

## LOCKED TEAM CHALLENGE

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### GOAL

Defeat the League Champion using a predetermined team, without ever breaking the rules.

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### PREPARATION PHASE

1. Pick your Pokémon game  
Every mainline title is valid, including Rom Hacks. Apply the rules adapted to the chosen version.
2. Build your final team
  - Choose 6 total Pokémon (including your starter, which is mandatory)
  - Team must be decided BEFORE starting the run and CANNOT be changed
  - Each Pokémon must be:
    - Obtainable in the chosen game before the first Pokémon League battle
    - Caught before entering the League
    - No legendaries, mythicals, or pseudo-legendaries (max BST under 600)
    - No in-game trades with NPCs
  - For each Pokémon, specify the exact location you will catch it (e.g., Route 5, Diglett Cave, etc.)
  - You may not catch more than one Pokémon, planned or Jolly, in the same location.
  - You MUST catch the first instance of your planned Pokémon in the declared location. If encountered earlier elsewhere, you CANNOT catch it.

### SPECIES CLAUSE ACTIVE

You cannot have two Pokémon of the same species on your team, including alternate forms (e.g., Rotom, regular and Alolan Muk...).

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### FIRST RIVAL BATTLE: EXEMPT

The first rival battle (right after getting your starter) is outside of the rules.

No KOs matter here, and it doesn't affect the run.

It's a fight heavily influenced by random IVs and early move pools → no point restricting it.

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### REGION DIVISION

Split the region into 5 macro-areas to get your Jolly Pokémon.


Macro-areas can be large map sections (e.g., "from City X to City Y").


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## START OF THE RUN

1. Pick your Starter  
The starter must be one of the official team members.
  2. Catch your Companion Pokémon
    - As soon as you reach the first area with wild encounters, catch the first Pokémon you find
    - This is your Companion Pokémon:
      - Must be released after earning your second badge
      - Does not need to be declared in advance
      - If it faints → run continues, but you can't use it anymore
      - Must be released once you catch your second planned team member
      - Must be released once you catch your first Jolly
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## TEAM POKÉMON RULES


-  Allowed:
- Use them freely
  - Train them up to the Level Cap, which equals the level of the highest-level Gym Leader or Champion Pokémon
  - Going over the Level Cap during the actual boss fight that sets the cap is allowed

-  Rules:
- If a team member faints before the League → run failed
  - During the Pokémon League:
    - If a member dies → it can't be used anymore
    - Reviving in any way is forbidden
  - No other Pokémon may replace an official member during the League, not even a Jolly
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## JOLLY POKÉMON

Jollies are bonus, limited, and expendable Pokémon.

-  How to get them:
- You get 1 Jolly per macro-area
  - For each Jolly, you must:
    - Pick a specific zone inside the macro-area (e.g., "Route 9", "Petalburg Woods", etc.)
    - Catch the first Pokémon you encounter there
    - Repel-tricks are allowed

-  Rules:
- Each Jolly can participate in up to 3 battles
    - If it hits the field → it counts as a battle
    - If it stays in the team but doesn't battle → it doesn't count
    - Even wild encounters count if the Jolly hits the field
  - After 3 battles → it must be released

- If it faints → it's lost, but the run continues
  - It may exceed the level cap by 1 level
  - It cannot replace official members in the League
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## BANS & LIMITATIONS

### Not allowed:

- Grinding → you can only level up through:
  - Rare Candies (you can give yourself 999 at the start and restore them as needed) or trainer battles
- Using bag items during battle
- Using EV items (Protein, Zinc, etc.)
- Using:
  - Choice Items
  - Mega Evolutions
  - Z-Moves
  - Dynamax
  - Terastallization
  - Bijou
  - Revival Blessing (banned move)

### Allowed:

- Healing Pokémon OUTSIDE of battle with items
  - Using TMs/HMs and changing movesets
    - TMs are considered consumable even after Gen 5
    - Farming them in Game Corners or similar is forbidden
  - Using held items: Berries, Charcoal, Life Orb, Eviolite, etc.
  - Using Ability Capsules (if available in game)
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## CHEATS & MODS

### Allowed:

- You may give yourself at the start of the run:
  - 999 Rare Candies
  - 20 Poké Balls
  - 3 Quick Balls
  - 10 regular Repels
- During the run, you may use cheats ONLY to:
  - Get Rare Candies
  - Get Escape Ropes
- If you get stuck due to a softlock, you're allowed to use a cheat to obtain a Pokémon or item needed to fix the issue.

 Must be released or sold immediately afterward.

✗ Not allowed:

- Modifying: IVs, EVs, Nature, Friendship, Gender, Level, Moves
  - Giving yourself items not listed above
  - Giving yourself TMs/HMs or story-related items before their in-game availability
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## 🚩 WIN CONDITION

Defeat the League Champion using the 6 Pokémon chosen at the start.

If even one dies before the League, or if you lose to the League → run failed.

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## 🔥 HARDCORE MODE (optional)

- If a Jolly dies → run failed
  - Jollies cannot exceed the level cap
  - Play on "Set" battle style
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## 🔧 HM SLAVES & OTHER

⚙️ HM Slaves are allowed, but:

- They can only be used for HMs (Cut, Surf, Strength, etc.)
- They CANNOT enter battle
- They do NOT count as Jolly or team members
- Must remain passive in the box or party