



Antibiotic Resistance

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How does antibiotic resistance affect humans?



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Antibiotic

Medicine used to treat bacterial infections.

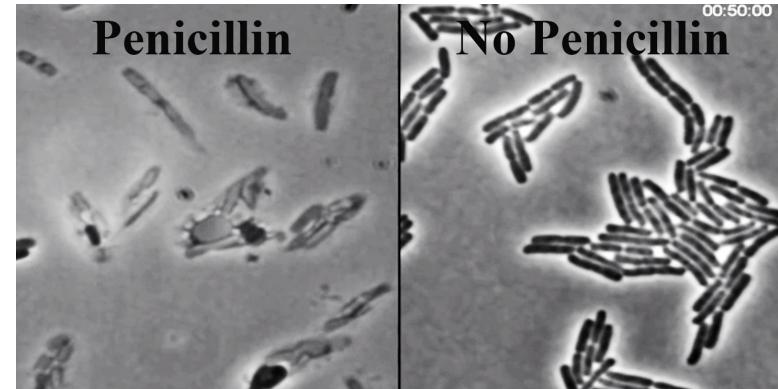
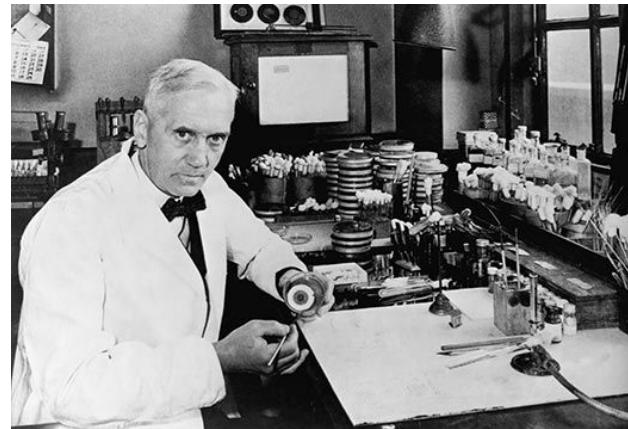
- Kills or prevents the activity of bacteria.

History

- Alexander Fleming found penicillin in 1928 August (Scientific revolution!)

Before Antibiotics:

- Higher risk of death during surgery
- Higher risk of death by pneumonia
- ... And more



