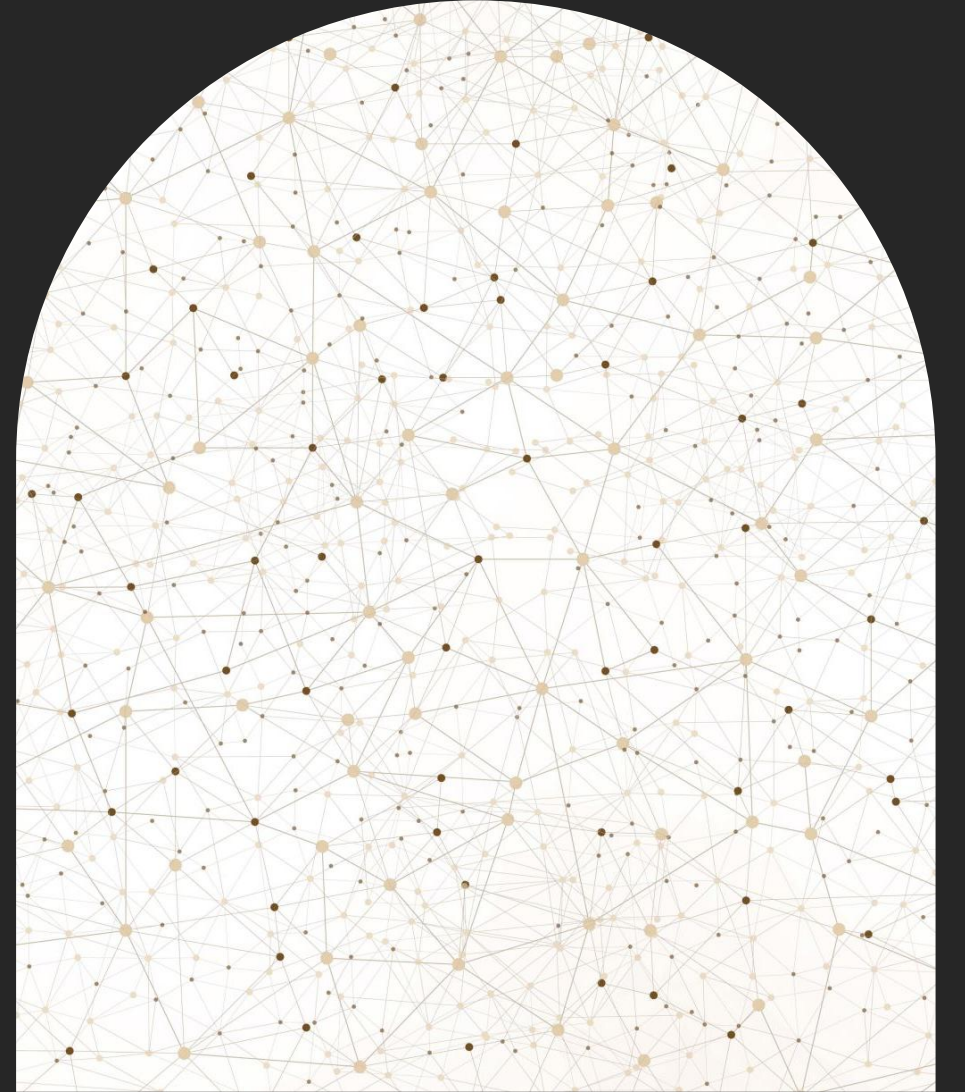
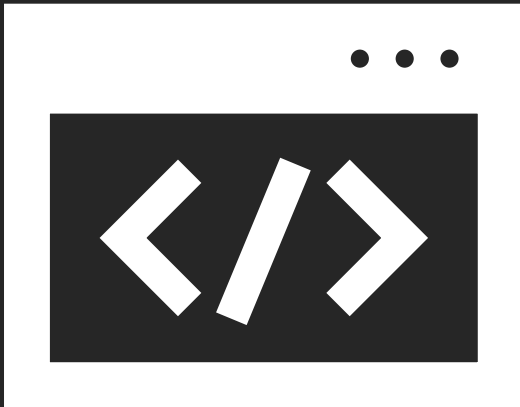


Object Oriented and Functional Programming with Python (Habit Tracker)

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Introduction



This application must be a good application for those who want to be planned and methodical. In this application, everything must be easily accessible, user-friendly, and not complicated. Application designed and created for this. This presentation explains the technical background and development stages.

