

Q1

MAKING
CARING
COMMON
PROJECT



Q2 Dear Student, Your school has partnered with Making Caring Common, a project at the Harvard Graduate School of Education, to learn more about what it's like to be a student at your school. The main goal of this survey is for teachers and leaders at your school to learn what students think about values, safety, support, and relationships at school. This survey will also ask questions about how you use social media, including the kinds of social media you use, who you use it to connect with, and whether and how you think social media affects your relationships. In addition, information collected from students at this school may be combined with information from other schools and used for research and educational purposes. This survey is completely anonymous, which means no one at your school or home will know what answers you gave, and your name will never be used. The survey is optional, and you can skip any questions that you do not want to answer. If you have concerns about being identified by answering any question, please skip that question. Some questions in the survey provide text boxes for open-ended responses. Please do not provide information that would allow you to be identified. If your open-ended response suggests that you may be a danger to yourself or others, this information may be shared with your school leaders or counselor. You can always speak to a school counselor or other school adult if you need help or would like to talk to someone. The survey will take you about 20-25 minutes. If you have questions about the survey, please contact Making Caring Common Research Project Coordinator Katherine Sadowski at 617-384-7738, mccschools@gse.harvard.edu. Thanks for your time! If you are ready to continue, please click on the arrow button at the bottom of this page. Whom to contact about your rights in this research, for questions, concerns, suggestions, or complaints that are not being addressed by the researcher, or research-related harm: Committee on the Use of Human Subjects in Research at Harvard University, 1414 Massachusetts Avenue, Second Floor, Cambridge, MA 02138. Phone: 617-496-2847 (CUHS). Email: cuhs@fas.harvard.edu.

Q3 What grade are you in?

- ☐ 5th (8)
- ☐ 6th (1)
- ☐ 7th (2)
- ☐ 8th (3)
- ☐ 9th (4)
- ☐ 10th (5)
- ☐ 11th (6)
- ☐ 12th (7)

Q4 How old are you?

- ☐ 10 (1)
- ☐ 11 (2)
- ☐ 12 (3)
- ☐ 13 (4)
- ☐ 14 (5)
- ☐ 15 (6)
- ☐ 16 (7)
- ☐ 17 (8)
- ☐ 18 (9)
- ☐ 19 (10)
- ☐ 20 (11)
- ☐ Other (13) _____

Q5 How do you identify your gender?

- ☐ Male (1)
- ☐ Female (2)
- ☐ Another way: (3) _____
- ☐ I choose not to identify. (4)

Q6 How do you identify your racial/ethnic background? Check all that apply.

- ☐ Asian, Asian-American or Pacific Islander (5)
- ☐ Black, African American, or African descent (2)
- ☐ Hispanic or Latino/a/x (1)
- ☐ Native American or American Indian (3)
- ☐ White (4)
- ☐ Another way: (6) _____
- ☐ I choose not to identify. (7)

Q7 What was the highest level of education of each of the following: Parent/Guardian 1

- ☐ Less than high school (1)
- ☐ High school or GED (2)
- ☐ Some college (they went to a four-year college but didn't finish) (4)
- ☐ Two-year degree (like an associate's degree or trade school degree) (3)
- ☐ Finished a four-year college (5)
- ☐ Finished a graduate degree (like a master's degree, PhD, MD, or a law degree) (6)
- ☐ I'm not sure (7)

Q8 Parent/Guardian 2

- ☐ Less than high school (1)
- ☐ High school or GED (2)
- ☐ Some college (they went to a four-year college but didn't finish) (4)
- ☐ Two-year degree (like an associate's degree or trade school degree) (3)
- ☐ Finished a four-year college (5)
- ☐ Finished a graduate degree (like a master's degree, PhD, MD, or a law degree) (6)
- ☐ I'm not sure (7)
- ☐ This does not apply to me (8)

Q9 My school has core values that they expect me to honor (for example: a code of conduct, a school pledge, or honor code).