Bacteria vs Virus

1. Size



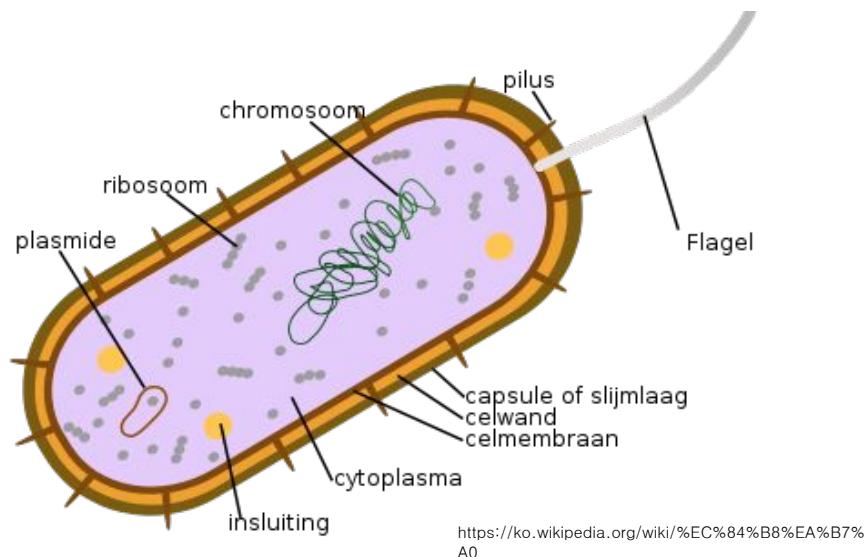
1 to 5 micrometer



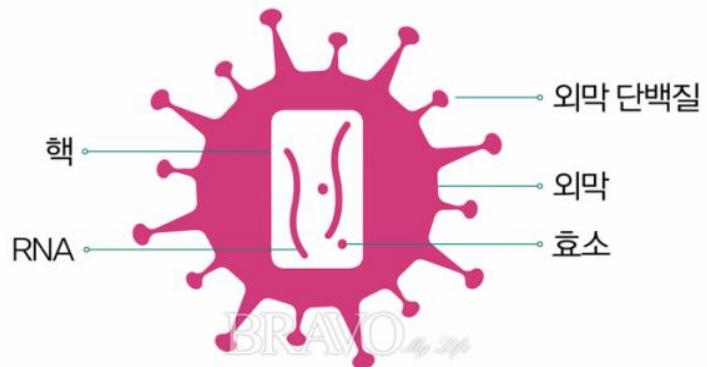
30 to 300 nanometer

Bacteria vs Virus

2. Structure



Bacteria is a single celled organism and has many organelles



Virus only has nucleic acid and capsid

Bacteria vs Virus

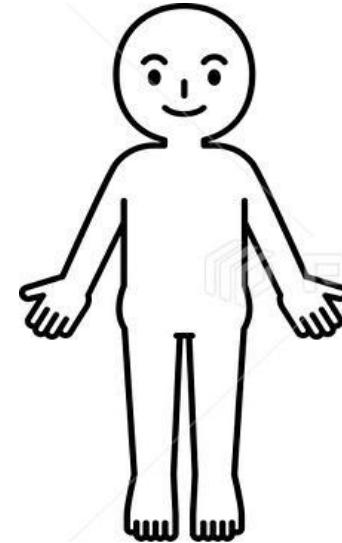
3. Survive



<https://canadablog.tistory.com/13>

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Bacteria can survive anywhere with its food
It can make **energy** by itself



Virus can't survive without its host
It can't make energy by itself

Bacteria vs Virus

4. Remove

Bacteria
Antibiotics

Virus
Vaccine
Antiviral Drugs

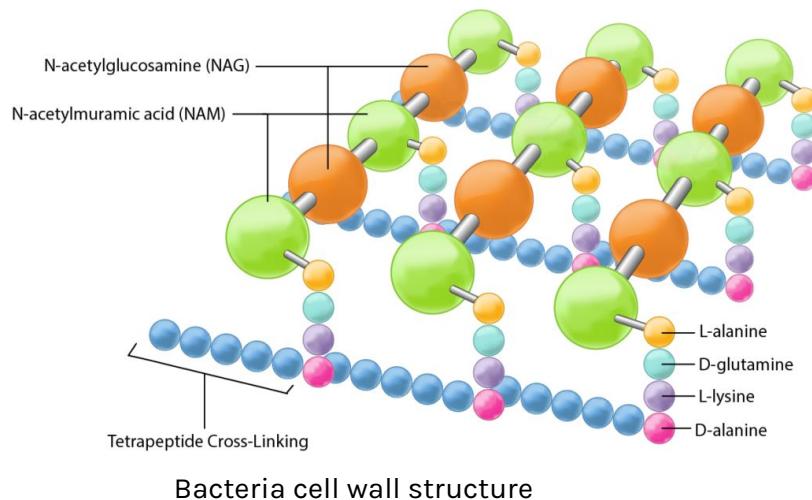
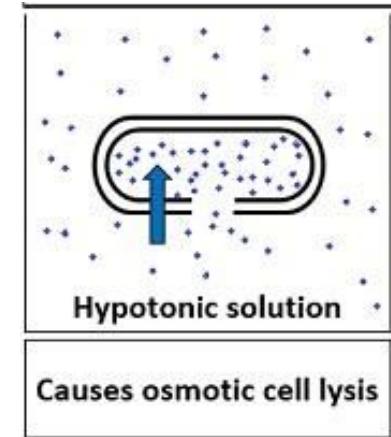
Antibiotic Mechanism

- Understanding bacteria
 - Peptidoglycan cell wall allows bacteria to withstand high osmosis pressure from hypotension (low concentration of surrounding)
- Types of antibiotics:
 - Penicillin (Methicillin, ampicillin)
 - Cephalosporin
 - Carbapenems
 - Tetracycline
 - Aminoglycosides