1.Import Process and Defining Functions

```
1 import sys
2 import sqlite3
3 from PySide6.QtWidgets import (
4     QApplication, QWidget, QVBoxLayout, QHBoxLayout, QLabel,
5     QLineEdit, QPushButton, QMessageBox, QTextEdit
6 )
7
8 def init_db(): 1 usage
9     conn = sqlite3.connect('monthly_habit_tracker.db')
10    c = conn.cursor()
11    c.execute('''CREATE TABLE IF NOT EXISTS monthly_habit_tracker
12                ( id INTEGER PRIMARY KEY AUTOINCREMENT,
13                  week INTEGER NOT NULL,
14                  date_str TEXT NOT NULL,
15                  healthy_eating TEXT NOT NULL,
16                  daily_exercise TEXT NOT NULL,
17                  no_smoke TEXT NOT NULL,
18                  time_outdoors TEXT NOT NULL,
19                  blogging TEXT NOT NULL
20                )''')
21    conn.commit()
22    conn.close()
```

In this section firstly we have to import tools for our application and we need to create table for user can fill it. In import section we need to import sys(for python interact with system), sqlite3(for create and type query) and PySide6.Qtwidgets (for GUI (Graphical User Interface)). In the def_init function, we are creating a table with sqlite3 for users can fill in his/her information.

```

24 def add_or_update_table(week, date_str, healthy_eating, daily_exercise, no_smoke, time_outdoors, blogging):
25     conn = sqlite3.connect('monthly_habit_tracker.db')
26     c = conn.cursor()
27     c.execute( sql: '''SELECT id FROM monthly_habit_tracker
28                     WHERE week = ?
29                     AND date_str = ?''' ,
30               parameters: (week, date_str))
31     result = c.fetchone()
32
33     if result:
34         c.execute( sql: '''UPDATE monthly_habit_tracker
35                             SET healthy_eating = ?,
36                               daily_exercise = ?,
37                               no_smoke = ?,
38                               time_outdoors = ?,
39                               blogging = ?
40                             WHERE id = ?''' ,
41               parameters: (healthy_eating, daily_exercise, no_smoke, time_outdoors, blogging, result[0]))
42         print(f"Updated habits on {date_str} in {week}.")
43     else:
44         c.execute( sql: '''INSERT INTO monthly_habit_tracker(week,date_str,healthy_eating,daily_exercise,no_smoke,time_outdoors,blogging)
45                     VALUES(?,?,?,?,?,?,?)''' ,
46               parameters: (week, date_str, healthy_eating, daily_exercise, no_smoke, time_outdoors, blogging))
47         print(f"Added habits on {date_str} in {week}.")
48     conn.commit()
49     conn.close()

```

Next, defined the `add_or_update_table` function this function is used for adding a row or updating a row in the table. Then defined `get_record` and `delete_row` functions, `get_record` is used for see which you want to record, and `delete_row` function is used for deleting which you want row.

```

def get_record(week: int, date_str: str):
    try:
        week = int(week)
    except ValueError:
        return None

    conn = sqlite3.connect('monthly_habit_tracker.db')
    c = conn.cursor()
    c.execute( sql: 'SELECT * FROM monthly_habit_tracker WHERE week = ?
                    AND date_str = ?' ,
              parameters: (week, date_str))
    row = c.fetchone()
    conn.close()

    return row

