

### **Annual Report**

**September 1, 2019 to August 31, 2020** 

Judo Saskatchewan Annual General Meeting Via Zoom 7:30 PM Friday November 20, 2020

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### Judo Saskatchewan Annual General Meeting Agenda

### **Zoom Video Conference**

### 7:30 PM Friday November 20, 2020

- 1. Call to order
- 2. Appointment of scrutineers
- 3. Introduction of Delegates & Guests
- 4. Presentation of the agenda
- 5. Declaration of any Conflict of interest
- 6. Minutes of the last AGM
- 7. Business arising from the minutes
- 8. Presentation of the Directors reports
  - 8.1. President's Report
  - 8.2. Vice President's Report
  - 8.3. Treasurer's Report -
    - 8.3.1. motion to approve financial audit report,
    - 8.3.2. motion to set auditor for 2020/2021
  - 8.4. Chairperson of the Finance Committee Report
  - 8.5. Chair of Coaches Report
  - 8.6. Chair of Participation & Development Report
  - 8.7. Athlete's Representative Report
- 9. Presentation of Committee Reports
  - 9.1. Registrar's Report
  - 9.2. Grading Board Report
  - 9.3. Refereeing Committee Report
  - 9.4. National Coaching Certification Program Report
  - 9.5. Newsletter/Web Page Editor's Report
  - 9.6. High Performance Coach Report
- 10. Election of Officers and Chairperson
  - 10.1. President must be a black belt
  - 10.2. Treasurer
  - 10.3. Chair of Coaches must be a black belt
  - 10.4. Chair of Participation & Development
  - 10.5. Chairperson of Grading Board– must be a black belt
  - 10.6. Chairperson of Refereeing—must be a black belt
  - 10.7. Chair of NCCP must be NCCP III or higher
  - 10.8. Webpage Editor
  - 10.9. Registrar
  - 10.10. Athletes Representative elected at Team Training
- 11. New business
  - 11.1. Approval of the By-Law amendment as presented
- 12. Discussion items from the floor
- 13. Date and Location of next AGM
- 14. Adjournment

### Minutes of the 2019 AGM

### **Judo Saskatchewan Annual General Meeting**

Heritage Room, Watrous Civic Center, 404 Main St, Watrous, Saskatchewan 6:30 PM Saturday November 16, 2019

#### 1. Call to order:

President TV Taylor called the meeting to order at 7:02 pm

### 2. Adoption of the agenda

Motion: To accept the agenda as presented

Made by: Dale Berglund Second: Grant Miller

Carried

### 3. Minutes of the last AGM November 17,2018

Motion: To accept the minutes as presented

Made by: Grant Miller Second: Blair Taylor

Carried

Motion: To accept the Amended minutes AGM November 17, 2018

Made by: Brian Cook Second: Ryan Potts

Carried

### 4. Business arising from the minutes

### No business raised from the minutes

### 5. President's Report

Motion: To accept the President's report as presented

Made by: TV Taylor Second: Mike Smook

Carried

### 6. Vice President's Report

**Motion:** To accept the Vice President report as presented

Made by: Dale Berglund Second: Glen Miller

Carried

### 7. Treasurer's Report

Motion: To accept the Treasurer's report as presented

Made by: Ryan Finn Second: Glen Miller

Carried

**Motion:** To accept the audit report August 31 2019 as presented with the following note: Report will be sent back to the Auditor; mistake in the MAP Grants as it listed Shellbrook Judo club receiving a

\$1,680 grant when the cheque was written to the Watrous Judo club.

Made by: Ryan Finn Second: Glen Miller

Carried

Motion: To use Priority Accounting Services of Regina as auditor for 2019-2020.

Made by: Ryan Finn Second: Kate Schneider

Carried

### 8. Chair of Finance

Motion: To accept the Chair of Finance's report as presented

Made by: Carolyn Bagnell Second: Megan Neuman

Carried

### 9. Athlete's Rep. Report

Motion: To accept the Athlete's Representative report as presented

Made by: Megan Neuman Second: Jack Karaim

Carried

### 10. Registrar's Report

Motion: To accept the Registrar's report as presented

Made by: Kate Schneider Second: Dale Berglund

Carried

### 11. Chair of Participation & Development Report

Motion: To accept the Chair of Participation & Development report as presented

Made by: Brady Burnett Second: Mike Smook

Carried

### 12. Chair of Coaches Report

**Motion:** To accept the Chair of Coaches' report as presented

Made by: Blair Taylor Second: Brian Cook

Carried

### 13. High Performance Coach Report

Motion: To accept the High Performance Coaches' report as presented

Made by: Michael Horley Second: Chad Litzenberger

Carried

### 14. Grading Board Report

Motion: To accept the Grading Board report as presented

Made by: Brian Cook Second: Grant Miller

Carried

### 15. Official's Committee Report

Motion: To accept the Official's report as presented

Made by: Ross Kostron Second: Russ Burton

Carried

### 16. National Coaching Certification Program Report

Motion: To accept the NCCP report as presented

Made by: Dale Berglund Second: Glen Miller

Carried

### 17. Newsletter/Web Page Editor's Report

Motion: To accept the Webpage Editor report as presented

Made by: Grant Miller Second: Bill Bagnell

Carried

### 18. Election of Officers and Chairpersons

Ryan Finn – will call out 3 times for nominations and then close nominations

- President TV Taylor Elected by acclamation
- Vice President Mike Soares Elected by acclamation
- Chair of Finance Carolyn Bagnell Elected by acclamation
- Chair of Participation & Development Lynn Schaan Elected by acclamation
- Chair of Coaches Blair Taylor Elected by acclamation
- **Secretary –** Joy Stang Elected by acclamation
- **Director –** Lorna Hattum-Snider Elected by acclamation
- Athletes Representative will be elected at the November 17 team training in Watrous Megan Neuman elected.

### 19. New business: A resolution to amend the By-laws

Amendment 1

WHEREAS Judo Canada has created an introductory program as follows

### 1) Introductory Program

Goal: Promote judo and recruitment of Judo Club in specific community; Fee: 5\$ Judo Canada & 10\$ PSO (Maximum) Total: 15\$

Requirements:

- Official letter from organization where the program is hosted send to Judo Canada by the P-TSO. (annually)
- Once in a lifetime opportunity for the member
- Maximum length of program: 15 weeks
- No grading (white belt only)
- No competitions or similar activities (ex: organised randori)
- No voting powers.
- Example of Specific community: Military, Aboriginal, School, etc.

And WHEREAS Judo Canada has created a School program as follows:

### 2) School Program

Goal: Promote judo in educational system at the elementary and High School (secondary) level during school hours; Fees for program during school hours: 0\$ Judo Canada & 5\$ PSO (Maximum) Fees for program "after class": 0\$ Judo Canada & 8\$ PSO (Maximum) Requirements:

- Official letter from school where the program (with detailed schedule) is hosted send to Judo Canada by the PSO. (annually)
- Must take place during school hours
- Must be under the auspices of a school staff
- No competitions or similar activities. (ex: organised randori)
- No voting powers.
- Maximum grading: Orange belt

Be it resolved that Judo Saskatchewan create a new category of membership as Program Membership. Be it further resolved that **ARTICLE II – MEMBERSHIPS**, paragraph 1) **Classes of membership:** be amended to include

d) Program membership

Such persons shall meet all the requirements as set out by Judo Canada. They will be required to pay membership fees or dues as determined by Judo Saskatchewan.

