

If you want a torrent of riches, a healthy body, or just the power to work miracles in your life, says psychic master Evelyn Monahan, here is the book for you . . .

\$9.95

THE SECRETS OF META-COSMIC PROJECTION

by EVELYN M. MONAHAN



THE SECRETS OF META-COSMIC PROJECTION

by Evelyn M. Monahan

"Yes!" . . . the invincible force of Meta-Cosmic Projection has worked miracles in the lives of thousands, claims the author, and it CAN WORK MIRACLES in your life, too!

You have within you a tremendous treasure known as Meta-Cosmic Projection—you need only unlock the secrets of this power in order to claim success in all things, reports the author!

The author goes on to say that once you discover the Meta-Cosmic secrets revealed in this book, you'll have everything you want and need . . . whether it be riches, radiant health, possessions, love and friendship, peace of mind, or power beyond belief!

AGE OLD SECRETS REVEALED!

According to the author, Meta-Cosmic Projection is not some fly-by-night idea—**IT IS REAL!** In these thrilling pages, Monahan shows you:

- How to use the irresistible power of the Psychic Binoculars to see and reach your every goal!
- How to use the impenetrable protective force of the Meta-Psychic Shield!
- How to use the magnificent secrets of the Psychic Organizer technique!
- How to use the unlimited power of the many Meta-Cosmic Projections for anything you desire!
- And how to use the supreme force of the Meta-Cosmic Projection Telephone!

. . . all this, and much, much more!

The author says that your opportunities will be endless, and that you'll soon have the secrets of complete financial security—perfect health—protection from harm—love and happiness in every area of life—and a glorious new standard of living!

Best of all, this guide is written in clear, easy-to-understand language with no hard-to-follow directions. Quicker than you ever thought possible, states Monahan, you'll have the same secrets of power that have already worked miracles in the lives of so many others. Here are just a few . . .

- Calvin and Doris G. needed \$10,000—they received more than \$200,000!
- Jane R. received \$1,500 . . . a new job . . . and a promotion all at once!

(continued on back flap)

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Virtually overnight, you can have the things you desire most in life . . . says Evelyn Monahan . . . treasures, possessions, love and friendship, and power beyond belief! The author happily reports that, "The secrets of Meta-Cosmic Projection have enabled me to attain and obtain everything I want or need and they can do the same for you!"

PARTIAL OUTLINE OF CONTENTS

1. THE SECRETS OF META-COSMIC PROJECTION: A FOUNTAIN OF MIRACLES
2. THE MIRACULOUS LAWS OF META-COSMIC PROJECTION
3. THE SECRETS OF A HIGH PAYING JOB OR RICH REWARD WITHIN YOUR GRASP
4. USING PSYCHIC BINOCULARS TO SEE YOUR WAY CLEAR TO A HAPPY LIFE AND MARRIAGE
5. THE MIRACULOUS POWERS OF META-COSMIC PROJECTION UNLEASHES A FLOOD OF RICHES AND WEALTH
6. META-COSMIC PROJECTION PUTS YOU IN SUPER-COOL EMOTIONAL CONTROL
7. META-COSMIC PROJECTION: QUICKLY HEAL YOUR BODY FOREVER
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13. THE MAGIC OF THIS FORCE BRINGS YOU THE JOYOUS RESULTS YOU DESIRE
14. THE MIRACLES OF META-COSMIC PROJECTION—YOUR KEY TO A CONSTANT MONEY SUPPLY AND A WARM SECURITY BLANKET
15. THE LIFETIME SECRETS OF META-COSMIC PROJECTION—A MAGIC SOURCE OF UNLIMITED SUPPLY FOR THE REST OF YOUR LIFE



ABOUT THE AUTHOR

EVELYN M. MONAHAN is a well-respected authority in the field of metaphysics and the occult. She overcame nine years of blindness, epilepsy and paralysis through Metaphysical Healing. She has appeared on the Mike Douglas Show, The Tom Snyder Tomorrow Show, The David Susskind Show, and others. News of her remarkable recovery has been published in *Time Magazine*, *Newsweek*, *McCall's*, *The National Enquirer*, and *Midnight*. She was an instructor of Parapsychology at Georgia State University for five years, and holds a M. Ed. in Educational Psychology and a Ph.D. in Communication and Counseling Psychology. She has lectured widely in America and Canada, and is a special consultant to the President's Committee on Mental Retardation.

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Parker

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- Phyllis H. overcame arthritis!
- Victor M. regained the use of his right arm!
- Jim S. overcame paralysis caused by stroke!
- Don S. protected his home from the damage of fire!
- Joe and Sheila G. saved their marriage and are now happier than ever!

And that's not all. Among the other case histories you'll read about is the story of Evelyn Monahan herself. You'll see how she says she has overcome blindness, epilepsy, and paralysis with the power of Meta-Cosmic Projection!

Because of her miraculous recovery from illness, she vowed to share the details of this force with the entire world. And so at last, here are the powerful secrets of Meta-Cosmic Projection!

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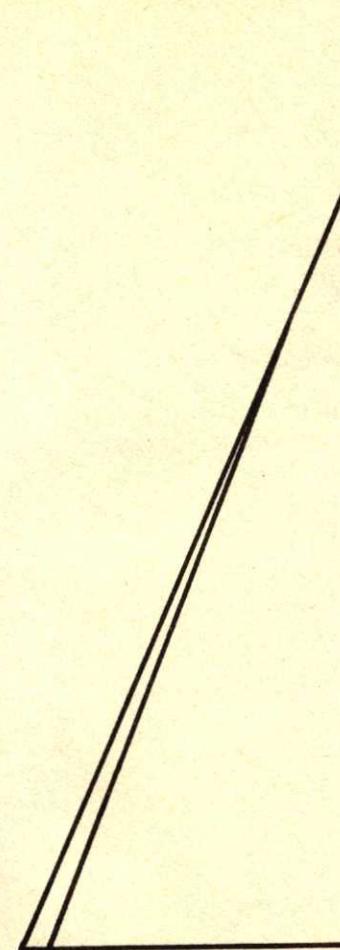
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Previous books by the author.

Evelyn M. Monahan and Terry Bakken, *Put Your Psychic Powers to Work: A Practical Guide to Parapsychology*. (Chicago, IL: Nelson-Hall, 1973)

Evelyn M. Monahan, *The Miracle of Metaphysical Healing* (West Nyack, NY: Parker Publishing Company, Inc., 1975)



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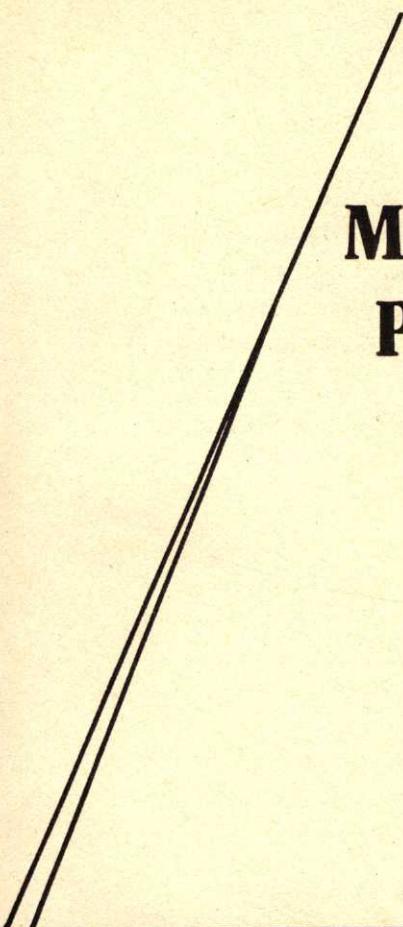
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**SECRETS
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What This Book Can Do For You

Would you like to know the secrets that can bring into your life all you need and want? Would you like to have the money to pay off bills, buy a house, purchase a car, travel, and still have a healthy bank account? Do you or a loved one have a health problem you want cured? Is depression or emotional stress a problem in your life? The secrets of Meta-Cosmic Projection can banish these problems and more for you — not in years or months but *now!*

Have you had a problem finding a job? Do you want a promotion at work? Would you like to have better working conditions? The secrets of Meta-Cosmic Projection can bring you the future you want by solving your problems today. Countless numbers of people have already discovered the unlimited power these secrets place in their life and you owe it to yourself to discover those secrets too. The invincible force of Meta-Cosmic Projection has worked miracles in the lives of thousands, and it can work miracles in your life today.

Forty-five Ways This Book Can Help You

Here is a partial list of the case histories that you will read about in the following chapters. All of these people have used the secrets of Meta-Cosmic Projection to bring into their life the things and goals they wanted and needed. The miraculous techniques that allowed them to do this are available to you in the pages of this book. You can use the irresistible power of the Psychic Binocular technique; the impenetrable force of the Meta-Psychic Shield technique; the miraculous power of the Psychic Organizer technique; the unlimited power of many

Meta-Cosmic Projection techniques; the limitless power of the Meta-Cosmic Microphone technique and the supreme force of the Meta-Cosmic Projection Telephone technique today and have everything you want and need.

They Did It and So Can You!

1. *Calvin and Doris G. needed \$10,000 — they received much more. (Chapter 14)*
2. *Mike N. got the money he needed to pay his bills and make a down payment on a new house. (Chapter 14)*
3. *Emily V. banished asthma attacks. (Chapter 7)*
4. *John B. cured his wife's stomach ulcers. (Chapter 7)*
5. *Phyllis H. overcame arthritis. (Chapter 7)*
6. *Tom K. won a color T.V. (Chapter 5)*
7. *Ron O. got the new car he wanted. (Chapter 5)*
8. *Dan and Iris B. built their dream house. (Chapter 5)*
9. *Cecil G. saved his son's life and helped put two dope pushers in jail. (Chapter 8)*
10. *Sharon A. stopped a burglar and kept her family and home safe. (Chapter 8)*
11. *Victor M. regained the use of his right arm. (Chapter 7)*
12. *Donald W. avoided being in a six-car pile-up. (Chapter 9)*
13. *Greg M. sold his company his idea. (Chapter 13)*
14. *Edna D. heard her inner guidance and saved her daughter's life. (Chapter 12)*
15. *Walt O. got the money he needed to have his house painted. (Chapter 14)*
16. *Denise N. changed from failure to success and got the job she wanted. (Chapter 1)*
17. *Jane R. received needed money, a new job, and a promotion. (Chapter 2)*
18. *Jack K. got promoted to management. (Chapter 3)*
19. *Bill K. won a \$500 cash award. (Chapter 3)*
20. *Jerry and Joan B. got the money they needed to spend an entire summer in Europe. (Chapter 5)*

21. Joe and Sheila G. saved their marriage and are happier than ever. (Chapter 4)
22. Rick W. got a new self-image and a new career. (Chapter 2)
23. Virginia G. overcame depression and nervousness during menopause. (Chapter 6)
24. Joseph W. overcame his secret enemies and gained a promotion at work. (Chapter 8)
25. Jim S. overcame the paralysis caused by a stroke. (Chapter 7)
26. Sarah T. overcame severe depression and developed a habit of happiness. (Chapter 6)
27. Virginia R. breezes through the heaviest traffic jams. (Chapter 9)
28. Mary J. got an urgent message to her husband that resulted in a large sales commission. (Chapter 10)
29. Rose A. brought eight old friends back into her life. (Chapter 10)
30. Robert L. protected his home so well that burglars left frustrated. (Chapter 11)
31. Tim R. was protected from serious injury on his job. (Chapter 11)
32. Robert M. broke a six-year psychotherapy habit. (Chapter 12)
33. Dan S. protected his home from the damage of fire. (Chapter 11)
34. Katherine B. reunited her family and refurnished her home. (Chapter 15)
35. Daren T. wrote his own happy ending to a big business deal. (Chapter 13)
36. Ray W. and Joan K. overcame family objections to their marriage. (Chapter 4)
37. Sue A. — at age 53 — found exactly the job she wanted. (Chapter 3)
38. George T. overcame a history of four divorces and achieved a happy marriage. (Chapter 4)
39. Jan W. doubled her purchasing power. (Chapter 5)

40. Brian B. cured his wife's depression and reunited his family. (Chapter 6)
41. Lilly D. was reunited with her sister after a two-year separation. (Chapter 10)
42. Brian N. got his salesmen to call in regularly. (Chapter 10)
43. Dottie F. protected her family from all vacation and sports accidents. (Chapter 11)
44. Don and Betty H. bought all their family's food at terrific savings. (Chapter 5)
45. Tony and Joyce D. got over a hundred dollars they weren't scheduled to receive. (Chapter 14)

Among the other case histories you will read about in the following pages is my own story. Meta-Cosmic Projection touched my life many years ago and has continually been a force in my life since that time. My life needed the invincible force of Meta-Cosmic Projection in each and every area of it. My goals, to overcome blindness, epilepsy, paralysis, and obscurity would need the unlimited power of this miraculous force if they were ever to be achieved. With the irresistible power of that miraculous force, I reached each of my goals and continue to use the secrets of Meta-Cosmic Projection in my life today. In Chapter 15 I share my story with you in detail, and I invite you to put the miraculous force of the secrets of Meta-Cosmic Projection to work in your life this very minute. These pages contain the secret Meta-Cosmic Projection techniques that will allow you to have everything you want and need. Countless thousands already know the miraculous results these secrets can bring to everyday living. Begin now to use the secrets of Meta-Cosmic Projection, and make a miracle an *everyday event* in your life!

