

Yvette M. Hellier, Pharm.D.

724 40th Street, Sacramento, CA 95819
(p) 612-807-6319; (e) ymmitchell@ucdavis.edu

EDUCATION

Doctor of Pharmacy <i>Drake University; Des Moines, IA</i>	May 2016
Study Abroad Experience <i>Universidad Espiritu Santo; Guayaquil, Ecuador</i>	August 2012

CERTIFICATIONS AND LICENSES

Scholarship of Teaching and Learning Program	June 2017
CPR/AED Certification, <i>American Red Cross</i>	February 2017
California Pharmacist Licensure: License Number: 75440	October 2016
Delivering Medication Therapy Management Services, Certification	September 2016
Collaborative Institutional Training Initiative (CITI)	September 2013
Immunization Certification, <i>American Pharmacists Association</i>	August 2013

WORK EXPERIENCE

Staff II Clinical Pharmacist <i>UC Davis Medical Center, Sacramento, CA</i>	August 2018-Present
Greater Sacramento Area Experiential Education Support; Assistant Clinical Professor <i>UC San Francisco, San Francisco, CA</i>	June 2019-Present
Post-Graduate Year 2 (PGY-2) Ambulatory Care Pharmacy Practice Resident <i>UC Davis Medical Center, Sacramento, CA</i>	July 2017-July 2018
Post-Graduate Year 1 (PGY-1) Ambulatory Care Pharmacy Practice Resident <i>UC Davis Medical Center, Sacramento, CA</i>	June 2016-June 2017
Pharmacy Intern <i>Hy-Vee, West Des Moines, IA</i>	August 2012-May 2016

CLINICAL EXPERIENCE

Transitions of Care <i>UC Davis Medical Center, Sacramento, CA</i>	August 2018-Present
<ul style="list-style-type: none">Complete medication reconciliation for high-risk patients and partner skilled nursing facility admissionsAnticipate and solve barriers to medication access at dischargeProvide therapeutic monitoring and recommendations regarding inpatient anticoagulation ordersPrecept student and resident pharmacy learners through Transitions of Care and Anticoagulation services	

PGY-2 CLINICAL ROTATIONS

Transitions of Care Longitudinal Staffing: *UC Davis Medical Center, Sacramento, CA*

August 2017-July 2018

Preceptor: Sarah Bajorek, PharmD, BCACP

- Coordinated discharge orders and anticoagulation education needs for various hospital services
- Precepted PGY-1 residents
- Responded to clinical pages on the transitions of care (TOC) and inpatient anticoagulation consult pagers

Family Medicine II: *UC Davis Medical Center, Sacramento, CA*

July 2018

Preceptor: Timothy Cutler, PharmD, BCGP

- Oversaw daily operations of the Family Medicine pharmacy clinic
- Precepted advance practice pharmacy experience (APPE) and resident learners
- Facilitated medication access and recommend strategies for therapeutic optimization

Transitions of Care II: *UC Davis Medical Center, Sacramento, CA*

June 2018

Preceptor: Pamela Mendoza, PharmD

- Coordinated discharge orders and anticoagulation education needs for various hospital services
- Analyzed current precepting workflow and identified updates for learning activities and standardization
- Responded to clinical pages on the TOC and inpatient anticoagulation consult pagers

Patient Centered Medical Home: *UC Davis Medical Center, Sacramento, CA*

May 2018

Preceptor: Stephanie Roberts, PharmD, BCPS

- Conducted patient appointments and provided therapeutic recommendations to optimize patient care
- Performed insurance benefits investigations to identify ways to improve patient access to medications
- Coordinated prior authorization requests and appeals

Academia II: *UC Davis Medical Center, Sacramento, CA*

April 2018

Preceptor: Tiffany Pon, PharmD, BCPS

- Co-facilitated APPE student orientation for the 2018-2019 Greater Sacramento Area (GSA) Experiential Program
- Led review sessions for statistics, reviewing literature, and GSA policies and procedures
- Assisted with diabetic device training at the UCSF School of Pharmacy skills lab

Multiple Specialty Clinics: Infectious Diseases: *UC Davis Medical Center, Sacramento, CA*