Be it further resolved that the fees to Judo Saskatchewan be set at \$10 for introductory programs, \$0 for in class programs and \$8 for after school programs and may be amended by future Annual General Membership meetings.

**Motion:** To accept amendment 1 as presented by: Executive Committee All in favor **Carried** 

Amendment 2

Be it resolved that

**ARTICLE I – DEFINITION** paragraph 3 be amended to state

**3) Effective date:** These by-laws shall come into effect upon their approval at the Annual General meeting of Judo Saskatchewan of November 16, 2019, and shall supersede any and all previous by-laws of the society.

Motion: To accept amendment 1 as presented by: Executive Committee

All in favor **Carried** 

19.1 Items from the floor: Set up more committees; A suggestion that the Athletes representative put a comment that the Participation & Development would like to have a younger judoka to assist with duties and tasks; learn the role (preparation for next generation). Membership committee: more involvement, regular newsletters, communication to all members. Sanctioning Committee: Hosting tournaments, provincial tournaments.

The next provincial tournament will be held Jan 25 2020 Regina Y Judo (YMCA)

19.2 Sask Open – the floor (38- 4) more in favor to move the dates from hosting in October back to hosting in 3rd week January.

#### 20. Date and Location of next AGM

Discussion regarding the date and location of the <del>2018</del> **2020** AGM. The next AGM will be held in Watrous Friday November 20, <del>2019</del> **2020** at 7:30 pm; Watrous Judo Club will host Provincial Tournament Saturday

Motion: To accept the date of the next AGM

Made by: Robb Karaim Second: Glen Miller

### 21. Adjournment

Motion to Adjourn was made by Brian Cook.

Adjournment at 8:10 PM

### **Judo Saskatchewan Annual General Meeting**

Heritage Room, Watrous Civic Center, 404 Main St, Watrous, Saskatchewan 6:30 PM Saturday November 16, 2019

	Name	Club	Voting Member
1.	Robb Karaim	Regina YMCA	Yes
2.	Carolyn Bagnell	Saskatoon YMCA	Yes
3.	TV Taylor	Prince Albert	Yes
4.	Jack Karaim	Regina YMCA	Yes
5.	Brian Cook	Moose Jaw	Yes
6.	Grant Miller	South Corman Park	Yes
7.	Connie Miller	South Corman Park	Yes
8.	Melissa Carighan	Ponteix Judo	Yes
9.	Glen Miller	Watrous	Yes
10.	Ryan Klenk-Potts	Watrous	Yes
11.	Shawn Bergen	Watrous	Yes
12.	Blair Taylor	Regina YMCA	Yes
13.	Sandy Taylor	Prince Albert	Yes
14.	Dale Berglund	Moosejaw	Yes
15.	Mike Soares	LaRonge	Yes
16.	Mike Smook	Senshudokan	Yes
17.	Russ Burton	Regina YMCA	Yes
18.	Jeff Irvine	LaRonge	Yes
19.	Josh Wiens	Flin Flon	Yes
20.	Kate Schneider	Vibank	Yes
21.	April Korchinski (Wanamaker)	Senshudokan	Yes
22.	Megan Neuman	Saskatoon YMCA	Yes
23.	Andrew MacLeod	Avonhurst	Yes
24.	Bill Bagnell	Saskatoon YMCA	Yes
25.	Ross Kostron	Avonhurst	Yes
26.	Kim Bergey Kaip	Avonhurst	Yes
27.	Rhonda Hasse	Regina YMCA	No
28.	Joy Stang	Saskatoon YMCA	Yes
29.	Lynn Schaan	Watrous	Yes
30.	Warren Seib	Watrous	Yes
31.	Chad Litzenberger	South Corman Park	Yes
	Jim wiens	Moosejaw	Yes
	Rob Keays	Saskatoon YMCA	No
34.	Robyn Keays	Saskatoon YMCA	No
	Maxx Karaim	Regina YMCA	Yes
36.	Christen Ference	Lloydminster	Yes
37.	Chris Dornstauder	Regina YMCA	Yes
38.	Michael Horley	Judo Sask	Yes
39.	Destiny Gibney	Moosejaw	Yes
	Brady Burnett	Senshudokan	Yes
	Lisa McDougall	Prince Albert	No
42.	Ryan Finn	Saskatoon YMCA	Yes

### **Judo Saskatchewan Annual General Meeting**

Heritage Room, Watrous Civic Center, 404 Main St, Watrous, Saskatchewan 6:30 PM Saturday November 16, 2019

### **Awards Presentation**

Nominee/s	Presenter & Award	Sponsored by	Winner
Avonhurst	TV Taylor Judo Club of the Year	Senshudokan	Avonhurst
Ryan Potts Sasha Chillibeck Grant Miller	Carolyn Bagnell Darryl Potts Spirit of Judo Award	Watrous Judo Club	Ryan Potts
Nancy Filteau	TV Taylor Jim O'Sullivan Memorial Award	Doug Brenttnell	Nancy Filteau
Blair Taylor	Chad Litzenberger Merv Pointer Memorial Award	Regina YMCA	Blair Taylor
Maxx Karaim	Ross Kostron Vincent Seymour Memorial Award	Barker's Trophies	Maxx Karaim
Nancy Filteau Lynn Schaan Michelle Wiens	Blair Taylor Volunteer of the Year Award	Regina YMCA	Michelle Wiens

### **Presidents Message to AGM**

Our Annual General Meeting will be virtual this year and will use Zoom, and the Simply Voting platform handled by the SPORT LAW & STRATEGY GROUP. If members wish to attend and vote there is a requirement to pre-register so the facilitators can set up the voting process.

Much has changed in our world with the Covid 19 pandemic, and this is evident in the judo community. On March 12, 2019 we were required to cancel all provincially approved events. Since then many hours have been spent at the provincial level and the club level, finding ways to safely reopen our clubs and return to the new normal in judo. There is still much to do. As of this writing I participate in weekly Zoom meetings with Sask Sport and all sanctioned sports in Saskatchewan, as we all try to find ways to bring sport back. All sports are required to follow both government reopen plans and Health Authority direction, which can be difficult. I attempt to keep the Directors, the clubs and the committees informed through regular updates.

Early in the past term a very detailed orientation was provided to all Executive members. Following this year's AGM an updated orientation briefing will be provided to all Executive members and also all committee chairpersons to promote understanding on Judo Saskatchewan operations, governance and direction.

The Directors approved a new Judo Saskatchewan High Performance Plan for 2020-2024 and approved a new Judo Saskatchewan Strategic Plan for 2020-2024, but the strategic plan is very much an ongoing work in progress as we do not know what the future holds for judo. Updates and revisions may be required as the world opens up.

The Directors approved a Fundraising working group under the leadership of Joy Stang, approved a Marketing working group under the leadership of Carolyn Bagnell and approved a six (6) person working group to review the plans to reopen judo.