Evelyn M. Monahan

CONTENTS

WHAT THIS BOOK CAN DO FOR YOU	11
1 THE SECRETS OF META-COSMIC PROJECTION:	
<i>Turn on a fountain of miracles today</i>	17
2 THE MIRACULOUS LAWS OF META-COSMIC PROJECTION	29
3 GAIN RICHES THROUGH META-COSMIC PROJECTION:	
<i>No high-paying job or rich reward is beyond your grasp</i>	41
4 USING PSYCHIC BINOCULARS:	
<i>See your way to a happy marriage</i>	55
5 UNLEASH A TORRENT OF RICHES AND WEALTH:	
<i>Through Meta-Cosmic Projection</i>	69
6 EMOTIONAL CONTROL THROUGH META-COSMIC PROJECTION:	
<i>Learn to be super-cool at all times</i>	81
7 HEALING THROUGH META-COSMIC PROJECTION:	
<i>Magic curative powers for your body</i>	95

8 THE POWER OF META-COSMIC PROJECTION:	
<i>Tyrants and enemies cannot harm you or your loved ones</i>	107
9 WORK WONDERS IN YOUR LIFE:	
<i>Through the secrets of Meta-Cosmic Projection</i>	119
10 COMMUNICATE WITH OTHERS:	
<i>Through the inspiration of Meta-Cosmic Projection</i>	129
11 META-COSMIC PROTECTION FOR YOU AND YOUR LOVED ONES:	
<i>At home, work and play</i>	141
12 THE META-COSMIC DIVINING ROD:	
<i>The power that points to the answers in your life</i>	153
13 BRING THE JOYOUS RESULTS YOU DESIRE:	
<i>Through the magic of Meta-Cosmic Projection</i>	165
14 THE KEY TO A CONSTANT MONEY SUPPLY:	
<i>A warm security blanket through Meta-Cosmic Projection</i>	175
15 YOUR UNLIMITED SUPPLY OF LIFETIME META-COSMIC POWER	187



1

**THE
SECRETS
OF
META-COSMIC
PROJECTION:**

**Turn on a fountain of miracles
today.**

If you want to be a success in all areas of life, this book is written especially for you. You have within you a tremendous treasure known as meta-cosmic projection, and you need only to unlock the secrets of this miraculous power in order to claim your success in all things.

It is not necessary for you to hunt success as so many individuals do in today's world. You are a born success, and the secrets of meta-cosmic projection will allow you to claim that success in everything you do. Armed with the miraculous secrets of meta-cosmic projection, awaiting you in every chapter of this book, you will find that no area of life is closed to you. Whether you use the secrets of meta-cosmic projection to claim your success in business, in relationships with other

people, or for monetary success, you will find that no barrier can withstand its awesome power. The secrets of meta-cosmic projection touch body, mind and spirit, and make it possible for you to claim your birthright — success in all things.

Despite the tremendous force which meta-cosmic projection puts at your command, you need not spend years learning to use it. The secrets of meta-cosmic projection are available to you this very minute. Each chapter of this book will tell you how to use meta-cosmic projection today.

If you have experienced failure in your life, it is time to change that failure to success. Through the power of meta-cosmic projection, you can transform all failure in your daily life and replace that failure with success and happiness. Once you have learned the secrets of meta-cosmic projection, success will be a habit in everything you do.

It is unfortunate that our educational system teaches students to accept supposed limitations rather than encouraging them to use the miraculous force present inside all of us. You, like most people, were probably exposed to this kind of traditional training. It is time for you to throw off this damaging training and begin to fill your life with success. No matter how elusive success may have seemed in the past, the secrets of meta-cosmic projection put success within your reach today.

One of the secrets you can use today is the secret of your psychic binoculars. With the use of psychic binoculars you can reconstruct your life this very minute. Your psychic binoculars will allow you to see clearly what you want out of life, and the power of meta-cosmic projection will allow you to reach every goal.

Denise N. Uses Psychic Binoculars to Reconstruct her Life

When I met Denise N. for the first time, she was a self-proclaimed failure. She sought me out after a talk I gave on the

secrets of meta-cosmic projection. Her words left no doubt as to her attitude toward life.

"You really believe that junk, don't you?" Denise said.

I asked her why she didn't believe that she, too, could use meta-cosmic projection and why she felt it was junk.

"Are you kidding?" she said. "You can't change things with your mind. The whole world is against the average person. You have to be somebody in order to be a success in this world. I don't care what secrets you think you have, they won't work in real life."

I asked Denise what it would take to get her to change her mind. What kind of success was she after?

"That's just it," she said. "I don't even know what I want out of life. I just know that everything I ever tried turned out to be a failure. It's as if everything I wish for never works out."

"Are you willing to take a chance?" I asked. "If I can teach you a way to find out what it is you want out of life, will you at least give it a try?"

Denise shrugged her shoulders. "Why not? But I don't see how you can tell me what I want, when I don't know myself."

"I can't tell you what you want, but I can tell you how you can find out," I said. "One of the secrets of meta-cosmic projection is the use of psychic binoculars. They allow you to take a look into the future so that you can decide on a goal or any number of goals."

"Yeah, well if it's real complicated to use them, just forget it. My life is complicated enough without adding complicated techniques to it."

I assured Denise that none of the secrets of meta-cosmic projection were complicated and that she could learn to use her psychic binoculars in about fifteen minutes. She agreed to invest her time, and I began to teach her about her psychic binoculars and other secrets of meta-cosmic projection. When she left an hour later, she was still skeptical, but her attitude had changed from "It can't be done" to "I'll give it a try."

Ten days passed before I heard from Denise. She looked like a different person. Her change in attitude had softened her features and the corners of her mouth turned up instead of down.

"You're not going to believe this," she said. "I used those psychic binoculars and decided on a new job I wanted. Well, I got the job two days ago and everything looks great. Those things really work. Once I decided what I wanted, I used the other secrets you taught me, and in five days I got the job offer."

Denise had visited me, not only to let me know what happened, she wanted to know more about meta-cosmic projection. Denise is now one of the strongest advocates of psychic binoculars and the secrets of meta-cosmic projection. Her life has been changed so that success is now a habit with her.

Your Psychic Binoculars

You have within you the ability to see into your own future. Just as ordinary binoculars bring distant objects clearly into your vision, so psychic binoculars bring your future into your consciousness today. Just as ordinary binoculars make distant objects — fuzzy to the unaided eye — appear crystal clear, so your psychic binoculars will bring your wants, needs, and wishes into focus so that you can choose your goals without any second thoughts. Once you have decided what goals you want to reach, the secrets of meta-cosmic projection will put them within your reach today.

It is unfortunate that so many people wander through life unhappy with their lack of success but don't realize that they have never decided what goals they are aiming at. It is impossible for such people to experience habitual success since they have never decided what it is they want out of life.

Your psychic binoculars make it possible for you to form

a clear picture of the goals you want to reach, whether those goals are monetary, job-connected, or emotional in nature. Your psychic binoculars make it possible for you to distinguish among your wishes, your wants and your needs. Once you have made this distinction, you can set your own criteria for success and use the secrets of meta-cosmic projection to guarantee that you will reach your goals.

How to Use Your Psychic Binoculars

You will need a piece of paper and a pencil or pen to begin this exercise. Once you have the paper and pen, you need only follow these simple steps that allow you a look through your psychic binoculars to see your goals clearly.

1. *Write the following two words on the piece of paper: "I wish."*
2. *Now close your eyes, relax, and mentally repeat the words "I wish" to yourself. Now complete that sentence with something you wish would come true. Write your wish on the paper directly after the words "I wish." For instance, if you wish for a new car, the paper would read "I wish I had a new car."*
3. *Again write the words "I wish" on the paper. Close your eyes and mentally repeat the words to yourself. Write your second wish on the paper.*
4. *For the third time write the words "I wish" on the paper. Close your eyes again and repeat the words "I wish" to yourself mentally. Write your third wish on the paper.*

You are now ready for the second part of this exercise in learning to use the secrets of your psychic binoculars.

5. *Write the words "I want" on the paper. Close your eyes and repeat the words "I want" to yourself mentally. Now complete the sentence and write your "want" on the piece of paper. If you want a million dollars, the paper will read "I want a million dollars."*

6. Write the words "I want" once again and repeat step five. Write your second "want" on the paper.

7. For the third and final time write the words "I want" on the paper and repeat step five again.

Your paper should now contain six sentences. Three sentences that state your wishes, and three sentences that state your wants.

You are now ready for part three of this exercise in the use of your psychic binoculars.

8. Write the words "I need" on the paper, relax and repeat the words to yourself mentally. Again write your completed sentence on the paper. If you feel you need a new job, the paper will read "I need a new job."

9. Now write the words "I need" again, and once again, relax and repeat the words to yourself. Write your second need on the paper.

10. For the third and final time, write the words "I need" on the paper and repeat step eight. Write your third need on the paper.

You are now ready to take an even closer look through your psychic binoculars. Read over the nine sentences you have written. Are your wishes, wants, and needs the same, or are they different? Is a wish the same as a want? Is a want the same as a need? Relax for a moment, close your eyes and ask yourself what a *wish* is, what a *want* is, and what a *need* is?

The fact is that a wish, a want, and a need are different things, even though a person can need, want, and wish for the same thing.

It is important that you recognize this difference so that you don't spend your life seeking goals that really have no meaning for you.

A wish can be defined in different ways, but one thing always true of wishes is the fact that they are not packed with energy that moves a person to action. Look through my psychic

binoculars with me for a moment. For a long time I *wished* I could play the piano. Today, many years later, I still can't play the piano. My psychic binoculars allowed me to see why I never learned to be the pianist I wished to be. My trouble was that I only *wished* to play the piano, but I never really wanted to learn. I failed to put any energy and action behind my wish. Wishes are like that. They most often remain thoughts that people do nothing to bring into reality.

If I had really wanted to play the piano, the story would be different. I would have backed up my *want* with energy for action, and sought and taken advantage of all opportunities to take piano lessons. I never really *wanted* to learn to play the piano and so I am still unable to play the piano today. Sometimes I still think — "Gee, I wish I could play the piano." — but with my psychic binoculars I can see that my thought is still a wish I'm not ready to put my energy into.

Are your wishes like my wish to play the piano? Are you willing to back them with action? If you are ready to do something to bring your wish into actuality, your *wish* may really be a *want*.