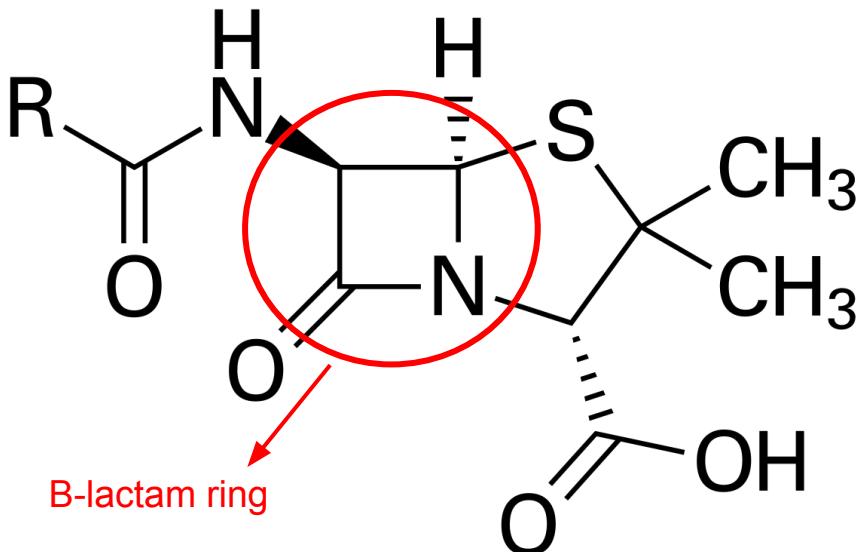
Inhibits cell wall production

Inhibits protein synthesis

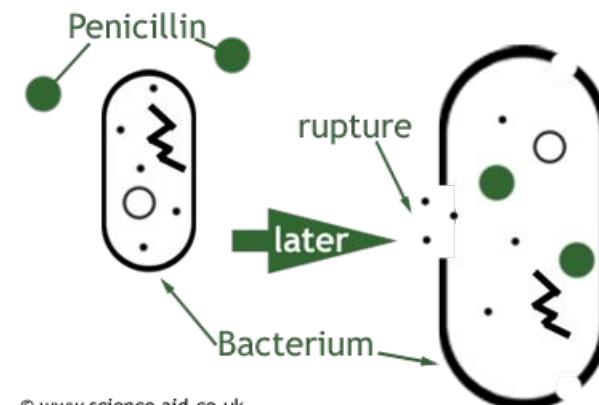
Inhibits DNA/RNA synthesis



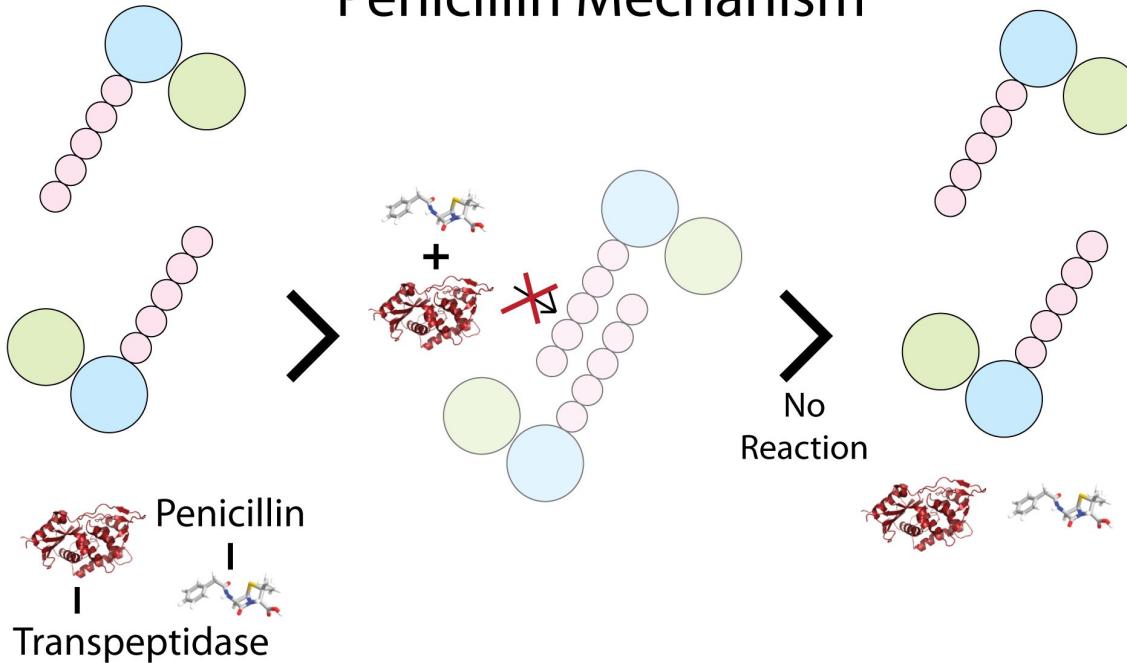
Penicillin



- Penicillins **competitively inhibit** DD-transpeptidase
- Transpeptidase enzyme catalyses the cross-linking of peptidoglycan in bacteria cell wall.
- Bacteria cell wall weakens → influx of water into cell → Cell lysis



Penicillin Mechanism



- Competitive inhibition - penicillins competitively inhibit transpeptidase
