

OFFICAL TEAM DELOITTE PACKING LIST2018 BP MS 150

The Bike	
	Bike (get your bike checked out before you ride!)
	Water bottles - filled
	Spare tubes
	CO2 or frame pump
	Tire levers
	The BP MS 150 identifying numbers from your packet
On You and In Your Pockets	
	Helmet
	Gloves
	Bike shorts (trust us, you'll thank the padding)
	Team Deloitte jersey
	Cold weather gear if you need it (knee, arm warmers, light jacket)
	Sunglasses
	Snacks if you want to supplement the rest stops
	Phone (don't forget to tag #2018BPMS150 on your posts)
In Your La Grange Bag(s) – Max 2 including Cot	
	Bag (<u>a 16x40</u> fits everything in one bag, including the cot below)
	Luggage tag stickers from your packet
	Street clothes for La Grange (and PJs for the overnight)
	Kit (shorts/jersey/socks) for day two
	Charger for your phone and/or cycling computer
	Backup battery charger if you have one – outlets are sparse
	Toiletries
	Towel
	Cot (we love <u>the Alagash</u> – comfy and easy to pack)
	Sleeping Bag (<u>down is great</u> if you can swing it)
	Pillow