

Spring 2008 Courses

Advanced Spanish Conversation

Facilitator: Brook Bernini-Galup
Contact: berni071@umn.edu
When: First meeting Tuesday 5pm (regular meeting time TBD)
Dates: February 5—mid-April
Where: Mapps Coffee Shop, 1810 Riverside, Mpls

Architecture and Public Space

Facilitator: Scott Watson
Contact: wats0163@umn.edu
When: Mondays 3-6pm
Dates: February 25—April 28
Where: TBA

The Art and Science of (Ethical) Selling

Facilitator: Skip Anderson
Contact: excotc@gmail.com, 651-595-8010
When: Mondays 6:30-8pm
Dates: Six weeks starting February 11
Where: Macalester College, Olin Rice 370

The Art of Political Organizing

Facilitators: Alex Fink, Nikki Thompson, Julia Perkins, Maggie Kalda
Contact: perki131@umn.edu
When: TBA
Dates: Starting week of February 4
Where: TBA

Basic Bike Maintenance

Facilitator: Jason Tanzman
Contact: jtanzman@riseup.net
When: Thursdays 6:30—9pm
Dates: April 3-24
Where: Sibley Bike Depot, 712 University, St. Paul

Beginner's Intro to Knitting & Crochet

Facilitators: Allison Stewart and Laura Panfili
Contact: allisonstew@gmail.com, lpanfili@macalester.edu
When: Mondays 8-9:30pm
Dates: February 4- April 7 (8 sessions)
Where: Macalester College, Humanities 102

Beginning Yoga

Facilitator: Chris Shirber
Contact: cshirber@comcast.net
When: Tuesdays 12:15—1:15pm
Dates: February 5—April 15 (no class March 25)
Where: TBA

Black Folk: Culture Defeats Holocaust

Facilitator: Ray Tricomo
Contact: (651) 714-0288 or kalpulli@kalpulli.net
When: Saturdays 1-3pm
Dates: Starting week of February 4
Where: Rondo Community Center, Dale & University, St. Paul

Brainstorming with the Tarot

Facilitator: Nancy Antenucci
Contact: nucc40@yahoo.com
When: Sundays 6-8pm
Dates: March 30 and April 13
Where: Macalester College, Campus Center 204

Body Wisdom and Vital Energy Workshop

Facilitators: Pamela and David Nelson
Contact: dave@icoachlife.com, empowered@icoachlife.com
When: Sundays 1-3pm
Dates: February 4—February 23 (4 sessions)
Where: Macalester TBA

Capoeira Practice Collective

Facilitator: Jonathan Sigelman
Contact: Callie.Recknagel@macalester.edu
When: Offered Sun. 11-1pm, Tues. 7-8:30pm, Fri. 5:30-7pm
Dates: February 4—May 2
Where: Sweatshop Fitness Studio, 167 Snelling Ave. N., St. Paul

Climate, Development & Energy: Renewing our Future

Facilitator: Timothy Den Herder-Thomas
Contact: tdenherder-thomas@macalester.edu
When: (two sections) Tuesdays 7:30-9:30 and Wednesdays 7-9pm
Dates: February 6-April 30
Where: Macalester College, Carnegie 105

Climate, Development & Energy: Renewing our Future Pt. 2

Facilitator: Timothy Den Herder-Thomas
Contact: tdenherder-thomas@macalester.edu
When: Thursdays 7-9pm
Dates: Feburary
Where: Macalester College, Carnegie 105

Collaborative Organizing Skill-Share

Facilitator: Timothy Den Herder-Thomas
Contact: tdenherder-thomas@macalester.edu
When: Mondays 7-9pm
Dates: February 4—April 28
Where: Macalester College, Theater 204

Contemporary Asian American Community and Identity

Facilitators: Teresa Engst and GaoNue Xiong
Contact: tengst@macalester.edu, gxiong@macalester.edu
When: Thursdays 8-9:30pm
Dates: Starting February 4
Where: Macalester College, Old Main 011

Crash Course in Capital(ism)

Facilitator: Nate Holdren
Contact: nateholdren@gmail.com
When: TBA
Dates: Februar 4-early to mid-May
Where: Universit of Minnesota, TBA

Czech Fun (Facts)

Facilitators: Vera Sidlova, Dominika Seblova
Contact: vsidlova@macalester.edu, dseblova@macalester.edu
When: Tuesdays 7-8:30pm
Dates: February 5—May 6th
Where: Macalester College, Old Main Room 011