Judo Saskatchewan is in the process of engaging Numa Technologies Corporation, to develop a new, modern, updated, attractive and workable Judo Saskatchewan website. Once developed we will need increased effort to keep it updated with the relevant information required.

Many of our participation plans and programs were not completed this past year due to the shutdown of judo. As judo opens up we will need increased activities for our grassroots members that will bring them back to judo and bring their friends. While funding is in place we will need new and innovative ideas from the clubs on what Judo Saskatchewan can do and how we can help from the provincial level. Hopefully volunteers will come with these ideas.

Our biggest challenge will be getting our membership back and effort will be required from all.

T. V. Taylor Nov 20, 2020

### Vice President's Report

### Judo Saskatchewan Vice President's Report to AGM 2020

2019-2020 has certainly been a trying year! As the newest executive member I wish to thank T V Taylor and all the members of Judo Saskatchewan's Executive for welcoming me to Judo Sask. To any executive members who are leaving, thank you, and to those who will run for positions at our A G M, good luck!

It has also been great to meet Judoka from across our province. It was unfortunate for us to close down due to COVID 19, but our executive has not been idle and Judo Saskatchewan will be in a good position when sport returns in 2021.

Thank you to all our committees and congratulations to our annual award recipients.

One issue that stood out this year, prior to our shut down, was the sanction process for our 2020 Judo Saskatchewan Championships. It was unfortunate that our Sanction Committee, of which I was a member, did not grant sanctioning. Essentially the proposed hosting package did not conform to those of previous Championship years. Hopefully we will "etch in stone" our Championship Technical Package so that there will be no future confusion over Judo Sask Championships.

With many clubs restarting at various levels I encourage clubs to make requests to the executive for how Judo Sask. might be able to assist. Although gatherings must be restricted, there are events that we might be able to host on-line. We are open to suggestions!

In 2021 my term as V P will end. I encourage our membership to think about contributing to Judo Sask. in this capacity. The talent is there, please help recruit some new blood for the V P position in 12 months' time.

Due to COVID -19 I returned to Nova Scotia in May. I continue to work for Northlands College of LaRonge, and I am teaching remotely from Nova Scotia. At this point in time Northlands has not notified me of when to return to Saskatchewan. It may not be until May 2021, and as late as August 2021. Thankyou to our Executive in being patient with my "distant involvement" which has, at times, been problematic.

Respectfully Submitted.

Mike Soares

Vice President

### Treasurer's Report

August 31<sup>st</sup> saw the close of our fiscal year. Working with Sask Sport, our books were prepared for audit and submitted to Priority Accounting. The audit was completed on October 29, 2020. A copy of the audited financial statements for the fiscal year ending August 31, 2020 is attached to my report.

Three individuals in Judo Saskatchewan have signing authority. These officers are the President, Chair of Finance, and the Treasurer. It is a requirement that two of the three officers approve any cheques or electronic transfer of funds.

Judo Saskatchewan bylaws require that our auditor be approved at our AGM. It is my recommendation that we continue to utilize Priority Accounting Services.

I respectfully move acceptance of my report.

Regards, Ryan Finn Treasurer Judo Saskatchewan

### **Audited Financial Report**

# Saskatchewan Kodokan Black Belt Association Inc.

### **Audited Financial Statements**

For the Year Ended August 31, 2020

For the Year Ended August 31, 2020

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#### Independent Auditors' Report

To the Board of Directors of Saskatchewan Kodokan Black Belt Association Inc.

#### Opinion

We have audited the financial statements of Saskatchewan Kodokan Black Belt Association Inc., which comprise the statement of financial position as at August 31, 2020, and the statement of operations, statement of changes in net assets and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

in our opinion, except for the possible effects of the matter described in the Basis of Qualified Opinion paragraph, the accompanying financial statements present fairly, in all material respects, the financial position of the Entity as at August 31, 2020, and its financial performance and its cash flows for the year then ended in accordance with accounting standards for not-for-profit organizations (ASNPO).

#### Basis for Qualified Opinion

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Entity in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

in common with many Non-for-Profit Organizations, the Association derives revenue from membership fees, donations and other fundraising activities, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, our verification of these revenues was limited to a comparison of recorded revenue with bank deposits and we were unable to determine whether any adjustments might be necessary to revenue, excess of revenue, assets and net assets.

#### Responsibilities of Management and Those Charged with Governance for the Financial Statements.

Management is responsible for the preparation and fair presentation of the financial statements in accordance with ASNPO, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Entity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Entity or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Entity's financial reporting process.

#### Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance

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with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Entity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Entity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Entity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and
  whether the financial statements represent the underlying transactions and events in a manner that achieves fair
  presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Princity Assuratants CPA

Priority Accounting Services CPA Prof. Corp. Chartered Professional Accountants 2144 Comwall Street Regina, SK, 84P2K7

October 29, 2020

Statement of Financial Position As

At August 31, 2020

	Note	2020	2019
Assets			
Current Assets			
Cash	\$	166,601	\$ 213,670
Short term investments	3.	346,200	228,856
Accounts receivable	5.	5,631	8,770
Prepaid expenses		2,099	3,613
Total Current Assets		520,531	454,909
Property, plant and equipment, net of accumulated amortization	4.	11,199	12,799
Total Assets	\$	531,730	\$ 467,708
Liabilities and Net Assets			
Current Liabilities			
Accounts payable and accrued liabilities	6.	\$ 5,634	\$ 6,596
Deferred revenue		-	1,500
Total Current Liabilities		5,634	8,096
Net Assets			
Unrestricted net assets		526,096	459,612
Total Liabilities and Net Assets		\$ 531,730	\$ 467,708

Approved on Behalf of the Board:

The accompanying notes are an integral part of these financial statements.

### **Statement of Operations**

For the Year Ended August 31, 2020

	2020	2019
Revenue		
Sask Lotteries Trust Fund, Sports Division (Schedule 1)	\$ 243,579	\$ 226,467
Self Help Revenue (Schedule 2)	92,709	155,653
Total revenue	336,288	382,120
Expenses		
Administration (Schedule 3)	13,701	23,335
Capacity/Interaction (Schedule 4)	25,945	25,802
Participation/Introduction (Schedule 5)	19,154	58,342
Excellence (Schedule 6)	182,304	228,937
Categorical Grants (Schedule 7)	3,000	11,100
Membership Assistance Program (Schedule 8)	25,700	26,480
Total operating expenses	269,804	373,996
Excess of revenue over expenses	\$ 66,484	\$ 8,124

The accompanying notes are an integral part of these financial statements.