- Peptidoglycan = polysaccharide made of N-acetylglucosamine (NAG) and N-acetylmuramic acid (NAM) alternating in long chains
 - Tetrapeptide cross linking

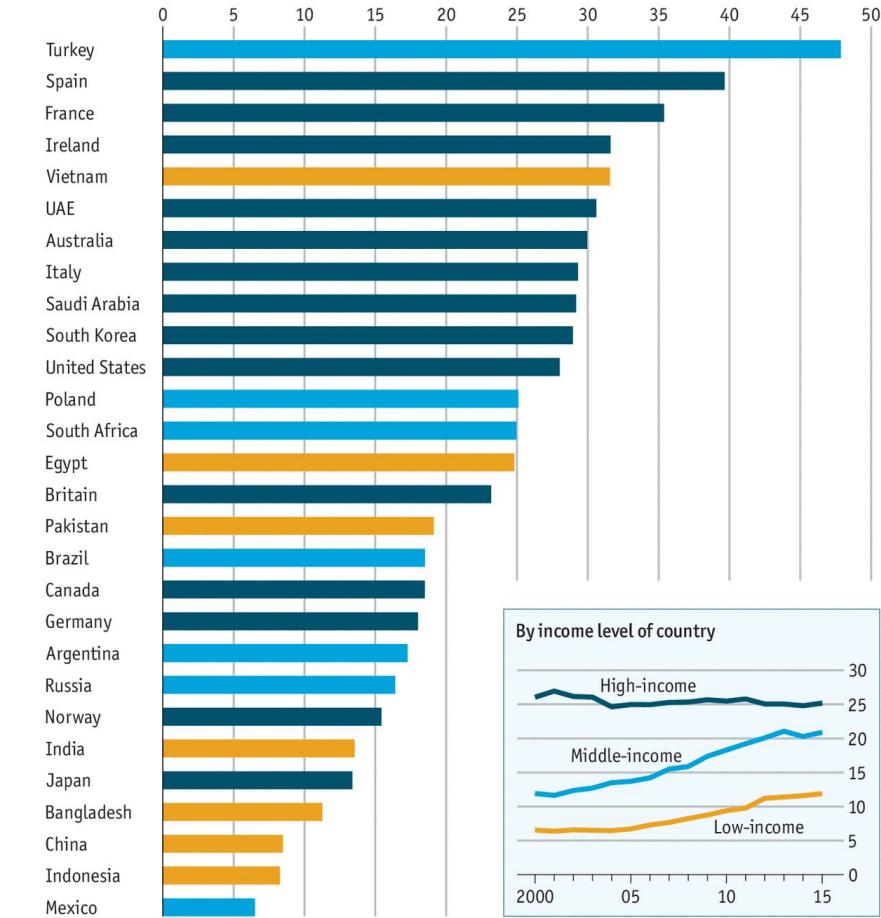
Antibiotic Misuse

1. Daily dosage

Many people in the world are getting a lot of amount of antibiotics

The dosage is larger in countries with **higher incomes**

Doses in middle income and low-income countries have **steadily increased** over time



Source: "Global increase and geographic convergence in antibiotic consumption between 2000 and 2015",
by Eili Klein et al., Proceedings of the National Academy of Sciences, March 2016

