

§4.2. 换元积分法

定理1 (第一换元法, "凑"微分法)

f(u) 在 I 上连续. $u = \varphi(x)$ 可导. 则

$$\int f(\varphi(x)) \varphi'(x) dx = \int_{u=\varphi(x)}^{u=\varphi(x)} f(u) du$$

例1. $\int 2 \cos 2x dx$ 令 $u = 2x$, 则 $du = 2 dx$

$$= \int \cos u du = \sin u + C = \sin(2x) + C$$

例2 $\int x^3 \cos(x^4+2) dx = \frac{1}{4} \int \cos(\underbrace{x^4+2}) d(\underbrace{x^4+2}) = \frac{1}{4} \sin(x^4+2) + C$

$$= \int \frac{1}{4} \cos u du = \frac{1}{4} \sin u + C = \frac{1}{4} \sin(x^4+2) + C$$

例3 $\int 2x e^{x^2} dx$ $u = x^2$, $du = 2x dx$

$$= \int e^u du = e^u + C = e^{x^2} + C$$

$$\int x e^{x^2} dx = \frac{1}{2} \int \frac{2x}{2} e^{x^2} = \frac{1}{2} \int e^{x^2} d(x^2)$$

$$= \frac{1}{2} e^{x^2} + C$$

$$\int f(u) du = F(u) + C$$

$$\int f(\varphi(x)) d\varphi(x) = F(\varphi(x)) + C$$

$$= \int f(\varphi(x)) \varphi'(x) dx$$

4. $\int \frac{1}{2x+3} dx = \frac{1}{2} \int \frac{d(2x+3)}{2x+3} = \frac{1}{2} \ln|2x+3| + C$

5. $\int \sqrt{2x+1} dx$

$$= \frac{1}{2} \int \sqrt{2x+1} d(2x+1)$$

$$\int x^2 dx$$

$$\begin{aligned}
 &= \frac{1}{2} \int \sqrt{2x+1} \, d(2x+1) \\
 &= \frac{1}{2} \cdot \frac{1}{1+\frac{1}{2}} (2x+1)^{1+\frac{1}{2}} + C = \frac{1}{1+\frac{1}{2}} x^{1+\frac{1}{2}} + C \\
 &= \frac{1}{3} (2x+1)^{\frac{3}{2}} + C
 \end{aligned}$$

$$\begin{aligned}
 6. \quad &\int \frac{x}{\sqrt{1-4x^2}} \, dx \\
 &= -\frac{1}{8} \int \frac{d(1-4x^2)}{\sqrt{1-4x^2}} \quad \int \frac{du}{\sqrt{u}} = 2\sqrt{u} + C \\
 &= -\frac{1}{4} \sqrt{1-4x^2} + C
 \end{aligned}$$

$$\begin{aligned}
 7 \quad &\int -\tan x \, dx \\
 &= \int \frac{\sin x}{\cos x} \, dx \\
 &= -\int \frac{d \cos x}{\cos x} \\
 &= -\ln |\cos x| + C
 \end{aligned}$$

$$\begin{aligned}
 8. \quad &\int \cot x \, dx \\
 &= \ln |\sin x| + C
 \end{aligned}$$

$$\begin{aligned}
 8. \quad &\int \frac{dx}{a^2+x^2} \\
 &= \frac{1}{a^2} \int \frac{dx}{1+(\frac{x}{a})^2} = \frac{1}{a} \int \frac{d(\frac{x}{a})}{1+(\frac{x}{a})^2} = \frac{1}{a} \arctan \frac{x}{a} + C
 \end{aligned}$$

$$9 \quad \int \frac{dx}{\sqrt{a^2-x^2}} = \arcsin \frac{x}{a} + C$$

$$10 \quad \int \sin^3 x \, dx = \int \sin^2 x \sin x \, dx = -\int (1-\cos^2 x) d \cos x$$

