

At the PA tournament it was briefly discussed the need for a clear statement on the tournament notice on what is and is not allowed. I have cut and pasted from the Judo Canada policy for the U7, U9, U11, U13 and U15 groups.

1. Golden Score rule will apply for Senior, U20 and U17, but not for the Veteran, U15 and younger age divisions.
2. No Kansetsu Waza or Shime Waza are allowed in any competition for a novice judoka – Orange Belt and below;
3. No Kansetsu Waza or Shime Waza are allowed in any competition for a judoka under the age of 15.

U7

No Shiai competition is allowed for this age group

U9

The following modifications to the IJF regulations are applied for this age group:

The grip is allowed only at the front of the judogi.

The following actions are forbidden:

- o Head locking with a grip over or around the neck
- o Leg grabbing techniques – **to be removed once the new IJF regulations are permanent.** .
- o All drop down techniques, which start on one or both knees.
- o Tani otoshi
- o makikomi waza
- o sutemi waza.

U11

The grip is allowed only at the front of the judogi.

The following actions and waza are forbidden by the NSO and will be penalized by a shido after a second attempt (The first attempt is “free” and the judge will explain to the judoka that such an action is not allowed):

- o Head locking with a grip over or around the neck
- o Leg grabbing techniques – **to be removed once the new IJF regulations are permanent.** .
- o All drop down techniques, which start on one or both knees.
- o Tani otoshi
- o makikomi waza
- o sutemi waza.

U 13

The grip is allowed only at the front of the judogi.

The following actions and waza are forbidden by the NSO and will be penalized by a shido:

- o Head locking with a grip over or around the neck
- o Leg grabbing techniques – **to be removed once the new IJF regulations are permanent.** .
- o All drop down techniques, which start on one or both knees.
- o Tani otoshi
- o makikomi waza

Notice that this is the youngest age group where the Sutemi Waza is allowed.

U 15

IJF regulations; NO Kansetsu or Shime waza are allowed.

Sankaku gatame or sankaku roll over are interpreted as attempts on a Shime Waza and therefore are forbidden.