Recipe Book

50+ Indian recipes with their name and key ingredients.

VEGETARIAN MAIN COURSES

1. Paneer Butter Masala

Ingredients: Paneer, butter, tomatoes, cream, cashews, ginger-garlic paste, garam masala, kasuri methi

2. Palak Paneer

Ingredients: Spinach (palak), paneer, garlic, green chilies, onions, tomatoes, cumin seeds

3. Chana Masala

Ingredients: Chickpeas, onions, tomatoes, ginger-garlic paste, garam masala, amchur (dry mango powder)

4. Aloo Gobi

Ingredients: Potatoes, cauliflower, turmeric, cumin, tomatoes, green chilies, coriander powder

5. Baingan Bharta

Ingredients: Roasted eggplant, onions, tomatoes, garlic, green chilies, mustard seeds

6. Kadai Paneer

Ingredients: Paneer, bell peppers, tomatoes, coriander seeds, onions, ginger-garlic paste

7. Mix Veg Curry

Ingredients: Carrot, beans, potatoes, peas, onions, tomatoes, garam masala, cream

8. Bhindi Masala

Ingredients: Okra (bhindi), onions, tomatoes, mustard seeds, cumin, turmeric

9. Dal Tadka

Ingredients: Toor dal, garlic, cumin, dry red chilies, tomatoes, onions, ghee

10. Dal Makhani

Ingredients: Whole black lentils (urad dal), kidney beans, cream, butter, tomatoes, ginger

11. Rajma Masala

Ingredients: Red kidney beans, onions, tomatoes, cumin, ginger-garlic paste, garam masala

12. Kadhi Pakora

Ingredients: Gram flour (besan), yogurt, turmeric, mustard seeds, curry leaves, onion fritters

NON-VEGETARIAN MAIN COURSES

13. Butter Chicken

Ingredients: Chicken, tomatoes, cream, butter, garam masala, gingergarlic paste

14. Chicken Biryani

Ingredients: Basmati rice, chicken, yogurt, saffron, biryani masala, fried onions, mint

15. Rogan Josh

Ingredients: Mutton, yogurt, Kashmiri chili, fennel, ginger powder, mustard oil

16. Chettinad Chicken

Ingredients: Chicken, black pepper, fennel seeds, curry leaves, grated coconut, dry red chilies

17. Mutton Korma

Ingredients: Mutton, yogurt, onion paste, cardamom, cloves, cashew paste, cream

18. Fish Curry (Bengali-style)

Ingredients: Fish (rohu/catla), mustard seeds, green chilies, turmeric, mustard oil, tomato

19. Egg Curry

Ingredients: Boiled eggs, onions, tomatoes, ginger-garlic paste, garam masala, turmeric

20. Chicken Vindaloo

Ingredients: Chicken, vinegar, garlic, paprika, sugar, chili powder, cloves

SNACKS, STREET FOOD & BREADS

21. Aloo Paratha

Ingredients: Whole wheat flour, mashed potatoes, green chilies, coriander, ajwain, butter

22. Pav Bhaji

Ingredients: Potatoes, peas, cauliflower, tomatoes, pav bhaji masala, butter, pav bread

23. Samosa

Ingredients: Maida (flour), potatoes, peas, cumin, green chili, ginger, carom seeds

24. Masala Dosa

Ingredients: Rice, urad dal, potatoes, curry leaves, mustard seeds, turmeric

25. Chole Bhature

Ingredients: Chickpeas, tomatoes, yogurt, flour (maida), carom seeds, spices

26. Pani Puri

Ingredients: Semolina, potatoes, black chickpeas, mint-coriander water, tamarind chutney

27. Vada Pav

Ingredients: Potatoes, garlic chutney, mustard seeds, pav bread, green chilies

28. Bread Pakora

Ingredients: Bread slices, besan (gram flour), potatoes, green chili, carom seeds

RICE DISHES

29. Jeera Rice

Ingredients: Basmati rice, cumin seeds, ghee, bay leaves

30. Tamarind Rice

Ingredients: Tamarind paste, mustard seeds, curry leaves, peanuts, rice

31. Vegetable Pulao

Ingredients: Basmati rice, carrots, peas, cloves, cinnamon, onions

32. Curd Rice

Ingredients: Cooked rice, yogurt, mustard seeds, curry leaves, green chili, ginger

