# Management Essentials

# Exercise #7

# Discipline and Self-Control

# Developing Standard Work

A disciplined team is one whose members behave in ways that are acceptable and predictable. The antecedent to disciplined behavior is standard work and a code of conduct for your team. All continuous improvement is built on standard work.

The exercise for this section is to develop standard work for one job function and leader standard work for your own position. Use the Excel spreadsheet that is attached as a resource. Consider this only a starting point for customizing standard work to your team and your organization.

Once you have developed these share them with your coach and get his or her feedback. Use them for a month and then share what you have learned with your coach and revise the standard work and leader standard work.

Please download the Standard Work Excel spreadsheet that is also attached to this lecture.

The standard work template looks like this:

