

RISE 2019

Let the Hero within you RISE

NAVRACHANA SCHOOL SAMA'S PIONEER INNOVATION & DESIGN THINKING PROGRAM FOR SUSTAINABLE DEVELOPMENT

ABOUT

Do you have an urge to bring about a change? Do you want to step out and raise your voice for a better society? Do you want to bring the change you wish to see? Do you wish to unleash your potential? Then, it's time to Let The Hero Within You RISE. Your initiative can give countless people around the world a voice





REFLECT OBJECTIVE

INNOVATE





SUSTAIN

Often, we hear strong voices echoing words of reform and innovation from within us but we fail to identify platforms to bring about such changes. RISE is here to provide that platform. Talented and determined young heroes from across the country are given this chance to bring about desired changes in the society. Our objective is to be the change agents and provide a platform to these young leaders to RISE above the problems that they strongly feel about in their own unique manner.

EXPRESS



MODEL

REFLECT

1. Identify the relevant problems and reflect on the same.



2. Interview the people who are affected by the problem

3. Understand the different aspects of the problem.

INNOVATE

- 1. Brainstorm different ideas to come up with something unique to bring a change in the relevant problem.
- 2. Encourage All ideas.
- 3. Select the most practical, long-lasting & far-reaching idea.

IMPLEMENT

1. Find ways to implement the idea and reach out to the concerned subjects, signal towards a change.

2. Look for far reaching ways

3. Involve open ended methodologies to obtain desirable and unique answers.

SUSTAIN

- 1. Continue to bring about a significant REFORM from a small change.
- 2. Ensure that the idea continues to impact. Make strategies on how to ensure this.
- 3.Implement the strategies if possible OR

Develop a model on how to ensure that the idea continues to live.