Wants, like wishes, may have several definitions, but, like wishes, all wants have something in common. Wants are backed by action. Again look through my psychic binoculars with me. A few years ago, I decided that I wanted to earn a masters degree and a doctorate in the field of psychology. Because this was a *want* and not merely a *wish*, I took the necessary steps to enroll in graduate school. Because I truly wanted those degrees, I took the necessary courses, did the required research, and wrote the necessary dissertation to fulfill the requirements for both degrees. I have earned both a masters and a doctorate in the field of psychology, because I wanted them instead of merely wishing for them. Wants are desires you are willing to *invest your time and energy in*, in order to reach your goal. When you truly want something, you will seek and take ad-

vantage of opportunities that will help you reach your wanted goal.

Are you willing to invest your time and energy in order to reach the goals you say you want? If you are not willing to back your wants with energy for action, perhaps they are not truly goals you want to reach. If you are not ready to seek and take advantage of opportunities that lead to the goals you want, perhaps your *wants* are really meaningless wishes. Goals you really only intend to dream about reaching without any action on your part, are *wishes* and not truly *wanted* goals.

Read the three sentences in which you stated your wants. Now relax, close your eyes, and mentally repeat the wants you have listed. Look into yourself and decide if the goals you have stated are truly things you want.

Human beings have many needs in common and many needs that are unique to individuals. Needs are frequently confused with wants, but do not necessarily have anything to do with what a person wants. Denise N. was able to see this difference by using her psychic binoculars. Denise first stated that she needed a million dollars. When she took a closer look through her psychic binoculars, Denise discovered that she didn't really *need* a million dollars at all. Any debts which Denise had did not come close to a million dollars. She did not *need* a million dollars to get her out of debt or to pay for a needed surgical operation. She did not *need* a million dollars to be herself. In fact, she did not need a million dollars at all.

If you have a true *need* to reach a goal, then you need that goal to be everything you can be. If you truly need something in your life, then without that something, you cannot truly be yourself. A *need* for a million dollars could only be a true need if a person had a million dollars worth of debts or actually could not reach a certain goal without a million dollars.

An example of real *needs* which all human beings have in common is the need to be loved and accepted and the need to

love and accept. The needs for food, safety, and shelter are also shared by human beings. Human beings do not have a great number of actual *needs* but they often confuse their needs with their wants and wishes. Read the three sentences in which you listed your needs. Relax, close your eyes, and repeat these listed needs to yourself mentally. With the aid of your psychic binoculars, look closely at these *needs* and decide if they are real *needs* or more accurately *wants* or even *wishes*.

It is unfortunate that most human beings never discover their psychic binoculars. Such people go through life *wishing* for things they don't really want or need, and *needing* things they neither want nor wish to attain.

Your psychic binoculars allow you to see your goals in the proper perspective. You can decide what you really *need* to be happy and successful, and what you *want* that will help you to be happy and successful. Your psychic binoculars allow you to stop wasting time *wishing* for things you neither *want* nor *need*. With your goals clearly set, you can use the secrets of meta-cosmic projection to attain each and every one of them.

Since you now know the difference between wishes, wants, and needs, you should repeat steps one through ten. Chances are your list of nine sentences will change considerably. Take time now to look through your psychic binoculars and complete steps one through ten again.

How have your listed goals changed? Did you discover that some of the things you thought you wanted were only things you wished to have or do? Did you discover that some of the things you thought you needed were simply things you wanted or wished to possess?

Now that you have a clearer picture of your real goals in life, of the things you really *want* and *need*, you can begin to use the powerful secrets of meta-cosmic projection to reach your goals. With the powerful secrets that await you in the following chapters, no true goal is impossible for you to reach. The

secrets of meta-cosmic projection put success in all things within your reach today. Now that you have found your goals through the use of your psychic binoculars, it is time for you to claim the success you have always deserved. *The Secrets of Meta-Cosmic Projection* give you the power to make success a habit in your everyday life.

You will learn to use the impenetrable force of your Meta-Cosmic Shield technique, the irresistible power of your Psychic Organizer technique, the incredible force of your Meta-Cosmic Projection Telephone technique, and your always answered Meta-Cosmic Prayer. These secrets are at your fingertips this very moment. Put them to work in your life today.

2



**THE
MIRACULOUS
LAWS OF
META-COSMIC
PROJECTION**

The miraculous laws of meta-cosmic projection have created the very world in which you live. Everything you see before you was once only a thought. It was the miraculous laws of meta-cosmic projection that turned those thoughts into material forms. These miraculous secret laws touch past, present, and future and can be controlled by you.

Your thoughts have already created the world in which you live and interact. If failure has touched your life in any way, the miraculous laws of meta-cosmic projection can turn that failure to success and make success a habit in all areas of your life.

If you have wandered through life until now without knowing what you really wanted and needed to be happy and suc-

cessful, it is no wonder that your life has been confused and untouched by success. Without setting goals for yourself, you can never know true happiness, and your life is bound to be marked by confusion and failure.

The laws of meta-cosmic projection never stand still. These miraculous laws have been in force in your life from the moment of your birth. In order to make these laws work for you, it is necessary that you learn the secrets of meta-cosmic projection — the very secrets that are presented to you in this book.

When I say that the laws of meta-cosmic projection have created the world in which you live today, I do not mean that you have used the laws to your benefit. In the past, and, in fact, to this very place in time, you have had certain ideas about yourself, your family, your friends, your job, and many other areas of life. Those ideas were expressed in your thoughts. You have thought about yourself in a certain way and have expected certain events to take place in your world. The image you have had of yourself has determined, to a large extent, the manner in which people have responded to you. If you have thought of yourself as a person who can't do anything right, most likely others have seen you as a failure. If your image of yourself has been one in which you consider yourself unattractive and dull, most likely, people have responded to you as if you were an undesirable bore. The laws of meta-cosmic projection are constantly at work creating your world from the substance of your thoughts.

The technique presented to you in this book will allow you to use the laws of meta-cosmic projection to create the world you want. The secrets of meta-cosmic projection will allow you to set aside the old image you have had of yourself and your abilities, and replace that image with one of success and happiness. The miraculous power of meta-cosmic projection works

with the speed of light and is at your finger tips this very moment. No matter how hopeless a situation seems to you, the secrets of meta-cosmic projection can change it to one in which success is a natural conclusion.

Meta-Cosmic Projection Conquers a Hopeless Situation

When I first met Rick W., he had one of the poorest, if not *the* poorest, self-image and success-image of anyone I had ever met. He was convinced that he was completely helpless concerning his own success or failure. Rick saw himself as an inadequate person who had nothing to offer to a company, to a conversation, to another person, or to himself. For twenty years Rick had wandered through life not daring to seek or even hope for success. In his own mind he was a born failure. He had flunked out of his freshman year in college. In two years' time he had held and been fired from four different jobs.

Rick quickly told me that seeking my help was a last resort. "I just don't know anywhere else to turn," said Rick. "I really don't think *you* can change my life either. In fact, I think I'm just a born loser."

"You're right about one thing, I can't change your life," I said. "I can teach you how to change it though."

Rick looked just as skeptical as when he first introduced himself.

"What are you going to do, give me a magic formula?" he asked. "I'd better tell you that I don't believe in magic."

"That's fine," I said. "I have no special magic to teach you. I do have a few secrets, though, that can turn you and your life around. The magic, however, is all within you. What I'd like to do is teach you how to use the secrets of meta-cosmic projection, if you want to learn to make success a habit."

"I don't mind trying anything, but if meta-cosmic projec-

tion works, it will be the first time something has been successful for me."

"What is your idea of success, Rick? What would it take to make you consider yourself and your life successful?" I asked.

Rick looked puzzled and shook his head. "I don't even know. I don't know what I want. I'm just tired of constant failure," Rick said.

For forty minutes I talked with Rick about psychic binoculars and the secret laws of meta-cosmic projection. Slowly, very slowly, the total skepticism began to leave Rick's face.

"It sounds logical, but are you sure it will work?" Rick asked.

"If you use the techniques I've just taught you, it can't help but work. There is no such thing as failure once you know how to use meta-cosmic projection," I said.

Rick decided he'd give meta-cosmic projection a try. In five days I received a call from him.

"I've got a job interview tomorrow. It's for a job I really want. I used the secrets of meta-cosmic projection to decide what I wanted and to get the interview. Now I'm scared I won't get the job," Rick said.

We spent thirty minutes on the phone. I explained, once again, that there is nothing stronger than meta-cosmic projection. When we hung up the phone, Rick was determined to use the secrets of meta-cosmic projection to get the job and keep it.

An entire week passed before I heard from Rick again. To my surprise, he was calling during his lunch hour.

"The interview was a breeze. They hired me on the spot," Rick said happily. "The job is really interesting and the company is going to pay my college tuition. Naturally, I'll have to go to night school, but now that I know what I want I won't have any trouble. These secrets of meta-cosmic projection have really changed my whole life. After all this time, I'm finally a winner."

Rick has been with that company for more than a year and has already received two promotions. He has maintained a "B" average in his night classes in college, and is thinking about going for an MBA once he has finished his undergraduate work. The secrets of meta-cosmic projection have unlocked a world of success for Rick. It will do the same for you.

Your Meta-Cosmic Technique for Unlocking the Winner Within Yourself

There are many wonderful things about meta-cosmic projection, but the secret you are about to learn is one of the best. The secret is this — you don't have to have all your goals figured out in order to unlock the winner inside yourself. You can begin to enjoy success in your life once you have decided that success is what you want.

The following step-by-step technique has brought success into the lives of countless numbers of people, and it will do the same for you. It should be used after you have looked through your psychic binoculars and decided what success is as far as you are concerned.

- 1. Sit in a comfortable chair and allow your muscles to relax completely.*
- 2. Close your eyes and form a clear picture of yourself in your mind. See yourself as you want to be. For example, if you want to be a more assertive person, see yourself speaking up in a situation in which you previously found it difficult to express yourself.*
- 3. Now change the focus of your consciousness and see yourself being congratulated by your friends, family, and associates for being a person committed to his own growth. For example, you might see yourself in your living room surrounded by people you know, and carrying on a conversation similar to the following one.*

Person I "I really want to congratulate you. You have really made strides in your own personal growth."

Person II "You have my congratulations too. You really have changed a lot. There doesn't seem to be anything you can't do well."

Person III "I'll second that! I don't know what you've done to yourself, but you've turned into a real winner. I can't imagine you as anything but successful."

Person IV "Successful is right! Everything you get into turns into an instant success."

You "Thank you for your compliments. I have to admit that I do like the feeling of being so completely successful."

The number of people you include in this exercise is up to you. You decide who you will include, what they will say, and how you will respond. It is advisable, however, not to people your meta-cosmic projection with more than four persons, not including yourself.

This exercise should be used twice a day in order to keep the winner in yourself unlocked and active in your life.

Begin to use this meta-cosmic projection technique today. It holds a powerful secret that will bring success as easy as one, two, three!

You Are More Powerful Than You Think

Most people have no real idea of the power they possess within their own minds. The miracle of meta-cosmic projection can make that unlimited power available to you today. You need only make use of the secrets of meta-cosmic projection in order to find the well-spring of your true strength. If you have ever felt yourself to be at someone else's mercy, and didn't like the feeling, the secrets of meta-cosmic projection can give you the upper hand in every situation.

Once you have learned to use these secrets, no one on earth is more powerful than **you!**

**Jane R. Found Her Power to Attract
Money in a Hurry**

Jane R. was introduced to me by a former student. At the time of our meeting, Jane was in a state of intense anxiety concerning her financial situation. Four months earlier Jane had moved to Atlanta in hopes of finding a job and making her home in this growing city. She had three job interviews during her first two weeks in Atlanta and one interview seemed very promising. Jane was to hear from the company in a day or two and fully expected to be offered the job.

The evening of the day of Jane's promising interview she slipped and fell down a flight of stairs in her town house apartment, breaking two bones in her left leg. She was hospitalized for three days while the leg was set and placed in a cast.

As Jane had expected, she was offered the job she wanted so badly. When the interviewer learned that Jane had broken her leg and would be in a cast for approximately eight weeks, he expressed his regrets that they could not hold the opening. The job was given to another applicant and Jane was left to recuperate and job hunt again, once her leg had mended.

