



中国曲阜少林武术学校

Qufu Shaolin Kung Fu School, China.

CERTIFICATE FOR COMPLETING A COURSE

This document is to certify that **Fabian Froding** has trained under the Shaolin 34th generation Warrior Monk, Master Shi Yan Jia for the duration of 6 months on Shaolin Kung Fu and Tai Chi etc. He trained very hard and was respectful to all of the masters in this periods starts from June, 2013 to December, 2013. He is an honest and excellent student.

学生: **Fabian Froding** 2013 年 6 月-2013 年 12 月跟随少林拳第三十四代弟子释延加师父学习少林功夫 6 个月, 学到了少林基本功、少林套路、少林大刀、散打、气功和太极。

Shaolin Basics including Five-Step Fist 少林基本功含五步拳 85

Traditional Forms:

Cannon Fist 炮拳

Tai Chi 24 style 太极 24 式

Yin Shou Staff 阴手棍 96

Qin' na & Take-downs 擒拿/摔法

Shaolin Single Broad Sword 少林单刀 95

Baduanjin 八段锦

Continous Fist 连环拳 95

Tong Bei Fist 通臂拳 96

校长签字:
Headmaster's Signature:

2014 年 3 月 10 日

