<H1> Commission on Aging </H1>

Welcome to the Saginaw County Commission on Aging page. Here you will find any information you might need if you are looking for help to care for yourself or a loved one. We encourage you to look through our list of programs and services and if you have any questions, don't hesitate to contact us.

<H2> Contact Information </H2>

<B> Telephone:</B>

989-797-6880 or 1-866-763-6336

<B> FAX: </B>

989-797-6882

<B> Electronic Mail: </B>

Director: jkirn@saginawcounty.com

Webmaster: rcorley@saginawcounty.com

<B> Postal Address: </B>

2355 Schust Road

Saginaw, MI 48603

<H2> Our Mission </H2>

Since 1973 the Saginaw County Commission on Aging has provided many programs and services to meet the needs of older adults. Our Goal is to help older adults to continue living independently in their own homes. We also offer unlimited volunteer opportunities for older adults who desire to stay active and involved in the community.

<H1> Transportation Services </H1>

Do you need a lift to a medical appointment? Gorcery Shopping? We provide door-to-door transportation, with a wheelchair lift service, for teh older adult who can't drive. The ride must be prescheduled and costs \$2 each way. To schedule a ride, please call 989-797-6888.

<a

href="http://www.saginawcounty.com/Docs/Coa/Title%20VI%20Plan%20doc.pdf>Transportation Services Title VI Plan</a>

<a

href="http://www.saginawcounty.com/Docs/Coa/TRANSPORTATION%20FORM.pdf>Transportation Ridership Form</a>

<H1> Health Services </H1>

Here you will find the programs and services we provide to assist the older adult.

<H2> Caregiver Support Program </H2>

The caregiver support program provides information and training in the home of family or friends caring for a loved one at no cost. Some of the information and training includes:

Nutrition

Medication Management

Fall Prevention

Stress Management

Additionally, a support group meeting is offered.

<br/><b> Caregiver Support Group Meeting </b>

Place: 2355 Schust Road (Saginaw COA Main Office)

When: Every 2nd and 4th Thursday of the month

Time: 2:00 p.m. -4:00 p.m.

<H2> In-Home Support Services Program </H2>

The In-Home Support Services Program provides assistance to elderly citizens with daily activities like housekeeping or personal care. Additionally, limited respite care services are offered through this program for caretakers residing in the home.

## <H2> Project Lifesaver </H2>

Project Lifesaver is a collaborative effort between the Saginaw County Commission on Aging and the Saginaw County Sheriff's Department. The program is offered to Saginaw County residents, age 60 years or older, who are affected by dementia related illnesses. The project offers clients a transmitter bracelet that is designed to quickly track and locate patients who tend to wander.

## <H2> Care Management for Frail Elderly </H2>

The Saginaw County Commission on Aging has a team composed of Registered Nurses and Social Workers that can help you or a loved one with care management. The team provides a comprehensive needs assement and assistance when finding care for frail elderly patients who will be entering a nursing home.