

FAIRHAVEN CHRISTADELPHIAN CHARITABLE FOUNDATION



WINTER 2018

Do not urge me to leave you or to return from following you. For where you go I will go, and where you lodge I will lodge. Your people shall be my people, and your God my God. --Ruth

TRANSITIONING TO LONG-TERM CARE --MEETING THE CHALLENGES

ART WORK 'WITHER THOU GOEST' BY SANDY FRECKLETON GAGON USED WITH PERMISSION

The enduring affection and bond that had grown between Ruth and her mother-in-law, Naomi, was anchored by a shared hope. Separation seemed unthinkable. Today, as aged family members require increasing levels of care, separation often becomes inevitable when a senior's needs can no longer be adequately addressed at home. Transitioning into a long-term care facility can be one of life's most difficult moments, particularly if the senior suffers from memory issues. Today, many seniors want to stay at home as long as possible, and the long-term care transition is often

precipitated by a crisis. This is a stressful time for everyone, but the senior, in particular, can feel vulnerable and dependent. They are separated from spouses, family and everything familiar to them. Empathy can help to dispel the sense of isolation. Listening to concerns, and offering reassurance can help to normalize the idea that LTC is the expected outcome when a senior requires enhanced care. Caregivers are also vulnerable at this time with family members feeling guilt, resentment, frustration or simple exhaustion. For many who promised to keep their mom or dad

at home, they may think they've failed and are angry with themselves. Rather, there needs to be a recognition that the caregiver has honoured the elder by bringing him to this juncture and now is the time to pass the baton and transfer the care that he or she has been struggling to provide so that needs can be adequately met for the remainder of the journey. Despite our physical frailties, God continues to care for his children. "Even to your old age I am He, and to grey hairs I will carry you. I have made and I will bear; I will carry and I will save. Isaiah 46:4

Fairhaven Christadelphian Charitable Foundation

c/o 39 Knox Avenue

North, York, ON, M9L 2M2

www.fairhavenfoundation.ca

Directors: Alan Ghent, Marie Klien, Ian McPhee, Jennifer Narjes,
Mike Nielsen, Penny Sheppard, Tom Thorp



LONG TERM CARE HOMES

- * Provide help with most or all daily activities and access to 24 hour nursing and personal care with on-sight supervision to ensure your well being
 - * All applications to LTCH are arranged by Local Health Integration Networks (LHIN) in Ontario. These services used to be provided by Community Care Access Centres
 - * Your local LHIN will determine your eligibility, tell you about homes in your area and the costs, and help you apply
 - * To find the right home, visit several in your area, ask questions and read the Ministry of Long Term Care's report about each home
 - * You can apply to a maximum of 5 homes. LHIN will co-ordinate your application for you.
 - * When your application is accepted, you may have to wait until a bed becomes available. LHIN will contact you when space becomes available. You have 24 hours to accept or reject the offer.
 - * If you accept the offer, you have up to five days to move in.
 - * If you refuse the offer, your application to all chosen homes will be cancelled. You will not be able to reapply for 12 weeks after the day you were removed from the waiting list, unless there is a significant change in your condition or circumstances.
- In Ontario, LHIN can be contacted by phone at 310-222 or online at healthcareathome.ca.

I am quite anemic and the doctors are telling me to eat more red meat and green leafy vegetables. It is hard to do this on my income.



THE FOUNDATION'S TERMS OF REFERENCE

How can the Fairhaven Foundation be of assistance to your ecclesia? Are there health and welfare needs in your meeting that require attention, but ecclesial resources are strained or insufficient? The Foundation, operating under the applicable government regulations, may provide grants only to registered charities in Canada. We must disperse a percentage of our investment income each year, based upon a government regulatory formula.

Ecclesiastical bodies in Canada may request assistance from the Foundation by following these guidelines:

Only requests from Arranging Boards will be considered. Requests from an individual member of an ecclesia will not be accepted by the Foundation. Priority is to be given to the welfare needs of Christadelphian elderly, since this reflects the original purpose of Fairhaven House. If additional funds are available after meeting these needs, then more general health and

welfare needs of the Christadelphian community will be considered, followed by health and welfare needs of the community at large. Requests must be in writing and should document, in confidence, the need, the background, the amount of help required and the amount of help being provided by the ecclesia. It is expected that the ecclesia requesting support will also provide funds to assist from its own resources. It is preferable, if possible, that ecclesiastical bodies address emergency situations, and subsequently follow up with a request to the Foundation. The board of the Foundation considers requests at its semi-annual meetings in March and August each year. Emergency requests will also be addressed as quickly as possible.

Requests may be sent to:
The Fairhaven Christadelphian Foundation
c/o Sister Penny Sheppard, Secretary
39 Knox Avenue
North York, ON, M9L 2M2

It is important to appreciate that the primary responsibility to meet the welfare needs of our brothers, sisters and young people lies at the ecclesial level, and consequently the Foundation's role is to supplement, rather than supplant this ecclesial responsibility. We encourage ecclesiastas to be actively aware of situations where there is a need, extend help, and then approach the Foundation as a funding partner.



CAN I AFFORD LONG TERM CARE?

All personal and nursing care provided by long term care homes in Ontario is funded by the government. You are responsible for paying accommodation charges such as room and board. Accommodation costs vary depending upon whether you are in a basic, semi-private or private room. If you don't have enough income to cover basic accommodation you may be eligible for a subsidy through the Long-Term Care Home Rate Reduction Program. If you qualify, an application needs to be submitted to your long-term care home. Further details are available at www.ontario.ca/page/about-long-term-care. Fairhaven and your ecclesia are also here to help!

AN APPEAL

In this low interest rate environment, income generated from investments has been inadequate to address the needs of recipient ecclesiastas. The Foundation would welcome ecclesial and individual gifts to support this work. Donations may be made via PayPal on the website, www.fairhavenfoundation.ca or sent to the treasurer:

Sis. Jennifer Narjes
8 Royal Rouge Trail
Toronto, ON, M1B 4T4



Year End Financial Report

**Statement of Revenue,
Expenses And Fund Balance
For The Year Ending**

March 31, 2018

Revenue

Investment Income	4,743
Donations	1,393
	—
	6,136

Expenses

Grants	19,915
Professional fees	3,076
Administrative	157
	—
	23,148
Net Income	(17,012)
Opening fund balance	296,406
Closing fund balance	279,394