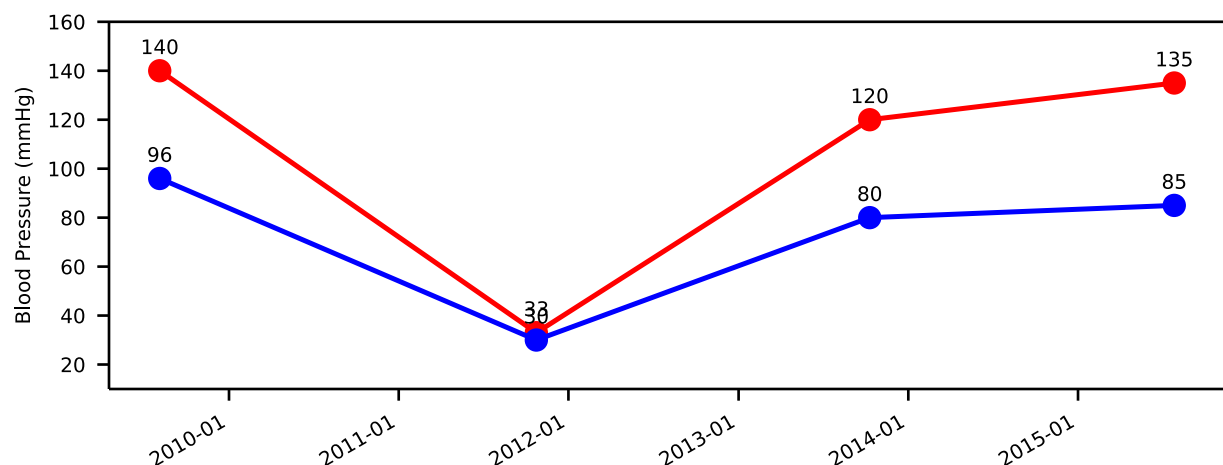


Maria TestAdult, 54F



Family and Social History

None Identified pertinent to guideline

Identified Comorbidities

Hypertension
Diabetes Mellitus

Current Antihypertensives

lisinopril 10 mg

Current BP:

135/85

BP Goal:

130/80

Recommendations per Guideline: 2017 Hypertension Guidelines

BP near goal in pt with CVD/DM/CKD: Recommend reassessment in 1 month.

BP not at goal: Recommend Non-Pharmacologic therapies in addition to others.

Prior to intensifying therapy, ensure medication compliance.

HTN in Black/African-American: Ensure a Thiazide or Calcium-Channel Blocker, optimize dosing, then consider adding another Thiazide/CCB/ACE-I/ARB

HTN in DM: Consider ACEi/ARB to prevent kidney disease.

All recommendations based on Level 1 Recommendations from the selected guideline.