The period of recuperation was marked by two other setbacks. First, Jane contracted a moderately serious case of pneumonia that saw her hospitalized again, this time for one week. Following her return from the hospital, Jane developed an ear infection that required several visits to a specialist and expensive medication to clear it up. (Jane had no knowledge of the miracle of metaphysical healing!)

Three unexpected emergencies had all but depleted the savings Jane had planned to use as a cushion until she had a job and a regular paycheck.

"I have about forty dollars left in my checking account and that's nowhere near enough to pay last month's rent, let alone the rent for this month," said Jane. "If I had had in-

surance I wouldn't be in this fix. Now I'm faced with having to move from an apartment I can no longer afford. I know I can move in with Judy for a while, but I'd have to store my furniture and I can't even afford that." She paused. "Besides the inconvenience of moving, I hate to damage my credit by leaving the apartment rent unpaid."

Jane had certainly seen her share of problems since her arrival in Atlanta, and felt the future looked pretty bleak. Her leg was out of the cast, but she had not received a job offer in the two weeks she had been able to seek employment again.

"I talked to two banks about a loan," she said. "I'm afraid, however, that without a job, both turned me down flat. In fact, they told me no one was likely to grant me a loan without a job or collateral."

Jane was at the point of tears. Her voice was shaky as she said, "I'm at my wits-end. I'm willing to try anything, including this meta-cosmic projection that Judy told me about. It sounds weird to me, but I have absolutely nothing to lose. What I need fast is money for last month's and this month's rent. I feel certain I can get a job, but it may take another month."

For an hour we talked about the secrets of meta-cosmic projection. Jane needed money in a hurry, so we concentrated on a technique that would bring her the loan she wanted. That afternoon and evening Jane was to use meta-cosmic projection, seeing herself being granted a loan by a bank. She was to use the same technique in the morning just before applying to a third bank for a signature loan.

"I hope you know what you're talking about," Jane said. "A signature loan to an individual without collateral or a job would be most unusual."

I borrowed from an Air Force quotation and said, "The unusual, meta-cosmic projection does right away — the impossible takes a little longer."

At seven p.m. the next night I received a phone call from

Jane. "You're not going to believe this," she said. "I got the loan, enough to handle the rent and groceries."

"Terrific, Jane," I responded.

"You haven't heard the best part yet," she said. "The loan officer asked me what kind of work I was looking for and it just so happened that the bank has an opening. I have an interview with their personnel office in the morning. I'll let you know how it comes out."

"Use your meta-cosmic projection technique tonight and before your interview, and it will come out fine," I said.

"You mean it will work for jobs too!" said Jane.

"Meta-cosmic projection will work on anything you really want," I said.

Jane phoned the following afternoon. "Three cheers for meta-cosmic projection!" she began. "I am now among the employed. I start work tomorrow."

"That's great, Jane," I said. "I'm really happy for you. Give me a call sometime and let me know how you're doing."

"You can count on that," said Jane. "With this meta-cosmic projection thing, I can already tell you that everything will be A-Okay." She paused for a second, then said, "The next call you receive will be from my apartment instead of a phone booth. I can now afford a telephone."

Four months later, I was pleasantly surprised by a visit from Jane R.

"I just had to come by to let you know I got a promotion. I used meta-cosmic projection to bring it about. You know, the more you use these secrets the better they work."

"You've discovered one of the secrets of meta-cosmic projection," I said.

"That's not the only one I've discovered," said Jane. "My social life has really taken shape. Everything I do is lots more enjoyable. There just isn't anything the secrets of meta-cosmic projection can't handle."

You Can Profit from Jane's Success

The same secrets of meta-cosmic projection that worked for Jane are at your command today. No one has to be a genius to use them, although I am sure that they will work the same miracles in the life of a genius as they have so often worked in my life and the lives of countless numbers of people.

In the following chapters you will learn specific secrets of meta-cosmic projection to be used in specific situations. Their unlimited power is at your command at this very moment. It is time that you tap your own unlimited source of endless power by making the secrets of meta-cosmic projection a force in your daily life.

3

**GAIN
RICHES
THROUGH
META-COSMIC
PROJECTION:**

**No high-paying job or rich reward
is beyond your grasp.**

It is a sad truth that many people today work at jobs they don't like. Even people who like their jobs often do not like their working conditions. Workers in offices and factories find themselves involved in personality clashes or immersed in details that dull a job they might otherwise find interesting.

If you have ever thought that you would like a different job or that your working conditions could certainly be improved, you can now turn your thoughts into reality. The secrets of meta-cosmic projection give you the power to obtain the job you want, and to create the working conditions that will allow you to enjoy your work. You need never spend another day at a job you hate or work another hour in a job situation

that makes your working hours miserable. Through the secrets of meta-cosmic projection your job can be a snap.

You have already been given some of the secrets of your psychic binoculars. Those secrets are your key to deciding just what job you want, and what working conditions will make that job more enjoyable for you. You need only look through your psychic binoculars and see what it is you want in a job. Use pencil and paper and write down, "The job I want . . ." Now take a deep breath, close your eyes, and listen to the sound of your own higher consciousness. Once you have heard your own thoughts, write them down, completing the sentence you have begun. Your sentence might be completed and read "The job I want will allow me to work out of doors."

Once you have completed the first sentence, look through your psychic binoculars again and write the beginning of the second sentence "The job I want..." Again take a deep breath, close your eyes, and listen to your own higher consciousness. Write the completion of the second sentence. For example, your second sentence might read "The job I want will allow me a great deal of freedom."

Now look through your psychic binoculars again and write the beginning of the third sentence "The job I want..." Again take a deep breath, close your eyes, and listen. Write the completion of your third sentence. For example, "The job I want will allow me to be creative."

Your psychic binoculars have now allowed you to see what it is you want in a job. This is extremely important, since one can never reach a goal unless he knows what that goal is for him. If a person never sees his goal clearly, how is he to attain it? More than likely, a person without a goal wanders through the job market never finding the job he wants, since he has never decided what he does want in a job. With the secrets of your psychic binoculars and the miraculous power of meta-cosmic projection, you can choose and get the job you want.

Your psychic binoculars can also allow you to see the working conditions you want in your job. Your working conditions are very important since even the most interesting job can become distasteful if the conditions surrounding it are unpleasant. You can decide on the working conditions you want by using your psychic binoculars.

Once again, you will need paper and pencil. Write the beginning of the sentence you will complete with the help of your psychic binoculars. "The working conditions I want..." Now take a deep breath, close your eyes, and listen to your own higher consciousness. Once you have heard your high self, write your thought completing the first sentence. For example, "The working conditions I want will put me in contact with people I like and who like me."

Now write the beginning of the second sentence. "The working conditions I want..." Again take a deep breath and close your eyes. Your psychic binoculars will allow you to see into your higher consciousness and hear the voice of your high self. Write the completion of the second sentence. For example, "The working conditions I want will allow my talents to be used and recognized."

Repeat the same process for your third and final sentence.

You now have before you six sentences that state what you want in clear and unmistakable language. Once your goals are definitely defined in this way, you can use the secrets of meta-cosmic projection to attain each and every one of them.

Why Not Receive a Promotion?

Job advancement is important to most people. For Jack K. it was extremely important. Jack had taken a job with a large company without giving much thought as to where he wanted that job to lead. After two years in the same job classification, Jack became generally unhappy at work. He was unable to say

what was causing his unhappiness with his job, or why his feelings concerning his work had changed. Jack's unhappiness at work began to spill over into his home life. Still Jack could not put his finger on the reasons for his dissatisfaction at work.

When his own feelings became very uncomfortable, Jack mentioned them to a family friend. That friend introduced Jack to me.

In spite of the fact that Jack's dissatisfaction at work was a mystery to him, it was a condition I had seen many times. I explained to Jack the importance of deciding what it was he wanted from a job and the working conditions he wanted to surround his work. He listened attentively as I told him about his psychic binoculars and the secrets of meta-cosmic projection. Before he left my presence, he used his psychic binoculars and discovered what it was he wanted in connection with his job and working conditions.

"This is unbelievable," Jack said. "I had no idea I wanted a promotion so badly. Now I realize that I have been feeling cheated and 'looked over' because I haven't been promoted into a management job."

Jack left with a firm resolve to get the promotion to management which he now realized he wanted. His psychic binoculars had allowed him to see things he was overlooking with his ordinary eyesight.

Two weeks passed before I heard from Jack again. His voice bounced out of the telephone receiver.

"I got my promotion. I have been a department manager for three whole days. Things are really going great. Work is interesting again and my family says I'm a different person at home. No more sad sack! I am really happy again."

I congratulated Jack on his promotion and shared the excitement of his happiness. He used the secrets of meta-cosmic projection to attain the exact promotion he wanted. Jack had learned more than one valuable secret. He now knew that it

was foolish to be unhappy at work when, with the use of his psychic binoculars, he could discover exactly what it would take to make him happy with his job. He also knew that with the secrets of meta-cosmic projection, he could attain the goals he needed to make him happy with his job and work conditions.

"I wish I had known about meta-cosmic projection years ago," said Jack. "Now that I do know its secrets, and how to use my psychic binoculars, I'll never spend another unhappy day at work or anywhere else."

Why Not a New Job?

If what you want is an entirely new job, or if you are unemployed and seeking employment, the secrets of meta-cosmic projection are your key to a new future. The miraculous secrets of your psychic binoculars and the unlimited force of meta-cosmic projection will allow you to obtain the exact job opening you want. There is no need for you to hunt furiously day in and day out hoping to "luck up" upon a job opening. The secrets of meta-cosmic projection can have that job opening waiting for you.

New Job Changed a Woman's Life

Sue A. had what many people might consider a very ordinary life. She kept house and raised three children after her husband's death. Her husband had provided enough money in insurance and investments to maintain his young family until all of the children were in college. It was at this time, when all three children were away from home, when Sue A. decided she wanted a job. Sue was fifty-three years old and had no particular skills to offer the business world. She had never had a regular job, and she didn't type or take shorthand.

For two months Sue beat the pavement from office to office answering ads that said "Will train." Unfortunately, as

far as Sue was concerned, no one wanted to hire and train her.

When I met Sue her self-image had suffered a damaging blow. She had begun to see herself as a person who could do nothing that would allow her to earn a gainful and respectable living. Doubts about her own self-worth had begun to make their way into her daily thinking.

"What I'd really like to do is work in a combination nursery-kindergarten," said Sue. "The only problem there is that people want someone with nursery experience or a degree in child development or education." She paused briefly and said, "Now I may not have a degree or actual kindergarten experience, but I've raised three children of my own and looked after many a neighbor's child in the past. I just know I could do the work if I had the chance."

Sue was extremely attentive as I explained the secrets of meta-cosmic projection to her. She listened without distraction to information about her psychic binoculars.

"I'm sure about the kind of work I want," she said. "The only problem is I've been to every nursery-kindergarten in the entire area and not one wanted to hire me."

I asked if there was any particular kindergarten at which she wanted to work, and when she answered, yes, I suggested that she use the secrets of meta-cosmic projection to get a job with them.

"They've turned me down three times," Sue said. "It seems all their staff has at least two years of college." Sue shrugged her shoulders and smiled. "What the devil! I might as well try for the one I really want. What do I have to lose?"

For two weeks Sue used meta-cosmic projection aimed at getting her a job at the kindergarten of her choice. In the middle of the third week I received a call from her.

"I start work with them tomorrow. They don't even want me to wait until Monday," Sue said. "I spent this afternoon talking to the director and he hired me before I left."

Sue was really excited and her voice was electric with enthusiasm.

"They called me on the phone this morning and asked me to drop by about one o'clock to discuss a possible job opening." Sue paused only long enough to catch her breath. "I was ten minutes early and after talking for almost three hours, they hired me. I'm the only person they have ever hired without a college background — that meta-cosmic projection really works."

