**From The dataset Heart.csv following point can be concluded.**

1. Most important factor for heart disease is poor physical and mental health.
2. Sleep time and good mental health also plays crucial role in good health of heart.
3. From data we also can analyze that even if a person shows good physical activity but poor sleep and poor mental condition can cause harmful effects on heart.
4. Bad sleep, Bad Physical Activity and Bad mental health can cause skin Cancer and kidney diseases also.