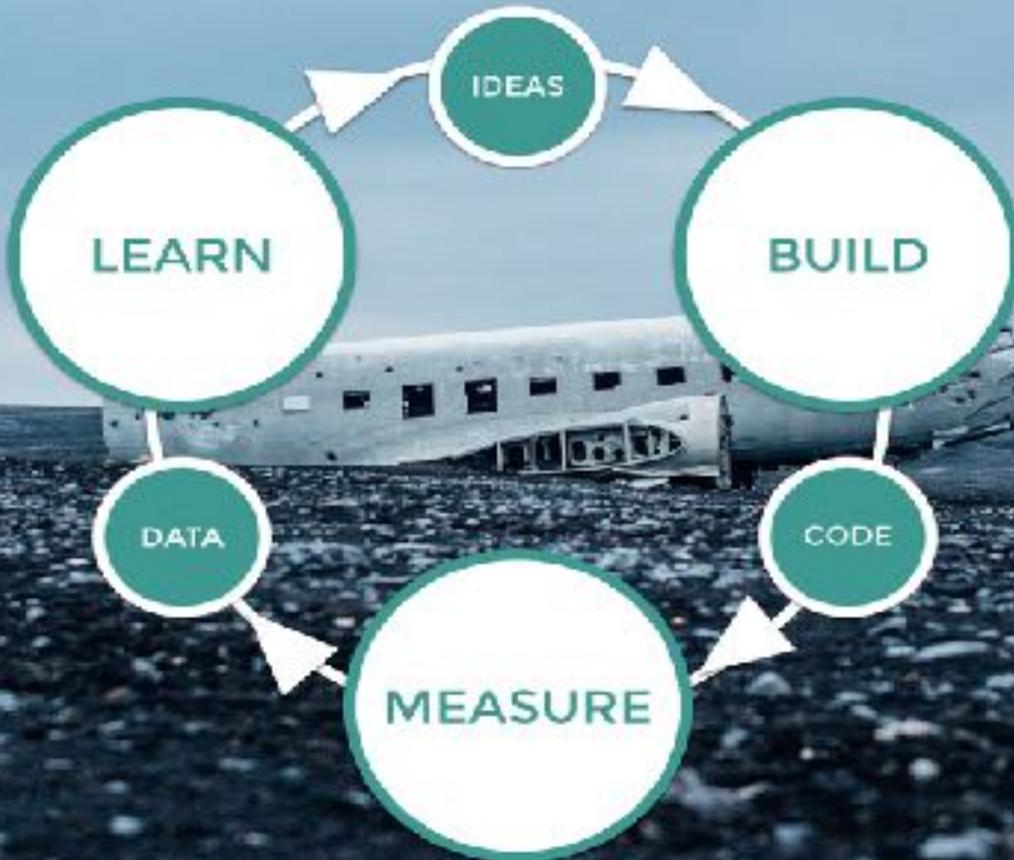
- *US Military*

A dark, atmospheric photograph of two fighter jets, likely F/A-18 Hornets, flying in formation. They are positioned in the upper left and lower right quadrants of the frame, angled towards each other. The background is filled with heavy, grey clouds.

“Response is the closest thing we have
in IT to Dogfighting”

- Bruce Schneier, Blackhat 2014 Keynote

THE LEAN STARTUP



TEAM OF MAN-MACHINES



Generating Demand

EVOLVING THREAT LANDSCAPE



Cybercriminals

- Broad-based and targeted
- Financially motivated
- Getting more sophisticated



Hactivists

- Targeted and destructive
- Unpredictable motivations
- Generally less sophisticated



Nation-States

- Targeted and multi-stage
- Motivated by data collection
- Highly sophisticated with endless resources



Insiders

- Targeted and destructive
- Unpredictable motivations
- Sophistication varies

Threats Live off the Land (and Blend In)



Today we published our report on the untold story of the Target attack. The full version is available [here](#).

announced that it had been breached by attackers who had gotten away with 70M customers' Personal Identifiable Information (PII). A few days later, Target admitted that 40M credit cards were stolen. The financial damages to Target currently stand at \$140M, and according to [analyst forecasts](#) are estimated to reach \$1B.