March 2018

Preceptor: Rebecca Wittenberg, PharmD

- Assessed therapeutic regimens for a variety of infectious disease diagnoses
- Coordinated insurance investigation for high-cost, specialty medications
- Coached, modeled, and precepted 2 PGY1 residents throughout their infectious disease learning experience

Family Medicine I: *UC Davis Medical Center, Sacramento, CA*

February 2018

Preceptor: Timothy Cutler, PharmD, BCGP

- Collaborated with resident physicians during clinic visits to optimize care for complex patients
- Served as an expert medication resource to resident physicians in the resident-led Family Medicine clinic
- Precepted two APPE students in the pharmacy-led Family Practice clinic

Academia I: *UC Davis Medical Center, Sacramento, CA*

January 2018

Preceptor: Tiffany Pon, PharmD, BCPS

- Supported with the daily functions of an APPE experiential program director
- Participated in preparation for the 2018-2019 APPE experiential year
- Assisted with faculty training and facilitation of student interviews at UCSF School of Pharmacy

Ambulatory Care Management: <i>UC Davis Medical Center, Sacramento, CA</i> Preceptor: Julianna Burton, PharmD, APh, BCPS, BCACP, FCSHP <ul style="list-style-type: none"> Participated in a variety of meetings attended by the Assistant Chief of Pharmacy Created a staffing proposal for 4 TOC Medication Reconciliation technicians Participated in various self-assessment and application exercises to determine and employ my management style 	December 2017
Hepatology (HCV) and Infectious Diseases: <i>UC Davis Medical Center, Sacramento, CA</i> Preceptor: Rebecca Hluhanich, PharmD <ul style="list-style-type: none"> Completed induction, monitoring, adherence, and end-of-treatment calls for patients on HCV therapy Counseled patients on therapeutic options for HCV Recommended patient-specific HCV treatment plans based on patient profile, history, and insurance benefits 	November 2017
Solid Organ Transplant (RAMP): <i>UC Davis Medical Center, Sacramento, CA</i> Preceptor: Jessica Volpendesta, PharmD <ul style="list-style-type: none"> Coordinated monthly adherence calls and medication refills for a panel of transplant patients Counseled patients on medications and adherence pre- and post-transplant Implemented a time study to evaluate the use of newly created audiovisual electronic counseling segments 	October 2017
Transitions of Care I: <i>UC Davis Medical Center, Sacramento, CA</i> Preceptor: Pamela Mendoza, PharmD <ul style="list-style-type: none"> Coordinated discharge orders and anticoagulation education needs for the hospital Precepted one APPE pharmacy student Responded to clinical pages on the TOC and inpatient anticoagulation consult pagers 	September 2017
Gastroenterology and Rheumatology: <i>UC Davis Medical Center, Sacramento, CA</i> Preceptor: Erin Tom, PharmD, BCACP <ul style="list-style-type: none"> Coordinated prescribing and procurement of biologic medications under a collaborative practice agreement Participated in copay assistance enrollment for patients Interpreted lab values to support therapeutic recommendations 	August 2017
PGY-1 CLINICAL ROTATIONS <hr/>	
Residency Staffing (Longitudinal): <i>UC Davis Medical Center, Sacramento, CA</i> Preceptor: Janeane Giannini, PharmD; Patricia Poole, PharmD, BCPS, AAHIVP	July 2016–June 2017
Pain Management: <i>UC Davis Medical Center, Sacramento, CA</i> Preceptor: Mark Holtsman, PharmD and Charity Hale, PharmD	June 2017
Management: <i>UC Davis Medical Center, Sacramento, CA</i> Preceptor: John Grubbs, MS, MBA, RPh	April 2017–May 2017
Transplant Specialty Pharmacy: <i>UC Davis Medical Center, Sacramento, CA</i> Preceptor: Joy Vongspanich, PharmD, BCACP, AAHIVP	March 2017–April 2017
Transitions of Care: <i>UC Davis Medical Center, Sacramento, CA</i> Preceptor: Pamela Mendoza, PharmD	February 2017–March 2017
Outpatient Pharmacy: <i>UC Davis Medical Center, Sacramento, CA</i> Preceptor: Kristine Chin, PharmD, RPh	January 2017