The secrets of meta-cosmic projection had indeed worked for Sue A., just as they have worked for countless others, and just as they will work for you. Sue's entire life was changed from one in which she had little purpose, to a life filled with sharing, excitement and meaning. For Sue it was not the need for money that led her to seek a job, but a need for purpose and human contact. The secrets of meta-cosmic projection work without fail no matter what reason you have for wanting a job. Begin to put these secrets to work in your life today.

Personality Clashes Are No Match for Meta-Cosmic Projection

Many times problems concerning a person's job do not spring from the job itself, but from friction between two or more co-workers. Most often these personality clashes are based on feelings rather than logical thinking. This feeling base often makes these clashes more difficult to handle by ordinary means than actual specific job problems.

Bob L. is one young man who turned to meta-cosmic projection to resolve a personality clash at work. Bob had no complaints concerning the actual duties of his job. In fact, he liked his work immensely. The one problem for which there seemed no solution was Bob's relationship with his co-worker, Roy W. Roy had taken an immediate dislike to Bob from the

day Bob entered Roy's department. Since Roy was Bob's immediate supervisor, the situation often grew touchy where Bob's job evaluations were concerned. Roy constantly saw Bob as a "show off" and a "big mouth." On several occasions Roy's reports had put an end to possible promotions for Bob.

"I just don't know what else to do," said Bob. "Every time I present a new idea that will increase the efficiency of the shipping department, Roy overlooks my suggestions and sees me as a big mouthed show off." The frustration in Bob's face and voice could not be overlooked. "A month after I made a certain suggestion, the idea was introduced as Roy's brain child. He got all the credit for the time and money it saved. On top of that, he got furious with me for trying to point out that I had suggested the very same thing a month earlier."

No doubt about it — Bob L. was in a ticklish situation. No situation, however, is too tough or too delicate for the secrets of meta-cosmic projection. After a long discussion, Bob determined to use meta-cosmic projection to put an end to the personality problem between Roy and him.

An entire month passed before I heard from Bob. "I'd like to invite you to my home for dinner," Bob said happily. "Roy W. and his wife will be there and I think you deserve to see the results of that technique. Would you believe that we are now on the same bowling team at work. In fact, Roy just recommended me for a raise on merit alone."

I didn't have to go to Bob's home for dinner to know that his personality clash with Roy W. was a thing of the past. The secrets of meta-cosmic prejection had resolved it completely. "Cold war enemies" had become warmhearted teammates and friends.

Meta-Cosmic Projection Solves Problems and Brings Cash Award

Bill K's story was told to me only after he had used meta-cosmic projection to his complete satisfaction. Bill introduced

himself over the telephone early one Saturday morning. He told me that he had been introduced to meta-cosmic projection by a friend who had learned the technique from me almost a year earlier.

"I just thought you'd like to know how well meta-cosmic projection worked for me," said Bill.

Bill went on to explain that the plant where he worked had been bothered for years with a problem in their shipping department that seemed to have no solution.

"Top management worked on the problem for years, but nothing they came up with seemed to do any good," Bill said. "When the company offered a cash award of \$500 to anyone who could present a workable solution, I began to think seriously about the thing."

Bill went on to say that he hadn't come up with a workable solution even after he had given it serious thought for three weeks. He mentioned the problem and the cash award to a friend who quickly told him about meta-cosmic projection and taught him how to use it.

"In one week I came up with a solution I just knew would work. I wrote it up and submitted it to my foreman. A week later, they were trying it out in the shipping department." Bill paused only for a second. "Well, after three weeks, they knew their problem was solved. I received my \$500 award just yesterday. I just had to let you know how I feel about meta-cosmic projection. It's terrific!"

I thanked Bill for letting me know about his experience with meta-cosmic projection, and congratulated him on the receipt of his cash award. It's always nice to know that someone is thoughtful enough to fill me in on his success.

Psychic Binoculars and Meta-Cosmic Projection Can Create Better Working Conditions

For many years psychologists have been aware that the working conditions which surround an individual at his job

have an immense influence on the worker's productivity and morale. Sherry D. became acutely aware of this fact when she was transferred by her firm to a branch office in a small town. The branch office occupied an old building and the interior of individual offices in the building left much to be desired. Everything was painted a drab institutional green. There were no pictures on the walls and the blinds on the windows were broken, dusty and did nothing more than keep out sunlight.

In addition to being appalled by the drab conditions existing in the entire office, Sherry was depressed by the thought of spending close to 40 hours a week in a dark, drab, uncomfortable office. For a year Sherry had used meta-cosmic projection, but was not too sure how it should be put to use to better her working conditions.

"I guess part of my problem is that I don't know where to begin," said Sherry. "Everything in that office is such a mess. No one but me seems interested in improving conditions. According to the office manager, there isn't any money for physical improvements." Sherry shook her head in frustration. "I just don't seem to be able to get across the fact that those physical conditions affect morale. Like I said, I don't even know where to begin."

We talked for about an hour concerning psychic binoculars and meta-cosmic projection. In her frustration and, as Sherry later admitted, her anger, she had completely forgotten about the power of her psychic binoculars. Once Sherry was reminded that she could use her psychic binoculars in order to find the best place to begin to get her office redecorated, she was determined to begin immediately. She used her psychic binoculars to set her goals for her office and began to use meta-cosmic projection right away.

Six weeks passed before I heard from Sherry again. Her voice bubbled from the telephone.

"This won't come as a surprise to you, but my office is

now a thing of beauty," said Sherry. "The home office suddenly decided to spruce up all their branch offices. They started with ours since it was the most in need of a face lift."

Sherry went on to talk about the color combinations, new carpets, drapes in place of old blinds, new furniture, and pictures on the walls.

"The morale here sure has improved," she said. "Even the office manager admits it's a great improvement." She laughed lightly and said. "I've just begun to talk with him about meta-cosmic projection and he's already anxious to use it in his life. He has a house he and his wife want to remodel. If it turns out half as good as our office, it will look great."

Your Secret Meta-Cosmic Projection Technique to Obtain Your Dream Job

1. *Use your psychic binoculars to determine exactly what you want in a job.*
2. *Sit in a relaxed position, close your eyes, and give your attention to your breathing. Make no attempt to control your breathing, but keep it in your awareness for one minute.*
3. *Form a motion picture in your mind seeing yourself being offered your dream job. Hear, in your mind, the job offer being extended to you.*
4. *Now see and hear the benefits and salary you want offered to you. Be very specific concerning your salary and working hours. For example, if you want a salary of \$10,000 a year and you want your hours to be from 9 a.m. to 5 p.m., see and hear the person offering the job saying, "Your salary will start at \$10,000 a year and your hours will be from 9 a.m. to 5 p.m."*
5. *Now in your mind see and hear yourself accepting the job offer.*
6. *In your mind see and hear the person who offers the job state your starting date.*
7. *See and hear yourself agree to the starting date.*

8. Now in your mind see and hear yourself at work in your new job. See and hear yourself performing the duties of that job.

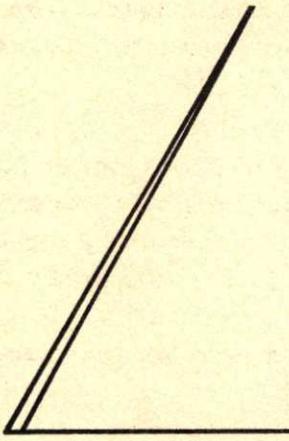
9. Finally, see yourself being congratulated for performing the job well. Hear the words of congratulations spoken to you.

10. Relax and allow your mind to remain open to silence. Again, for sixty seconds, put your attention on your breathing. Now go about the regular activities of your day.

Repeat this technique three times a day.

With the secrets of meta-cosmic projection, you can have the job you want, the working conditions you want, the salary you want, and the hours you want. You need only use the secret techniques given to you here. Follow it faithfully and you cannot fail.

With the miraculous secrets of meta-cosmic projection, you are your own boss.



4

**USING
PSYCHIC
BINOCULARS:**

**See your way to a happy
marriage.**

Rarely does a day pass but that a story of a tragedy having its roots in marital problems is not carried in the news media. The institution of marriage is seen by sociologists, psychologists and people in general as facing many crises. The divorce rate in our country has soared the last ten years, and many people are speaking in favor of alternative styles of marriage. The "open marriage" has been discussed in books and newspapers and on radio and television.

Perhaps what the institution of marriage needs is not alternative styles (which range from "open marriage" where both partners are free to engage in sexual acts with people other than their spouses, to "multiple marriage" where four, five, or more people consider themselves married all to each other),

but an alternative way for people to solve problems that arise in conventional marriage as we have known it for centuries. Rather than seeking new *forms* of "marriage" which can be equated to revolution, perhaps we would do better to seek new methods of dealing with marital problems more effectively. The secrets of meta-cosmic projection can provide the means of solving marital problems, and strengthening the bonds between husband and wife. Those powerful secrets are available to you this very minute. In this chapter the secrets of meta-cosmic projection are presented that can restore new life to marriages, solve the problems separating husband from wife from family, establish happy, strong marriages, and allow people to enjoy the closeness and happiness offered through union in marriage.

Marriage Saved with Meta-Cosmic Projection

Joe and Sheila G. had been married for seven years when they sought my help. Both of them told much the same story. The first four years of their marriage, they had been extremely happy. In the fifth year of marriage, they began to feel estranged, and in the sixth and seventh years that estrangement had created a large gulf between them. They were giving serious consideration to divorce but felt that, if at all possible, they would prefer to save their marriage.

"Don't get me wrong," said Sheila. "Neither of us wants an empty shell of a marriage. If there is a way, however, to get back the feelings and closeness we had in the first four years of our marriage, we want to know about it."

"I feel the same way," said Joe. "We were really happy those first four years, then..." He paused briefly. "Then...well, something happened. I don't know what it was that caused it, but we both seemed to pull back. We communicated less and less and drifted further and further apart."

Neither could say exactly what it was that brought about the change in their marital life, but both agreed that the change had also affected every facet of their lives.

Sheila and Joe had heard about psychic binoculars and meta-cosmic projection through a friend. Now their request was clear.

"Teach us to use meta-cosmic projection so that we can save our marriage," said Sheila.

I explained to them that it was extremely important for them to decide what it was they wanted from their marriage. They could use their psychic binoculars to discover the things they wanted and needed from their relationship. Both readily agreed and set about individually using their psychic binoculars to get a clear view of what they wanted their marriage to provide. When they had done this and had a list of their "wants" and "needs" regarding marriage, we spent some time sharing the information each had gained. During an hour discussion, Sheila and Joe learned more about their individual wants and needs and gained a clearer understanding of each other's wants and needs. Together they decided on their goals for a rejuvenated marriage. They left determined to achieve those goals, in order to bring new happiness to their marriage and save it from divorce.

Approximately seven weeks passed before I heard from either Joe or Sheila. Then one afternoon my phone rang and Sheila asked when they might stop by to talk with me. We set a time for the next day and the couple arrived right on time. Without either of them referring to their marriage, I could immediately see an absence of the tensions present at the time of their first visit.

"We wanted you to know that things have been going great since we started using meta-cosmic projection," said Joe. He smiled broadly. "That stuff really works. We've been like newly-weds for the past five weeks."

Sheila smiled and said, "Not quite. We're much happier than we were as newlyweds. We know what we both want and need from our marriage, and with meta-cosmic projection, we've attained our goals." She smiled at her husband and turned again to me. "We decided to have a baby, and what's great about it is that we don't want the baby to save our marriage, we want a baby because our marriage is so good, we want a family."

We talked for an hour or so and Sheila and Joe left arm in arm, thanking me for introducing them to meta-cosmic projection.

This young couple is not unique. They experienced many of the problems that plague marriages today. With the secrets of meta-cosmic projection they overcame the problems which threatened their marriage and brought new happiness and meaning to their relationship. They followed in the path of countless others before them who used meta-cosmic projection to save their marriages and bring new happiness to their relationships. That same path is open to you, and the steps needed to follow it can be found in this chapter.