DESSERTS

33. Gulab Jamun

Ingredients: Khoya, maida, sugar syrup, rose water, cardamom

34. Rasgulla

Ingredients: Chhena (paneer), sugar, cardamom, rose water

35. Jalebi

Ingredients: Maida, yogurt, saffron, sugar syrup, cardamom

36. Suji Halwa

Ingredients: Semolina, ghee, sugar, cardamom, raisins, cashews

37. Gajar Halwa

Ingredients: Carrot, milk, khoya, sugar, ghee, cardamom

38. Rasmalai

Ingredients: Chhena, milk, saffron, sugar, cardamom

REGIONAL SPECIALTIES

39. Sarson da Saag

Ingredients: Mustard leaves, spinach, maize flour, ginger, green chilies

40. Undhiyu (Gujarati)

Ingredients: Mixed vegetables, methi muthia, green garlic, coconut, sesame

41. Avial (South Indian)

Ingredients: Drumsticks, carrots, raw banana, yogurt, coconut, curry leaves

42. Bisi Bele Bath (Karnataka)

Ingredients: Rice, toor dal, tamarind, vegetables, bisi bele bath powder

➡ CHAI & SIDE ITEMS

43. Masala Chai

Ingredients: Tea leaves, milk, ginger, cardamom, cloves, black pepper

44. Raita

Ingredients: Yogurt, cucumber/carrot/onion, roasted cumin, coriander, salt

Certainly! Here's a curated list of iconic American dishes along with their key ingredients:

Classic American Dishes & Ingredients

1. Hamburger

Ingredients: Ground beef patty, hamburger bun, lettuce, tomato, onion, pickles, ketchup, mustard, mayonnaise, cheese (optional)

2. Hot Dog

Ingredients: Hot dog sausage (beef or pork), hot dog bun, mustard, ketchup, relish, onions, sauerkraut, cheese (optional)

3. Fried Chicken

Ingredients: Chicken pieces, buttermilk (for marination), flour, salt, pepper, paprika, garlic powder, oil for frying

4. Barbecue Ribs

Ingredients: Pork ribs, barbecue sauce (tomato paste, vinegar, brown sugar, spices), dry rub (paprika, garlic powder, onion powder, cayenne pepper)

5. Macaroni and Cheese

Ingredients: Elbow macaroni, cheddar cheese, milk, butter, flour (for roux), breadcrumbs (optional for topping)

6. Buffalo Wings

Ingredients: Chicken wings, hot sauce (typically cayenne pepper-based), butter, garlic powder, salt, pepper, celery sticks, blue cheese dressing

7. Meatloaf

Ingredients: Ground beef, breadcrumbs, eggs, onion, garlic, ketchup (for topping), Worcestershire sauce, salt, pepper

8. Spaghetti and Meatballs

Ingredients: Spaghetti pasta, ground beef or pork (for meatballs), breadcrumbs, eggs, Parmesan cheese, garlic, onion, tomato sauce, Italian herbs

9. Chicago Deep-Dish Pizza

Ingredients: Pizza dough (with cornmeal), mozzarella cheese, Italian sausage, tomato sauce, Parmesan cheese, olive oil, oregano

10. New York-Style Pizza

Ingredients: Thin pizza dough, tomato sauce, mozzarella cheese, olive oil, basil, optional toppings like pepperoni or mushrooms

11. Reuben Sandwich

Ingredients: Rye bread, corned beef, Swiss cheese, sauerkraut, Russian or Thousand Island dressing, butter (for grilling)

12. Biscuits and Gravy

Ingredients: Buttermilk biscuits, pork sausage, flour, milk, black pepper, salt

13. Clam Chowder (New England Style)

Ingredients: Clams, potatoes, onions, celery, bacon, heavy cream or milk, butter, flour (for thickening), thyme

14. Jambalaya

Ingredients: Rice, chicken, andouille sausage, shrimp, bell peppers, onions, celery, tomatoes, Cajun seasoning