**Statement of Changes in Net Assets** 

For the Year Ended August 31, 2020

	2020	2019
Unrestricted Net Assets, beginning of year	\$ 459,612	\$ 451,488
Excess of revenue over expenses	66,484	8,124
Unrestricted Net Assets, end of year	\$ 526,096	\$ 459,612

**Statement of Cash Flows** 

For the Year Ended August 31, 2020

	Note	2020	2019
CASH FLOWS FROM OPERATING ACTIVITIES:			
Excess of revenue over expenses		\$ 66,484	\$ 8,124
Items not affected by cash:			
Amortization		1,600	1,600
Changes in non-cash working capital:			
Increase (decrease) in accounts receivable		3,139	(4,663)
Increase in prepaid expense		1,514	708
Increase (decrease) in accounts payable and accrued liabilities		(962)	3,487
Decrease in deferred revenue		(1,500)	-
TOTAL CASH FLOWS FROM OPERATING ACTIVITIES		70,275	9,256
Net cash increase (decreases) in cash and cash equivalents		70,275	9,256
Cash and cash equivalents at beginning of period		442,526	433,270
Cash and cash equivalents at end of period		\$ 512,801	\$ 442,526
Cash and cash equivalents consist of the following:			
Cash		\$ 166,601	\$ 213,670
Short term investments		346,200	228,856
		\$ 512,801	\$ 442,526

The accompanying notes are an integral part of these financial statements.

**Notes to the Financial Statements For** 

the Year Ended August 31, 2020

#### 1. Purpose of the Association

Saskatchewan Kodokan Black Belt Association Inc. (operating as Judo Saskatchewan) is a provincial sport governing body, dedicated to the promotion of Judo for all and the development of competitive excellence. The Association is incorporated under the Non-Profit Corporations Act, 1995 of Saskatchewan and accordingly is exempt from income taxes under Section 149 of the Income Tax Act, Canada.

### 2. Significant Accounting Policies

Theses financial statements have been prepared in accordance with Canadian accounting standards for not-for-profit organizations (ASNPO) applied within the framework of the accounting policies summarized below.

#### a. Cash and cash equivalents

Cash and cash equivalents include short-term investments and highly liquid investments in money market instruments which are carried at the lower of cost and market value with a maturity date of three months or less from the acquisition date. These are valued at cost which approximates market value.

#### Revenue recognition

The Association follows deferral method of accounting for grants, self-help revenues and membership fees. Under this method, restricted contributions and grants are deferred and recognized as revenue received when the related expenses are incurred. Program grants pertaining to prior years that remain unused may be required to be refunded to the sponsor.

Investment income is recorded on an accrual basis.

#### Capital assets

In November 2017, a board motion was passed to record the purchase of a new trailer at cost and amortize using the straight-line method at:

Trailer 10 years

### Financial instruments

The Association's financial instruments consist of cash, investments, accounts receivable, accounts payable and accruals. Unless otherwise noted, it is the Board's opinion that the Association is not exposed to significant interest or credit risk arising from these financial instruments. The fair value of these financial instruments approximates the carrying value unless otherwise noted.

**Notes to the Financial Statements For** 

the Year Ended August 31, 2020

### 2. Significant Accounting Policies

#### e. Donated services

The operation of the Association is dependent on voluntary services. Since these services would not normally be purchased by the Association, and because of the difficulty of determining the fair market value of donated services, these donated services are not recognized in these financial statements.

#### 3. Short Term Investments

Short term investments consist of the following:

	2020	2019
GIC - Investment 50 - Interest rate 1.70%; maturity date Oct 24, 2020	\$ 50,000 \$	-
GIC - Investment 51 - Interest rate 1.70%; maturity date Oct 24, 2020	50,000	-
GIC - Investment 53 - Interest rate 1.70%; maturity date Nov 1, 2020	76,200	-
GIC - Investment 54 - Interest rate 2.10%; maturity date Dec 3, 2020	20,000	-
GIC - Investment 55 - Interest rate 1.40%; maturity date May 7, 2021	50,000	-
GIC - Investment 56 - Interest rate 0.95%; maturity date Apr 24, 2021	50,000	-
GIC - Investment 57 - Interest rate 0.95%; maturity date Apr 24, 2021	50,000	-
GIC - Investment 48 - Interest rate 1.40%; maturity date Oct 1, 2019	-	51,106
GIC - Investment 49 - Interest rate 1.40%; maturity date Oct 31, 2019	-	76,200
GIC - Investment 37 - Interest rate 1.5%; maturity date Jun 4, 2020	-	50,775
GIC - Investment 38 - Interest rate 1.50%; maturity date Jun 24, 2020	-	50,775
Total \$ 346,200 \$ 2		228,856

### 4. Property, plant and equipment

Property, plant and equipment consist of the following:

	Cost	Accumulated Depreciation	2020	2019
			Net Book Value	Net Book Value
Trailer	\$ 15,998	\$ (4,799)	\$ 11,199	\$ 12,799
Total	\$ 15,998	\$ (4,799)	\$ 11,199	\$ 12,799

**Notes to the Financial Statements For** 

the Year Ended August 31, 2020

#### 5. Accounts Receivable

Accounts receivable consist of the following:

	2020	2019
GST receivable	\$ 2,482	\$ 4,513
Interest receivable	3,149	1,868
Other accounts receivable	-	2,389
Total	\$ 5,631	\$ 8,770

### 6. Accounts Payable and Accrued Expenses

Accounts payable consist of the following:

	2020	2019
Accrued audit fee	\$ 2,775	\$ 2,775
Grant return payable - SLTF HP Coach Capacity	1,021	-
Other/Trade	1,838	3,821
Total	\$ 5,634	\$ 6,596

#### 7. Sales

Fundraising/sales revenues reported on Schedule 2 of the financial statements are shown at net and include the following:

	2020	2019
Sportswear revenue	\$ 378	\$ 1,211
Sportswear expenditures	(495)	(2,704)
Total	\$ (117)	\$ (1,493)

#### 8. Economic Dependence

Saskatchewan Kodokan Black Belt Association Inc. currently receives significant revenue in grants from Saskatchewan Lotteries Trust Fund for Sport, Culture, and Recreation. As a result, the Association is dependent upon the continuation of these grants to maintain operations at their current level.

Notes to the Financial Statements For the Year Ended August 31, 2020

### Comparative Figures

The financial statements have been reclassified, where applicable, to conform to the presentation used in the current year. The changes do not affect prior year earnings.

#### Significant Event

The Coronavirus was declared a pandemic by the World Health Organization on March 11, 2020. This has resulted in significant economic uncertainty and the Association is monitoring its operations and assessing the impact COVID-19 will have on its activities. It is difficult to reliably measure the potential impact of this uncertainty.