Meta-Cosmic Projection Makes Marriage Possible

Frequently problems spring up between a couple even before their marriage takes place. This was the case with Ray W. and Joan K. Ray was an only child, and his parents had invested many of their unfulfilled aspirations in him. They had his life pretty well mapped out before Ray was five years old. In their plan Ray would attend certain schools, take music lessons, engage in certain sports (and be a letter man in each), have a certain "class" of friends, and marry a "suitable" mate sometime in his twenty-eighth year.

Things went pretty well for Ray's parents until his senior year in college. He had lived out their plans for him, and the future, as they saw it, looked terrific. Then Ray announced

that, following his graduation, he intended to marry a young woman he had been dating for the past seven months. His parents were stunned. Ray was six years short of his schedule for marriage. Besides, the young lady, Joan K., didn't seem to Mr. and Mrs. W. to be a suitable mate for their son.

Immediately they launched a campaign to "bring Ray to his senses" and break up his relationship with Joan. Letters and phone calls from his parents besieged Ray almost daily. They listed every possible objection to their son's marriage that imagination could possibly conceive. When this tactic did not get the desired effect, they seemed to weaken and asked Ray to bring Joan to meet them for dinner at their home.

After an exchange of pleasantries, Mr. and Mrs. W. appealed to Joan to be "sensible" and call off her engagement to their son. Joan was polite but insistent that she and Ray loved each other and would be married as planned. Ray and Joan left the house when it became clear that an attack upon Joan was the only reason for which an invitation to dinner had been extended.

Two days later Ray received a call from his father telling him that Ray's mother had suffered "a slight heart attack" and had been confined to her bed by their family physician. Mr. W. went on to say he was sure Ray's stubbornness in regard to his intended marriage to Joan had brought on the attack. He asked Ray to call the engagement off so as not to further endanger Mrs. W's life.

It is a proverbial understatement to say that Ray was upset. He called Joan immediately and told her what his father had said. Joan asked Ray if he was willing to try something pretty "far out" to dissolve his parent's objection to their marriage. Ray agreed, and Joan followed the advice given to her by a friend some weeks previously, and telephoned me. We agreed on a time, and Joan and Ray paid me a visit.

"I'm willing to try anything," said Ray. "Nothing up to this point has changed my parents' minds even slightly. If this meta-cosmic projection can work, I'm all for it."

I went over the meta-cosmic projection technique they were to use to dissolve the objections Ray's parents had to their marriage. They were to use the technique three times a day.

As they were leaving Ray said, "If this works, meta-cosmic projection can do anything."

Ten days later, I received a phone call from Ray.

"I can hardly believe what I've got to tell you," said Ray. "I got a call from my father last night and he and my mother have reconsidered their attitude toward my marriage to Joan. They've decided that if it makes me happy, they're all for it. In fact, since Joan's parents are both dead, my folks want to pay for a church wedding with all the trimmings. Can you believe that?"

I assured Ray that I had no trouble believing what he had told me.

"Oh, my mother is fine too," said Ray. "It wasn't really a heart attack. She just had herself upset. Anyway, she's fine now, and making plans for the wedding reception."

I shared his happiness and wished him well.

"By the way, Joan sends her thanks too," Ray said. "Meta-cosmic projection is terrific. Like I said, if it can get my parents' attitude to change, it can do anything."

The last time I heard from Ray and Joan W., they had just celebrated their first wedding anniversary and were getting along fine with Ray's parents. In fact, the senior Mr. and Mrs. W. were anxiously awaiting the birth of their first grandchild who was due to arrive in five months.

Meta-Cosmic Projection Brings Stability to Marriage

As the divorce rate climbs, one can find more and more people who have been divorced and remarried three or even four times. George T. was such a person. George had been

married and divorced four times and had recently entered his fifth marriage. His wife, Nancy, was twenty-five, twelve years younger than George. This was Nancy's first marriage, and she was determined that it should be successful. She had heard me speaking on a radio program and decided that she and her husband could use all the help they could get.

During our meeting, Nancy explained that she was well aware of George's marital history before she married him.

"I was in love with him and his past didn't matter," said Nancy. "Now, after a few months of marriage, I'm a little scared that I may end up as an ex-wife too. I don't want that to happen and neither does George."

George T. smiled at Nancy and then spoke to me. "Nancy is right. I want this marriage to work," George said. "She's told me a little about meta-cosmic projection. I don't completely understand it, but if it can help our marriage to work, I'd like to try it."

I explained the secrets of psychic binoculars and meta-cosmic projection. George and Nancy listened intently and said they would begin that very day by using their psychic binoculars to determine their needs and wants in marriage. Once they decided on those goals, they planned to use the secrets of meta-cosmic projection to attain them.

That was almost three years ago, and George and Nancy are looking forward to their fourth wedding anniversary and many many more after that. Both George and Nancy use meta-cosmic projection regularly and each states proudly that happiness is an everyday thing in their marriage.

Your Secret Technique for Deciding What You Need and Want in a Marriage

This technique is a variation of your basic psychic binoculars technique. You will need a piece of paper and a pen or pencil in order to perform this powerful exercise.

1. Write the following four words on your paper: "In marriage I want..."

2. Close your eyes, relax and mentally repeat the words "In marriage I want..."

Now complete that sentence with something you want in or from your marriage. Write your want on the paper directly after the words "In marriage I want..." For instance, if you want good communication in your marriage, the paper would read "In marriage I want good communication between me and my spouse."

3. Again write the words "In marriage I want..." on the paper. Once more close your eyes and mentally repeat the words "In marriage I want..." Write your second response on the paper.

4. For the third time write the words "In marriage I want..." on the paper. Close your eyes and mentally repeat the words "In marriage I want..." Write your third response on the paper.

5. Write the words "In marriage I need..." on the paper. Close your eyes and mentally repeat the words "In marriage I need..." Now complete the sentence and write your need on the paper. If you need your spouse to be demonstrative with affection, the paper will read, "In marriage I need my spouse to demonstrate affection often."

6. Write the words "In marriage I need..." once again and repeat step five. Write your second marital need on the paper.

7. For the third time write the words "In marriage I need..." on the paper and once again repeat step five.

Your paper should now contain six completed sentences, three sentences that state your marital wants, and three sentences that state your marital needs.

8. Read the three sentences in which you stated your marital wants. Now relax, close your eyes, and mentally repeat the marital wants you have listed. Listen to your own inner

voice and decide if the marital wants you have listed are truly things you want in or from your marriage. Are they goals for which you are willing to invest your time and energy?

9. Read the three sentences in which you stated your marital needs. Relax, close your eyes, and repeat mentally the marital needs you have listed. Again listen to your own inner voice and decide if your statements reflect real needs. Are the needs you listed necessary to your growth as a person?

This miraculous technique will allow you to know exactly what it is you want and need in a marital relationship. Once you have your goals clearly set, the secrets of meta-cosmic projection will allow you to attain each chosen goal.

Couple Set Their Goals with Psychic Binoculars

Unfortunately it is not uncommon in our society for couples who have been married for ten, fifteen, or twenty years to find themselves suddenly enmeshed in marital problems. Often as people grow their wants and needs change, and the individual who is unaware of this change may be truly considered at a disadvantage in a marriage. Neither we nor our world is static, and in order to maintain a happy marriage, or any relationship, we must be aware of those changes and identify our new wants and needs.

After sixteen years of marriage, Ken and Eileen J. found themselves in trouble. The things that had made their marriage a happy one for so many years no longer brought happiness. Neither could identify the problem or problems that were now threatening what had been a happy relationship.

"I'm not sure that this psychic binocular thing can help," said Ken, "but at this point, I'm willing to try anything."

We talked and I taught them the miraculous psychic binocular technique presented in this chapter.

"It sounds good," said Eileen, "but what do we do once we know what the problems are?"

I went on to explain the secrets of meta-cosmic projection. Ken and Eileen agreed to put both techniques to work in their lives.

In about two months, I received a call from Eileen.

"Those psychic binoculars are fantastic," she said. "In no time at all Ken and I were able to see what it was we both wanted and needed from our marriage. Once we had set our goals, the secret meta-cosmic technique you taught us worked like magic. Our marriage is better than ever! We plan to look through our psychic binoculars every so often and use meta-cosmic projection to keep our marriage happy and growing."

Meta-Cosmic Projection Can Give You the Marital Relationship You Want and Need

It is a wonderful fact that human beings are more alike than different. We all have dreams and goals, wants and needs, happy times and not-so-happy times. The miracle of meta-cosmic projection gives you the power to attain your goals and exchange the not-so-happy times of the past for happy times here and now.

The meta-cosmic technique for marital relationships, which follows, knows no limits to its power. It is yours to use today.

Your Meta-Cosmic Projection Technique for a Happy Marital Relationship

1. *Read the list of marital wants and needs you have seen through your psychic binoculars.*
2. *Sit in a relaxed position, close your eyes, and recall your first want.*
3. *In your mind create a motion picture seeing and hearing yourself and your spouse in a situation in which your want is an actuality. See and hear yourself and your spouse saying*

how happy you both are that your want is now a true reality in your life.

4. Recall your second marital want mentally.
5. In your mind again create a motion picture seeing and hearing yourself and your spouse in a situation in which your second want is an actuality. See and hear yourself and your spouse saying how happy you both are that your second want is now a true reality.
6. Repeat steps two and three for your third want.
7. Recall your first need mentally.
8. In your mind create a motion picture seeing and hearing yourself and your spouse in a situation in which your need is an actuality. See and hear yourself and your spouse saying how happy you both are that your need is now a true reality in your life.
9. Repeat steps seven and eight for your second need.
10. Repeat steps seven and eight for your third need.
11. Remain in a relaxed position with your eyes closed for approximately one minute.
12. Open your eyes and go about your daily life.

Repeat this miraculous meta-cosmic projection three times a day. The quality of the time you spend in performing the technique is more important than the quantity of time you give to the technique. It is important that you give your full attention to each step in the technique each time you perform. Giving your full attention for ten or even five minutes is better than spending fifteen or twenty minutes performing the technique with inattention.

You now have the secret techniques of psychic binoculars and meta-cosmic projection that have the unlimited power to give you the exact marital relationship you seek. Who would be so foolish as not to use the unlimited power of those miraculous secrets? Put the secrets of meta-cosmic projection to work in your life today.

5



**UNLEASH
A TORRENT
OF
RICHES
AND WEALTH:**

Through Meta-Cosmic Projection

Most likely no one would deny that human beings have material needs and responsibilities as well as those that are non-material. Anyone who has worked for a living or managed a home on money provided by the breadwinner knows well that material needs and responsibilities are very real. The secrets of meta-cosmic projection are also very real. You can use the miracle of meta-cosmic projection to fill your material needs and wants.

The secrets of meta-cosmic projection can present you with opportunities to satisfy each and every one of your material needs and wants and can fatten your bank account in the process. There is absolutely no need for you to lack material rewards when the secrets of meta-cosmic projection presented in this chapter can bring those rewards into your life now.

Meta-Cosmic Projection Pays for a Trip to Europe

Jerry and Joan B. had married immediately after their college graduation. Both were hired as art teachers, and it took their combined salaries to keep their home going. Despite a tight squeeze to make ends meet, the young couple, over a two-year period, had managed to save almost twenty-five hundred dollars. They had earmarked the money for a summer vacation in Europe. Suddenly their plans for Europe fell apart. Following a visit to her doctor, Joan learned she was pregnant with their first child. Joan and her husband decided she would quit her job at the end of the term, which was three months away, and the money they had saved for Europe would go for the expenses that would follow the birth of their child. The small nest egg would also help to defray the loss of Joan's salary to the family.

It was not until after the birth of Jerry, Jr., that I met Mr. and Mrs. B. A friend had told them about meta-cosmic projection and they wanted to know if it could possibly pay their way to Europe.

"I guess it sounds frivolous to you," said Joan, "but we have both wanted this trip for so long that it really hurts not to be able to afford it. We both looked forward to seeing the art treasures and felt such a trip would aid our teaching."

