Goals & Values

- Periodic Review
    - ==Average authenticity for the time period is wrong. It seems to simply be showing the last authenticity number entered.==

        ==(Screen recording attached: periodicreview.mp4)==

Planning & Behavioral Design
- Action Journal Level 1-3
    - The "Actual" tab is not displaying the actual time tracked in an event where the countdown isn't fully completed. Currently, it is recording time, but it is the wrong amount of seconds. For example, i pressed "Finished" after 10 seconds but the time recorded was 48 seconds.

        (Screen recording attached: actionjournal.mp4)

    - ==Items are not being saved and added to the next opened journal as a running list.==

        (Screen recording attached: actionjournal3.mp4)

- Action Journal Level 2-3
    - ==Each entry should not add 3 extra blank task items, instead it should no new entries. This becomes cumbersome after a few entries.==

        (Screen recording attached: actionjournal.mp4)

- Action Journal Level 0-3
    - Deleted items are not staying deleted from the running list.
        (Screen recording attached: actionjournal2.mp4)

    - New items with no priority number inputted are defaulted to 0 then are showing as the first items in the list. They should be the last items.

        (Screen recordings attached: actionjournal.mp4, actionjournal1.mp4)

    - When loading journals no information that is not in the current running list is displayed.

        (Screen recording attached: actionjournal1.mp4)

- ==The "Pomodoro" function is playing the alarms in reverse order. The alarm is first going off after 5 minutes. The first alarm should go off after 25 minutes in Pomodoro 25-5==

Tactical Review

- The total time is including scheduled durations when a user presses "complete". Only actual durations should be included. For example, if a user presses complete on a task that has a scheduled duration from 9:00-10:00AM then the tactical review includes that 1 hour in "total time spent recording action" and it should only include actual durations that were recorded not that scheduled duration. In the screen recording you can see that a completed item with a length of 2 scheduled hours is added into the "List of actions taken". This duration and any other durations recorded by pressing the "complete" checkbox should be excluded from this list.

  (Screen recording attached: tacticalreview.mp4)

- "Select category" and "unclassified" are both showing as categories. "Select category" and "unclassified" are the same thing and should be both be classified as "unclassified"

  (Screen recording attached: tacticalreview1.mp4)

Movement
30 Second Weekly Routine Creator

- When you press play in the weight machine and strength workouts they have no rest intervals or the wrong number of rest intervals. For example, Increase Strength(Free Weights) - Medium needs to have a rest period of 60 secs after each exercise in the "free weights full body barebones 5 sets 30 work/ 60 rest" section. That means after each "bent over row" period of 30 secs there needs to be a rest period of 60 secs, after each back squat there should be a rest period of 60 secs, after each bench press, deadlift, and overhead press there should be a rest period of 60 secs just as shown in the Logic for Exercise Assessments spreadsheet:

  See Logic for Exercise Assessments,Workouts with Exercises Q3:V401.
  (Screen recording attached: movementassessment1.mp4)

- When "Increase Flexibility/ Mobility" is chosen in the first question then only one mobility workout should populate. No other workouts should populate.

See Logic for Workout Assessment & New Workout AH21:AK29.
(Screen recording attached: movementassessment2.mp4)

- Cardio, shorter, 4-7 days, are populating with 2 cardio (HIIT) workouts. The second workout should be a cardio (continuous) workout.

See Logic for Workout Assessment & New Workout AL21:AO33.
(Screen recording attached: movementassessment.mp4)

Movement Journal
- The "Previous Exercise" button is not functioning.

(Screen recording attached: movementjournal.mp4)

- Rest intervals in overall health workouts are showing the right times, but playing the wrong amount of rest. Example Overall health medium has a rest interval of 3 minutes, but is only playing 30 secs of rest

(Screen recording attached: movementjournal1.mp4)

Accomplishments
- When you update the start date of the date range it does not update the data.

(Screen recording attached: Accomplishments.mp4)

Settings
- The auto open feature does not work
- The alarm feature does not work

Back End
- Please provide firebase access as discussed. In our original conversation we talked about having a control panel where I could edit the app. How do I access this control panel? There needs to be some way for me to manage the app after completion of the project. I can wait on that.