For the Year Ended August 31, 2020

#### Schedule of Revenue

Schedule 1 - Sask Lotteries Trust Fund, Sport Division

	2020	2019
SLTF - Annual Funding	\$ 168,100	\$ 163,200
SLTF - MAP	25,700	26,200
SLTF - Hosting	3,000	3,000
SLTF - HP Coach Employment Grant	46,779	34,067
Total	\$ 243,579	\$ 226,467

### **Schedule of Revenue**

#### Schedule 2 -Self Help Revenue

	2020	2019
Internal		
Competitions and Clinics	\$ 27,614	\$ 53,491
Membership fees	37,876	38,223
Team/Athlete fees	17,405	47,491
External		
Donations	250	1,510
Interest income	6,681	4,373
Future Best	3,000	11,100
Sales (net) (Note 7)	(117)	(1,493)
Miscellaneous revenue	-	958
Total	\$ 92,709	\$ 155,653

For the Year Ended August 31, 2020

### **Schedule of Expenses**

Schedule 3 - Administration

	2020	2019
Amortization	\$ 1,600	\$ 1,600
Audit	2,712	2,712
Insurance	5,097	5,578
Legal	-	15
Office Operations	4,292	4,663
Staff travel and recruitment	-	8,767
Total	\$ 13,701	\$ 23,335

### **Schedule of Expenses**

### Schedule 4 - Capacity/Interaction

	2020	2019
Awards & Recognition	\$ 2,298	\$ 757
Hosting	3,000	3,000
Marketing and Promotion	261	835
Meetings		
C/I - National Meetings	301	1,595
C/I - Provincial AGM	77	102
C/I - Board Meetings	1,339	2,073
Membership (other)	206	125
National Dues	17,942	17,315
Policy and planning development	521	-
Total	\$ 25,945	\$ 25,802

For the Year Ended August 31, 2020

### **Schedule of Expenses**

Schedule 5 - Participation

	2020	2019
Athlete Development		
Introductory Programs	\$ 3,618	\$ 19,691
Under-Represented Population Initiatives	800	11,081
Coaches Development		
Travel	10,696	13,479
NCCP	1,050	5,854
Grading Board	881	5,490
Officials Development		
Clinics	759	820
Honorariums	1,290	1,250
Technical Materials	60	677
Total	\$ 19,154	\$ 58,342

### **Schedule of Expenses**

#### Schedule 6 - Excellence

	2020	2019
Athlete Development		
Athlete Assistance	<b>\$</b> -	\$ 1,000
Competition	63,261	102,902
Training	4,064	13,972
Coaches Development		
Coach Development	3,079	2,972
High Performance Coaching Salary & Benefit	70,169	51,101
Travel	22,223	42,512
Officials Development		
Travel	10,477	14,478
Sports Medicine and Science		
Sports Medicine & Science	9,031	-
Total	\$ 182,304	\$ 228,937

The accompanying notes are an integral part of these financial statements.

For the Year Ended August 31, 2020

### **Schedule of Expenses**

### **Schedule 7 - Categorical Grants**

	2020	2019
Future Best	\$ 3,000	\$ 11,100
Total	\$ 3,000	\$ 11,100

### Schedule of Expenses

### **Schedule 8 - Membership Assistance Program**

	2020	2019
Avonhurst Judo Club	\$ 4,200	\$ 4,200
La Ronge Judo Club	1,735	-
Lloydminster Judo Club	1,735	-
Moose Jaw Judo Club	3,360	3,220
Prince Albert Judo Club	-	1,780
Regina Y Judo Club	4,200	4,200
Saskatoon YMCA Judo Club	2,350	2,450
Senshudokan Judo Club	1,610	2,170
Swift Current Judo Club	1,960	3,280
Vibank Judo Club	1,820	1,820
Watrous Judo Club	2,730	3,360
Total	\$ 25,700	\$ 26,480

### Chair of Finance Report

The 2019/2020 fiscal year was closed on August 31, 2020 and Treasurer Ryan Finn forwarded all documentation to the auditor. In 2019/2020 we received general funding from Saskatchewan Sport in the amount of \$168,100 with MAP funding set at \$25,700. Our overall budget was set at \$406,845.

A total of ten clubs received MAP funding which represents an increase of one from the previous year. It is encouraging to see another club take advantage of the funding that is available. With the onset of the Covid-19 Pandemic in March, resulting in a shutdown of Judo related activities, the Finance Committee recommended changes to the MAP grant distribution for the second half of the funding. Clubs were asked to resubmit plans and all remaining funding was then distributed.

Additional funds were distributed to clubs to assist with the purchase of supplies necessary to safely reopen during Covid.

For the current (2020/2021) season, general funding will be \$172,000 and MAP funding is set at \$26,600. Overall budget for the 2020/2021 fiscal year is set at \$408,025. The Finance Committee will be reviewing current MAP Grant guidelines and will be making recommendations to the Executive regarding proposed changes that will take into consideration the impact of the Covid 19 Pandemic. Details will be distributed to the clubs once finalized.

The Executive met virtually in July for our annual budget planning session. Budgets from the Chairs were incorporated into the 2021/2022 season. Saskatchewan Sport general funding is set at \$172,000 and MAP funding will be set at \$26,500. The total budget approved was \$415,401 and this has been submitted to Saskatchewan Sport and has been approved.

While the future is unclear as we navigate through the pandemic, Judo Saskatchewan's financials are sound.

I respectfully move acceptance of this report.

Carolyn Bagnell

Chair of Finance

Judo Saskatchewan

### **Chair of Coaches Report**

The 2019 -2020 competitive season was cut short this season due to COVID-19 however there were some great strides made this season. Two trainings on Sunday, following a provincial tournament, has become an accepted norm within the province. This allows our High-Performance athletes more training time together along with introducing others to the program. A U12 training was also added to the Sunday trainings to introduce athletes, parents, and coaches to the idea of extra trainings and more judo. I would like to encourage club coaches to attend these team trainings as it gives you a chance to learn from our very knowledgeable provincial coach.

Two out-of-province training camps were added this year as well. The Lethbridge Winter Camp and the Edmonton International training camp gave our top athletes a chance to train with some of the best athletes in Canada. Moving forward, we will be looking to provide our top athletes more opportunities to train and compete both across Canada and internationally. I believe we need to give our top athletes a chance to succeed and move on to the Regional Training Centre and National Training Centre.

Blair Taylor Chair of Coaches Judo Saskatchewan

### Chair of Participation and Development Report

The 2019-2020 year for Participation and Development started out very positively. There was a successful winter camp held in December at Watrous under the direction of the previous director and with the help of many Judo Saskatchewan volunteers. The camp is always a great way to bring athletes together from around the province and mix a lot of on the mat judo training together with a lot of off the mat fun.

The early planning for a summer camp at Rosthern and a proposal for an alumni weekend (to encourage those who love judo but for various reasons have be inactive to return to the mats) was coming along really well with several conference calls with Michael Horley and TV. We stayed very hopeful even at the beginning of the pandemic planning ways that we could make a camp work. It soon became very clear that this would not be possible. We officially cancelled the camp and rebooked for 2021.

With the increase of the pandemic there was a shut down of judo province wide. This has changed the activities for the Participation and Development committee. It has been very quiet, but I stay positive for a return to the mats and a return to planning for training camps.

Michael and I have been working currently on a plan to reach out to current judoka with a newsletter and a contest before Christmas. We will be sending this by mail to the last 2 years previous camp attendees and will contact the province wide clubs to help distribute it. There have been discussions that Judo Saskatchewan needs to be prepared when the pandemic ends to have judo be a choice again for young athletes. We recognize that a lot of work needs to happen with communicating with clubs to help support each to build registration and the participation in provincial camps and training events.

I appreciate all the support I have received this past year in the role of chairperson of Participation and Development.