```

```

def delete_row(week, date_str):
    conn = sqlite3.connect('monthly_habit_tracker.db')
    c = conn.cursor()
    c.execute( sql: '''SELECT * FROM monthly_habit_tracker
                    WHERE week = ? AND date_str = ?''' ,
              parameters: (week, date_str))

    row = c.fetchone()
    if row:
        c.execute( sql: '''DELETE FROM monthly_habit_tracker
                    WHERE week = ? AND date_str = ?''' ,
              parameters: (week, date_str))

        conn.commit()
        print(f'Deleted habits on {date_str} in {week}.')
    else:
        print(f"No habits found for {date_str} in {week}.")
    conn.close()

```



```

80 def best_streak(): 1 usage
81     conn = sqlite3.connect('monthly_habit_tracker.db')
82     c = conn.cursor()
83     c.execute('''
84         SELECT healthy_eating, daily_exercise, no_smoke, time_outdoors, blogging
85         FROM monthly_habit_tracker
86         ORDER BY id ASC
87     ''')
88     rows = c.fetchall()
89     conn.close()
90     streak = 0
91     for row in rows:
92         if all(col == "checked-off" for col in row):
93             streak += 1
94         else:
95             break
96     print(f"You have a {streak} day streak!")
97     return streak
98
99 def best_habit_streak(): 1 usage
100     conn = sqlite3.connect('monthly_habit_tracker.db')
101     c = conn.cursor()
102     habits = ["healthy_eating", "daily_exercise", "no_smoke", "time_outdoor
103     results = {}
104     for habit in habits:
105         c.execute(f'''SELECT COUNT(*) FROM monthly_habit_tracker
106             WHERE {habit} = "checked-off"''')
107         count = c.fetchone()[0]
108         results[habit] = count
109     conn.close()
110     if results:
111         best_habit = max(results, key=results.get)
112         best_count = results[best_habit]
113         return best_habit, best_count
114     else:
115         return None

```

Next, defined `best_streak` and `best_habit_streak`. In this section, `best_streak` is used to see the perfect days (every habit checked-off), and `best_habit_streak` is used to see the most checked-off habit.

2.Creating GUI (Graphical User Interface)

```
117 class HabitTrackerApp(QWidget): 1 usage
118     def __init__(self):
119         super().__init__()
120         self.setWindowTitle("Habit Tracker")
121         self.setGeometry(200, 200, 600, 400)
122
123         init_db()
124
125         layout = QVBoxLayout()
126
127         week_date_layout = QHBoxLayout()
128         self.week_input = QLineEdit()
129         self.week_input.setPlaceholderText("Week number")
130         self.date_input = QLineEdit()
131         self.date_input.setPlaceholderText("Date (e.g. 06.06.2025)")
132         week_date_layout.addWidget(QLabel("Week:"))
133         week_date_layout.addWidget(self.week_input)
134         week_date_layout.addWidget(QLabel("Date:"))
135         week_date_layout.addWidget(self.date_input)
136         layout.addLayout(week_date_layout)
```

In this section, we defined a class for GUI (Graphical User Interface). Firstly, created a GUI tab and week and date input space.

```

138     self.habit_inputs = {}
139     habits = ["healthy_eating", "daily_exercise", "no_smoke", "time_outdoors", "blogging"]
140     for habit in habits:
141         h_layout = QHBoxLayout()
142         label = QLabel(habit.replace("_old:", "_", _new: " ").title() + ":")
143         edit = QLineEdit()
144         edit.setPlaceholderText("checked-off / not checked-off")
145         h_layout.addWidget(label)
146         h_layout.addWidget(edit)
147         self.habit_inputs[habit] = edit
148         layout.addLayout(h_layout)
149
150     btn_layout = QHBoxLayout()
151     self.view_btn = QPushButton("View Record")
152     self.view_btn.clicked.connect(self.view_record)
153     self.save_btn = QPushButton("Add/Update Record")
154     self.save_btn.clicked.connect(self.save_record)
155     self.delete_btn = QPushButton("Delete Record")
156     self.delete_btn.clicked.connect(self.delete_record)
157     self.streak_btn = QPushButton("Show Streak")
158     self.streak_btn.clicked.connect(self.show_streak)
159     self.best_habit_btn = QPushButton("Show Best Habit Streak")
160     self.best_habit_btn.clicked.connect(self.show_best_habit_streak)