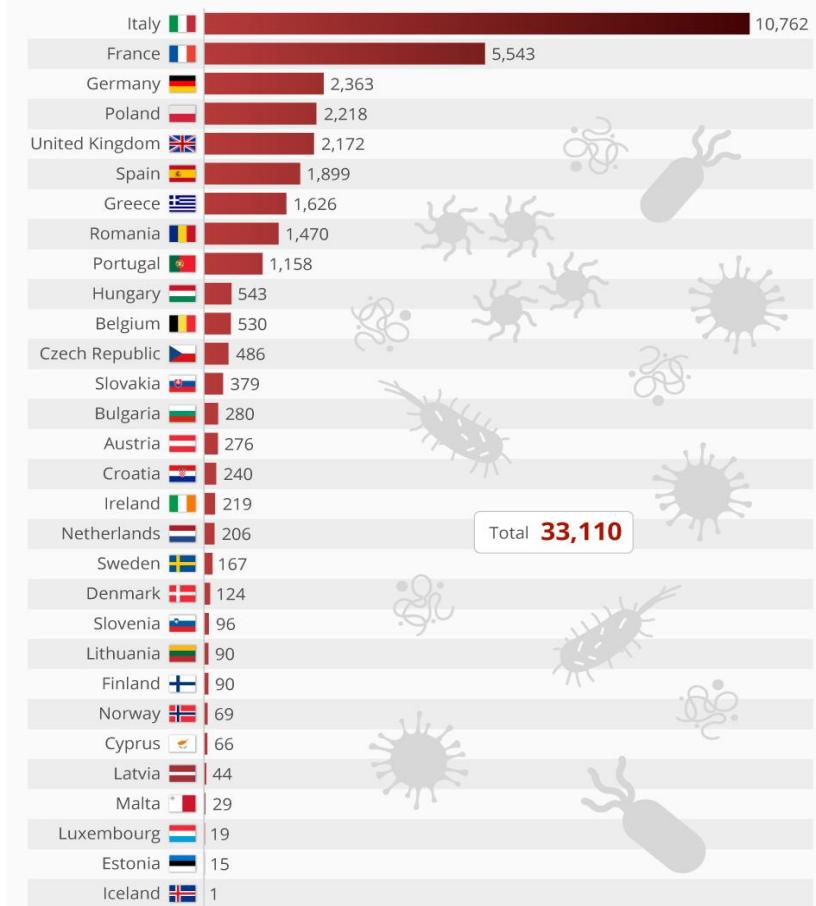
Antibiotic Misuse

2. Europe

33100 people die from infection due to antibiotic resistance

75% of total infection: healthcare-associated infections

Other reasons: taking large amount of antibiotics

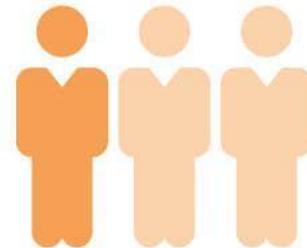


Antibiotic Misuse

2. Europe

1 in 3
patients

in hospitals in England
are on an antibiotic at
any one time



1 in 3
individuals

in England takes at
least one course of
antibiotics each year

Antibiotic Misuse

2. Europe

ENGLAND*

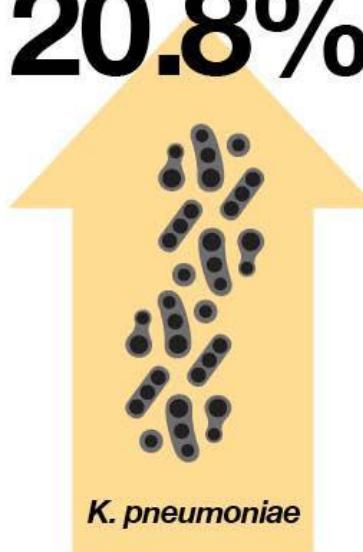
*The rate of *Escherichia coli* and *Klebsiella pneumoniae* bloodstream infections increased in England by 15.6% and 20.8% respectively from 2010 to 2014.