Report submitted respectfully by

Lynn Schaan

Chairperson of Participation of Development

### 2020 Judo Sask AGM Athletes Representative Report

Athletes did participate in some events earlier this season and I feel these events all went over quite well. As I'm sure everyone knows, the remainder of this season looked quite different which included things such as a shorter season, event cancellations, and transitioning to online meetings and trainings. We continue to maintain our distance from one another, and I am glad to see everyone being careful as we begin to return to sport.

As we were met with the difficulties of COVID-19, clubs were quick to take appropriate actions to protect our members which meant closing. Not long after, online training sessions were set-up which I have heard great things about and were beneficial in continuing the education and growth of our athletes, as well as keeping them moving. I believe athletes were given great tools to have a more well-rounded knowledge which they can use both in and out of sport.

Additionally, while there haven't been events, the board has continued regular meetings which means we have had time to do some planning including looking into new team uniforms. Michael Horley and I have been steadily working on finding the best match for our team in terms of quality, price and a number of other factors and I look forward to seeing our athletes in this new gear once we are able to compete again. I am optimistic that the items we selected will be well received and that these new items will decrease complaints involving athletes not wanting to wear the uniform.

Overall, our membership appears to me to be understanding of our restrictions, and the importance of safety, nonetheless everyone is looking forward to getting back into the swing of things. There's still lots of potential for this upcoming year and I hope we can continue to properly support our athletes.

Thank you,

Megan Neuman

### Registrar's Report

For the 2019-2020 season, eighteen clubs, one life member and two independents registered. We lost two clubs again this year – Northeast out of Melfort and Kokoro-e out of Bengough. Our numbers are down marginally from last year.

	2018	2018-2019		2019-2020		
	Mudansha	Yudansha		Mudansha	Yudansha	
Avonhurst (Regina)	72	8		98	7	
Battleford	34	4		25	3	
Control		1		9	1	
Flin Flon	26	2		32	1	
Independent		2			2	
Ju No Ri (Watrous)	52	4		43	3	
Junshin (Shellbrook)	8	1		8	1	
Kenshukan (Prince Albert)	10	2		16	3	
Kokoro-e (Bengough)	1	2				
Koseikan (Moose Jaw)	48	6		48	8	
LaRonge	23	3		28	3	
Lloydminster	55	6		42	6	
Northeast (Melfort)	13	1				
Ponteix	28	1		17	1	
Prairie Spirit (Saskatoon)	12	3		9	2	
Regina Y	76	12		81	12	
South Corman Park (Saskatoon)	33	12		28	12	
Senshudokan (Regina)	29	2		35	3	
Saskatoon Y	41	10		48	10	
Swift Current	31	2		26	2	
Vibank	23	3		23	3	
Totals	608	94		616	83	
		702			699	

I have included the 2018-2019 numbers, as there were reported incorrectly last year.

Good work everyone in getting your clubs and members registered in Trackie. It is important to get your members registered early to ensure that they are members in good standing for the first events of the year.

Club registrars have taken on a responsibility to get their members registered. If a club registrar needs help, please contact the Provincial Registrar.

I move my report as submitted,

Kate Schneider, Registrar

### Grading Board Report – 2020 Judo Saskatchewan Annual General Meeting

The current Judo Saskatchewan Grading Board members are:

Dale Berglund (Rokudan)

Robb Karaim (Godan)

John Renouf (Yondan)

Blair Doige (Yondan)

Kate Schneider (Yondan)

Brian Cook, Chairperson (Godan)

The Judo Canada Syllabus states that we must hold at least two Provincial Gradings per year. We attempt to set Grading and Kata Clinic dates in accordance with the Judo Saskatchewan Schedule of Events to avoid conflicting events. Grading and Kata Clinic dates are to be posted on the Judo Saskatchewan website.

Judoka must be registered members in good standing with Judo Saskatchewan for the time period they claim to be active. Judo Canada National Grading Forms must be fully completed (by the candidate and their Sensei), and the required points and conditions must be met to qualify.

The development of the COVID-19 Pandemic in early 2020 and subsequent lockdown caused the postponement and eventual cancellation of most events the Provincial Grading Board planned for the 2019-2020 Judo year.

**GRADINGS**: The Provincial Grading Board hosted one grading since the last AGM.

December 21, 2019 grading, Regina YMCA Dojo.

The following Judoka were graded:

SHODAN: Justin McKay

Kyle McKay

Russell Burton

SANDAN: Jack Karaim

**CLINICS AND COMPETITIONS**: Judo Saskatchewan members were provided two Kata competitions.

1. October 20, 2019 Saskatchewan Open, Regina

2. March 06, 2020 Edmonton International Two teams entered, one medalled.

#### **CANCELLED EVENTS:**

**Provincial Kata Championships** 

Grading Board Report 2020 page 1 of 2

The COVID-19 Pandemic shutdown forced the cancellation of the following planned events:

National Kata Championships

Goshin Jutsu Clinic April 04, 2020 South Corman Park

2-Day Kata Clinic June 2020 Clinicians: Gord Okamura and Kelly Palmer

Technical Clinic August 2020

Summer Grading August 2020

As the COVID-19 Pandemic continued, the Provincial Grading Board developed several start-up scenarios including northern grading, mature Judoka grading, and small regional gradings. As the lock-down stretched into summer and autumn, the timeline required for these events prohibited their implementation.

#### **GRADING PROCEDURAL CONCERN:**

The PCB faces the challenge of getting Judoka to complete the National Grading Forms required of them by Judo Canada, and to submit that paperwork to the national body. The PGB cannot organize subsequent grading events until Judo Canada has approved those applications and has advised us accordingly. The onus is on Judoka to initiate this process with the support of their Sensei. This requirement was detailed on the Judo Saskatchewan web site.

Brian Cook Grading Board Chair

Grading Board Report 2020 page 2 of 2

### Refereeing Committee (Chair of Officials) Report

2019/2020 Chair of Officials report.

It was a strange year cut short by the pandemic. Here are a few positive things that occurred before it all came to an abrupt halt.

We had junior referees included in 2 of the 5 Judo Canada Circuit tournaments (SK Open & Edmonton)

13 of our 22 active referee's are youth (under 16)

many of our junior referee's travelled to both Manitoba and Alberta for more refereeing opportunities.

Robb was invited to attend a PJC Seminar which gave him valuable looks at a near future grading.

Kim received Judo Canada Award for referee of the year for her contributions to officiating.

Robb selected for Elite 8 20202

Good showing at Quebec and Ontario open.

We had a couple of big headings scheduled for Pacifics but unfortunately did not happen.

Kim & Ross selected for Nationals 2020

We will continue to implement the plans and goals of the previous few years as well as encourage clubs to engage in officiating when the time comes. If nothing else, this Chair looks forward to some positive change soon including some much-needed changes within the judo sask organization. The current president has proven to be hard to work with in the past and remains difficult to work with and I hope to welcome some needed change. I am stepping down this year in this roll and hope the new Chair can carry on and move ahead with great strides. I thank my committee that worked along side me and a couple key people on the Judo Sask board that were a pleasure to work with.

