FIT TO STUDY

COMPUTER CHALLENGE

PART 2

University scientists are conducting an exciting experiment, called Fit to Study that is investigating the impact of PE on thinking skills.

Today, you will do **Part 2** of some computer challenges that include attention and memory games. These challenges should be done on a computer in a quiet room so that you can concentrate and do your best. Do not worry if you find it hard – not all of the challenges are easy – but your performance is important to the scientists, so please concentrate and do as well as you can.

BEFORE YOU START YOU WILL NEED:

- ☑ **Computer** (if you don't have one at home, please ask to use one at school)
- ☑ **Ruler** (not essential)
- ☑ **Headphones** (not essential)
- 🕐 **Check the time.** The challenge will take up to 30 minutes and must be done all in one go i.e. you cannot pause it.

WIN A GIFT CARD!
If you complete Part 1 and Part 2 of the challenges, then you can enter a prize draw!

Fit to Study
Oxford Brookes University, MOReS, The Colonnade,
Headington Campus, Gipsy Lane, Oxford OX3 0BP
Email **fittostudy@brookes.ac.uk** Phone **01865 482752**
www.fit-to-study.org

TO COMPLETE THE CHALLENGE:

1. Make sure you are in a quiet room with no distractions (phone off, TV off etc.)

2. Turn on an internet-connected PC or Mac, desktop or laptop (it will not work on a tablet or phone)

3. Plug in headphones (if you have them). Check they are working and that the volume is turned up high

4. Open an internet browser (e.g. Google Chrome, Safari, Firefox, Internet Explorer)

5. Type in the following URL:
   tinyurl.com/megtxm8

6. Enter your 8-digit ID-number as displayed (in bold) on your sticky label

7. Confirm your ID-number and enter your date of birth

8. Complete the challenges *(the challenges can take a couple of seconds to load, so please be patient and do not press any buttons while waiting)*

9. If anything goes wrong you can check our website for help: **www.fit-to-study.org/cognitive-challenge-troubleshooting**

Your sticky label with ID Number goes here

5 CENTIMETRES

You are done! Thank you very much.