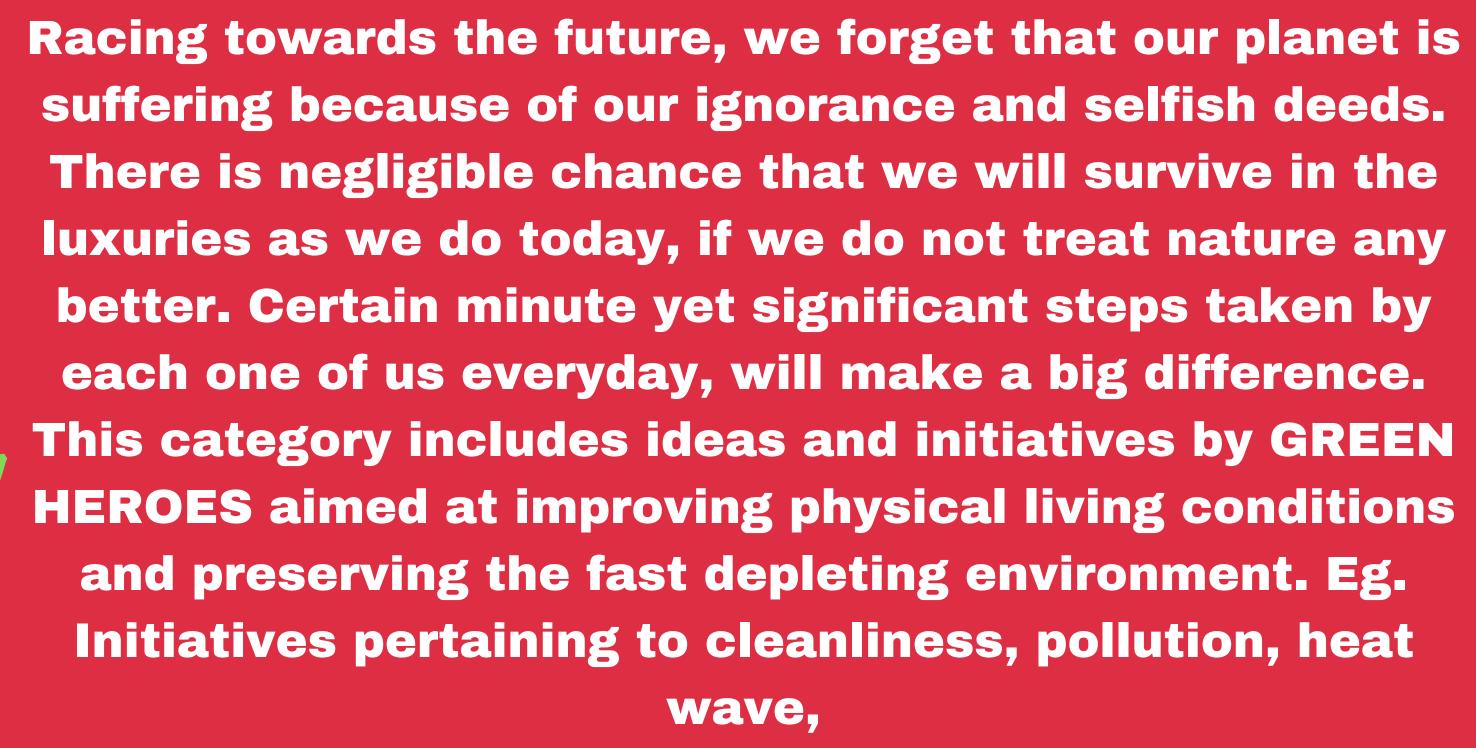
EXPRESS

Express the change that this journey brought within and around you in the form of a short film



FOCUS

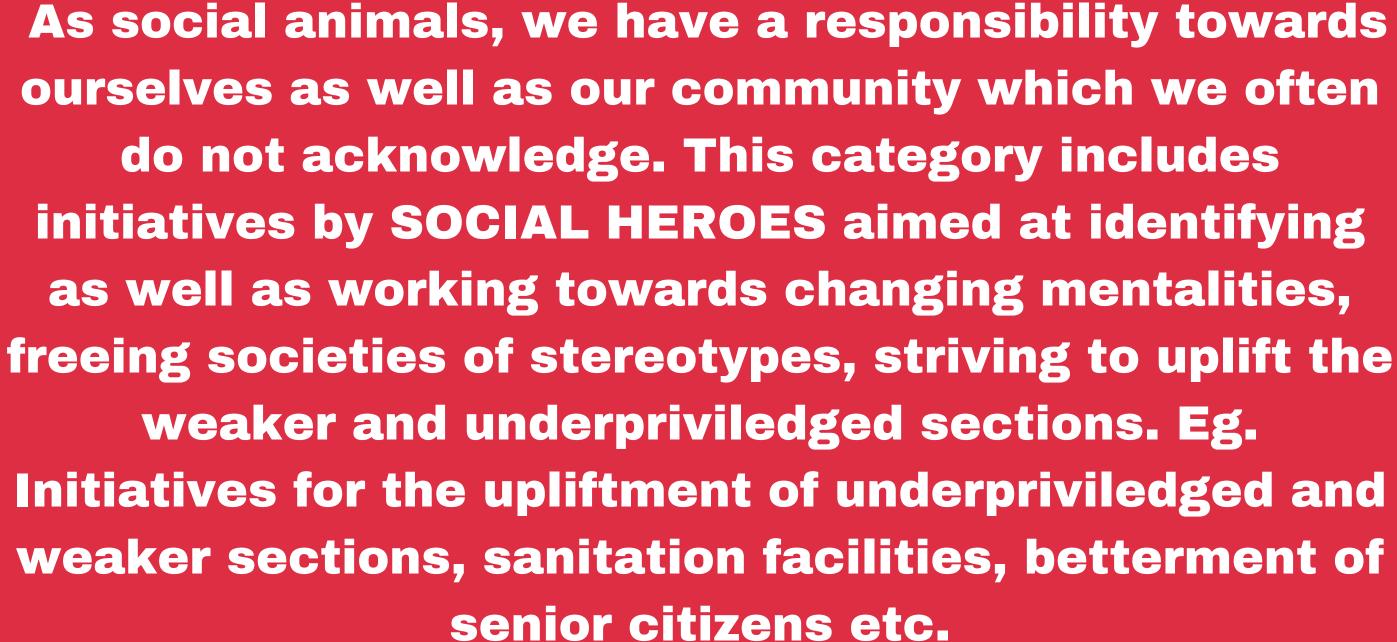
ENVIRONMENTAL CONSERVATION & SUSTAINABILITY