15. Grits

Ingredients: Ground cornmeal, water or milk, butter, salt, cheese (optional)

Iconic American Desserts

16. Apple Pie

Ingredients: Apples (Granny Smith or similar), sugar, cinnamon, nutmeg, lemon juice, pie crust (flour, butter, water)

17. Chocolate Chip Cookies

Ingredients: All-purpose flour, butter, sugar (white and brown), eggs, vanilla extract, baking soda, salt, chocolate chips

18. Cheesecake (New York Style)

Ingredients: Cream cheese, sugar, eggs, sour cream, graham cracker crust (graham crackers, butter, sugar), vanilla extract

19. Pecan Pie

Ingredients: Pecans, corn syrup, brown sugar, eggs, butter, vanilla extract, pie crust

20. Brownies

Ingredients: Unsweetened chocolate or cocoa powder, butter, sugar, eggs, flour, vanilla extract, salt

Popular Side Dishes

21. Coleslaw

Ingredients: Shredded cabbage, carrots, mayonnaise, vinegar, sugar, salt, pepper

22. Potato Salad

Ingredients: Boiled potatoes, mayonnaise, mustard, celery, onions, hard-boiled eggs, salt, pepper

23. Cornbread

Ingredients: Cornmeal, flour, sugar, baking powder, eggs, milk or buttermilk, butter

24. Green Bean Casserole

Ingredients: Green beans, cream of mushroom soup, milk, French fried onions, soy sauce

25. Baked Beans

Ingredients: Navy beans, molasses, brown sugar, ketchup, mustard, bacon or salt pork, onions

Classic American Breakfasts

26. Pancakes

Ingredients: All-purpose flour, baking powder, sugar, eggs, milk, butter, salt

27. Waffles

Ingredients: All-purpose flour, baking powder, sugar, eggs, milk, butter, vanilla extract

28. French Toast

Ingredients: Bread slices, eggs, milk, cinnamon, vanilla extract, butter, maple syrup

29. Scrambled Eggs

Ingredients: Eggs, milk or cream (optional), butter, salt, pepper

30. Bagel with Cream Cheese

Ingredients: Bagels (plain or flavored), cream cheese, optional toppings like smoked salmon, capers, onions

Beverages

31. Milkshake

Ingredients: Ice cream (vanilla, chocolate, or strawberry), milk, sugar, whipped cream (optional)

32. Lemonade

Ingredients: Fresh lemon juice, water, sugar, ice

33. Iced Tea

Ingredients: Black tea, water, sugar (optional), lemon slices, ice

Regional Specialties

34. Philly Cheesesteak

Ingredients: Thinly sliced beefsteak, hoagie roll, melted cheese (provolone or Cheez Whiz), sautéed onions, optional peppers

35. Lobster Roll

Ingredients: Cooked lobster meat, mayonnaise, celery, lemon juice, buttered and toasted hot dog bun

36. Tex-Mex Chili

Ingredients: Ground beef, kidney beans, tomatoes, chili powder, onions, garlic, cumin

37. Cajun Gumbo

Ingredients: Roux (flour and fat), okra, chicken, sausage, shrimp, bell peppers, onions, celery, Cajun spices

38. Nashville Hot Chicken

Ingredients: Chicken pieces, buttermilk, flour, cayenne pepper, paprika, brown sugar, oil for frying

Sweet Treats

39. Donuts

Ingredients: All-purpose flour, sugar, eggs, milk, butter, yeast or baking powder, oil for frying, glaze or powdered sugar

40. Pumpkin Pie

Ingredients: Pumpkin puree, eggs, sugar, cinnamon, nutmeg, ginger, evaporated milk, pie crust

41. Banana Bread

Ingredients: Ripe bananas, all-purpose flour, sugar, eggs, butter, baking soda, vanilla extract

42. Cobbler (Peach or Berry)

Ingredients: Fresh or canned fruit, sugar, flour, butter, baking powder, milk

Sandwiches & Fast Food

43. BLT Sandwich

Ingredients: Bacon, lettuce, tomato, mayonnaise, toasted bread slices

44. Club Sandwich

Ingredients: Turkey or chicken, bacon, lettuce, tomato, mayonnaise, toasted bread, often served triple-decker style