```

```

162         btn_layout.addWidget(self.view_btn)
163         btn_layout.addWidget(self.save_btn)
164         btn_layout.addWidget(self.delete_btn)
165         btn_layout.addWidget(self.streak_btn)
166         btn_layout.addWidget(self.best_habit_btn)
167         layout.addLayout(btn_layout)
168
169         self.result_display = QTextEdit()
170         self.result_display.setReadOnly(True)
171         layout.addWidget(self.result_display)

```

```

175     def view_record(self): 2 usages
176         week = self.week_input.text().strip()
177         date = self.date_input.text().strip()
178         if not week or not date:
179             QMessageBox.warning(self, title: "Input Error", text: "Please enter both week and date.")
180             return
181         record = get_record(week, date)
182         if record:
183             text = (
184                 f"Week: {record[1]}, Date: {record[2]}\n"
185                 f"Healthy Eating: {record[3]}\n"
186                 f"Daily Exercise: {record[4]}\n"
187                 f"No Smoke: {record[5]}\n"
188                 f"Time Outdoors: {record[6]}\n"
189                 f"Bloggng: {record[7]}")
190             self.result_display.setPlainText(text)
191             for idx, habit in enumerate(["healthy_eating", "daily_exercise", "no_smoke", "time_outdoors", "blogging"], start=3):
192                 self.habit_inputs[habit].setText(record[idx])
193         else:
194             self.result_display.setPlainText("No record found for this week and date.")
195             for field in self.habit_inputs.values():
196                 field.clear()
197

```

Next, we created the main form and buttons for interacting with the database and GUI. As you can see created ‘View Record’ button’s a technical background.

```

def delete_record(self): 1 usage
    week = self.week_input.text().strip()
    date = self.date_input.text().strip()
    if not week or not date:
        QMessageBox.warning(self, title: "Input Error", text: "Please enter both w
        return

    confirmed = QMessageBox.question(
        self, title: "Confirm Delete",
        text: f"Are you sure you want to delete the record for week {week} and d
        QMessageBox.Yes | QMessageBox.No
    )

    if confirmed == QMessageBox.Yes:
        delete_row(week, date)
        self.result_display.setPlainText(f"Record for week {week}, date {date}
        for field in self.habit_inputs.values():
            field.clear()

def save_record(self): 1 usage
    week = self.week_input.text().strip()
    date = self.date_input.text().strip()
    if not week or not date:
        QMessageBox.warning(self, title: "Input Error", text: "Please enter both week a
        return

    values = []
    valid_values = {"checked-off", "not checked-off"}
    for habit in ["healthy_eating", "daily_exercise", "no_smoke", "time_outdoors", '
        val = self.habit_inputs[habit].text().strip()
        if val not in valid_values:
            QMessageBox.warning(self, title: "Input Error",
                                text: f"'{habit.replace(__old: '_', __new: ' ').title(
            return
        values.append(val)

    add_or_update_table(week, date, *values)
    QMessageBox.information(self, title: "Saved", text: "Record added/updated successfu
    self.view_record()

```

Then, built the ‘Add/Update Record’ and ‘Delete Record’ technical background.


```
239     def show_streak(self): 1usage
240         streak = best_streak()
241         self.result_display.setPlainText(f"Current streak (all habits checked-off consecutively): {streak} day(s)")
242
243     def show_best_habit_streak(self): 1usage
244         result = best_habit_streak()
245         if result:
246             habit_name, count = result
247             formatted_name = habit_name.replace("_", " ").title()
248             self.result_display.setPlainText(
249                 f"Best habit streak is '{formatted_name}' with {count} day(s) checked-off.")
250         else:
251             self.result_display.setPlainText("No habit streak data found.")
252
253 ▶ if __name__ == "__main__":
254     app = QApplication(sys.argv)
255     window = HabitTrackerApp()
256     window.show()
257     sys.exit(app.exec())
```

Finally, ‘Show Streak’, ‘Show Best Habit Streak’ technical infrastructure was created to ensure that the system opens and closes properly.

Thanks for reading
my presentation.



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