FOCUS

SOCIAL UPLIFTMENT & COMMUNITY BETTERMENT







SCIENTIFIC INNOVATIONS TO SIMPLIFY DAILY FUNCTIONING

Technology has become an integral part of our lives and we cannot deny how simple our lives have become. Various innovations have brilliantly simplified even the most tiring processes from writing to driving. This category includes initiatives and inventions by TECH HEROES aimed at making day to day life easier through creative and practical technological ideas and innovations. Eg. Coins for the visually impaired, home-made water purifier, spectacle microscope etc.



FOCUS

MENTAL HEALTH & EMOTIONAL WELL-BEING

With the increasing pace of life, we are witnessing almost every person around us suffering from stress, anxiety, depression or trauma. Mental health issues are embedded in our everyday life yet are rarely ever addressed due to the stigma attached to it. This category includes initiatives by MENTAL **HEATH HEROES** aimed at spreading awareness regarding mental health, campaigns that address various issues related to it and initiatives for emotional well-being. Eg. Initiatives addressing bullying, peer pressure, gadget addiction, substance abuse etc.

ROLES

Work done in group projects is fluid and cohesive. However, assigning responsibilities to students for different areas ensures smooth functioning and effective execution. Hence, the students are expected to take up the following roles during the execution of this project.

- 1. Leader One who makes sure that everyone is on task and keeps a track of time and deadlines.
- 2. Speaker One who presents the project to the audience and speaks about the entire process of execution.
- **3. Recorder** One who fills out the required forms, maintains a record of the entire process and does all the written work.
- **4. Facilitator** One who collects and distributes the required materials and ensures that everyone contributes equally to the project.
- **5. Filmmaker** One who is responsible for making the film of the project execution.

RUBRICS

Relevance: How relevant is the topic/issue selected in present time and within the category registered for?

Innovation: How innovative is your Idea/reform/design/process/product?

Execution: What tools of execution are used by the teams and how effective were they?

Outreach: How many sections of people does it reach?

Impact: What is the change that it has brought about in the society?

Sustainability: What is the model of sustainability?

RULES

The evaluation of the project shall take place abiding by a set of pre-defined rules as under:

- 1. Every school can send a maximum of 3 teams from classes 7 to 12.
- 2. The last date of registration is 5th July 2019, Saturday.
- 3. The total number of members per team shall not exceed 5.
- 4. Each team has its own discretion to choose an idea/issue/innovation and work towards it, on the basis of the
- . RISE model.
- 5. Participating teams are required to prepare a presentation in the form of a 3-4 minute film depicting their-
- Idea
- Objective
- Challenges
- Process
- Conclusion
- Prototype for sustainability of the idea
- Evidences of execution their project
- 6. The teams are required to upload this film on their Youtube channel and share the link with us latest by 5th
- . August 2019, Monday.
- 7. 1 best team will be selected and awarded from each category which are
- Environmental Conservation & Sustainability
- Social Upliftment & Community Betterment
- Scientific Inventions
- Mental Health & Emotional Well-Being

These 4 films will be shown on the final day of RISE 2019 i.e. 17th August 2019, Saturday.





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SCAN TO VISIT

RISE 2019

NAVRACHANA SCHOOL SAMA

VISIT US www.navrise.ml (Registration on Website)

CONTACT US navrise@outlook.com (Contact Details on Website)