

Glooko

<https://www.glooko.com/>

[iPhone](#) rating: ★★★★★☆

[Android](#) rating: ★★★★★☆

Price: Free, but subscription is \$59.99 per year

Designed specifically for diabetes management, Glooko tracks your medicine usage, carb counts, and lifestyle info. It integrates data from most continuous glucose monitoring (CGM), blood glucose meter (BG), insulin pumps, and fitness trackers. Graphs and charts allow you to see your progress in real time, anticipate trends, compare it to your history, and share your personal profile with your doctors. Set a reminder to make sure you don't miss a meal or dose of medication. Of note: You must purchase a Glooko subscription for \$59.95 per year to use the app.

Learn

Get personalized insights to improve diabetes management.

Share

Share data with your care team.

Sync

Sync data to your iOS or Android smartphone.

Health2Sync

[iPhone](#) rating: ★★★★★★

[Android](#) rating: ★★★★★★

Price: Free

Health2Sync understands that living with diabetes can at times feel isolating. That's why you can invite friends or family as a partner on this app

for added support and motivation. The app lets you see all your vital stats at a glance within the dashboard or look more deeply at individual metrics like blood pressure, weight, and blood glucose. You can also export your data. By reviewing your diary, you can look for trends in what's causing any symptoms or mood shifts.

Personalized Care, Health2Sync Mobile App will give you reminders and tips based on your records, to assist you in making timely adjustments.

Partner Care, Link to the care team, family and friends and have them serve as your glucose control partners. Learn how they can assist you in managing diabetes.

Simple Recording, Use Health2Sync Mobile App to keep a full record of your blood glucose data and daily activities, taking full control of your health status.

Diabetes Tracker with Blood Glucose/Carb Log by MyNetDiary

[iPhone](#) rating: ★★★★★

Price: \$9.99

MyNetDiary takes tracking to the next level. It helps you manage not only type 1 and 2 diabetes but also prediabetes and gestational diabetes. With the app's built-in features, you can easily and automatically record all kinds of inputs, such as physical activities through the built-in GPS and your foods via the built-in barcode scanner. Monitor water intake, weight, A1C, cholesterol, net carbs, and so much more. Food grades, reports on your personal progress, and virtual coaching help you better understand how you can take charge of your health.

BG Monitor

[Android](#) rating: ★★★★★

Price: Free with in-app purchases

This app aims to make diabetes tracking as simple as possible. It provides an easy input system, calculates insulin levels for you, clearly displays your data, and gives you warnings when your blood glucose is too low. You can set up your blood glucose targets and add multiple types of insulin to help you make sure you take the right medicines and amounts at the right times. Email your CSV file reports and back up your data to Google Drive to ensure you don't lose your stats. They'll automatically update if you need to reinstall the app.

Diabetes in Check: Coach, Blood Glucose & Carb Tracker

[iPhone](#) rating: ★★★★★

Price: Free

This app was designed by a certified diabetes educator to specifically help manage type 2 diabetes. It promises to help you lower your blood glucose levels and have better fitness, eating habits, and weight. In addition to the standard tracking metrics and data sharing, Diabetes in Check focuses on proactive eating and fitness. It provides a reference guide for the best foods to eat as well as diabetes-friendly recipes and even a personalized meal plan. The app also provides educational info and encourages you to set exercise goals. For added support, ask questions or read personal success stories on their community message boards.