- ☐ Yes (1)
- ☐ No (2)
- ☐ I'm not sure (3)

Answer If My school has core values that they expect me to honor (for example: a code of conduct, a school pledge, or honor code). Yes Is Selected

Q10 If yes, what are your school's core values?

Q11 It's most important to adults in my school that students: (Please choose ONE of the following answers.)

- ☐ Do well academically (1)
- ☐ Care about others (2)
- ☐ Are good athletes (3)
- ☐ Are good in the arts (for example: visual arts, music, dance) (4)
- ☐ Other (5) _____

Q12 Please indicate your response to each statement by clicking on the bubble that describes your answer. Please answer for each of the two categories.

[illegible]

Q13 Which of the following would make you feel safer at school? (PLEASE SELECT YOUR TOP 3)

- ☐ Clearer policies for bullying, harassment, and other rule-breaking at school (1)
- ☐ Stronger consequences for bullying, harassment, or other rule-breaking at school (2)
- ☐ More consistency in enforcing consequences for bullying, harassment, or other rule breaking at school (4)
- ☐ Increased security (For example: hire security guards, or install security cameras or metal detectors) (3)
- ☐ Support and preparation for teachers, administrators, and staff in helping students solve problems and conflicts (14)
- ☐ More student leaders who can help students solve conflicts (5)
- ☐ More guidance for students in learning how to have healthy relationships (6)
- ☐ More opportunities to build a more supportive community at the school (for example: promote more team-building activities or discussions) (11)
- ☐ More counselors so students can talk about problems and receive support (7)
- ☐ Other (13) _____

Q14 Please rank the top three things your school could do to make you feel safer in order of how much safer they would make you feel. 1 is "would make me feel most safe."

Q15 In a typical month at school, how often do each of the following things happen to you?
Please indicate your response to each statement by clicking on the bubble that describes your answer.

	Never or not at all (1)	Infrequently or only once or twice (2)	Occasionally or sometimes (3)	Frequently or a lot (4)
I am called mean names, made fun of, or teased in a hurtful way. (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other students leave me out of things on purpose, exclude me from their group of friends, or completely ignore me. (2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am hit, kicked, pushed, shoved, or locked indoors. (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other students tell lies or spread false rumors about me and tried to make others dislike me. (4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have money or other things taken away from me or damaged. (5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am threatened or forced to do things I didn't want to do. (6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other students call me offensive names or comment about my race or skin color. (7)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other students make	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

disrespectful sexual comments or gestures. (8) I receive mean or hurtful messages, calls or pictures on my mobile phone, social media, or in other ways. (9)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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Q16 Please indicate your response to each statement by clicking on the bubble that describes your answer. At this school, groups of students are teased, excluded, or discriminated against because of...

	Strongly Disagree (1)	Disagree (2)	Neither Agree nor Disagree (3)	Agree (4)	Strongly Agree (5)
Their race or skin color (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The place or country they come from (10)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
What language their family speaks (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Their family having less money than other students' families (4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Their religion (5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Their sexual orientation-- because they are lesbian, gay, or bisexual (6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Their gender-- whether they are boys, girls, or transgender (7)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
A disability they have (8)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Their physical appearance (9)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q17 Please indicate your response to each statement by clicking on the bubble that describes your answer.

	Strongly Disagree (1)	Disagree (2)	Neither Agree nor Disagree (3)	Agree (4)	Strongly Agree (5)
I talk to one or more adults at this school about my life outside school. (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In my school, there is at least one adult who knows who my friends are. (2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If I were having a really hard time emotionally, there is an adult at this school I could go to for help. (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There is at least one adult in this school who I trust. (9)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The adults in this school care about the students. (11)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I don't like any of the adults in this school. (13)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Teachers at this school help students with emotional difficulties. (15)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I enjoy learning at this school. (17)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q18 Please indicate your response to each statement by clicking on the bubble that describes your answer.