15.6%



20.8%



Antibiotic Misuse

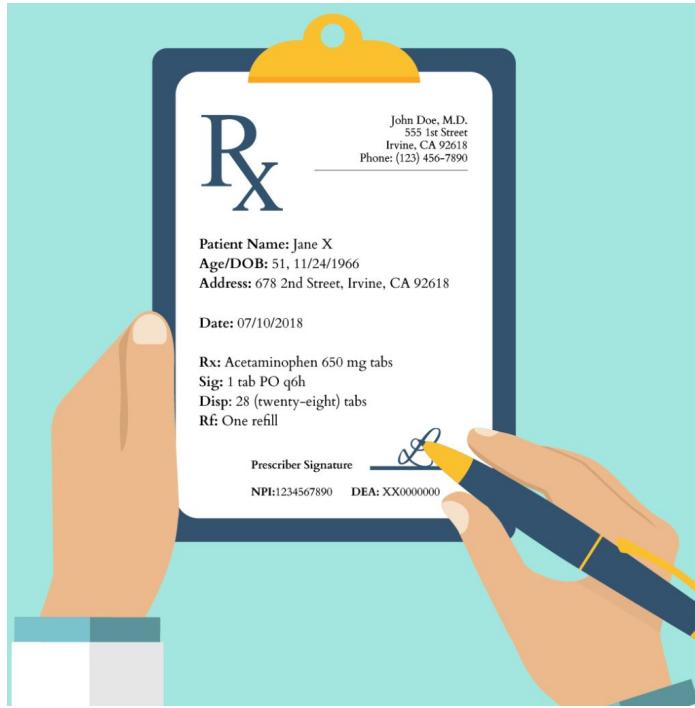
3. Middle East Asia



After being injured in a war,
they get infection to antibiotic resistance virus
because they can't get proper treatment

Antibiotic Misuse

3. South East Asia



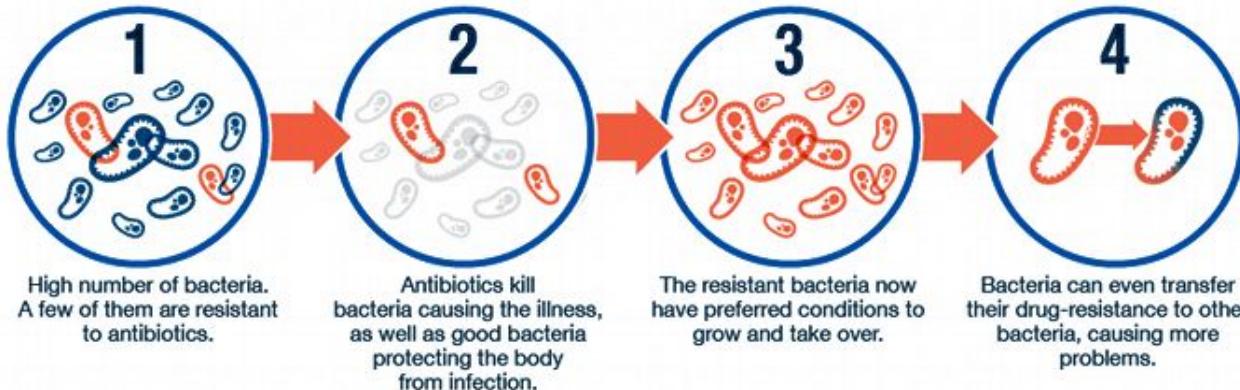
About 50% of the total patient is antibiotic abuse patient

Antibiotics are widely used in food and can be used without doctor's prescriptions

Consequence & effects

- **Antibiotic resistance** ⇒ Bacterias become resistant to antibiotics
 - Natural Selection
 - Genetic information shared between bacterias by **plasmid** (#4 in diagram)

How does antibiotic resistance occur?



How does antibiotic resistance occur? World Health Organization, 2020

Superbug

- Super Bug - has bacteria resistance to several antibiotics, or the strongest one
- Serious danger to public health
- High risk germs
 - Acinetobacter - resistant to carbapenems
 - Vancomycin resistant enterococci (VRE)
- New antibiotics are developed (in mixture) against these super bacterias

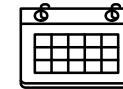
**Drug-Resistant Superbugs Are a
'Fundamental Threat', WHO Says**



Solutions

1. General Public

1. Use antibiotics only when prescribed by a doctor
2. Do not ask for antibiotics if your doctor says you don't need them
3. Always follow the instructions of the medical practitioner when using antibiotics



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