

Rehabilitation Progress Report

Patient Name: John Doe

Age: 45

Diagnosis: Hypertension

Date: 15/10/2025, 1:45:33 am

Test Results:

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- Right hand reach: 3 meters, Average catch rate: 60%
- Left hand reach: 2.8 meters, Average catch rate: 55%
- Hand-Eye Coordination: Slightly below average

Suggestions for Improvement:

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- Regular hand-eye coordination exercises and physical therapy sessions
- Balanced diet rich in vitamins (B6, B9, C) for nerve function support
- Strengthening exercises for the upper body to improve grip strength