This report builds out the entire Target attack story and sheds light on the previously unanswered questions:

- How were the Target attackers able to leap from the machine of a sub-contractor to the heart of the payment systems?
- How did the attacker get a hold on some 70M "Personal Identifiable Information" (PII)?

The report reveals the attackers' Tactics, Techniques and Procedures (TTPs) and

- Attackers mostly used general IT tools, protocols and procedures. Seldom did they use hacker-specific tools and malware
 - Active Directory related activity was paramount to the attackers' success
 - Attackers used "Pass-the-Hash" techniques to propagate through Target's network
 - Attackers had gained access to 70M PII by exploiting a SQL server database





EXPAND DETECTION MINDSET

Traditional Focus

Only See Individual Detection Event

Missed without proper visibility

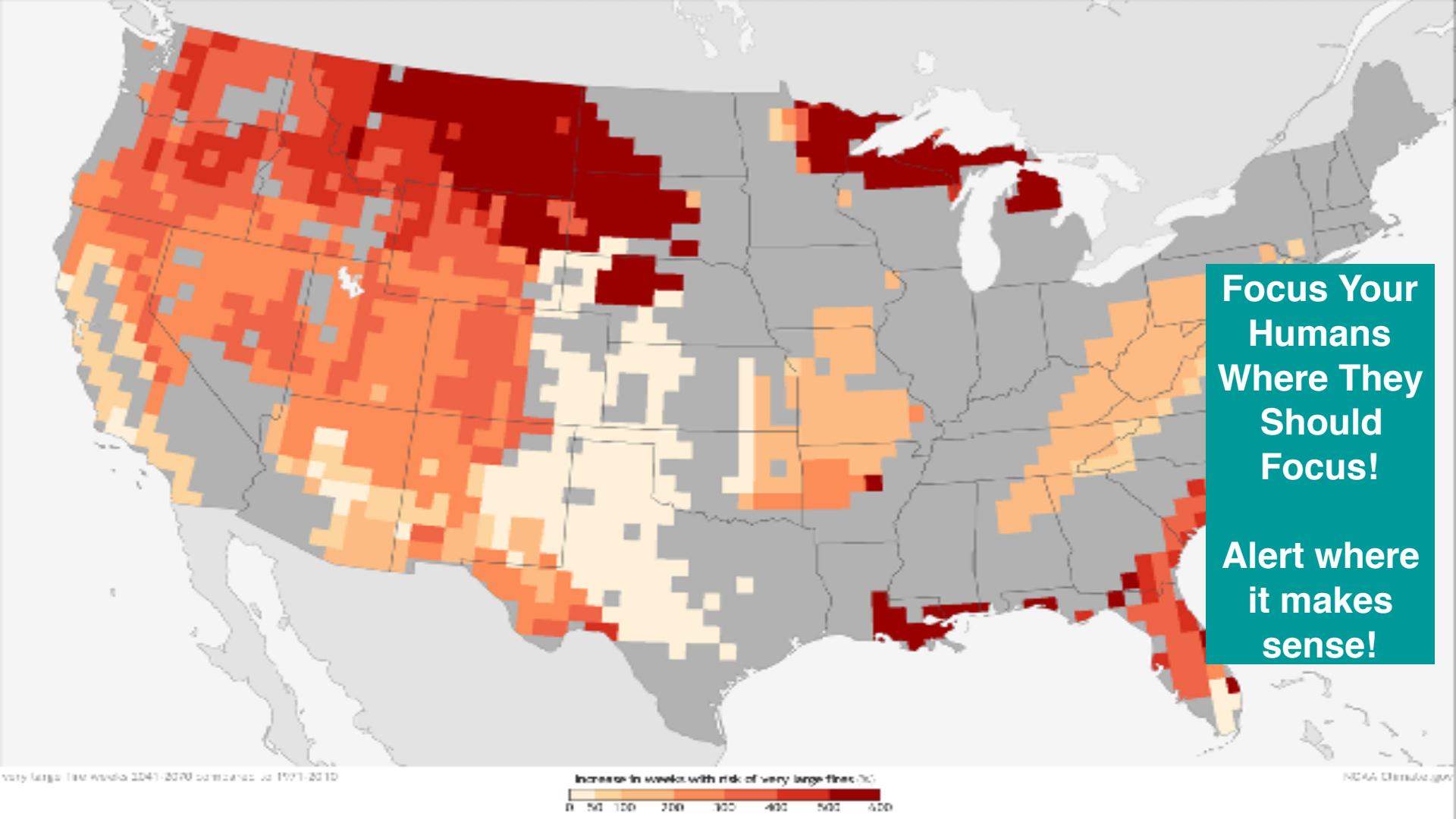
You can't know everything bad ahead of time