$$11 \quad \int \sin^2 x \cos^5 x \, dx = \int \sin^2 x (\cos^2 x)^2 d \sin x = -\cos x + \frac{1}{3} \cos^3 x + C$$

$$12 \quad \int \cos^2 x \, dx = \frac{1}{2} \int (1+\cos 2x) \, dx = \frac{1}{2} \left(x + \frac{1}{2} \sin 2x \right) + C$$

$$13 \quad \int \cos^4 x \, dx = \int \left(\frac{1+\cos 2x}{2} \right)^2 dx = \frac{1}{4} \int \left(1+2\cos 2x + \frac{1+\cos 4x}{2} \right) dx$$

$$13 \int \cos^4 x dx = \int \left(\frac{1+\cos 2x}{2} \right)^2 dx = \frac{1}{4} \int \left(1 + 2\cos 2x + \frac{1+\cos 4x}{2} \right) dx$$

14: $\int \sin^m x \cos^n x dx$

(i) $m/n \neq \frac{1}{2}$: $m = 2k+1$.

$$I = -\int (1-\cos^2 x)^k \cos x d\cos x \stackrel{u=\cos x}{=} -\int (1-u^2)^k u^n du$$

(ii) m, n 偶: 只减 1 次, 别无他法.

定理 2 (第一换元法, 反导数换元法)

$F(x)$ 是 $f(\varphi(x))\varphi'(x)$ 的一个原函数, $F(u) = f(\varphi(u))\varphi'(u)$

$$\int f(x) dx \stackrel{x=\varphi(t)}{dx=\varphi'(t)dt} \int f(\varphi(t))\varphi'(t) dt = [F(u)+C]_{t=\varphi^{-1}(x)}$$

注: 三角换元.

表达式	代换	恒等式
$f(\sqrt{a^2-x^2})$	$x = a \sin t, \sqrt{a^2-x^2} = a \cos t$	$\sin^2 t + \cos^2 t = 1$
$f(\sqrt{a^2+x^2})$	$x = a \tan t, \sqrt{a^2+x^2} = a \sec t$	$1 + \tan^2 t = \sec^2 t$
$f(\sqrt{x^2-a^2})$	$x = a \sec t, \sqrt{x^2-a^2} = a \tan t$	$\sec^2 t - 1 = \tan^2 t$

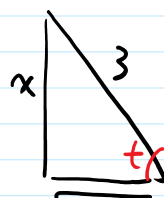
$(0, \frac{\pi}{2})$
 $(\pi, \frac{3\pi}{2})$

$-\frac{\pi}{2} < t < \frac{\pi}{2}$

例 14 $\int \frac{\sqrt{9-x^2}}{x^2} dx$ $\stackrel{-\frac{\pi}{2} < t < \frac{\pi}{2}}{x=3\sin t, dx=3\cos t dt}$

$$= \int \frac{3\cos t}{9\sin^2 t} \cdot 3\cos t dt = \int \cot^2 t dt$$

$$= \int (\csc^2 t - 1) dt = -\cot t - t + C$$



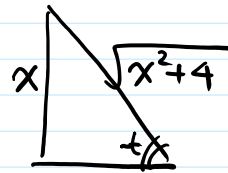
$$= \int (\csc^2 t - 1) dt = -\cot t - t + C$$

$$\frac{1}{\sqrt{9-x^2}}$$

$$= -\frac{\sqrt{9-x^2}}{x} - \arcsin \frac{x}{3} + C$$

例15 $\int \frac{1}{x^2 \sqrt{x^2+4}} dx$ 令 $x=2\tan t$, $-\frac{\pi}{2} < t < \frac{\pi}{2}$, $dx = 2\sec^2 t dt$

$$= \int \frac{2\sec^2 t}{4\tan^2 t \cdot 2\sec t} dt$$



$$= \frac{1}{4} \int \frac{\cos t}{\sin^2 t} dt = \frac{1}{4} \int \frac{d \sin t}{\sin^2 t} = -\frac{1}{4} \cdot \frac{1}{\sin t} + C$$