45. Sloppy Joe

Ingredients: Ground beef, tomato sauce or ketchup, onions, Worcestershire sauce, hamburger buns

46. Pulled Pork Sandwich

Ingredients: Slow-cooked shredded pork, barbecue sauce, coleslaw, sandwich bun

Salads

47. Caesar Salad

Ingredients: Romaine lettuce, croutons, Parmesan cheese, Caesar dressing (anchovies, garlic, lemon juice, egg yolk, olive oil)

48. Cobb Salad

Ingredients: Mixed greens, grilled chicken, bacon, hard-boiled eggs, avocado, tomatoes, blue cheese, vinaigrette dressing

49. Waldorf Salad

Ingredients: Apples, celery, grapes, walnuts, mayonnaise or yogurt

50. Chef Salad

Ingredients: Mixed greens, ham, turkey, cheese, hard-boiled eggs, tomatoes, cucumbers, salad dressing

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25+ traditional Arabic dishes along with their key ingredients,

Main Dishes

1. Kabsa (Saudi Arabia)

Ingredients: Basmati rice, chicken or lamb, tomatoes, onions, garlic, black lime, cardamom, cinnamon, bay leaves, saffron, cloves, nutmeg, and vegetable oil.

2. Mujaddara (Levant)

Ingredients: Lentils, rice or bulgur, caramelized onions, olive oil, cumin, salt, and pepper. (Wikipedia)

3. Musakhan (Palestine)

Ingredients: Roasted chicken, sumac, allspice, onions, toasted pine nuts, taboon bread, lemon juice, and saffron. (<u>Domestic Fits</u>)

4. Kibbeh (Levant)

Ingredients: Ground lamb or beef, bulgur wheat, onions, pine nuts, allspice, cinnamon, and salt. (<u>The Guardian</u>)

5. Maqluba (Levant)

Ingredients: Rice, eggplant, cauliflower, potatoes, chicken or lamb, tomatoes, and spices like turmeric and cinnamon.

6. Mandi (Yemen)

Ingredients: Basmati rice, lamb or chicken, saffron, cardamom, cloves, cinnamon, black lime, and bay leaves.

7. Fesenjan (Iran)

Ingredients: Chicken or duck, ground walnuts, pomegranate molasses, onions, and spices. (Reddit)

8. Molokhia (Egypt)

Ingredients: Molokhia leaves, garlic, coriander, chicken or rabbit, and broth. (Eater Chicago)

9. Mahmous (Saudi Arabia)

Ingredients: Rice, caramelized onions, and sometimes meat or chicken.

10. Shakshuka (North Africa)

Ingredients: Eggs, tomatoes, onions, garlic, bell peppers, cumin, and paprika.

Salads & Appetizers

11. Tabbouleh (Levant)

Ingredients: Parsley, bulgur, tomatoes, mint, onions, lemon juice, olive oil, and salt. (Wikipedia)

12. Fattoush (Levant)

Ingredients: Mixed greens, tomatoes, cucumbers, radishes, toasted pita bread, sumac, lemon juice, and olive oil.

13. Baba Ghanoush (Levant)

Ingredients: Roasted eggplant, tahini, garlic, lemon juice, and olive oil.

14. Hummus (Levant)

Ingredients: Chickpeas, tahini, garlic, lemon juice, and olive oil.

15. Mutabal (Levant)

Ingredients: Roasted eggplant, tahini, garlic, lemon juice, and olive oil.

Grilled & Fried Dishes

16. Shawarma (Levant)

Ingredients: Thinly sliced marinated meat (beef, lamb, or chicken), garlic, vinegar, spices, and pita bread.

17. Falafel (Levant)

Ingredients: Ground chickpeas or fava beans, onions, garlic, parsley, cumin, coriander, and flour.

18. Kofta (Levant)

Ingredients: Ground meat (beef or lamb), onions, parsley, garlic, and spices.

19. Grilled Lamb Chops (Various)

Ingredients: Lamb chops, garlic, rosemary, olive oil, salt, and pepper.

Breads & Pastries

20. Pita Bread (Levant)

Ingredients: Flour, yeast, water, salt, and olive oil.

