



OFFICAL TEAM DELOITTE PACKING LIST
2019 BP MS 150

The Bike

- ☐ Bike
- ☐ Water bottles - filled
- ☐ Spare tubes
- ☐ CO2 or frame pump
- ☐ Tire levers
- ☐ The BP MS 150 identifying numbers from your packet

On You and In Your Pockets

- ☐ Helmet
- ☐ Gloves
- ☐ Bike shorts (trust us, you'll thank the padding)
- ☐ Team DeLoitte jersey
- ☐ Cold weather gear if you need it (knee, arm warmers, light jacket)
- ☐ Sunglasses
- ☐ Snacks if you want to supplement the rest stops
- ☐ Phone (don't forget to tag #2019BPMS150 on your posts)

In Your La Grange Bag(s) – Max 2 including Cot

- ☐ Bag ([a 16x40](#) fits everything in one bag, including the cot below)
- ☐ Luggage tag stickers from your packet
- ☐ Street clothes for La Grange (and PJs for the overnight)
- ☐ Kit (shorts/jersey/socks) for day two
- ☐ Charger for your phone and/or cycling computer
- ☐ Backup battery charger if you have one – outlets are sparse
- ☐ Toiletries
- ☐ Towel
- ☐ Shower shoes
- ☐ Cot (we love [the Alagash](#) – comfy and easy to pack)
- ☐ Sleeping Bag ([down is great](#) if you can swing it)

☐ Pillow