

LILIAN MORAA ONGOTE

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CAREER PROFILE SUMMARY

Want to become an accomplished health professional with years of demonstrated success in effective, efficient and competent delivery of my mandate. Looking forward to pursuing relevant training to make greater contribution for an organization I shall work for in the areas of disease diagnosis, treatment and management.

I am therefore looking to secure a suitable position where the skills I have acquired over time will be fully utilized to make a positive change in the organization by improving effectiveness for the good of myself, my employer and society.

ACADEMIC AND PROFESSIONAL QUALIFICATIONS

- **2022:** Diploma in Community Health Nursing; Makueni Kenya Medical Training College
- **2022:** Licensed by the Nursing Council of Kenya.
- **2015:** Kenya Certificate of Secondary Education- C+ (Plus); Metembe SDA Secondary School
- **2007:** Kenya Certificate of Primary Education- KCPE; Matibo Primary School

KEY SKILLS AND COMPETENCIES

- Good communication skills both written and spoken, along with good interpersonal skills.
- Fast in learning and adapting to new environments, and a team player
- Hardworking with a positive attitude, keen on details and committed to duties.
- Good timekeeper and can work under pressure with minimum supervision.
- Open to guidance, advice and correction.
- Able to coordinate and influence people into achieving common goals as well as ability to bring out their best.
- Good command of computer use
- Excellent knowledge of nursing care methods and procedures

WORK HISTORY

2023 to DATE; As a Nurse

Wema Nursing Home and Maternity-Nairobi

Duties and Responsibilities, and experience earned

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- Administering medication as advised by physicians, and monitoring patients
 - Providing counselling and healthcare education to patients, including family planning
 - Collaborating with multiplinary teams on patient care, promoting effective and empathetic communication with patients and relatives.
 - Ensuring accurate documentation on patients for effective administration, patient care and medication
 - Ensuring patients have a hygiene, safe and caring environment.
 - Assisting surgeons during operations, and handling patients before and after surgeries
 - Monitoring and managing expectant mothers during labor and childbirth and ensuring timely intervention in case of emergency

**March 2018 to May 2022; As a Nursing student, KMTC
Makueni County Teaching and Referral Hospital, Mwala District Hospital, Tawa Sub-County
Hospital and Kisumu General Hospital
Duties and Responsibilities, and experience earned**

- Listening to patients to determine their physical and emotional needs
- Administering medication as advised by physicians, and monitoring patients
- Providing counselling and healthcare education to patients, including family planning
- Collaborating with multiplinary teams on patient care, promoting effective and empathetic communication with patients and relatives.
- Ensuring accurate documentation on patients for effective administration, patient care and medication
- Acting in best interest of the patients, while observing trust policies and professional code of conduct.
- Assisted in maintaining inventory and organizing for routine physical stock taking of supplies
- Ensuring patients have a hygiene, safe and caring environment.
- Assisting surgeons during operations, and handling patients before and after surgeries
- Monitoring and managing expectant mothers during labor and childbirth and ensuring timely intervention in case of emergency

REFEREES

HOBBIES AND INTERESTS

Community service, Socializing and reading medical literature

REFEREES

Please feel free to contact the under mentioned in regard to my competence, work ethic and performance.

1.Dr Edward Orina

Cardiologist

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2.Dr Mary kamene

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