

Rehabilitation Progress Report

Patient Name: Sarah Lee

Age: 31

Diagnosis: Knee Injury

Date: 15/10/2025, 1:17:21 am

Test Results:

- Improved balance during leg rehab exercises
- Better coordination shown in catching apples with left hand
- Need for improvement in control while catching apples with right hand

Suggestions for Improvement:

- Continue leg rehab exercises to enhance control
- Practice catching apples daily with both hands to improve balance and coordination
- Consult a physiotherapist for targeted exercise routine to enhance control in the right hand