

There are many people in our world. Each of us has our point of view. The question arises - who is right? It doesn't matter.

We all live the way we want. But in my opinion, it is better to be an optimist than a pessimist.

In most cases, he shares his positive outlook on the world. Optimists are very friendly and communicative. They love people and depend on them.

This behavior directly affects the lifestyle of the "virtue" itself. It is much easier for such people to maintain a healthy lifestyle. People with a positive outlook on life do better with pain and stress.

They will be able to cling to something small that pleases them and thus continue to do this deal.

Optimists don't take criticism well. They are sure they are always right. Because of this persistence, their achievable limit is higher than the pessimist's limit.

Never in my life have I been one hundred percent optimistic or pessimistic. Depending on the situation, I can be different.