

Happy belated holidays!! Sorry we missed you during the seasonally appropriate window. We were traveling to far flung places and thought a gift from abroad might be a little more interesting.

So we've brought you back some tea. But not just any tea - TEAHOUSE Pu'er. We were served TEAHOUSE Pu'er No570 by happenstance in a cafe in Lviv and were so impressed that we combed the city for more. And please note - as veritable tea heads, we're not that easy to impress.

Along the way we learned that TEAHOUSE is a beloved Ukrainian brand whose factory was deliberately destroyed by a Russian missile on the eve of Katherine's birthday in 2025.

So, we were not surprised that we were unable to find any more Pu'er No570. But at long last, after much searching we found one shop in the whole city that still had stock of No570's cousin No575!

No575 can be enjoyed as is - or with a few tricks, brewed to taste very similar to No570. We recommend crushing the leaves a bit with a cocktail muddler or mortar and pestle, then adding some thin twists of fresh lemon peel, before putting this mix in a tea bag or ball.

Fun fact!:
Ukrainian cross country trains have flat screen tvs that play beautifully produced videos showcasing regional folk costumes. It's just one small effort to preserve cultural heritage from Russian destruction.

Feel free to make a very strong brew - it will never get bitter no matter how long it steeps or how hot the water is. Two teaspoons of leaves is all you need for a good cup. Add boiling water and let steep for 5 minutes. The same tea bag (or ball) can make a second cup of equal quality. Refill up to 5 times for a progressively weaker brew.

And while the water is boiling, the tea is steeping, and you're relaxing with your cup, you can explore everything we've referenced above, plus some fun documentaries on contemporary travel in Ukraine, in the links below.

We hope you enjoy the tea!
Sincerely, Katherine & Duane

Health Benies!:
According to multiple sources, drinking Pu'er has a number of health benefits such as bad cholesterol reduction and good cholesterol balancing.

