

## From Problem to Prototype A Design Thinking Sprint

"Design is not just what it looks like and feels like. Design is how it works."— works."— Steve Jobs



#### What is Design Thinking?

# A Human-Centered Centered Approach Approach to Innovation

Design thinking is a process for creative problem-solving that starts with the people you're designing for. It's about understanding human needs and creating solutions that truly work.

This isn't a straight line process. We loop back as we learn. Today, we're sprinting through the first the first four stages.

#### **The 5-Stage Design Process**



#### **Empathize**

Understand your users deeply through observation and engagement



#### **Define**

Frame the problem based on user needs and insights



#### Ideate

Generate a wide range of creative solutions



#### **Prototype**

Build testable representations of your ideas



#### **Test**

Learn from users and refine your solution

#### Phase 1: Empathize & Define

#### **Empathize**



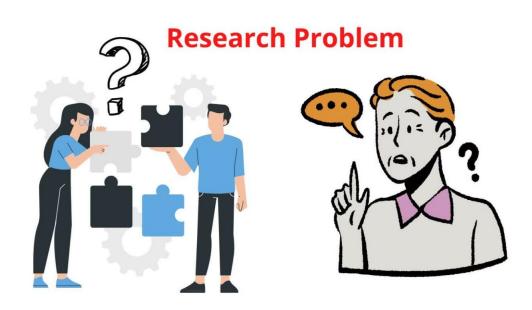
#### **Understand the Human Need**

**Goal:** Get to the root of the user's experience

**Tool:** The Empathy Map

What do they Say, Do, Think, and Feel?

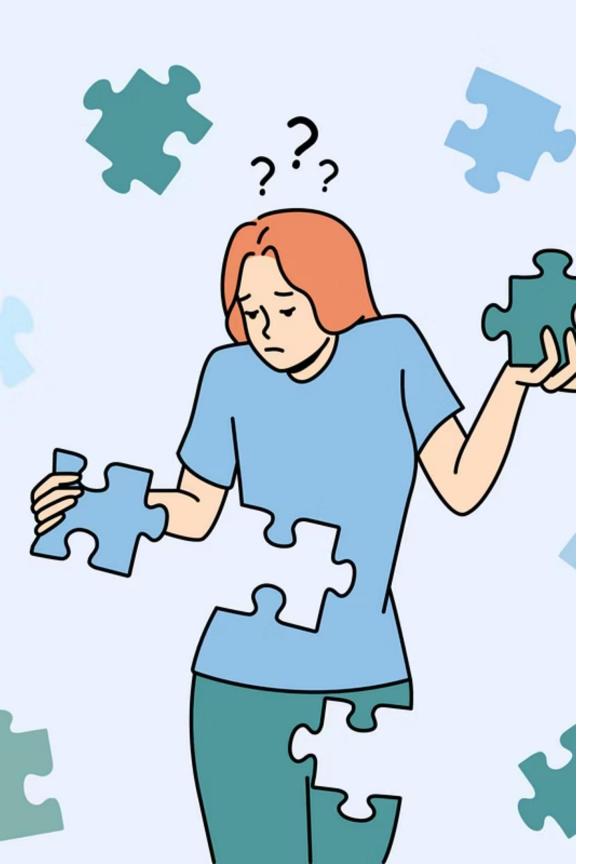
#### **Define**



#### **Synthesize Into Action**

**Goal:** Create a clear problem statement

[User] needs a way to [Need] because [Surprising Insight]



#### **Hands-On: The Problem Space**

## Your Mission: Find the "Why"

01

#### **Pick an Annoying Object**

Choose an everyday object that frustrates you—a you—a backpack, public door, remote control, or control, or kitchen appliance

