Math 170 Term Project: Mathematical Methods for Optimization

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George Stigler's Diet Problem

Table A gives us values of calories, nutrients, proteins, etc for 77 different types of foods. Our diet would solve for the amount of each food component in the diet, we will name this values from $x_1, ..., x_{77}$ for food element 1 to 77 correspondingly. The number of constraints are given by table 1 that has 9 constraints or minimum allowance of different nutrients that have to be present in a optimum diet.

In our main program we import table A from an excel file, we transpose the matrix so that we have a matrix with 9 rows and 77 columns.

So far the program that we have has the following form:

$$min: \sum_{i=1}^{77} x_i$$

subject to.

$$\sum_{i=1}^{77} a_{ji} x_i \ge b_j$$

The first step in solving the problem will imply taking the problem into a canonical form, for which we need to add 9 slack variables.

$$\sum_{i=1}^{77} a_{ji} x_i - z_j = b_j for j = 1, ..., 9$$

Solution

We run the following script:

After running the program we get to the solution $x_1 = 0.029519$; $x_{30} = 0.0018926$, $x_{46} = 0.011214$, $x_{52} = 0.0050077$, $x_{69} = 0.061029$. With all other components with index < 77 being zero. The value for the dual y is: 0.0087

 $\begin{matrix} 0\\ 0.0317\\ -1.7e-18\\ 0.004\\ 0\\ 0.163\\ 0\\ 0.000144 \end{matrix}$

. We present the same results in the following table:

| Food | Dollar amounts |
|---------------------------------------|----------------|
| Wheat Flour | 0.029519 |
| Liver (beef) | 0.0018926 |
| Cabbage | 0.011214 |
| Spinach | 0.0050077 |
| Navy Beans, dried. | 0.061029 |
| | |
| Primal Solution (Optimal daily cost): | 0.10866 |
| Yearly optimal: | 39.662 |