Eating Well: Cooking and Nutrition on a Budget

Facilitators: Macalester Health Services, Health Promotions Staff
Contact: Aaron.Rosenblum@macalester.edu
When: Wednesdays 7-9pm
Dates: February 6-April 2 (no class March 19)
Where: Macalester College, Room TBA

Fermentation Basics

Facilitator: Kirstin Grieve
Contact: kirstin@resist.ca
When: Wednesdays 7-9pm
Dates: February 6-March 19 (no class February 20)
Where: 3036 Longfellow Ave., Minneapolis, MN 55407

Gentrification and Minneapolis Neighborhoods

Facilitators: Laila Davis and Andrew Bender Dahl
Contact: lailalailad@yahoo.com, dahl0665@umn.edu (612) 729-2261
When: Sat. or Sun. 3 hour session b/w 12-6pm (TBD w/ input)
Dates: February 2/3—March 29/30th with weekend March 15/16
Where: TBA

Getting Free: Practical Anarchism in the Twin Cities

Facilitator: David Boehnke
Contact: db@riseup.net
When: Sundays 2-3:30pm
Dates: February 10 - March 16
Where: TBA

Health Care Activism

Facilitator: Joel Albers
Contact: joel@uhcan-mn.org
When: Thursdays 7-9pm
Dates: February 7, 21, 28
Where: May Day Books, 301 Cedar Avenue Minneapolis, MN

Home Energy Auditing/Efficiency Revolution

Facilitators: Andrew Ehrman, Austin Werth, Jason Rodney
Contact: aehrmann@macalester.edu
When: Sundays 2:00pm-4:00pm
Dates: Februar 5-April 27
Where: Macalester College, Olin Rice

Hume and Nietzsche: Perspectives on God

Facilitators: Ben Larson, Jared Rudolph
Contact: blarson@macalester.edu, jrudolph@macalester.edu
When: Thursdays 7:39-9pm
Dates: February 7—May 1
Where: TBA

Indigenous Humanity: Great Law of Peace to the 21st Century

Facilitator: Ray Tricomo
Contact: 651-714-0288
When: Tuesdays or Wednesdays 6-8pm or 7-9pm
Dates: Starts week of February 4
Where: Hamline University, Room TBA

Ink and Action: Rhetoric for Activism

Facilitator: Jude Ortiz
Contact: recycleme2@gmail.com
When: Tuesdays 6:30-8:00pm
Dates: February 5-April 8
Where: Arise! Books and Resources Collective
2441 Lyndale Avenue #1 Minneapolis

Intellectuals in the Time of War

Facilitator: Rich Martinez
Contact: remartin@umn.edu
When: Wednesdays 5-7pm
Dates: February 13-March 12
Where: May Day Books, 301 Cedar Ave. Minneapolis

Introduction to Citizen Journalism

Facilitator: Mary Turck
Contact: editor@tcdailyplanet.net
When: Wednesdays 6:30—8:30pm
Dates: March 5—March 26
Where: Macalester College, Olin Rice 300

Introduction to Programming in Java

Facilitator: Stiliyana Stamenova
Contact: sstamenova@macalester.edu
When : Thursdays 7-9pm
Dates: January 30-April 15
Where: Macalester, Olin Rice Computer Lab

Living the Power of Now

Facilitator: Randy Lanari
Contact: randylanari@yahoo.com
When: Sunday March 16, 1-4:30pm (1 session)
Where: Macalester College, Olin Rice 370

Meet the Minnesota 8! Peace Criminal or War Criminal: How do you envision your life in the age of the War on Terror?

Facilitators: Dan Reddan, Frank Kroncke,
Contact: danreddan@juno.com, fkroncke@minnesota8.net
When: Mondays 6-8pm
Dates: Starting February 4
Where: Macalester College, Carnegie Hall Rm 06

Occupied Palestine: In a circle, on your feet, into public experience

Facilitator: Ilana Lerman
Contact: ilana@riseup.net
When: Tuesdays 4:15pm-6pm
Dates: February 19-May 13
Where: TBA

The Other Radical Tradition: Individualist Anarchism

Facilitator: William Gillis
Contact: rechelon@riseup.net
When: Thursdays 7pm
Dates: Starting February 4
Where: Jack Pine Community Center 2815 E. Lake St. Minneapolis

Peacemaking and Anarchism: An Intergenerational Dialogue
Facilitator: Betsy Raasch-Gilman, Rob Czernik
Contact: raaschgilman@gaiavoices.net, tumbleweed@riseup.net
When: Mondays 7-9:30pm
Dates: Starts February 18th (4 weeks)
Where: Alternate between Jack Pine Community Center and Friends for a Nonviolent World

