

Laurel Tree Counseling Center

Mental Health & Nutrition Services | Telehealth Throughout Michigan

FOR PROVIDERS

OUR CLINICIANS

Kristen Ross, MA, LPC, CAM

Licensed Professional Counselor
Practice Owner

Michele Meyers, PsyD

Licensed Psychologist

Meghan Pendleton, RD

Registered Dietitian
Available to non-therapy clients

SPECIALTIES

- Bariatric surgery support (pre/post-op)
- Anxiety & depression
- Trauma & PTSD
- Life transitions
- Chronic illness adjustment
- Disordered eating
- Weight management (dietitian)
- Medical nutrition therapy

INSURANCE ACCEPTED

- Cigna (including all subsidiary plans)
- Priority Health
- Self-pay available

Note: Priority Health is under the Cigna umbrella — most hospital system employees in Michigan are covered.

HOW TO REFER A PATIENT

Option 1: Patient Self-Schedules

Direct patients to laureltreecounseling.com — online booking available 24/7



Scan to book

Option 2: Share This Sheet

Hand to patient or include in discharge paperwork — QR code links to booking

Option 3: Direct Contact

Call or email for complex cases or coordination questions

All services delivered via secure telehealth — serving all of Michigan including Upper Peninsula

CONTACT

586-244-8087

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laureltreecounseling.com

Clinton Township, MI

Telehealth statewide