

Estimated Average Flow Time

Work Day Start	80 min
First Half of the work day	300 min
Second Half of the workday	300 min

Estimated Cycle Time 10 Hours

## **Optomizing Workday:**

Eliminating Waste - I can ensure that to make my hour drivig in go faster by staying off my phone and getting gas while on lunch when Im getting something to eat. Additionally I can make sure I'm limiting the amount of time I'm spending talking to my co-workers and walking around the office.

**Workflow Organization** - By prioritizing my work tasks I can esure the highest priority tasks are getting done. Additionally I get the hardest tasks done when I have the most brain power and energy. Having a time to check my emails also helps as if I dont have deticated time they may not get responded to.