I assured them that I didn't think their desire to visit Europe was at all frivolous. We then spent almost an hour talking about the meta-cosmic projection technique they were to use to finance their European tour. Summer break for Jerry was three months away, and they wanted to spend the summer in Europe.

Two months passed before I heard from the couple. Jerry called to tell me they were off to Europe for the summer.

"Everything is set," said Jerry. "We leave two weeks after the term ends. We'll spend the entire summer in Europe." After

spilling over with excitement, Jerry explained how the money had come to them to pay for their trip.

"I've been hired as a representative for an art supply dealer. The company is paying all expenses for me, Joan, and the baby. My job is to travel to all the places in Europe I would have chosen to visit anyway. I'm to gather material and photos for a brochure the company will be putting out around January. In fact, if I do well with this assignment, we have a good chance of spending next summer in Europe on their payroll. It couldn't have turned out better. That meta-cosmic projection is an art treasure itself. It has created a beautiful summer for me and my family."

Meta-Cosmic Projection Works Just as Well at Home

Naturally everyone is not as anxious as Jerry and Joan B. to visit Europe. For many, many people, their material needs and wants revolve around their own homes. It doesn't matter whether your needs involve redecorating your apartment or building a dream house. The secrets of meta-cosmic projection can bring your material needs and wants into reality.

Psychic Binoculars Design a Dream House

Dan and Iris B. sought me out only after numerous arguments concerning the home they were planning to build. They had purchased the land on which to build their home, but could not agree on the style or construction for the house itself.

"It may sound like a small thing, but we've been having some pretty serious fights over it," said Dan. "I thought we both knew what we wanted, and I thought we were in agreement. Now it seems I was wrong on both counts. We've wasted almost a thousand dollars on two architectural blue prints we don't

want to use. We can't afford to waste any more money, and the arguing is tearing us apart.

"We've heard about your psychic binocular technique and were hoping it could show us what we really wanted in a house — before we argue ourselves into a separation and don't need a dream house."

When Dan and Iris left they were determined to use their psychic binoculars to present their needs and wants accurately. They also planned to use meta-cosmic projection to get additional finance money for their house.

In two and a half months Dan and Iris stopped by to tell me that the foundation of their dream house had been poured and construction begun.

"We also got an okay at the bank for additional funds for construction," said Dan. "We are now staunch advocates of psychic binoculars and meta-cosmic projection."

Meta-Cosmic Projection Can Put You in the Driver's Seat

When Ron O. visited me for the first time he was somewhat apologetic concerning the reason for his visit.

"I've heard quite a bit about meta-cosmic projection bringing people material things they needed, but I want to use it for something I don't really need. I want a new car, but I can't truthfully say I need one," said Ron. "My present car is only three years old, and it's in fine condition. I have no real complaints with it, but I really want a new car. Is it okay to use meta-cosmic projection for a want instead of a need?"

I assured Ron that there was nothing wrong with using meta-cosmic projection to fill a material want and we discussed the technique he was to use. In the time we talked I made it very clear that the chances were very great against him finding a gift-wrapped new car with his name on it just sitting in front of his door one morning. *The way meta-cosmic projection*

works is to provide the opportunities that will allow you to achieve your material needs and wants. Ron said he understood and was determined to follow the meta-cosmic projection technique I had outlined.

Two weeks later Ron phoned. "How would you like to go for a ride in my new car?" he asked. "I just got it last night. It seems a bank had ordered it for an executive who was transferred before he could take delivery. A friend of mine at the bank told me about it. The car was exactly what I wanted and they were willing to take a fantastic loss on it and finance it besides. I sold my car for a good price and bought the new one yesterday afternoon. I was behind the wheel by 5:30 p.m. It's a real beauty. You'd think it was ordered just for me — the color, accessories — everything is exactly what I wanted."

Ron paused only long enough to catch his breath. "Meta-cosmic projection is absolutely terrific. It works miracles like magic."

I declined the ride but congratulated Ron on his new car. Meta-cosmic projection had put him in the driver's seat.

Meta-Cosmic Projection Can Lead You to a Sale

Jan W. had not dropped in to ask about sales, but in the course of our conversation the subject came up.

"I don't doubt that meta-cosmic projection works, but can it get me more for my money?" asked Jan. "I need to buy the kids new school clothes, and I have so much budgeted for that purpose. If I can get the same or better quality clothes that I usually buy on sale, I can get more for my money."

After we talked, Jan decided to shop on sale with the help of meta-cosmic projection. One week later I received a call from her.

"Well, it worked as usual," she said. "I found a terrific sale and doubled my purchasing power. The kids are tickled to

have extra clothes they didn't expect, and naturally I'm happy to have gotten more for my money without sacrificing quality."

Psychic Binoculars Can Lead to a Full Refrigerator

Don and Betty H. were also looking for a bargain. With increasing food prices, Don and Betty were interested in stretching their food dollar without compromising quality.

"We have five children," said Don. "Feeding the family is taking more and more of my paycheck. I don't want to bring inferior food home, but if this psychic binocular thing can show us how to get more for our money, I'm all for it. That is as long as we stay with the same quality or do better quality-wise."

I taught them both how to use their psychic binoculars. In three weeks I heard from Betty.

"This psychic binocular thing is great," she said. "We have been finding one sale after another. I already have three of my neighbors who want to know my secret of finding sales. I'm teaching them to use their psychic binoculars while they shop with me. We're all eating better, enjoying it more, and it's costing us less. It sure beats the high cost of food."

The same secrets that allowed Don and Betty H. to fill their refrigerator at sale prices are available to you in this chapter.

Meta-Cosmic Projection Fills Entertainment Need

Enjoyment can be a real need and a real want. Meta-cosmic projection can fill these needs and wants completely. One need not hesitate to use this miraculous power to increase his enjoyment of life. Life is a great gift — so great, in fact, that the only way to say "thank you" for that gift is to live life fully. Living life fully includes enjoying it.

Meta-Cosmic Projection Brings Color TV

Tom K. had his doubts as to whether enjoyment of life was a legitimate need or want. For most of his life, Tom had believed that enjoying anything was just a "lucky extra." Now he wasn't so sure — maybe enjoying life was something one could aim at and work to achieve.

"My family has wanted a color TV for quite a while," said Mr. K. "About a week ago, I took a chance on winning a color TV and, when my friend told me about meta-cosmic projection, I decided to see if I could win it. Will you teach me to use meta-cosmic projection so I can win the TV for my family? I know we don't really need it, but it's something they have wanted for a long time."

I agreed to teach Mr. K. the use of meta-cosmic projection and, since the drawing was in one week, he was more than anxious to learn. He left agreeing to use the techniques I had taught him no more than three times a day.

Ten days passed before I received a call from Mr. K.

"Our color TV was delivered this morning," he said. "I wasn't even surprised when they called to tell me I had won. I just knew I would. That meta-cosmic projection is wonderful. I intend to use it regularly from now on in my life."

The Secrets Are Yours Today

The very secrets of meta-cosmic projection and psychic binoculars that have helped thousands of other people to reach their goals are yours to use this very day. The meta-cosmic projection technique provided for you in this chapter can fill all your material needs and wants.

Before you begin this miraculous exercise for the fulfillment of your material needs, you should use your psychic

binoculars, as you have already learned in earlier chapters, to determine exactly what your needs and wants are at this point in your life. Once you have identified those needs and wants, you can use the miraculous exercise provided in this chapter that will bring fulfillment to your needs and wants.

Make your psychic binoculars and the meta-cosmic projection technique which follows, the first stop on your way to reaching your material goals. It will allow you to unlock powers within yourself that may have laid dormant all your life.

Your Meta-Cosmic Projection Technique for Fulfillment of Material Needs and/or Wants

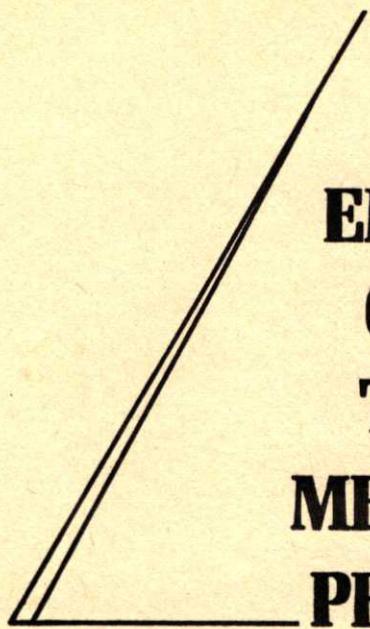
1. *Use your psychic binoculars to determine exactly what constitute your material needs and wants.*
2. *Sit in a relaxed position, close your eyes, and give your attention to your breathing. Make no attempt to control your breathing, merely keep it in your awareness for one minute.*
3. *In your own mind create a motion picture in which you see yourself in possession of the fulfillment of your material need or want. Hear yourself saying, "This is wonderful, I have received exactly what I wanted."*
4. *Now extend your motion picture and see and hear members of your family and/or friends congratulating you on your new material successes.*
5. *See and hear yourself accepting these congratulations graciously.*
6. *See and hear yourself enjoying your newly acquired material possession. For example, if you are using this technique to acquire a new car, see yourself driving that new car, and hear friends complimenting you on its wonderful features.*
7. *Relax and allow your mind to remain open to silence. Again, for sixty seconds, put your attention on your breathing. Now go about the regular activities of your day.*

*Repeat this exercise 3 days
times*

Repeat this technique three times a day.

The secrets of meta-cosmic projection have the power to fill each one of your material needs. Begin today to use your secret meta-cosmic projection technique to obtain your material needs and wants.

6



**EMOTIONAL
CONTROL
THROUGH
META-COSMIC
PROJECTION:**

Learn to be super-cool at all times

If you have ever suffered emotional upsets, or watched, feeling helpless, as a friend or relative suffered emotional anguish, the secrets of meta-cosmic projection contained in this chapter hold an important key for you.

There are many books, movies, and TV shows that portray as their main theme the events in the life of a depressed individual. Depression is also discussed on radio and TV talk shows, since it is a topic that touches the lives of countless human beings. Psychologists know that anger and hostility, turned inward, often lead to depression so severe as to paralyze the life of an individual. Some physicians prescribe medications known commonly as "mood elevators" to combat the agonies of de-

pression. Ironically, some individuals are further depressed at the thought of being dependent on a tablet or capsule in order to feel good. It isn't too difficult to understand the depression sometimes generated by a reliance on artificial means to ease the pains this depression brings. Too frequently depression generates depression and an individual finds himself caught on an emotional treadmill. Pills that elevate moods for a brief period of time do nothing to combat the underlying causes of depression.

The secrets of meta-cosmic projection have the power to cure depression at its source. Depression crumbles before these miraculous secrets as easily as papier-mache under the force of a steam roller. Meta-cosmic projection provides you with a natural means of overcoming depression without running the risks of the side effects inherent in many medications.

Woman Overcomes Depression

When I think about my first meeting with Sarah T. I am astounded by the fact that she mobilized herself enough to seek help. The tone of her voice, the stoop of her shoulders, and an unmistakable dullness in her eyes declared her depression. She spoke slowly and in a powder-dry voice.

"I'm not sure you can help me, but I've tried everything else," said Sarah. "I've been to four different doctors and have taken about ten different kinds of medicine that were supposed to help my depression. So far, nothing has helped for more than a week at a time. I'm tired of taking pills that don't work for me — I'm tired of paying for them, too."

Sarah went on to say that she had suffered moderate to severe depression for the past six years. During that time she had only brief periods of relief and those periods became more brief as her body developed a tolerance for the particular mood elevator she was taking. A new medication was then prescribed

and the cycle of relief began again, always to end as its predecessor — replaced by a new mood elevator.

"Living this way is depressing by itself," said Sarah. "My teenage son laughs when I warn him against drugs. He considers me a kind of emotional addict. I can't really blame him. My day is crowded with pills and my case history would run pretty parallel to the developmental history of mood elevators. If it's out, I've tried it. If it's coming out, it will probably be prescribed for me next week."