Clinic Block (Longitudinal): *UC Davis Medical Center, Sacramento, CA* November 2016–February 2017
Preceptors: Angela Leahy, Pharm.D., BCPS; Tim Cutler, Pharm.D., BCGP; Daniel Louie, Pharm.D.; Teresa Kwong, Pharm.D., BCPS, BCACP (activities listed below in order of preceptor)

Cares I (Ambulatory Care): *UC Davis Medical Center, Sacramento, CA* October 2016
Preceptor: Joy Vongspanich, PharmD, BCACP,AAHIVP

Academic Pharmacy Practice: *UC Davis Medical Center, Sacramento, CA* September 2016
Preceptor: Jason Bandy, PharmD, FCSHP

Medication Safety: *UC Davis Medical Center, Sacramento, CA* August 2016
Preceptor: Ashley Trask, PharmD

Anticoagulation Clinic: *UC Davis Medical Center, Sacramento, CA* July 2016
Preceptor: Janeane Giannini, PharmD

PRECEPTING EXPERIENCE

Family Medicine II July 2018

- One PGY-1 resident, 48 contact hours
- Two APPE students, 20 contact hours

Multiple Specialty Clinics: Infectious Diseases March 2018

- Two PGY-1 residents, 20 contact hours

Transitions of Care September 2017

- One APPE student, 12 contact hours

Clinica Tepati June 2016-June 2017

- Ten APPE students, 80 contact hours

Clinic Block November 2016-February 2017

- Five APPE students, 48 contact hours

CARES I October 2016

- One APPE student, 48 contact hours

Medication Safety rotation August 2016

- Two APPE students, 15 contact hours

Anticoagulation Clinic rotation July 2016

- Two APPE students, 20 contact hours

TEACHING EXPERIENCE

“Strategies to Enhance Learner Integration into the Workplace” July 2018, March 2018

- Competency presentation to the Department of Pharmacy at UC Davis Medical Center (1 hour)
- Competency presentation at the UCSF Preceptor Appreciation Banquet (1 hour)

- Scholarship of Teaching and Learning Program November 2018-Present
- Co-coordinate the residency teaching certificate program at UC Davis Medical Center
 - 10 residents, 2 hours per month
- “Evaluating Literature” April 2018
- Orientation lecture series for APPE students on rotation at UC Davis Medical Center
 - Small group (1 hour)
- Diabetes Skills Lab April 2018
- Assisted in hands-on skills module for diabetes devices and testing supplies at UCSF School of Pharmacy
 - Small group (4 hours)
- “Hypertension: When to treat and How” February 2018
- Guest lecture during medical intern block time
 - Lecture (1 hour)
- “SToP ” Tobacco Program – Medication module October 2016, January 2018
- Guest lecture at the UC Davis Medical Center Primary Care Network Clinics
 - Lecture (2 hours)
- “Medication Distribution” May 2017
- Created and presented at the UC Davis Medical Center Advance Technician Training Lecture Series
 - Lecture and small group (2 hours)
- “Benign Prostate Hyperplasia, Osteoarthritis, and Alzheimer’s Disease” March 2017
- Invited presentation at University of the Pacific, Sacramento Region Conference
 - Small group (4 hours)
- “OPIOIDS: Reversing the White Coat Epidemic” December 2016
- Grand Rounds presentation to the Department of Pharmacy at UC Davis Medical Center (1 hour)
- “Freedom from Smoking” – Medication module
- Guest lecture at CARES Community Health in Sacramento, CA
 - Lecture (2 hours)
- “HIV” November 2016
- Invited presentation at University of the Pacific, Sacramento Region Conference
 - Lecture and small group (4 hours)
- “Heart Failure and Acute Coronary Syndrome” September 2016
- Invited presentation at University of the Pacific, Sacramento Region Conference
 - Small group (4 hours)
- “Home Testing, Contraception, and Sexually Transmitted Infections” September 2016
- Created and presented cases at the University of the Pacific Over-the-Counter course for P1 students
 - Lecture and team-based learning (1 hours)
- “Pain and Fever” cases for P1 OTC course September 2016
- Created and presented cases at the University of the Pacific Over-the-Counter course for P1 students
 - Lecture and team-based learning (1 hour)