Abnormal Behavior

Account Compromise & Lateral Movement

Data Gathering & Exfiltration

Weeks to Months (Years)



Focus Your Humans Where They Should Focus!

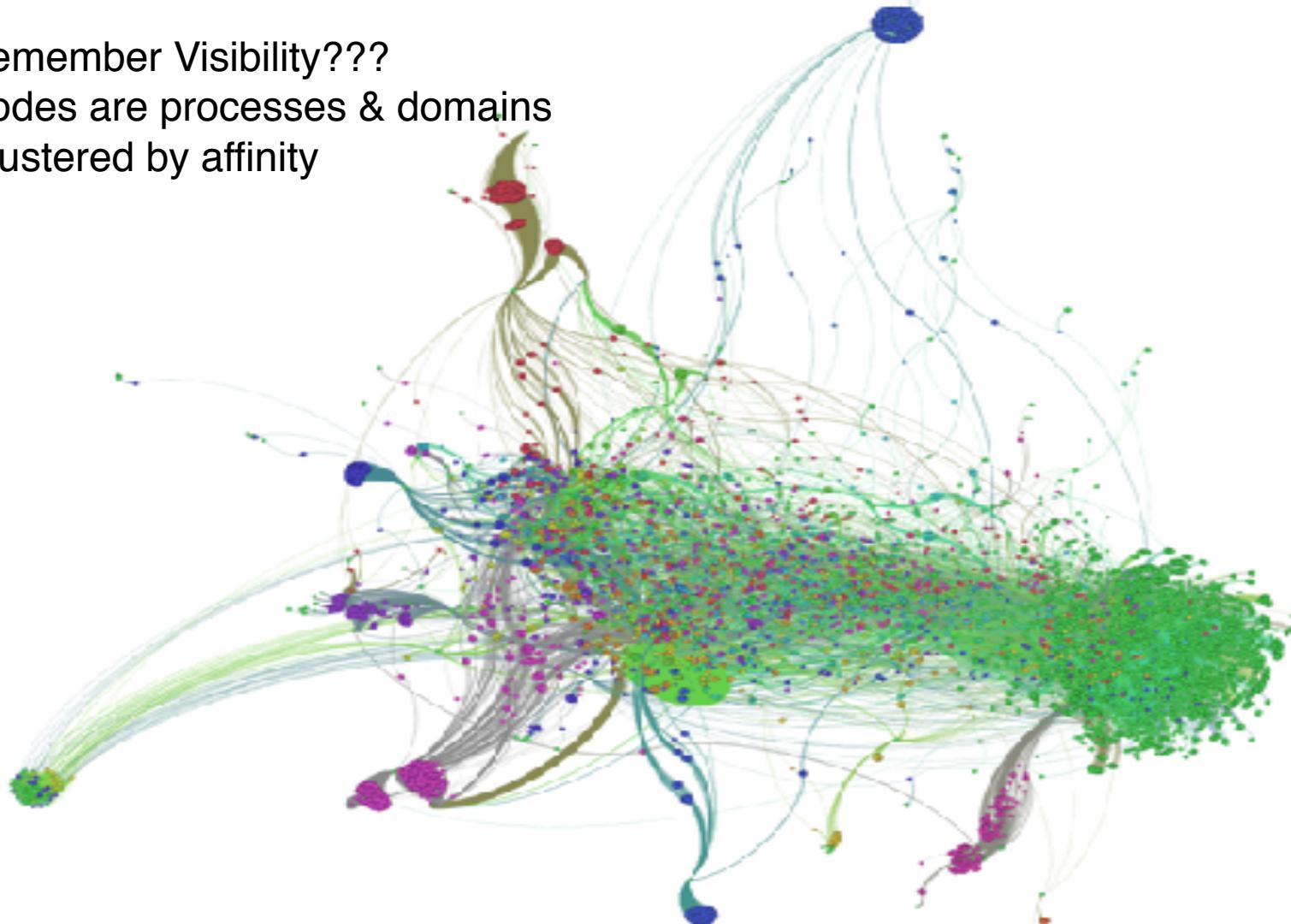
Alert where it makes sense!



