## EMILY WEAGRAFF

3372 31st Street, San Diego, CA 92104 760-525-3291

#### SKILLS AND QUALIFICATIONS

- Ability to analyze and interpret information and data
- Experience with lab equipment and procedures
- Strong verbal communication and active listening skills
- Ability to work independently with minimal supervision
- Excellent written communication skills
- Skilled in using HTML, CSS and Javascript
- Detail-oriented

#### **CERTIFICATIONS**

- SheCodes Introduction to Coding
- SheCodes Plus Front End Development

### **EXPERIENCE**

# OPERATIONS SPECIALIST & SPECIALIST, APPLE INC, SAN DIEGO, CA APRIL 2016- PRESENT

- Ability to think quickly and perform problem-solving tasks, even within changing conditions
- Strong organizational skills to maintain a successful work environment
- Consistently maintain peer relationships to work effectively and efficiently as a team
- Ability to multi-task in high stress work environments and provide quality results
- Work in a fast-paced environment while maintaining a sense of urgency

# ENGLISH & HEALTH TEACHER, BANGKOK & PHRAE, THAILAND OCTOBER 2013- OCTOBER 2015

- Conducted English classes for primary and high school level students ages 6 18 at both a private and public school and taught up to 250 students a week
- Designed engaging and interactive lesson plans suitable for optimal learning that included a weekly topic followed by vocabulary and building basic sentences

- Assessed students knowledge and understanding with weekly written exams, oral communication and creative games and technology
- Improvised and dealt with uncertainty while working in a foreign country and a different educational system
- Maintained documentation on all students in accordance with school and regulatory guidelines

# PHYSIOLOGY RESEARCH ASSISTANT, CSUSM, SAN MARCOS, CA JANUARY 2012- MAY 2012

- Assisted professor by helping obtain data for research regarding the effects of high intensity interval training (HIIT) in sedentary females utilizing a stationary exercise bike
- Prepared equipment, such as exercise bike and equipment to assess VO2max and other metabolic markers that indicated physiological improvements
- Provided moral support to subjects as the intensity increased week by week
- Helped analyze data and show whether varying HIIT training regimens displayed physiological improvements in subjects

### PEER EDUCATOR, VCC CLINIC, VISTA, CA SEPTEMBER 2010-SEPTEMBER 2011

- Helped organize and facilitate clinic events by engaging with the youth and providing information regarding safe sex measures and HIV prevention
- Provided group and individual health education tools and information to at-risk youth ages 13-24 in non-traditional school settings
- Selected among multiple applicants to attend a national health conference on behalf of the Vista Community Clinic
- Wrote and created an electronic newsletters regarding safe sex practices and STD information, target audience ages 13-24

#### **EDUCATION**

BACHELOR OF SCIENCE IN KINESIOLOGY HEALTH SCIENCE, CALIFORNIA STATE UNIVERSITY, SAN MARCOS

### MINOR IN GERMAN