

# PERSONAL INFORMATION Bis

# Bishal Aryal

Laakavuorentie 7 A, 00970 Helsinki (Finland)

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bishalkoid@gmail.com

Sex Male | Date of birth 25/10/1990 | Nationality Finnish

### **WORK EXPERIENCE**

# 23/07/2019-24/11/2019 Production employee

Fazer Makeiset Oy, Vantaa (Finland)

- -Manufacturing and production process of candies and chocolates
- -Quality assurance
- -Examine the quality and quantity of the products
- -Packing, collecting and storing tasks

#### 13/01/2018-08/07/2018

#### **Postman**

Posti Palvelut Oy, Jyväskylä (Finland)

Sorting and distributing newspapers and advertisements

#### 03/01/2017-16/12/2017

# Packaging and Storage

VMP Oy, Kuopio (Finland)

Packing food products Storing and collecting Warehouse work

# 01/01/2014-31/03/2015

# Waiter

Ravintola Golden Flower, Tornio (Finland)

Serving customers Handling food Packeting Food Customer Service Cash Handling

### 10/05/2012-05/11/2012

# Marketing assistant (Internship)

Kemi-Tornio ammattikorkeakoulu, Tornio (Finland)

Preparing programmes and schedules for organizing an event. Planning and implementing International Workshop in Kolartic Region.

#### **EDUCATION AND TRAINING**

#### 08/01/2020-Present

## Full stack web developer

Business College Helsinki, Helsinki (Finland)

HTML5 CSS euro*pass* Curriculum vitae Bishal Aryal

Javascript

Node.js

**REACT** 

Agile software development SCRUM software development

09/07/2018-20/12/2018

# Signalist/Conscript

Finnish Defence Forces,, Vekäränjärvi (Finland)

training programmes based on the needs of the Finnish Defence Forces

building the telephone/radio line pair cable and cable remote

field specialized call centers and part of the field links

07/08/2016-17/06/2019

# Masters in International business and Sales Management

University of Eastern Finland (Itä-Suomen Yliopisto), Kuopio (Finland)

06/09/2010-29/11/2013

# Degree Programme in Business Management

Kemi-Tornio University of Applied Sciences, Tornio (Finland)

Accounts, Finance, Mathematics, Business Law, Economics

PERSONAL SKILLS

Mother tongue(s)

Nepali

Foreign language(s)

Finnish English Hindi Urdu

	lion
Listening Reading Spoken interaction Spoken product	uon
B2 B2 B2 B2	B2
C1 C1 C1 C1	C1
C1 C1 C1 C1	C1
B2 B2 B2 B2	B2

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user Common European Framework of Reference for Languages - Self-assessment grid

Communication skills

Good communication skills developed through my job experience as an employee in customer service.

Team work skills: Worked in various projects and teams for various companies studied in University. Participated in Charity. E.g. Blood donation campaigns. Good relationship skills, co-operative & friendly with people gained through previous work experience in projects in IT. I can adapt well in multicultural environments, working in international team and through my visits to different countries which is also one of my favourite hobby (travelling to new places).

Organisational / managerial skills

Major organizational skills like planning, controlling, co-ordinating and leading abilities developed through previous work and study experiences.

Job-related skills

planning and organising duties and responsibilities at work gained through previous job experiences

Digital skills

		SELF-ASSESSMENT		
Information processing	Communication	Content creation	Safety	Problem- solving



#### Curriculum vitae

## Bishal Aryal

| Independent user |
|------------------|------------------|------------------|------------------|------------------|
|                  |                  |                  |                  |                  |

### Digital skills - Self-assessment grid

HTML5, CSS, Javascript, Node.js, REACT, Agile software development, SCRUM software development.

Can use Microsoft programs like Word, Excel, PowerPoint, Financial tools and softwares, Access and also other software like Photoshop.

Social Media: the virtual learning technologies.

#### Other skills

Good player of sports like table-tennis and cricket. Plays musical instruments like drum and guitar. Received many certificates of sports like table tennis and soccer from school, participated in school quiz, essay writings and debate competitions at different levels in school level.

Driving licence

В

### ADDITIONAL INFORMATION

#### References

Permit granted:

Lapland University of Applied Sciences

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