$$= -\frac{1}{4} \cdot \frac{\sqrt{x^2+4}}{x} + C$$

例16 $\int \frac{x}{\sqrt{1+x^2}} dx$

$$= \frac{1}{2} \int \frac{d(x^2+1)}{\sqrt{x^2+1}} = \sqrt{1+x^2} + C$$

例17 (1) $\int \frac{x^2+1}{\sqrt{1+x^2}} dx$

(2) $\int \frac{x^3}{\sqrt{1+x^2}} dx$

$$x^2 \cdot x$$

例17 $\int \frac{dx}{\sqrt{x^2-a^2}} \quad (a>0)$

$$a^2$$

解: (1) $x > a$: $x = a \sec t$, $0 < t < \frac{\pi}{2}$. $dx = a \sec t \tan t dt$

$$\therefore \text{原式} = \int \frac{a \sec t \tan t}{a \tan t} dt$$

$$= \int \sec t dt$$

$$= \ln(\sec t + \tan t) + C$$

$$= \ln\left(\frac{x}{a} + \frac{\sqrt{x^2-a^2}}{a}\right) + C$$

$$\frac{a}{x} = \cos t$$

$$= \ln(x + \sqrt{x^2-a^2}) + C_1, \quad C_1 = C - \ln a$$

(2) $x < -a$: $u = -x > a$, $dx = -du$

$$I = -\int \frac{du}{\sqrt{u^2-a^2}} = -\ln(u + \sqrt{u^2-a^2}) + C$$

$$= -\ln(-x + \sqrt{x^2-a^2}) + C \quad (\text{Theorem})$$

$$\begin{aligned}
 &= -\ln(-x + \sqrt{x^2 - a^2}) + C \quad (\text{Theorem}) \\
 &= \ln\left(\frac{-x - \sqrt{x^2 - a^2}}{1}\right) + C
 \end{aligned}$$

$$\therefore I = \ln|x + \sqrt{x^2 - a^2}| + C$$

例18 $\int \frac{dx}{x(x^7+2)}$ 令 $x = \frac{1}{t}$, $dx = -\frac{1}{t^2} dt$

$$\begin{aligned}
 &= \int \frac{-\frac{1}{t^2} dt}{\frac{1}{t}(\frac{1}{t^7} + 2)} \\
 &= -\int \frac{t^6}{1+2t^7} dt = -\frac{1}{14} \int \frac{d(1+2t^7)}{1+2t^7} = -\frac{1}{14} \ln|1+2t^7| + C \\
 &= -\frac{1}{14} \ln\left|1 + \frac{2}{x^7}\right| + C
 \end{aligned}$$

$$\begin{aligned}
 &\text{例12. } \int \frac{x^6 dx}{x^7(x^7+2)} = \frac{1}{7} \int \frac{d(x^7)}{x^7(x^7+2)} \quad \underline{x^7 = u} = \frac{1}{7} \int \frac{du}{u(u+2)} \\
 &= \frac{1}{14} \int \left(\frac{1}{u} - \frac{1}{u+2}\right) du \\
 &= \frac{1}{14} \ln\left|\frac{u}{u+2}\right| + C = \frac{1}{14} \ln\left|\frac{x^7}{x^7+2}\right| + C
 \end{aligned}$$

解法: $\int \frac{1}{x^4 \sqrt{1+x^2}} dx \quad (x>0) \quad -\frac{1}{3} \left(1 + \frac{1}{x^2}\right)^{\frac{3}{2}} + \sqrt{1 + \frac{1}{x^2}} + C$

例19. $\int \frac{1}{1+\sqrt{x}} dx \quad t = \sqrt{x}, \quad x = t^2, \quad dx = 2t dt$

例20 $\int \frac{1}{1+e^x} dx \quad x = e^t, \quad x = \ln t, \quad dx = \frac{1}{t} dt$