**Ross Kostron** 

### 2020 National Coaching Certification Program (NCCP) REPORT

The past year has been a very interesting year, to say the least. A DA course was planned for May in Saskatoon, but was cancelled with the lockdown. Another DA course will be scheduled once we can get on the mats in a normal manner. I will also look at scheduling a DI course as well.

For 2020 two coaches were certified at the DA level. No coaches certified at the DI level. As clubs open back up there should be some coaches completing the required hours in order to certify at the DI level.

I have drawn up a list of active coaches in Saskatchewan. Some of the names were drawn from club websites; hopefully those sites were up to date. It would be great if any clubs that did not reply to my e-mails would now supply me with a list of club coaches, whether they are certified or not.

There is a new method of obtaining DI status. This method is a combination of on-line and in-person training. Judo Canada had a training session for select facilitators/evaluators; I was included in this group. There were nine facilitators plus Garry Yamashita and Andrzej Sadej for the training session.

The course is a combined DA/DI and at the end a candidate will be certified at DI. There is no certification for DA involved in this delivery method. The course will entail three sessions done online (Zoom or equivalent) for a total of 10 hours (broken down to 4-3-3) and two days (preferably one weekend) of on-mat training. There are also on-line modules that need to be completed as homework. If the lesson plans and lessons prepared and presented in the on-mat sessions are proficient and all homework has been completed, the candidate will be certified at that point. If not proficient, the candidate will be asked to prepare and present another lesson (as is currently done). Participants must commit to the full schedule of the blended program.

The cost of the course is \$585.00 and participants must register through the locker. Two facilitators will be presenting the online portion. One facilitator will present the on-mat session. Facilitator fees are set at \$55.00/hr. To run, there needs to be a minimum of six participants and a maximum of twelve.

For Judo Saskatchewan, this means that I would have to have a co-host for the on-line portion. This could be any of the trained facilitators, but more than likely Manitoba or Alberta. The participants would have to be willing to travel to one of these provinces to do the on-mat training, unless there are six or more from Saskatchewan and I run the on-mat, or I am hosting the on-mat session for us and whatever province I co-facilitated with.

The cost and possible travel may limit the number of younger coaches using this method, but it may be appealing to the older, more experienced judoka wanting to become coaches.

The idea behind the blended approach is to be able to offer on-line training while group activities are not an option. The on-mat sessions would be offered once we are able to meet in a larger group and travel.

This concludes my report for the past year. I move acceptance of my report.

Dale Berglund NCCP Chair

### Web Page Editor's Report

## Website Editor's Report 2020 November AGM

Ezra Lalonde

2020 November 4

### Report

I'd like to thank Michelle, Brian, Kim, Dale, Nancy, TV, Joy, Chris, Robb, Blair, and anyone else I dealt with for their support and patience during my time in this position.

I will not be seeking re-election, though I will be available to support the organization and other volunteers in any capacity they need.

2020 has been a little weird for everybody, myself included. I have mixed feelings about my overall tenure in this position, having made some progress in some areas, and little in others.

During my tenure, I consider my main achievements to be:

- 1) Lowering monthly cost of running the website to \$0. Because of grants that we qualify for as a non-profit, we are able to run our computing infrastructure for free.
  - I would like to see this continue, as we have a small budget, and that money is better spent on other things. At present, our only cost is our domain name, judosask.ca, which is \$11.54 per year. We were previously spending around \$400 per year on computing, if my recollection is correct.
- 2) I applied for, and we have received grants for advertising totaling around \$150,000 per year to advertise our sport and organization online. It is somewhat regrettable that these funds have not been utilized yet, to my knowledge. I would like to see these funds be utilized in the future.
- 3) As a non-profit organization, we also qualify for free business class email services, through Google's GSuite. Most people have switched to using the new services, using an @judosask.ca email for their business. In addition to being easier for volunteers to manage, and more professional in appearance, it is important for business continuity, and security. I would like to see all volunteers adopt this approach, I consider using a personal or private email account for organizational purposes to be negligent.
- 4) I have consolidated the many accounts that are used for technology under a single email address, which belongs to the organization. Assets such as our domain name were previously tied to personal accounts, and this is obviously undesirable for business continuity reasons; if an accident or something were to occur, we would likely permanently lose access to these resources otherwise.

During my tenure, I consider my main failures to be:

- 1) Long response times. Michelle Wiens is the best volunteer an organization can hope for, and responds to queries and questions and requests in seconds; I check my JudoSask email and do my update on Sundays. This was a bit of a culture shock for many people. JudoSask has an organizational habit of communicating things at the very last possible moment, and that perceived lack of urgency was a source of frustration for some.
- 2) I believe that this position is redundant, and hoped to make more progress towards broadly eliminating it. While it is valuable to have a technical person available, most of the tasks of the website editor are better handled by the people making the requests. In 2020, updating a website is not in the same category of "specialized skill" that it may have been in 2000. If you can post on Facebook and check your email, you have all of the technical skills to be able to update a website. I feel like there's a lot of delay and frustration that could be solved by between 30 seconds and 30 minutes of education, and that this is against the principles of maximum efficiency, and mutual benefit.
- 3) I hoped that JudoSask would be more open, organized and proactive from a communications standpoint. There were several times I got conflicting updates, and was caught in the crossfire of edit-wars, with two parties giving me conflicting instructions and information on what needed to be on the website. This was deeply unpleasant for me, and I'm sure it was frustrating for the others involved. There were also many instances of me being "the last to know" something, with the expectation that I would be poised and ready to immediately act upon it.
- 4) I hoped to be able to help guide the organization towards more active and proactive communications with its membership. The more involved I have become, the more apparent it is that all communications are done on an *ad hoc* basis, with no organizational planning or standard or strategy guiding where, when, or how to communicate information to the membership. This was my primary ambition at the outset of my term, and has been largely a non-starter. I hope to see JudoSask develop and adopt a holistic communication strategy around sharing information about news and events in the future.
- 5) This is very much not a collaborative or empowered position, and I don't feel like the volunteers are treated with a tonne of respect in their job, historically or at present. I had hoped to change that somewhat; I have made little progress in this regard.

### High Performance Coach AGM Report 2020

Michael Horley High Performance Coach Judo Saskatchewan

#### Introduction:

The High-Performance Squad kicked off the competition season with some promising performances which reflected the hard work and commitment of the athletes, coaches, parents, and volunteers across the province. Edmonton International was the last competition before the pandemic began, there were some good results where athletes who were not usually medalling on the circuit were bringing home medals. Unfortunately, we could not build on this positive momentum. However, the strength and conditioning programs, online judo sessions and now the gradual re-opening of club judo means we can start to move forward.