	Disagree A LOT (1)	Disagree a little (2)	Agree a little (3)	Agree A LOT (4)
Students at this school really care about one another. (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students at this school are willing to go out of their way to help someone. (2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When I'm having a problem, some other student will help me. (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Teachers and students treat each other with respect in this school. (4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students at this school work together to solve tough problems. (6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students in this school treat each other with respect. (7)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students feel safe in this school. (9)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students in this school help each other, even if they are not friends. (10)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students in this school are just looking out for themselves. (11)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The students at this school don't really care about each other. (12)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Teachers and students in this school don't seem to like each other. (13)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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Q19 Please look at the three qualities below. Please rank from 1-3 what's most important to you (1 for what's most important, 2 for what's second most, and 3 for third-most important).

_____ Achieving at a high level (1)

_____ Caring about others (2)

_____ Happiness (feeling good most of the time) (3)

Q20 Which of the following do you think is most important to your parents?

☐ Achieving at a high level (1)

☐ Caring about others (2)

☐ Happiness (feeling good most of the time) (3)

Q21 Please indicate how much you agree or disagree with the following statements.

	Strongly Disagree (1)	Disagree (2)	Neither Agree nor Disagree (3)	Agree (4)	Strongly Agree (5)
All students are treated equally well in this school. (5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The adults are fair to everyone in this school. (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The teachers in this school let students know what the expectations are. (8)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The principal in this school lets students know what the expectations are. (9)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Adults at my school treat students the same whether their parents are rich or poor. (10)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel that I can do well in this school. (11)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Students of all races and ethnicities at my school are treated equally well by adults. (12)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

At my school, students of all genders are treated equally well by adults. (14)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Everyone here knows what the rules are. (15)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q22 Which of the following social media platforms do you use? Please check all that apply.

- ☐ Facebook (1)
- ☐ Instagram (2)
- ☐ Pinterest (3)
- ☐ Snapchat (4)
- ☐ Tumblr (5)
- ☐ Twitter (6)
- ☐ Vine (7)
- ☐ YikYak (8)
- ☐ Youtube (9)
- ☐ Other: (10) _____
- ☐ I don't use any social media platforms. (11)

Q23 How old were you when you got your first account on social media?

Q24 Did your parents know when you first got an account?

- ☐ Yes (1)
- ☐ No (3)
- ☐ I don't know (2)

Q26 How often do your parents talk to you about each of the following?

	Never (1)	Occasionally/Sometimes (2)	Frequently/A lot (3)
What kinds of posts or behavior are appropriate on social media (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How to protect my privacy on social media (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How to avoid hurting my friends or other people on social media (6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How to show support for my friends on social media (7)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How to use social media to take action for causes/issues I care about (8)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How to share my beliefs or opinions on social media (14)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How to respond to bullying, cruelty, and/or mean comments on social media (15)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
What to do if someone is communicating with me on social media in a way that makes me feel uncomfortable (17)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How to connect with and learn about people in different parts of the world (18)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q27 What else have they talked to you about related to your social media use?

Q29 A lot of adults are worried about how young people use technology. How much do you think they should be worried?

- ☐ Not at all (1)
- ☐ A little bit (2)
- ☐ Moderately (3)
- ☐ A lot (4)

Q30 What do you think they should be worried about?

Q31 What do you think they worry about that they don't need to?

Q32 Which of the following statements is true about your social media use?

- ☐ I use social media to stay in touch with my closest friends (1)
- ☐ I use social media to make new friends (2)
- ☐ I use social media to stay in touch with people I know but don't see very often (11)
- ☐ I use social media to be part of a group of people with shared interests as me – such as a club at school, sports team, community group (12)
- ☐ I use social media to share or see posts that inspire me or make me feel good (13)
- ☐ I use social media to talk to people who have different opinions and beliefs than I do (9)
- ☐ I use social media to learn about events happening near me (14)
- ☐ I use social media to learn about current events (10)
- ☐ I use social media to learn about issues and causes that matter to me (15)
- ☐ I use social media to take action about issues and causes that matter to me (16)
- ☐ I use social media to talk to people who have different opinions and beliefs than I do (4)
- ☐ I use social media to be part of a group of people who have similar backgrounds to me (3)
- ☐ I use social media to get information about topics like health, sex ed, and mental health (5)
- ☐ I use social media to get help from friends about personal concerns (17)
- ☐ I provide help to friends about personal concerns on social media (18)
- ☐ Other: (6) _____
- ☐ None of these apply to me (8)

Q33 How much do you think social media helps your relationships in the following ways? Rate each one on a scale of 1-5, with 1 being it doesn't help at all and 5 being it helps a lot.

