

Pruritus

- pruritic conditions associated with pregnancy include
 - pemphigoid gestationis
 - polymorphic eruption of pregnancy
 - intrahepatic [cholestasis of pregnancy](#)
 - atopic eruption of pregnancy
 - Reference - [Dermatol Ther 2013 Mar-Apr;26\(2\):157EBSCOhost Full Text](#)
- antipruritic medications
 - recommended in pregnancy
 - [loratadine](#) (Claritin) (Pregnancy Class B)
 - drug of choice for all trimesters
 - second-generation antihistamine
 - [cetirizine](#) (Zyrtec) (Pregnancy Class B)
 - drug of second choice for all trimesters
 - second-generation antihistamine
 - [diphenhydramine](#) (Benadryl) (Pregnancy Class B)
 - third drug of choice for all trimesters
 - first-generation antihistamine
 - may cause uterine contractions with third trimester use
 - not recommended in pregnancy (Pregnancy Classes C, D, and X)
 - hydroxyzine (Atarax) (Pregnancy Class C)
 - first-generation antihistamine
 - may be associated with increased risk of congenital malformations
 - doxepin (Silenor, Sinequan) (Pregnancy Class B topically, Pregnancy Class C orally)
 - tricyclic antidepressant
 - may be associated with hypotonia, emesis, and weak suck with third trimester exposure