



# RISE 2019

**Let the Hero within you RISE**

**NAVRACHANA SCHOOL SAMA'S FLAGSHIP INNOVATION & DESIGN  
THINKING PROGRAM FOR SUSTAINABLE DEVELOPMENT**

## ABOUT

Do you have an urge to bring about a change? Do you want to step out and raise your voice for a better society? Do you want to bring the change you wish to see? Do you wish to unleash your potential? Then, it's time to Let The Hero Within You RISE. Your initiative can give countless people around the world a voice





# REFLECT

# INNOVATE



# SUSTAIN

# EXPRESS



## OBJECTIVE

Often, we hear strong voices echoing words of reform and innovation from within us but we fail to identify platforms to bring about such changes.

NavHERO is here to provide that platform.

Talented and determined young heroes from across the country are given this chance to bring about desired changes in the society. Our objective is to be the change agents and provide a platform to these young Samaritans to RISE above the problems that they strongly feel about in their own unique manner.

# MODEL

# REFLECT

1. Identify the relevant problems and reflect on the same.



2. Interview the people who are affected by the problem.

3. Understand the different aspects of the problem

# INNOVATE

1. Brainstorm different ideas to come up with something unique to bring a change in the relevant problem.
2. Encourage ALL ideas.
3. Select the most practical, long-lasting & far-reaching idea



# IMPLEMENT

1. Find ways to implement the idea and reach out to the concerned subjects, signal towards a change.
2. Look for far reaching ways
3. Involve open ended methodologies to obtain desirable and unique answers.



# SUSTAIN

1. Continue to bring about a significant REFORM from a small change.

2. Ensure that the idea continues to impact. Make strategies on how to ensure this.

3. Implement the strategies if possible  
OR

Develop a model on how to ensure that the idea continues to live.

# EXPRESS

Express the change that this journey brought  
within and around you in the form of a short film



## ENVIRONMENTAL CONSERVATION & SUSTAINABILITY

**Racing towards the future, we forget that our planet is suffering because of our ignorance and selfish deeds. There is negligible chance that we will survive in the luxuries as we do today, if we do not treat nature any better. Certain minute yet significant steps taken by each one of us everyday, will make a big difference. This category includes ideas and initiatives by GREEN HEROES aimed at improving physical living conditions and preserving the fast depleting environment. Eg. Initiatives pertaining to cleanliness, pollution, heat wave, waste management etc.**



## **SOCIAL UPLIFTMENT & COMMUNITY BETTERMENT**

**As social animals, we have a responsibility towards ourselves as well as our community which we often do not acknowledge. This category includes initiatives by SOCIAL HEROES aimed at identifying as well as working towards changing mentalities, freeing societies of stereotypes, striving to uplift the weaker and underprivileged sections. Eg. Initiatives for the upliftment of underprivileged and weaker sections, sanitation facilities, betterment of senior citizens etc.**



## SCIENTIFIC INNOVATIONS TO SIMPLIFY DAILY FUNCTIONING

**Technology has become an integral part of our lives and we cannot deny how simple our lives have become. Various innovations have brilliantly simplified even the most tiring processes from writing to driving. This category includes initiatives and inventions by TECH HEROES aimed at making day to day life easier through creative and practical technological ideas and innovations. Eg. Coins for the visually impaired, home-made water purifier, spectacle microscope etc.**



## MENTAL HEALTH & EMOTIONAL WELL-BEING

**With the increasing pace of life, we are witnessing almost every person around us suffering from stress, anxiety, depression or trauma. Mental health issues are embedded in our everyday life yet are rarely ever addressed due to the stigma attached to it. This category includes initiatives by MENTAL HEATH HEROES aimed at spreading awareness regarding mental health, campaigns that address various issues related to it and initiatives for emotional well-being. Eg. Initiatives addressing bullying, peer pressure, gadget addiction, substance abuse etc.**



# RUBRICS

**Relevance :** How relevant is the topic/issue selected in present time and within the category registered for?

**Innovation :** How innovative is your Idea/reform/design/process/product.

**Execution:** What tools of execution are used by the teams and how effective were they?

**Outreach :** How many people does it affect in number and variety?

**Impact:** What is the change that it has brought about in the society?

**Sustainability –** What is the model of sustainability?

# ROLES

Work done in group projects is fluid and cohesive. However, assigning responsibilities to students for different areas ensures smooth functioning and effective execution. Hence, the students are expected to take up the following roles during the execution of this project.

1. **Leader** - One who makes sure that everyone is on task and keeps a track of time and deadlines.
2. **Speaker** - One who presents the project to the audience and speaks about the entire process of execution.
3. **Recorder** - One who fills out the required forms, maintains a record of the entire process and does all the written work.
4. **Facilitator** - One who collects and distributes the required materials and ensures that everyone contributes equally to the project.
5. **Filmmaker** - One who is responsible for making the film of the project execution.

# RULES

## RULES

The evaluation of the project shall take place abiding by a set of pre-defined rules as under:

1. Every school can send a maximum of 3 teams from classes 7 to 12.
2. The last date of registration is 29th June 2019, Saturday.
3. The total number of members per team shall not exceed 5.
4. Each team has its own discretion to choose an idea/issue/innovation and work towards it, on the basis of the RISE model.
5. Participating teams are required to prepare a presentation in the form of a 3-4 minute film depicting their-
  - Idea
  - Objective
  - Challenges
  - Process
  - Conclusion
  - Prototype for sustainability of the idea
  - Evidences of execution their project
6. The teams are required to upload this film on their Youtube channel and share the link with us latest by 5th August 2019, Monday.



# RISE 2019

## NAVRACHANA SCHOOL SAMA



SCAN TO VISIT

### VISIT US

[www.navrise.ml](http://www.navrise.ml)

(Registration on Website)

### CONTACT US

[navrise@outlook.com](mailto:navrise@outlook.com)

(Contact Details on Website)