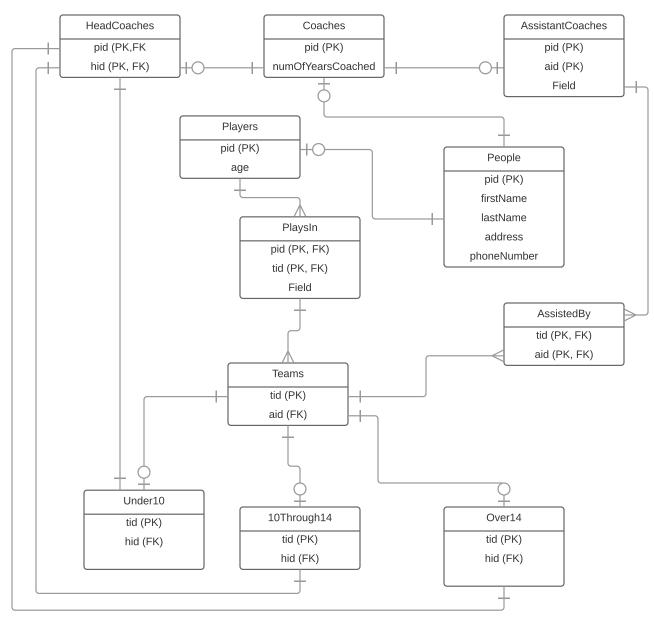
Functional Dependencies pid --> firstName, lastName, address tid--> aid, hid (not right, but its 2:30 am) aid --> pid hid--> pid



This is probably completely wrong, but I tried. Since Head Coaches can only coach 1 team per age group, I decided to map a 1:1 relationship.

Do I really have to convince you this is in BCNF? I can't even convince myself, to be honest. Everything was alright until the coaches came.