21. Manakish (Levant)

Ingredients: Flatbread topped with za'atar, cheese, or ground meat.

22. Sambousek (Levant)

Ingredients: Pastry filled with meat, cheese, or vegetables.

Desserts

23. Knafeh (Levant)

Ingredients: Shredded phyllo dough, cheese, sugar syrup, and pistachios. (Wikipedia)

24. Baklava (Levant)

Ingredients: Phyllo dough, nuts (pistachios or walnuts), sugar syrup, and butter.

25. Basbousa (Levant)

Ingredients: Semolina, sugar, yogurt, coconut, and sugar syrup.

26. Maamoul (Levant)

Ingredients: Semolina or flour, dates or nuts, butter, and powdered sugar.

27. Asida (North Africa)

Ingredients: Wheat flour, butter or honey, and water. (Wikipedia)

Soups & Stews

28. Harira (Morocco)

Ingredients: Lentils, chickpeas, tomatoes, lamb, celery, onions, and spices.

29. Lentil Soup (Levant)

Ingredients: Red lentils, onions, carrots, cumin, and lemon juice.

Chinese Cuisine

1. Kung Pao Chicken

Ingredients: Diced chicken, peanuts, dried chili peppers, Sichuan peppercorns, soy sauce, garlic, ginger

2. Sweet and Sour Pork

Ingredients: Pork, bell peppers, pineapple, vinegar, ketchup, sugar, soy sauce

3. Beef and Broccoli

Ingredients: Beef slices, broccoli florets, oyster sauce, soy sauce, garlic, ginger

4. Mapo Tofu

Ingredients: Soft tofu, ground pork, doubanjiang (fermented bean paste), Sichuan peppercorns, garlic, green onions

5. Chow Mein

Ingredients: Egg noodles, assorted vegetables (carrots, cabbage), soy sauce, sesame oil, bean sprouts

6. Hot and Sour Sou

Ingredients: Mushrooms, tofu, bamboo shoots, vinegar, white pepper, soy sauce, egg

7. Peking Duck

Ingredients: Whole duck, maltose syrup, hoisin sauce, scallions, pancakes

8. Dumplings (Jiaozi)

Ingredients: Ground pork or shrimp, cabbage, ginger, garlic, soy sauce, dumpling wrappers

9. Egg Fried Rice

Ingredients: Cooked rice, eggs, green onions, soy sauce, sesame oil

10. General Tso's Chicken

Ingredients: Chicken thighs, cornstarch, garlic, ginger, soy sauce, sugar, vinegar

11.

12. Japanese Cuisine

13.Sushi

Ingredients: Sushi rice, nori (seaweed), raw fish (e.g., tuna, salmon), vegetables, soy sauce, wasabi

14.Ramen

Ingredients: Wheat noodles, pork broth, chashu (braised pork), softboiled eggs, green onions

15.Tempura

Ingredients: Shrimp or vegetables, tempura batter (flour, egg, cold water), dipping sauce

16.**Okonomiyaki**

Ingredients: Cabbage, flour, eggs, pork belly, okonomiyaki sauce, mayonnaise, bonito flakes

17.Tonkatsu

Ingredients: Pork cutlets, panko breadcrumbs, eggs, flour, tonkatsu sauce

18. Yakitori

Ingredients: Chicken pieces, skewers, tare sauce (soy sauce, mirin, sugar)

19. Miso Soup

Ingredients: Miso paste, dashi broth, tofu, wakame seaweed, green onions

20. Udon Noodles

Ingredients: Udon noodles, dashi broth, soy sauce, mirin, toppings like tempura or green onions

21. Gyudon (Beef Bowl)

Ingredients: Thinly sliced beef, onions, soy sauce, mirin, sugar, steamed rice

22. Onigiri (Rice Balls)

Ingredients: Cooked rice, fillings like pickled plum or salmon, nori seaweed

23.

