## Morning Schedule

8:05-8:08

Morning Mingle

8:08-8:18

Mindfulness Practice

8:18-8:20

Transition

8:20-8:50

**Community Grounding** 

## SEL Curricula Resources

- \* The Toolbox (<a href="http://www.berkeleyschools.net/teaching-and-learning/toolbox/">http://www.berkeleyschools.net/teaching-and-learning/toolbox/</a>)
- \* CASEL Program Review Guide (http://www.casel.org/guide/)
- \* TeachThought (<a href="http://www.teachthought.com/learning/2-resources-for-social-emotional-learning/">http://www.teachthought.com/learning/</a>