

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
			2010. Born/raised Queens, NY. Age 41 as of 2018. Personal fitness: kettlebells, taekwondo. Lectures nationwide on functional movement assessments.	celebrity/pro athlete care	ASU Women's Golf Team. Consultant: Atlanta Braves, Washington Nationals, Dallas Stars, LA Dodgers, Washington Capitals. Featured Phoenix Magazine Feb 2018.

COLORADO

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Timothy Pierce	Level 4 ELDOA, CHEK Practitioner, LMT team oversight	20+ years	Founded Pierce Family Wellness to provide holistic wellness solutions converging multiple disciplines. Takes	Pain management as alternative to surgery, ELDOA Method (group/private), CHEK Method, personal training, massage therapy,	Emphasis on "out of pain, into performance and longevity" through integrated massage therapy and exercise. Offers online and in-person options.	Pierce Family Well 784-5712 / 303-9296585 info@pie

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			holistic approach to fitness focusing on reducing pain, improving performance, increasing longevity.	corrective exercise, nutritional counseling, online programs, private yoga		

CONNECTICUT

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
Dana Rodriguez	Level 4 ELDOA, Pilates Certificate	10+ years	B.F.A. Performing Arts Management Brooklyn College, B.A. Dance University of South Florida. Pilates Certificate Kane School Core Integration. Former professional dancer, choreographer/teacher	Private Pilates/ELDOA sessions (one-on-one), customized training programs, rehab after surgery/injury, chronic pain management (back/neck), posture	Instructor Freedom Road Pilates (Spring 2006+). Combines Pilates and ELDOA recognizing they complement perfectly. Clients report feeling taller, stronger, more flexible with sustainable results.	Plus Dana@danarodriguez.com

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			<p>Monroe Dance Academy. After severe back/neck issues led to spine surgery, discovered ELDOA and became pain-free within weeks. This transformation inspired her to help others. Board member Martha Graham Center Contemporary Dance, Committee Member CT State Dept of Education.</p>	improvement, mobility/flexibility, core strengthening		
Ian Ryan	Level 4 ELDOA	Multiple years	Listed in official ELDOA directory. Limited public information available.	ELDOA training	-	Litic
Talita Moss	E-RYT 200, Level 4 ELDOA, FRC, Kinstretch	12+ years (since 2013)	Brazilian native. Discovered passion for teaching after enrolling in teacher training to deepen own practice.	Private yoga (adults, children, teens), group ELDOA classes, yoga for children with special needs	Pioneered "Soothing Yoga" for special needs children at Darien YMCA. Featured in Darien Daily Voice (multiple	Talit Allia

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			<p>Teaching venues: Darien YMCA, Darien Library, private sessions.</p> <p>Decade of experience teaching people of all abilities/ages.</p>	<p>("Soothing Yoga" ages 8-12), teen yoga, corporate yoga, ELDOA workshops, joint mobility training</p>	<p>articles 2015-2016). NIKE Sports Camps instructor. ELDOA workshops targeting spine, shoulders, hips, ribcage, pelvis. Focuses on clear alignment, creating space through breath.</p>	

FLORIDA

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Emily Morgan	M.S., Level 4 ELDOA, CHEK, HLC2, AFAA-CPT	8+ years (since 2017)	<p>Former high-level soccer player and professional women's tackle football athlete.</p> <p>Suffered chronic hip pain 14 years that went undiagnosed despite numerous medical consultations, leading to unnecessary hernia surgery. Discovered ELDOA Summer 2017,</p>	<p>ELDOA group classes/private sessions, holistic nutrition counseling/meal planning, functional training/therapy, H.A.N.G.A.R. approach (Holistic</p>	<p>Featured in POPSUGAR fitness article about ELDOA method. Featured in Integra Healthcare blog. Personal story used as case study for ELDOA effectiveness. Philosophy: "90% of all diseases caused by mismanagement of diet/lifestyle factors."</p>	<p>Hangar Pensaco
hangar@pensacolafitness.com</p>

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			began her journey to health and wellness by becoming pain-free within weeks. Made it her mission to help others. Has scoliosis, multiple head traumas from sports.	Approach to Nutrition, Growth, Activity, Restoration), Primary Movement Patterns, Six Foundation Principles: exercise, recovery, nutrition, breathing, hydration, mindset		
James D. Knox	Level 4 ELDOA (Listed)	Multiple years	Note: Research indicates James D. Knox is primarily a Licensed Business Broker and M&A Advisor with Transworld Business Advisors. Knox Trainz, Inc. registered as Florida corporation	Business brokerage (primary), ELDOA training (unverified)	-	663 NE 0384

Name	Credentials	Years Practice	Background & Training (filed 01/08/2019) with Knox as CEO, but public information suggests business brokerage rather than ELDOA training services. Educational background: University of Florida (Architecture/Business), Virginia Commonwealth, Illinois State. No ELDOA certification or fitness training credentials found in available sources. Recommendation: Verify if correct practitioner or if another James Knox associated with ELDOA.	Specializations	Notable Clients/Achievements	Contact

GEORGIA

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
Andrew Johnston	CSCS, CHEK Practitioner, Level 4 ELDOA, Published Author (2 books)	25+ years (since 1999), Founded Triumph Training 2000	Graduated Eckerd College 1994. 1992: Invited as resident athlete Olympic Training Center Colorado Springs. 1994: Turned pro cyclist (Belgian Haverbeke GB team). 1996: Competed Olympic Trials. 1996-1998: Raced professionally Spain. 1999: Cycling career ended due to crash/third concussion. 2001: Olympic Distance	Private personal training with extensive (2-hour) physical assessment, ELDOA training/therapy, corrective exercise/holistic fitness, athletic performance optimization, corporate wellness, motivational speaking, post-cancer rehab, injury recovery/prevention	Men's Journal Trainers in the 2005 and 2006 Corrective Health Exercise Kinesiologist Georgia (2006) Subject of award-winning documentary "Living Is Witness" (2006). Featured in Voyage ATL Magazine, Shout Atlanta. Published author: "Holistic Strength Training Triathlon" (AuthorHouse) + second book Corporate clients Google, Procter & Gamble. ~90% clients from word-of-mouth.

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			<p>Champion of Georgia (triathlon), All-American, U.S. World Triathlon team. 2006:</p> <p>First Leukemia Survivor to qualify for/finish Hawaii Ironman World Championships.</p> <p>2012: Qualified 70.3 World Championships.</p> <p>2012: Overall Win Great Floridian - First Leukemia Survivor to win Iron Distance Triathlon. 2014: 3rd place Race Across America (3000 miles) -</p>		

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			raised \$250K+ for Leukemia & Lymphoma Society.		
Christin/Christina Zimmerman	Level 4 ELDOA, StickMobility Coach, SomaTraining/Therapy certified	Several years	Owner-founder ELDOA Savannah. Committed to educating clients about their bodies and bringing Dr. Guy Voyer's unique methods to Savannah. Member Chamber of Commerce (joined Sept 2024). Season 5 Sponsor "Made of Savannah" podcast. Featured guest on "Made of	VIP private sessions (one-on-one), semi-private classes (small groups, friends/accountability partners), group wellness classes (larger, community-focused), SomaTherapy manual therapy (ligament pumping), personalized home routine development, body awareness, movement intelligence training. Back pain relief/management, movement skill improvement, reducing aches/pains,	Emphasizes wellness "not merely a typical fitness class" but "movement program" where clients "up-level" movement skills. Helps clients body's story, narratives. Clients report improvements in strength, balance, mobility, core strength, pelvic (postpartum), recovery.