- “Cold and Cough” September 2016
- Created and presented cases at the University of the Pacific Over-the-Counter course for P1 students
 - Lecture and team-based learning (1 hour)
- “Diabetes and Neuropathic Pain” September 2016
- Invited presentation at University of the Pacific, Sacramento Region Conference
 - Small group (4 hours)

PRESENTATIONS AND CREATED MATERIALS

- “Evaluation of Pharmacist-Created Solid Organ Transplant Video Education” June 2018
- Podium presentation at the UC Collaborative Conference
- “Controlled Substance Clinic Attainment of CDC Opioid Prescribing Guidelines” May 2017
- Podium presentation at Western States
- “Pharmacy: the other white coat” October 2016
- Invited presentation at Sacramento State University: Introduction to Health Career Seminar
- “Medication Safety” April 2014
- Invited presentation at McCombs Middle School, Des Moines, IA
- “Effects of Leadership on Academic Stress,” March 2013
- Poster presentation: Drake University, Des Moines, IA

CREATIVE ACTIVITIES

- “Difficult Times in Precepting: Navigating Challenging Situations” January 2018
- CHSP West Coast Preceptor Conference
 - Challenging situation script development
- SPLICE Initiative Simulation Development December 2017
- California Simulation Alliance, Betty Irene Moor School of Nursing
 - Simulation development
- “Gamification of Pharmacy Learning” September 2016
- Sacramento Region Conference, University of the Pacific
 - Co-facilitated “game-based” learning sessions

RESEARCH

Mitchell Y, Volpendesta J, Dray J. “Evaluation of the efficiency and patient perception of solid organ transplant medication education after pharmacist-created video education.” Manuscript in process.

Mitchell Y, Leahy A, Burnham K. “Evaluating percent attainment of CDC opioid prescribing guidelines and identifying a high risk patient population in the UC Davis Medical Center Pharmacy Controlled Substance Clinic.” Manuscript in process.

Haack S, **Mitchell Y**. “Patient perceptions of diabetes care: Shared findings of community health care-based focus groups”. Continuous quality improvement for internal federally qualified health center. Co-investigator.

LEADERSHIP DEVELOPMENT

Lambda Kappa Sigma: Hope WaLKS T-shirt Committee Head and New Member Educator	August 2014- May 2015
College of Pharmacy and Health Sciences: Honor Code Committee Member	August 2014–May 2016
Delta Gamma Fraternity: Vice President Social Standards	January 2013–December 2014
Delta Gamma Fraternity: Honor Board Sophomore Member	January 2012–December 2013
Alpha Mu Gamma: Vice President, President	August 2011–August 2013
Student Leadership Development Series: Member	September 2012–April 2013
Don Adams Leadership Institute: Member	September 2011–April 2012

COMMUNITY AND PROFESSIONAL OUTREACH

Leadership and Membership in Team-Based Healthcare: small group facilitator	January 2017
Oath of a Pharmacist Workshop: small group facilitator	September 2016
UCDMC Outreach Health Fair: volunteer	July 2016
Goal Ball: volunteer athlete	January 2013–May 2014
Wesley Acres: volunteer	August 2010–May 2014

PROFESSIONAL ORGANIZATIONS

California Society of Health-System Pharmacists	March 2018-Present
American Pharmacists Association	June 2016–Present
American Society of Health-Systems Pharmacists	August 2012–Present
Phi Lambda Sigma	August 2014–May 2016
Lambda Kappa Sigma	August 2013–May 2016
American Pharmacists Association-Academy of Student Pharmacists	August 2010–May 2016
Drake Pharmacy United Group of Students	August 2010–May 2016
Iowa Pharmacy Association	August 2010–May 2016

AWARDS AND HONORS

Thomas J. Long School of Pharmacy & Health Sciences Sacramento Region Pharmacy Resident of the Year 2016–2017
Plough Scholarship 2015–2016
APhA-ASP National Patient Counseling Competition Top 10 Finalist Spring 2015
Dean's List Fall 2010, Spring 2014, Fall 2014, Spring 2015
Drake Presidential Scholarship 2010–2014
Drake University Patient Counseling Competition Winner Fall 2014
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