#### **Key Events:**

- Eastern Tour (Que/Ont Open & National Camp) 1<sup>st</sup>-10<sup>th</sup> Nov
- Provincial Tournament Watrous 16<sup>th</sup> Nov
- Sask Squad Training HP and U12 Sessions 17<sup>th</sup> Nov
- Sask Winter Camp 5<sup>th</sup>-8<sup>th</sup> Dec
- Alberta Winter Camp 13<sup>th</sup>-15<sup>th</sup> Dec
- Elite 8 National Championships 11<sup>th</sup>-12<sup>th</sup> Jan
- Provincial Tournament Regina Y 25<sup>th</sup> Jan
- Provincial Squad Training & U12 Transition Session 26<sup>th</sup> Jan
- Inner City Tournament Winnipeg 1<sup>st</sup> Feb
- Winnipeg Training Session 2<sup>nd</sup> Feb
- Edmonton International 7<sup>th</sup>-8<sup>th</sup> March
- EDM Training Camp 9<sup>th</sup>-12<sup>th</sup> March

### **Training During the Pandemic Restrictions:**

Strength and Conditioning was the primary focus as this was the most impactful form of training while contact judo was not an option. Conditioning was running online via zoom initially by the High-Performance Coach and Craven Connect. When Gym's Reopened many High-Performance athletes were able to take advantage of 1-2 x per week in person S&C Training with a strength and conditioning coach. We then progressed to 2 x judo technical sessions per week ran by the HPC focusing on Fundamentals, Judo 360 and more individualized skills and drills.

At present a typical week for an HP athlete looks like 2 x Strength, 2 x conditioning and 2 x Judo Technical Sessions (zoom). (There is some deviation from this where an athlete's judo club has reopened).

#### Engagement:

<sup>\*</sup>Ongoing weekly Regional HP Sessions North & South as well as Club Visits.

To make good use of the time away from a usually busy competition/training schedule the HP athletes were tasked with Goal Setting/Athlete review homework. This consisted of 3 x work sheets to go through, Performance review, Performance wheel chart and Work Ons. This was a useful exercise giving athletes an opportunity to reflect on their judo. Feedback was offered to athletes once the homework was received.

A group chat was also created for the HP athletes, this has been useful to keep in regular contact and remind athletes of the performance pillars: Hydration, Nutrition and Sleep etc. The Technical Tuesday features on the group chat each week which involves a video of a world class athlete performing a technique in competition accompanied with a technical break down on the group chat.

#### Winning Behaviours:

There has been a big focus on athlete accountability. Attendance, communication, courtesy, time management and discipline were discussed at the team meeting over zoom in September as schools began to re open. There has been an improvement in athlete attendance since the summer along with courtesy, letting coaches know in advance if they cannot attend a session.

#### Online Nutrition Seminar:

Sask Sport Nutritionist Heather Hynes ran an excellent session for HP athletes looking at pre fuelling, refuelling/recovery strategies, protein intake and hydration. The athletes and parents fed back that it was useful and have been experimenting with what they have learnt.

#### 4 Year High- Performance Plan:

The 4 Year High-Performance plan was approved by the executive and Sask Sport.

#### **Professional Development:**

Strength and Conditioning in Judo Course:

Week 1: Performance Model

Week 2: Speed in Judo

Week 3: Cardio in Judo

Week 4: Periodization

Other webinars: Athlete Development Periodization

Safe Sport

**Cohort Training** 

#### **Results:**

Eastern Tour Nov 2019:

### **Quebec Open:**

U16:

Leann Huang 48kg Silver Avery McGarry +70kg Bronze Victoria Kehrig -48kg 5<sup>th</sup>

U18:

Nate Burton -60kg Bronze Euan Litzenberger -55kg Bronze

#### **Ontario Open:**

SNR:

Jannessa Keays +78kg Silver Warren Seib -81kg Silver Bishop Sommerfeld -78kg Bronze

U16:

Avery McGarry +70kg Silver Desiree Franson -63kg Bronze Josiah Hallet +73kg Bronze Leann Huang -44kg 5<sup>th</sup> Victoria Kehrig 48kg 5<sup>th</sup>

U18:

Jannessa Keays +70kg Gold Euan Litzenberger -55kg Bronze Nate Burton 7<sup>th</sup> (3-2)

### Elite 8 National Championships 11<sup>th</sup>-12<sup>th</sup> Jan 2020:

SNR:

Chelys Vallejo +78kg Bronze Warren Seib -81kg

U18:

Jannessa Keays +78kg Silver Nate Burton -60kg 5<sup>th</sup> Place

\*Euan Litzenberger Injured

### **Inner City:**

### **U14**

-48kg Makayla Terry Gold Sahara Kaip Bronze -31kg

Paxton Nelson Silver Kristian Hendricks Bronze

-60kg

Luke Hallet Gold

Wyatt Hedlin Silver

#### **U16**

-48kg

Leann Huang Gold Marissa Howdie Silver

-52kg

Victoria Kehrig Gold

-57Kg

Autumn Gienow Gold

-42kg

Eldon Li Gold

-50kg

Harmen Haase Gold

-60kg

Cyrus Kaip Silver

-66kg

Ashton Debruyne Gold

+73kg

Josiah Hallet Gold

#### **U18**

-50kg

**Thomas Huang Gold** 

-90kg

**Thomas Kehrig Bronze** 

### **Edmonton International:**

### **U14**

-31kg

Paxton Nelson Gold 3-0 Gold

-66kg

Benjamin Loney 1-2 Bronze

#### **U16**

-50kg

Harman Haase 4-1 Bronze

-60kg

Ashton Debruyne 3-1 Bronze

+73kg

Corban Taylor 4-0 Gold Josiah Hallet 3-1 Silver

-48kg

Leann Huang 3-0 Gold Avery Gibney 1-2 5<sup>th</sup>

Kolbi Fenrick 1-2 5<sup>th</sup>

-52kg

Victoria Kehrig 2-1 Bronze

-63kg

Deziree Franson 2-2 Bronze

+70kg

Avery Mcgarry 2-0 Gold

#### **U18**

-52kg

Paige Irwin 2-1 Bronze

+70kg

Jannessa Keays 2-0 Gold

-55kg

Riley Stang 2-2 5<sup>th</sup> Place

### **U21**

Jannessa Keays +78kg 2-1 Gold

### **SNR**

+78kg

Bishop Sommerfeld 3-0 Gold Chelys Vallejo 2-1Silver Jannessa Keays 1-2 Bronze

### **By-Law Amendment**

Whereas On May 26, 2020, the Judo Saskatchewan Executive Committee passed a Notice of Motion to amend the Judo Saskatchewan By-laws so that effective September 1, 2020 all Clubs will be required to submit an application for membership and this notice was shared with the clubs on May 28, 2020, and: Whereas Judo Clubs are currently required to register in Trackie before they can register their members with Judo Saskatchewan and Judo Canada: and Whereas To ensure the many laws, by-laws and policies and practices are followed Judo Saskatchewan needs the authority to accept and approve applications for club membership.

Therefore **Be it resolved that:** POLICIES AND PROCEDURES OF THE SASKATCHEWAN KODOKAN BLACK BELT ASSOCIATION INC. ARTICLE I – GENERAL be amended to include Paragraph 5. All judo clubs, prior to being able to undertake judo or register their members must annually register with Judo Saskatchewan in a manner prescribed by the Executive Committee of Judo Saskatchewan

If the above passes: **Be it further resolved that:** 

ARTICLE I – DEFINITION paragraph 3 be amended to say

### 3) Effective date:

These by-laws shall come into effect upon their approval at the Executive Committee of Judo Saskatchewan of July 28, 2020, and shall supersede any and all previous by-laws of the society.