Sarah paused only briefly. "I'm tired of taking pills and not really getting anywhere. I've heard a little about meta-cosmic projection from a friend and I want to know if it can help me."

I explained to Sarah that if she were willing to perform the meta-cosmic projection technique and carry it out faithfully as directed, her depression could be cured completely. She agreed to do her part and left an hour later saying she would keep me informed of her progress. Suddenly she turned and said, "...or my lack of progress." That statement led to a 20 minute conversation concerning negative thinking, and Sarah, left on what was, for her, a positive note.

After two weeks passed with no word from Sarah, I wondered if she had decided not to try meta-cosmic projection. Three more weeks were to pass before Sarah telephoned. At first I didn't recognize the enthusiastic voice that bubbled from the phone.

"Congratulate me," she said. "My depression is cured."

I said I was happy for her and she continued to speak.

"It took about two and a half weeks for me to accept the fact that I wasn't depressed any more. That was after two days of arguing with myself as to whether meta-cosmic projection could really work. Once I accepted that it could work, things moved pretty fast. If I hadn't continued to look for my depression, I would have realized even sooner that it was gone."

Sarah paused and laughed. "Would you believe I just

couldn't stand feeling good at first. I actually argued myself back into depression three times before I wised up."

I told Sarah that unfortunately many people actively look for their problems at first while using meta-cosmic projection. People waste a lot of their own time looking for problems that have already gone.

"Well, once I got over that, things really started looking up," she said. "I've been on a two week vacation, my first in six years, and I had a ball. Everything is just great. I feel so good I'm not even going to spend time worrying about the time I wasted over the last six years, although I do wish that I had known about meta-cosmic projection back then. Anyway everything is super now."

Sarah T.'s depression had crumbled under the force of meta-cosmic projection. That same miraculous force is available to you in the secrets of meta-cosmic projection contained in this chapter.

Your Psychic Binoculars Can Show You the Person You Want to Be

Few, if any, psychologists would argue the fact that the way a person sees himself is of extreme importance. Unless an individual sees himself as successful, it is unlikely that anyone else will see him as a success. The way a person sees himself affects the way he interacts with others. Many unconscious and unspoken messages, based on a person's self-image, are conveyed by individuals as to how they expect to be treated by their fellow human beings. That self-image is of the utmost importance to every person on this planet. Through the use of the miraculous power of your psychic binoculars, you can see yourself as the successful person you want to be, and once you have that image clearly in view, meta-cosmic projection can do the rest.

Man Gains New Self-Respect Through the Use of His Psychic Binoculars

Ted R. had many of the world's marks of success in his life. One thing he didn't have was a respect for himself and an inner feeling that he was in any sense a successful human being.

"I really don't know why I'm talking to you!" said Ted at our first meeting. "In a way I'm probably wasting your time. I just don't seem to be able to do anything right. I have a good job, but I'm sure if my bosses really knew me, I'd be fired. I'm sure it's just luck that I've been able to get things accomplished. I know I don't feel like I have anything to offer at work or in my personal life. In fact, I feel that people who did trust my judgment before are beginning to doubt it now."

I suggested to Ted that perhaps the fact that he didn't trust himself was reaching others through unconscious messages sent by him.

"I guess it's possible," Ted agreed. "How do I change it? I've heard of this meta-cosmic projection stuff. Will it work for me?"

I assured Ted that meta-cosmic projection would work for him, but suggested he use his psychic binoculars first to see himself as he would have himself be. We talked about the use of psychic binoculars and meta-cosmic projection and Ted promised himself to use the techniques faithfully.

Three weeks later I received a phone call from Ted.

"You are talking to a new man," said Ted. "For the first time in years I have confidence in myself and in my ideas. I guess it shows, because people have been responding to me a lot differently. I can tell that they respect and trust me now. This thing about developing a good self-image is terrific! It goes without saying that the power of psychic binoculars and meta-cosmic projection is absolutely fantastic. Thanks to those secret techniques, I feel like a million dollars."

The same techniques that worked for Ted R. can work just as effectively for you. Those secrets of meta-cosmic projection and psychic binoculars are waiting for you in this chapter. You have only to follow the techniques faithfully in order to become the person you want to be.

Woman Changed Her Life with the Secrets of Meta-Cosmic Projection

Virginia G. was visibly upset when she first visited me. Virginia had begun to go through the menopause six months earlier and had suffered from raw nerves and depression. She was unable to take estrogen due to an adverse reaction to the drug.

"It's not just that *I'm* miserable," said Virginia. "I'm making my family miserable, too. My nerves stay so on edge that I snap at every remark. They're not even safe if they remain silent, since I snap at them for not wanting to talk to me."

She forced a smile and spoke quietly. "I've tried everything. Everything but meta-cosmic projection that is. I want you to teach me how to use meta-cosmic projection so I can be happy and allow my family to be happy."

One month later Virginia was on the telephone. "Meta-cosmic projection is wonderful," she said. "I haven't been at all jumpy. I feel great and so does my family. There are millions of households in this country that could benefit from learning just this one technique. You can bet I'll tell everyone I know about it."

Virginia G. is one of many women and families who have problems stemming from the menopause. She returned to a happy life through the secrets of meta-cosmic projection, as have countless other women and their families. The same secrets are yours today in this very chapter.

Meta-Cosmic Prayer Is Not Bound by Any Creed

One definition of prayer might be to want good things for yourself and/or for others. To seek the good for anyone is a prayer and to back your seeking of that good with an act of your ever-powerful will is meta-cosmic prayer.

Meta-cosmic prayer is much more than words and much more than wanting good for yourself or another. It is the unique combination of words combined with an act of the will, forcefully willing that good be poured upon yourself and upon those for whom you pray.

Meta-cosmic prayer involves a strong act of faith. It involves a firm belief in and recognition of the limitless power of the intellect and will. With this knowledge and willful act of the intellect, the meta-cosmic prayer is born. When you pray a meta-cosmic prayer, you can always be sure it will be answered.

Family United Through the Prayer of Meta-Cosmic Projection

Brian B.'s family had once been close-knit and happy. When Brian visited me, however, it was because his family had been torn by depression, self-doubt and unreasonable hostility of family member toward family member.

"It's hard to believe we're the same family," said Brian B. "We used to get along fine, now we barely speak to each other. It all started when my wife, Ann, began the menopause. She got very edgy and because of the controversy about estrogen, she didn't want to take it at first, and our two sons were pretty patient with Ann. Our patience didn't seem to help, though. She got crankier and crankier. We just couldn't win. It's that way now, we're damned if we do and damned if we don't."

Mr. B. paused and seemed to gather his thoughts. "Eventually the boys began yelling back at their mother or avoiding

her as much as possible," he said. "I'm afraid I took the same tack. In fact, that's where we are now. We're no longer a family. Everybody is jumpy and defensive. I talked to the boys but it's gotten to the point where we're cranky with each other too. It's as though we're all too depressed and too battle-shy to try any more."

Brian paused again and took a deep breath. "I want my family the way it used to be," he said. "I thought you might be able to teach me meta-cosmic projection. I've heard of it, but, to tell you the truth, I lean more to prayer."

I explained to Mr. B. that he could use a miracle prayer of meta-cosmic projection. He agreed a little reluctantly to give it a try.

Five weeks later, Mr. B. paid me another visit.

"That prayer of meta-cosmic projection worked great. My family is the way we used to be, only better," Brian said. "Ann isn't edgy any more, and the boys and I have gotten over being jumpy and battle-shy. It's as if all the depression and self-doubt that had torn us apart have just melted away. I have always known that prayer is powerful, but this prayer of meta-cosmic projection is almost unbelievable. It really works!"

Meta-Cosmic Projection Can Help Your Unbelief

In the many years I have worked with people I have found that the lack of faith has acted as a huge stumbling block for people on their path to their goal. Faith is a simple act of trust, and yet that act of trust is often difficult for many people. We are told in the sacred books of many religions that "...faith can move mountains" and that "...your faith has made you whole." What a powerful, powerful act is this simple act of belief!

Faith can be gained in many ways and one of those ways is simply to ask for it. Perhaps one of the most efficient prayers

for faith can be found in the New Testament lines "Lord, I do believe. Help thou my unbelief."

The secrets of meta-cosmic projection can help your unbelief just as they have helped the unbelief of so many others.

Man Gains Deep Faith Through Meta-Cosmic Projection

Paul M. was a man who really wanted to believe in himself, in his family, in his ideas and in something or someone greater than man.

"My problem," Paul explained, "is that I don't believe in anything or anybody. At least I don't believe that people won't knife you in the back if it will net them a nickel."

Paul went on to explain that he was not happy with his attitude toward life and had tried many times, unsuccessfully, to change it.

"Nothing works," he said. "People have never proved me wrong. Where a dollar or a little status is involved, they'll cut your throat as soon as say 'hello.'" He paused briefly. "I hope you're not going to tell me to turn the other cheek. I've tried that too. All I got was laughed at for being so stupid."

Finally Paul came to the reason for his visit. "I want you to teach me meta-cosmic projection so I can start trusting people. I just can't go on like this, with no faith in myself or anyone else. In fact, if you know any good prayers you'd better teach me those too. I'm not sure I trust you or your meta-cosmic projection."

I taught Paul M. a meta-cosmic prayer and a meta-cosmic projection technique for the acquisition of deep faith. Without expressing much belief in the prayer or the technique, he agreed to use both.

Two months passed without one word from Paul. One morning the phone rang and Paul filled me in on his past two months.

"I fought with myself for at least two weeks before I really began following your instructions," he said. "I began with the prayer at first, then gradually I began to have faith that the meta-cosmic projection would work for me. Well, believe me, it did work. I began taking the chance of trusting people and I'll be darned, if they didn't live up to my trust in them!"

"I also began trusting my own ideas. You know something, my ideas also worked. My whole life just seemed to fall into place. It's just great trusting myself and others. I've also begun to attend church regularly. My entire life has changed due to my faith. Faith really is a simple act of trust, but I'm sure glad I had a meta-cosmic prayer and meta-cosmic projection to help me make that simple act of trust a real force in my life."

Your Meta-Cosmic Prayer for Faith

Pray this meta-cosmic prayer three times a day. It is impossible for it to go unanswered.

MAY MY MIND BE OPEN TO THE BEAUTY THAT SURROUNDS ME EACH DAY. MY MIND IS OPEN TO THE BEAUTY THAT SURROUNDS ME EACH DAY.

MY EYES BEHOLD THE KINDNESSES EACH DAY IN MY OWN LIFE AND IN THE LIVES OF OTHERS.

MY EARS HEAR THE LOVE WHICH FILLS EVERY DAY WITH WARMTH AND CARING.

I AM AWARE OF THE GOODNESS OF THE EARTH ON WHICH I WALK, AND OF THE SKY THAT SHELTERS ME.

I AM AWARE OF THE GOODNESS IN MY OWN HEART AND IN THE HEARTS OF MY FELLOWS.

Your Meta-Cosmic Projection Technique for Renewed and Deep Faith

Repeat this technique three times a day. It has brought renewed and deep faith to countless people and it will do the same for you.

1. *Sit or lie in a quiet place.*
2. *Close your eyes and give your full attention to your breathing. Do not attempt to control your breath, but simply watch the intake and outflow of your breathing.*
3. *Create a mental picture of yourself. See and hear yourself saying to a friend or family member, "I have a whole new outlook on life. I just know that things always turn out right. I have a deep faith in myself and in life."*
4. *See and hear your friend or family member saying, "I can really see the change in you. Your new faith in yourself and others has really made you happy."*
5. *Again give your attention to your breathing for approximately thirty seconds.*
6. *Open your eyes and go about your daily life.*

Your Light Can Brighten the World

The secrets of meta-cosmic projection can brighten the entire world. Countless numbers of people have used these miraculous techniques to bring emotional peace to themselves and their loved ones. Just think! The more who use the secrets of meta-cosmic projection for their own life, the brighter the world is for everyone.

Start today! Let the secrets of meta-cosmic projection bring emotional peace to you and your loved ones, then watch it flow forth to brighten your entire world.