



# Try Virtual Reality!

## Bellevue College TELOS Program

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- Buddy System
- Safety and Comfort
- How to use VR devices



# Buddy System



Pairs of  
students



Team A, B, C,  
etc.



Help put on /  
take off  
devices



Hand  
controllers to  
buddy



Monitor safety  
and orientation



Consult cards  
for apps and  
directions

# Safety and Comfort

- Buddies: Safety is your first priority, pay attention to your buddy in VR
- Most common issue is hitting things with your hands and/or controller
- Other possible issues
  - Bumping into furniture or walls
  - Getting tangled in cables
  - Leaning on or pushing on virtual objects or walls
- Comfort
  - If you feel dizzy or uncomfortable, stop
  - If you start to get a headache, stop

# How to use VR devices

- Reference cards show headset adjustment, controllers, apps and tips
1. Try controller(s) and learn to find important buttons and triggers **with your eyes closed**
  2. Put on headset and adjust for comfort
  3. Start an app
    - Explore and experience
    - Quit the app (please do this when your turn is over)
    - Start another app
- Call for instructor if you get stuck