02

#### **Empathize with Users**

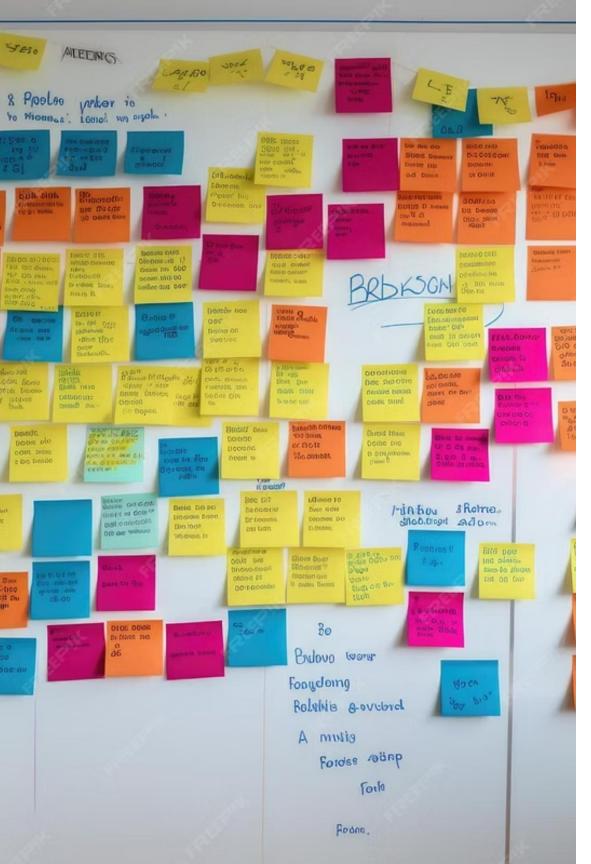
Interview 1-2 people about their experience. Fill out an Empathy Map for a typical user

03

#### **Define the Problem**

Write a single, clear Problem Statement using our formula

Time: 15 minutes for this activity



#### Phase 2: Ideate & Select

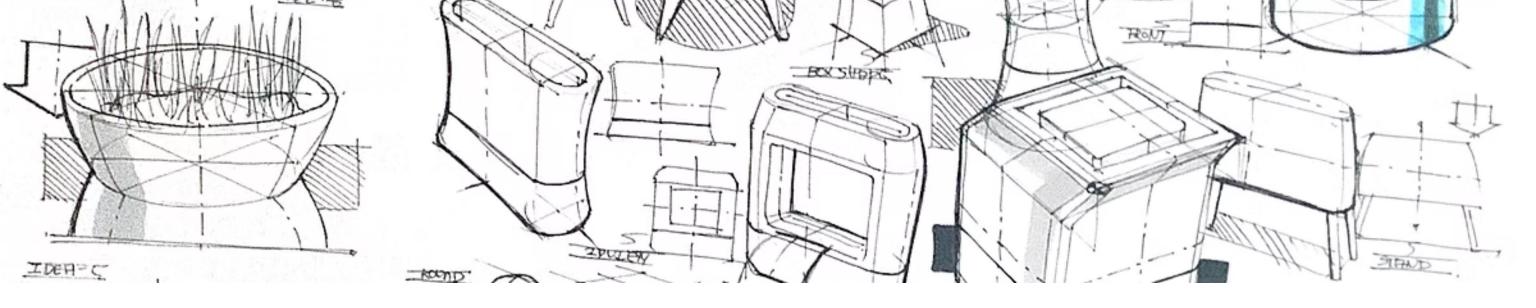
# Generate a Universe of Solutions

#### **Ideation Rules**

- Quantity over Quality! Aim for volume
- **Defer judgment** no criticism during ideation
- **Encourage wild ideas** think outside the box
- **Build on others** "Yes, and..." mentality

#### **Selection Criteria**

- Feasibility: Can we build it?
- Desirability: Do users want it?it?
- Viability: Is it practical?



#### **Communicating Your Idea: Sketching**

#### A Sketch is a Conversation Starter

#### It's NOT About Art

Use basic shapes, lines, and arrows. Focus on communication, not perfection.