Remember Visibility???

Nodes are processes & domains

Clustered by affinity

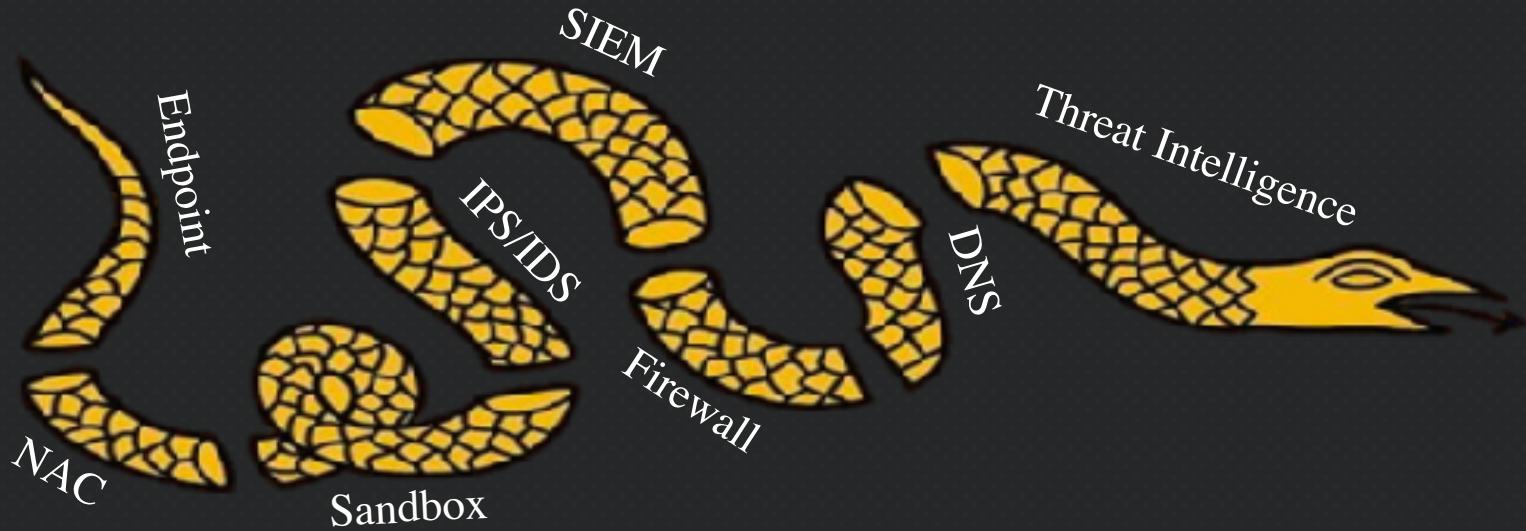


Creating Leverage



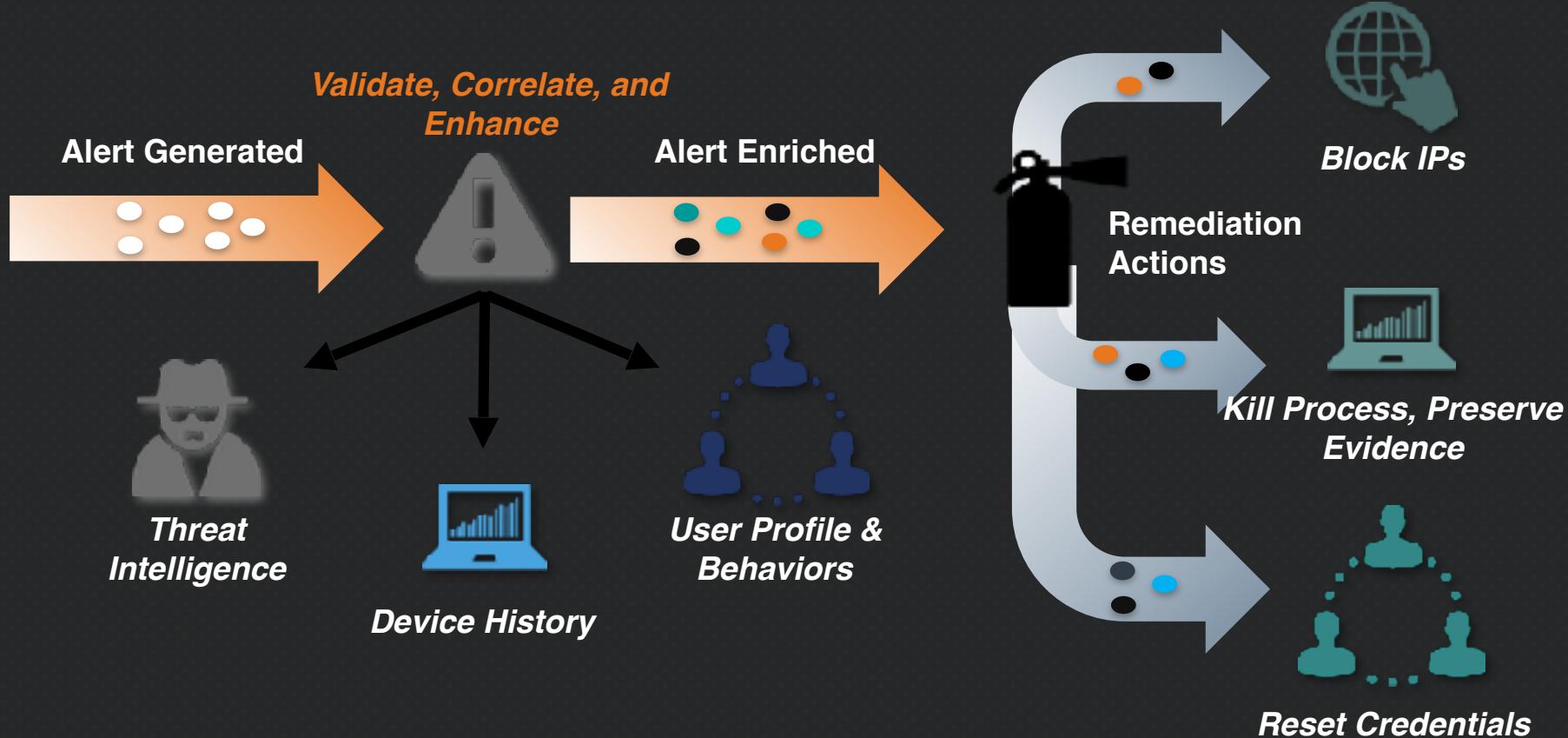


Modern Security Stacks Are Blended



AUTOMATE, or DIE

ORCHESTRATION IS ESSENTIAL



AUTOMATION IS ESSENTIAL

“Today’s attackers have the upper hand due to the problematic economics of computer security. Attackers have the concrete and inexpensive task of finding a single flaw to break a system. Defenders on the other hand are required to anticipate and deny any possible flaw – a goal both difficult to measure and expensive to achieve.

Only automation can upend these economics.”

– Defense Advanced Research Projects Agency



AUTOMATION ISN'T A SILVER BULLET

“The first rule of any technology used in a business is that **automation** applied to an **efficient** operation will **magnify** the **efficiency**. “

“The second is that **automation** applied to an **inefficient** operation will **magnify** the **inefficiency**. ”

- *Bill Gates*

TECH COMPANY – USE CASE

• Pre-Orchestration

- 2 security engineers
- 20-30 alerts a day
- Manually processed 4-6 alerts day (<10%)
- Data aggregation to handle alert ~2 hours (1 threat feed)
- Minimal endpoint/user visibility (mostly threat)
- No scoring information
- Time to resolution 5-10 days

• Post-Orchestration

- 2 security engineers
- 50-200 alerts day
- Automatically process 100% of alerts per day
- Data aggregation to handle alerts < 10 mins (5 threat feeds)
- Detailed endpoint/user visibility (endpoint, user, asset posture)
- Detailed scoring around threat, user, endpoint
- Time to resolution is <1hr

• Key points:

- Orchestration allowed us to add additional pieces to the stack. More alerts doesn't slow down resolution because automated
- hindrance.
- Today it is easier to install new security technology than hire people to run it, therefore, orchestration alleviates lack of available security talent.
- Visibility in overlap of alerts, for example, network/endpoint alerts triggering at same relative time.
- Centralized orchestration provides centralized visibility
- Swapped out vendors with no APIs to 100% API based stacked to increase speed and maintainability.



TECH COMPANY – SUMMARY

- | | |
|--|--|
| <ul style="list-style-type: none">• Pre-Orchestration – 2 Sec Engineers• 20 alerts a day• Manually processed 4-6 alerts (20%)• Data aggregation ~2 hours• Time to resolution 5-10 days | <ul style="list-style-type: none">• Post-Orchestration – 2 Sec Engineers• 200 alerts day• Automatically process 100% of alerts• Data aggregation ~10 mins• Time to resolution is <1hr |
|--|--|

- **Orchestration** allowed us to **add additional pieces** to the stack to **cover more gaps without** an **increase** in **headcount**
- **Today** it is **easier** to **install new security technology** than **hire people** to run it, therefore, **orchestration alleviates lack of available security talent.**

HUNTING





*"Vision without
action is a
daydream.*

*Action without
vision is a
nightmare."*

- Japanese proverb





HUNTING TIPS

- **ALLOW FOR CREATIVITY. ALLOW HUNTERS TO ‘EXPLORE’**
- LOOK FOR RISK. LOOK FOR THREATS.
- EXCHANGE INFORMATION QUICKLY
- LOOK ACROSS THE STACK – CONTEXT
- DON’T WAIT FOR MACHINES
- MAKE SURE THERE ARE LESSONS LEARNED FROM EACH HUNT

HUNTING OUTCOMES

- NOT ALWAYS MALWARE OR APT OR MALICIOUS ACTIVITY.
- WHERE TO HUNT?
- WHAT TO HUNT?
- WHERE ARE MY GAPS?
- WHERE ARE MY STRENGTHS?
- WHERE DO I NEED MORE CARE AND FEEDING?

COLLABORATE, SHARE, LEARN, EVOLVE!



WRAPPING UP

Breach Discovery's very nature
requires the *human element*

**In IT, we hire staff to
support technology**

**In security operations, we buy
technology to support staff**

Enable humans to make quicker decisions

COMPROMISE IS INEVITABLE

Attacker only has to be successful **once**, but
defender has to stop **100% of attacks**

Once the attacker is in **your environment**,
they should have to be 100% perfect.