Pillow Making/Sewing
Facilitator: Elizabeth Carmon
Contact: nomracc@comcast.net
When: Thursdays 4-6pm
Dates: February 7-March 13
Where: Louisiana Court Community Room 2740 Louisiana Ave. St. Louis Park, MN

Poetry as Sensual Pleasure: Touch, Taste, Scent, Sight, Sound
Facilitator: Lee Orcutt
Contact: poetlee@comcast.net
When: Saturdays 10am-3pm, lunch provided
Dates: March 29, April 5 and April 12
Where: The Calla Lilly 3343 St. Croix Trail, Afton 55001

The Politics of Public Space: Privatisation, Protest and Democracy
Facilitator: Nathan Clough
Contact: clou0062@umn.edu
When: Mondays 6-7pm
Dates: February 4-May 5
Where: TBA

Rasaboxes Performance Workshop
Facilitator: Laura Winton
Contact: fluffysingler@earthlink.net
When: Tuesdays for 2 hours, beginning around 2:30 or 3pm
Dates: February 5-April 1
Where: University of Minnesota, TBA

Russian Conversation
Facilitator: Raphi Rechitsky
Contact: raphirech@gmail.com
When: Bimonthly from February through April
Dates: First class February 14 at 4pm
Where: Hard Times Cafe, 1821 Riverside, Mpls

Social Movements in Mexico: How they Change the World
Facilitator: Gabriel Johnson-Ortiz
Contact: John0007@go.century.edu
When:TBA
Dates: Starts week of February 4
Where: TBA

The Social Responsibility of African American Music
Facilitator: Leonard King, Jr.
Contact: dprof2148@hotmail.com, (612) 781-5156
When: Thursdays 6-8pm
Dates: Starts week of February 4
Where: Macalester College, Old Main Room 001

Some Philosophy and History of Co-ops
Facilitators: Addy Free, Holly Davis, Heidi Evans
Contact: addyfree@gmail.com, hollydavisone@gmail.com
When: Tuesdays 6:30-8:30pm
Dates: March 4 to April 15 (7 sessions)
Where: Macalester College, Carnegie Hall 204

Soo Bahk Do
Facilitator: Ann Rostampour
Contact: arostampour@msn.com
When: Thursdays 6:30pm
Dates: Starting February 21
Where: Macalester College, TBA

Theorizing the University
Facilitators: Lucia Pawlowski and Eli Meyerhoff
Contact: pawl0068@umn.edu, meye0781@umn.edu
When: Time TBD at first meeting- Monda, February 4, noon-1pm
Dates: Every other week, early February-May
Where: Universit of Minnesota, Coffman Union, Room 325

Twin Cities Daily Planet Writer's Group
Facilitator: Teresa Ortiz
Contact: tortiz07@hotmail.com
When: Mondays 4-6pm
Dates : Starting January 7
Where: Rondo Comm. Ctr, Dale & Univ., St. Paul

Unix and C
Facilitator: Eric Deitz
Contact: eric@wrongway.org
When: Thursdays 8pm
Dates: January 30 to April 15
Where: TBA

We Have a Choice: Let's Just Do It
Facilitator: Sharon Thompson
Contact: sharonthompson@frontiernet.net
When: Thursdays 7-9pm
Dates: February 5 to April 8
Where: Macalester College, Olin Rice 300

Women: More than Half the Sky
Facilitator: Amy Fehn
Contact: afehn01@netmail.hamline.edu
When: Mondays 6-7:30pm
Dates: February 4—March 10
Where: Macalester College, Humanities 102

Register online

www.excotc.org

History and Mission

EXCO-Twin Cities is a collective of Experimental Colleges in the Twin Cities that shares a vision of a progressive higher educational experience that offers free classes for the public.

We believe education is a powerful tool for social change, one that can build equality and justice in our community when we value the knowledge of each and every person, particularly those whose voices have been historically marginalized.

Get Involved!

- **Teach a course on anything!**
- **Take a course!**
- **Help Organize!**
- **Connect with us about your organization** and how we can interact, suggest teachers, organizations to contact, or spaces we might be able to use
- **Come to our meetings!**
Contact excotc@gmail.com if interested

Comments, questions, want to teach a course, learn more?
Visit www.excotc.org
Macalester chapter: excotc@gmail.com
UMN chapter: excoumn@gmail.com
p: 651.696.8010



Where everyone can teach or take a class
and all the classes are FREE!

The Twin Cities Experimental College

www.excotc.org