



Roll out the Welcome Mat

Introducing new FACTS members

Mary Hoagland

Tracy Peters

Social Scene

In the months of February, April, October and December, FACTS hosts a Parents Social Event at a local restaurant.

The next Social "Nite" is Wednesday, October 15th at 6:30. The location is yet to be determined. Put the date on your calendar and stay tuned!

FACTS needs a Social Chairperson. This job entails coordinating the Social Nights but does not require that you attend each one. If you are interested please contact Joy Leinenbach.

Calendar of Events

Saturday, Sept. 20th: 10:00 - 12:00 FACTS Meeting here at FUMC

Wednesday, October 15th: 6:30 Social Night Location TBD

Saturday, October 25th: Halloween Party (Food-free kids' event)

More details will be coming in future FACTS emails.

Saturday, November 15th: 10:00 - 12:00 FACTS Meeting here at FUMC
"Getting Ready for the Holidays"

Thursday, December 18th: 6:30 Social Night at P.F. Changs

Coming Attractions

September 20th FACTS Meeting from 10 - noon

September 20th – AAIR and Child Care Council Workshop
"Allergy and Asthma in Children: A Toolkit for the Caregiver"
Held from 8:00 – 12:30. Check out www.aaair.info for details.

October 25th - 6th Annual FACTS Halloween Party

FACTS children and their siblings can come to this Halloween party dressed in their costumes. At this fun-filled, food-free event they will enjoy non-scary games, allergy-safe crafts and food-free trick-or-treating. The Seniors from FUMC's youth group organize this party as part of their

Service Project requirements for high school.

Specific details regarding this year's party will be coming soon!

Our Hats Off to...

Thanking our FACTS members

*All of the FACTS families who assisted with the Kyle Dine Concert:
Eckdahl, Hanat, Keehn, Leinenbach, Messer, Stone, Voellinger-Wagner

*Everyone who picked up posters and brochures from the Monroe County Libraries

Cover to Cover

The FACTS Resource Library consists of food allergy resource books, cookbooks, children's books, magazines, videos and various handbooks/newsletters from FAAN. Check out an item by filling out the book's card and place it in the card box. Please remember to return the library item at the next FACTS meeting so someone else may borrow it. This is a great way to check out a cookbook if you're not sure if want to buy it. It's also a great way to introduce food allergy awareness books for our kids. If you need a children's book to share at your child's story time at school, we may have an appropriate title.

If you have any library suggestions please feel free to contact Anne Chandler (the FACTS Library volunteer) at 217-9662 or machandler@frontiernet.net

Library news

Reader Feedback: A mini-review from one of our members Christine L. She recently borrowed one of the new cookbooks:

Super Allergy Girl! Every recipe I have tried from this cookbook has turned out fabulous. Not only does my daughter like them but I love them. The ingredients are easy to find as the author is from the Buffalo area and she references Wegmans often."



Advocacy and Awareness

FAAN's Back to School Grant 2008

FAAN is once again offering a \$300 grant to food allergy support groups to support their efforts with Food Allergy Education and Schools. If you would like to be a part of the team which writes our FACTS' submission, please contact Joy Leinenbach, ejleinenbach@gmail.com.

Upcoming Presentations:

October 13th - Bates-Rich Beginnings Child Care

Volunteer Opportunities

- Make copies of FACTS brochures and handouts
- Help with FACTS presentations
- Support a newly diagnosed food allergic family
- Become the FACTS Social Chairperson – This job involves coordinating the Social Nites.

Contact Joy Leinenbach if you can help with any of these opportunities.

Websites to Check Out!

<http://www.emsc.nysed.gov/sss/documents/AnaphylaxisFinal62508.pdf>

<http://www.doe.mass.edu/cnp/>

<http://www.schoolhealthservicesny.com/a-zindex.cfm?subpage=8>

<http://foodallergyadvocate.com/504Plan.htm>

http://www.foodallergyinitiative.org/section_home.cfm?section_id=5

Recycle the FACTS

Information from past FACTS minutes

Things you can do in the Cafeteria

Put your child's picture on a place mat that is used each time food is eaten at school/preschool.

Have your child eat at a school desk that is pulled up to the end of the cafeteria table. That way no unsafe food can get on your child's food.

Volunteer to be a cafeteria monitor. You'll know how things work at lunch time.

Train your child to eat out of the lunch box so that the safe food never touches the cafeteria table.

FACTS fund\$

Finance: The FACTS bank account balance is \$496.91. This is after final payments for the FACTS Apparel order and the Kyle Dine concert. Thanks to all for your contributions.

The funds in this account accumulate primarily from donations from FACTS members. The money is used for purchasing educational materials, photocopying, ink and other supplies needed for FACTS presentations and for food-free events such as the annual Halloween party.

Contact Us

FACTS Co-Founders:

Joy Leinenbach: 585-264-9033 or ejleinenbach@gmail.com
Sandy Eckdahl: 585-421-9273 or sleemunson@frontiernet.net

Please contact us if there is anything that we can do for you

The information shared in this "Just the FACTS" newsletter does not constitute medical/legal advice and should not be relied upon as such. Always discuss individual health questions and medical issues with a qualified personal physician.