24. Korean Cuisine

25.Bibimbap

Ingredients: Steamed rice, assorted vegetables, gochujang (red chili paste), fried egg, sliced beef

26. Kimchi Jjigae (Kimchi Stew)

Ingredients: Kimchi, pork belly, tofu, garlic, gochugaru (chili flakes), anchovy broth

27. Bulgogi

Ingredients: Thinly sliced beef, soy sauce, sugar, garlic, sesame oil, green onions

28.Japchae

Ingredients: Sweet potato noodles, beef, spinach, carrots, mushrooms, soy sauce, sesame oil

29. Tteokbokki

Ingredients: Rice cakes, fish cakes, gochujang, sugar, garlic, green onions

30. Samgyeopsal (Grilled Pork Belly)

Ingredients: Pork belly slices, lettuce leaves, ssamjang (dipping sauce), garlic, green chili

31. Kimchi Fried Rice

Ingredients: Cooked rice, kimchi, pork or spam, garlic, green onions, sesame oil

32. Sundubu Jjigae (Soft Tofu Stew)

Ingredients: Soft tofu, seafood or pork, gochujang, garlic, egg, green onions

33. Haemul Pajeon (Seafood Pancake)

Ingredients: Flour batter, assorted seafood, green onions, dipping sauce

34. Naengmyeon (Cold Noodles)

Ingredients: Buckwheat noodles, cold broth, sliced beef, cucumber, boiled egg

35.

36. Thai Cuisine

37.Pad Thai

Ingredients: Rice noodles, shrimp or chicken, eggs, tofu, tamarind paste, fish sauce, peanuts

38. Green Curry

Ingredients: Green curry paste, coconut milk, chicken, Thai eggplant, basil leaves

39. Tom Yum Goong (Spicy Shrimp Soup)

Ingredients: Shrimp, lemongrass, kaffir lime leaves, galangal, chili, lime juice

40. Massaman Curry

Ingredients: Beef or chicken, massaman curry paste, coconut milk, potatoes, peanuts

41. Som Tum (Papaya Salad)

Ingredients: Shredded green papaya, tomatoes, green beans, peanuts, chili, lime juice

42. Thai Basil Chicken (Pad Kra Pao)

Ingredients: Ground chicken, Thai basil leaves, garlic, chili, soy sauce, fish sauce

43.Larb (Spicy Meat Salad)

Ingredients: Ground meat (chicken, pork, or beef), lime juice, fish sauce, chili flakes, mint leaves

44. Khao Pad (Fried Rice)

Ingredients: Cooked rice, eggs, onions, tomatoes, soy sauce, green onions

45. Panang Curry

Ingredients: Panang curry paste, coconut milk, beef or chicken, kaffir lime leaves, peanuts

46. Thai Spring Rolls

Ingredients: Rice paper wrappers, vermicelli noodles, shrimp or tofu, lettuce, herbs, dipping sauce

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48. Vietnamese Cuisine

49.**Pho**

Ingredients: Beef bones, rice noodles, thinly sliced beef, star anise, cinnamon, cloves, fish sauce

50.Banh Mi

Ingredients: Baguette, pickled vegetables, cilantro, chili, mayonnaise, various meats (e.g., pork, pate)

51. Goi Cuon (Fresh Spring Rolls)

Ingredients: Rice paper, shrimp, vermicelli noodles, lettuce, mint, dipping sauce

52.Bun Cha

Ingredients: Grilled pork patties, rice noodles, fresh herbs, dipping sauce

53.Ca Kho To (Caramelized Fish in Clay Pot)

Ingredients: Fish fillets, fish sauce, sugar, garlic, chili, black pepper

54.Com Tam (Broken Rice)

Ingredients: Broken rice, grilled pork chop, pickled vegetables, fried egg, fish sauce

55.Banh Xeo (Vietnamese Pancake)

Ingredients: Rice flour batter, shrimp, pork, bean sprouts, lettuce, herbs

56. Canh Chua (Sour Soup)

Ingredients: Fish, tamarind paste, pineapple, tomatoes, bean sprouts, herbs

57. Cha Gio (Fried Spring Rolls)

Ingredients: Rice paper, ground pork, mushrooms, vermicelli noodles, carrots

58.**Hu Tieu (Pork Noodle Soup)**Ingredients: Clear broth, rice noodles, pork slices, shrimp, garlic, green onions.