

# Community Grounding

**Students need to work well together.**

**Create a time when students feel themselves together as a group, sharing themselves and their needs, building a strong community to teach and satisfy social needs.**



# Community Grounding

- \* designed curriculum teaching SEL competencies
  - \* self-awareness (e.g. mindfulness)
  - \* self-management (e.g. growth mindset)
  - \* social awareness (e.g. community building)
  - \* relationship management (e.g. bullying)
  - \* responsible decision making (e.g. peer pressure)
- \* reflecting on personal experiences, community events, popular movies or memes, etc.
- \* social justice projects, skits, creative projects