LAYERS-FU: EFFECTIVE USE OF TIME



Hunting & Collaborating



Integration & Automation



Hardening & Prevention



Retrospection



Patterns of Attack Detection



Indicator-based Detection



Remediation



Triage



Visibility

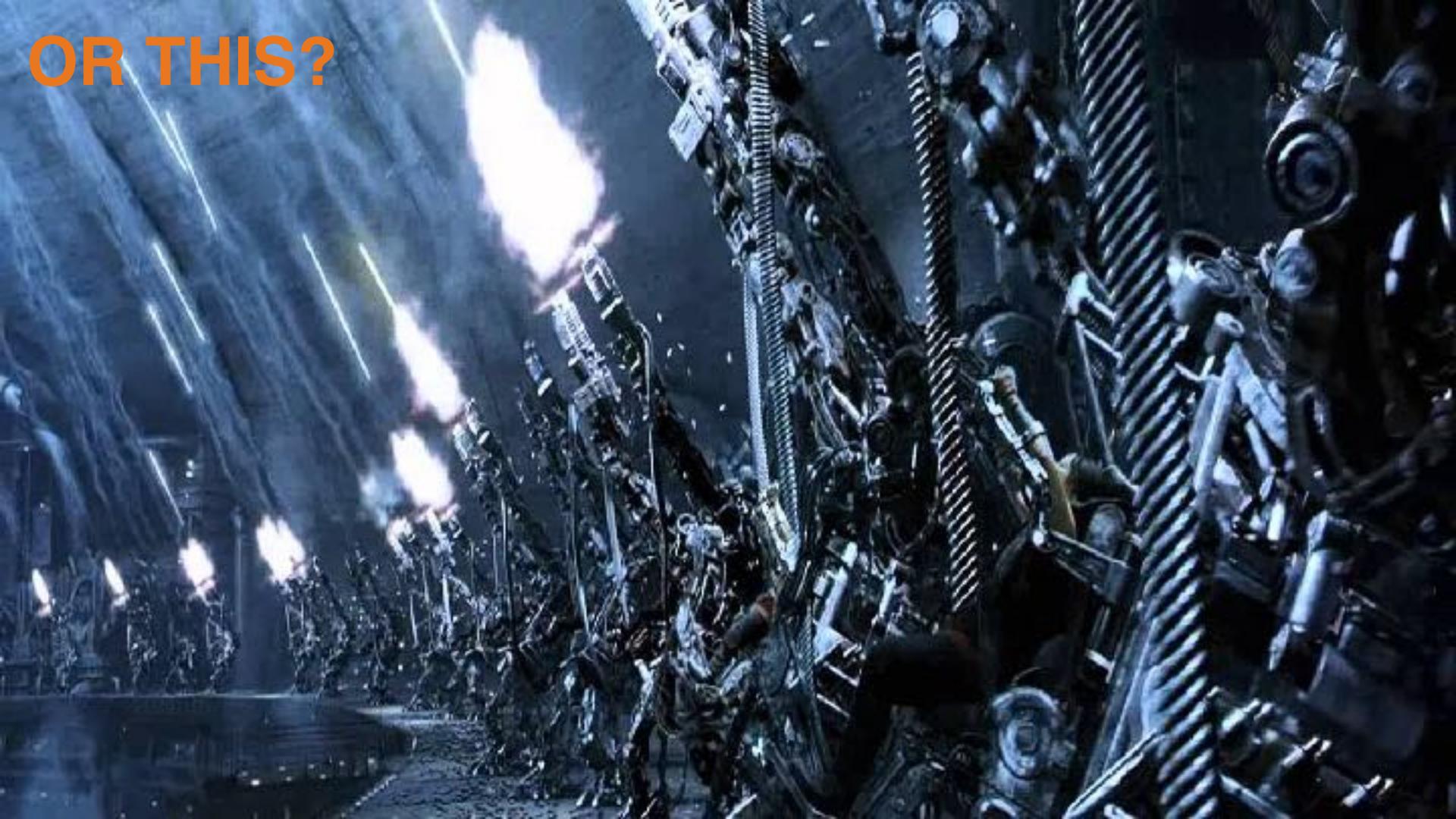
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ARE YOU AIMING FOR THIS?



OR THIS?



THE REAL WORLD??





Ok, But You Need Actionable Tips....

- Back to the basics - work with IT
- Pick a tool, leverage the hell out of it
- Reduce Scope — small wins are great!
- Focus on ROI of your time



How are you spending your time?

What's essential?

THANK YOU

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