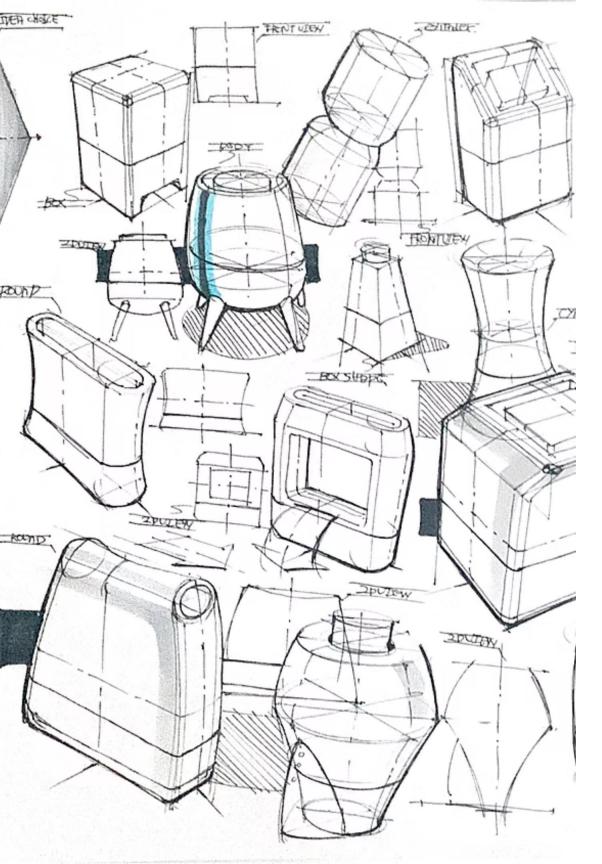
#### **Annotate Everything**

Add labels like "This part rotates,"

"Material: plastic," or "User presses here."

#### **Keep It Simple**

A clear, simple sketch beats a complex drawing every time. Clarity wins.



#### **Hands-On: The Solution Sprint**

### Your Week Mission: Ideate & Illustrate

l ldeate (10 min)

Using your Problem Statement, set a timer and generate **10+ ideas**. Go wild and think big! think big!

2 \_\_\_\_ Sketch (15 min)

Choose the 3 most promising ideas and create clear, annotated sketches for each concept

Select (5 min)

Pick your **favorite concept** and write one sentence justifying your choice

Total Time: 30 minutes for this complete activity

#### **Bringing It All Together**

#### You've Just Completed a Design Sprint!

1 Empathy Map

Deep understanding of user experience and emotions

2 Problem Statement

Clear, actionable definition of the challenge to solve

3 10+ Creative Ideas

Diverse range of potential solutions generated through ideation

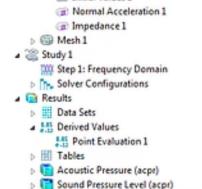
4 3 Annotated Sketches

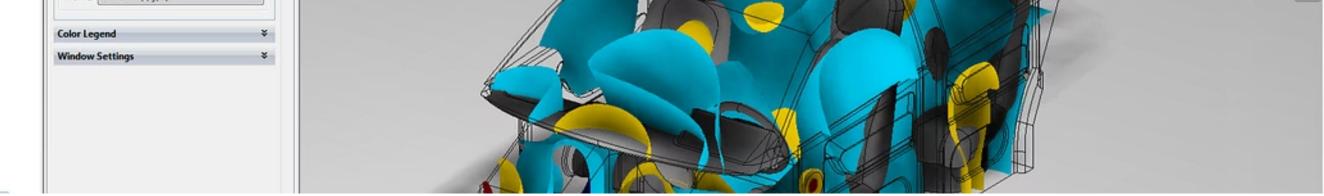
Visual communication of your most promising concepts

**5** Selected Concept

Your chosen solution with clear justification based on our criteria

This foundation will support every project you build in this program.





#### What's Next?

#### From Concept to Creation

#### **Your Journey Forward**

Your validated idea now needs a precise digital form. We'll begin by transforming your sketched concept into a **2D design**, which will serve as the foundation for your future **3D model**.

**Next Week: 2D Design Fundamentals** — Learn to turn your selected concept into an accurate 2D digital accurate 2D digital drawing using professional design tools. This step helps refine dimensions, structure, dimensions, structure, and layout before moving into 3D modeling.

#### **Questions & Discussion**

What challenges did you face during the sprint?
Which phase felt most natural? How might you apply this process to future projects?

Remember: Design thinking is iterative. Every "failure" is actually valuable learning that brings you closer to the right solution.

