

Hayley Willish

Prague, Czechia

Distance

6378 km 278

Vertical distance

315 km

VO2 max

40 ml

120

130

140

150

max

Hikes

Heart rate zones

Height 163 cm

Weight 63 kg

Age 23 years

Sex female

HR limitation 160 bpm



58

Mi Smart Band 4











Tracks

Мар

Friends