	Doesn't help at all (1)	Hardly helps (2)	Neutral (3)	Somewhat helps (4)	Helps a lot (5)
Helps us stay connected when we can't see each other (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
We can laugh together about things (2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
We can ask each other for advice or opinions (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Helps us plan events (4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Helps us encourage each other (5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Brings us closer (6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shows how much we care about each other (7)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Helps solve problems or conflicts (8)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Helps to be able to reach out to friends if they're having a hard time (9)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q34 How concerned are you about each of the following happening when you use social media? Rate each one on a scale of 1-5, with 1 being not at all concerned and 5 being a lot concerned.

	Not at all concerned (1)	A little bit concerned (2)	Neutral (3)	Somewhat concerned (4)	A lot concerned (5)
Someone might feel left out or get their feelings hurt (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It might cause a fight with a friend (2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
People can post mean things (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
People will think you're just showing off (4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
You can't tell if the other person is being real (5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Creates drama, jealousy, rumors, etc. (7)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It might lead to bullying (9)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Misunderstandings/tone is hard to read (10)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Someone might stalk me or try to follow all my actions (11)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q35 Have any of the following things ever happened to a friend or someone else you know on social media?

- ☐ They wrote a mean comment on someone else's post, picture, or link (1)
- ☐ They stalked someone else or wouldn't leave them alone (2)
- ☐ They posted something online that they wouldn't want their parents to know or see (3)
- ☐ They got in trouble with their parents for something they posted online (7)
- ☐ Someone else wrote a mean comment on their post, picture, or link (6)
- ☐ Someone else stalked them or wouldn't leave them alone (8)

Q36 Please say whether you agree or disagree with the following.

	Agree (1)	Disagree (2)
It's easier to communicate about difficult things on social media (13)	<input type="radio"/>	<input type="radio"/>
Relationships on social media are less real than in person (3)	<input type="radio"/>	<input type="radio"/>
Relationships over social media make it harder to talk in person (16)	<input type="radio"/>	<input type="radio"/>
I'm more open about personal concerns over social media (17)	<input type="radio"/>	<input type="radio"/>
Relationships on social media are no different from relationships in person (12)	<input type="radio"/>	<input type="radio"/>

Q37 Overall, do you think social media is helpful for your relationships?

- ☐ Yes (1)
- ☐ No (2)
- ☐ I'm not sure (3)

Q38 Please explain your answer.

Q39 How often does your school talk to you or share information about each of the following?

	Never (1)	Occasionally/Sometimes (2)	Frequently/A lot (3)
What kinds of posts or behavior are appropriate on social media (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How to protect my privacy on social media (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How to avoid hurting my friends or other people on social media (6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How to show support for my friends on social media (7)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How to use social media to take action for causes/issues I care about (8)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How to share my beliefs or opinions on social media (14)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How to respond to bullying, cruelty, or mean comments on social media (15)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
What to do if someone is communicating with me on social media in a way that makes me feel uncomfortable (16)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How to connect with and learn about people in different parts of the world (17)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Q40 If you were having a problem on social media, who would you feel comfortable telling, if anyone? Check as many as apply.

- ☐ Friend (1)
- ☐ Teacher (2)
- ☐ School counselor (3)
- ☐ Parent (4)
- ☐ Principal/school leader (5)
- ☐ Family member (6)
- ☐ Someone else: (7) _____
- ☐ I would not tell anyone (8)

Answer If If you were having a problem on social media, who would you feel comfortable telling, if anyone? Check as many as apply. I would not tell anyone Is Selected

Q41 If no one, why not?

Q44 The survey is complete. Thank you for your time!