

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
			<p>Spine &amp; Sport San Jose</p> <p>12+ years before relocating to Eagle, Idaho. Internship Ultimate Sports Medicine SF under Dr. Lenny Stein (treated <b>Golden State Warriors, SF Ballet</b>, Olympic athletes).</p> <p>Premierespineandsport +2</p> <p>Instructor RockTape Inc (2009-present), Adjunct Professor De Anza College (2008-present).</p> <p>ContactOut</p>	<p>traditional "snap/crack" - holistic approach.</p> <p>Yelp</p>	<p>Josh Barnett, Phil Baroni. <b>Worked at Cisco LifeConnections 1 years.</b></p> <p>Premierespineandsport</p>
<b>Jeffrey Chenault</b>	Level 4 ELDOA	Multiple years	<p>Red Dot Fitness located heart of San Jose near Whole Foods on The Alameda. State-of-the-art facility accessible to major South Bay communities. "Fitness from the inside out" philosophy.</p> <p>Instagram +7</p>	<p>Open gym, personal training, small group classes, online programs, nutrition coaching, ELDOA, weight loss, injury/limitation assessment</p> <p>Instagram +3</p>	<p>Yelp 4.4 stars (67+ reviews). 21K Instagram followers</p> <p>Instagram Free consultations. Multiple online programs: TBSC, Fit for Active Physique, Burn, Mobility, RDF On Go.</p>

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<b>Brian DeGarmo</b>	PT, Level 4 ELDOA	20+ years Bay Area	<p>SOL Physical Therapy + Performance leading East Bay PT practice for 20+ years.</p> <p>SOL Physical Therapy +3</p> <p>Part of Alliance Physical Therapy Partners network. Two locations same address (Suite 103 Performance, Suite 201 PT).</p>	<p>Comprehensive PT, performance training, sports rehab, movement investigation, gait analysis, ELDOA, boot camp classes</p>	<p>Yelp 5 stars (145+ reviews). Known for sophisticated diagnostic tools, evidence-based science. Testimonials: "Through two knee surgeries, hip replacement, shoulder surgery - SOL been there 15 years."</p>
<b>Rodrigo Fernandez</b>	Level 4 ELDOA	Multiple years	<p>Movement specialist grew up in Mexico as curious/playful kid. Bridges intentional training with playful movement. Philosophy: "I've never heard anyone say they hate having fun." Challenges "no pain, no gain" mentality. Sought out top teachers to become competent in all forms of health/movement.</p> <p>Steiner Strength</p>	<p>Holistic training, movement exploration, playful fitness, ELDOA stretching/strengthening, building resilience through movement, curiosity-driven training</p> <p>Steiner Strength</p>	-

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<b>Jaron Hua</b>	DC, DO Candidate, Level 4 ELDOA	Multiple years	Life Chiropractic College West, Brown University (Neuroscience & Biology), L'Académie Sutherland d'Ostéopathie du Québec (DO Candidate). Multiple childhood concussions and MVAs left him sick for years. 2014 lumbar disc herniation - ELDOA helped recover. After first appointment with Dr. Guy Voyer: "felt like I had a second chance in my body." <a href="#">LinkedIn</a> <a href="#">ELDOA Bay Area</a>	Spine health/rehab, injury rehab, sport performance, inflammatory conditions, chronic pain, manual osteopathy, chiropractic, rehabilitative exercise, SomaTherapy, SomaTraining <a href="#">LinkedIn +2</a>	<b>Currently NOT accepting new patients</b> (as of late update). Message for further help. <a href="#">ELDOA Bay Area</a>
<b>Joe McVeigh</b>	Level 4 ELDOA	Multiple years	Listed in official ELDOA directory. Limited public information available.	ELDOA training	-
<b>Mike Salemi</b>	Level 4 ELDOA,	20+ years	Started strength & conditioning age 15 as competitive powerlifter.	Kettlebell training/sport, Bulgarian Bag, Suples Ball, ELDOA,	Professional Kettle Sport (double 32kg/40kg).

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	Multiple certs		WABDL World Champion Bench Press & Deadlift at 19. Former D1 collegiate S&C coach Santa Clara University. 15+ years competing elite level Powerlifting and Kettlebell Sport. Former WAKSC Long Cycle World Champion. Studied extensively with Paul Chek. <a href="#">Just Fly Sports +3</a>	"Working In" vs "Working Out" methodology, fascial training, holistic health (body/mind/spirit), band training <a href="#">Just Fly Sports +4</a>	International presence. Featured podcasts: Ben Greenfield Fitness, The Bledsoe Show, Just Fly Sports Strong Coach, Cycle in Alignment. Costa Rica retreats. <a href="#">Just Fly Sports +2</a>
<b>Tyler Ferrell</b>	Level 4 ELDOA, TPI certifications, C.H.E.K Level 3, Soma Golf Trainer L1	15+ years golf instruction	Towson University BS Marketing/E-Business (Summa Cum Laude), 2 years NCAA D1 golf. <b>ONLY person named to BOTH Golf Digest "Best Young Teachers" AND "Best Golf Fitness Professionals."</b> Founded Golf Smart Academy (1100+ videos). Presented	Golf swing technique, 3D motion biomechanics, functional fitness for golf, tactical coaching using hands-on methods, exercise prescription for golf <a href="#">Golf Smart Academy</a> <a href="#">Pandora</a>	<b>Charles Howell II (PGA Tour Winner) consulted top coaches/pro players.</b> Dr. Greg Rose (TP) "one of the best in business." 2024 TP presentation: "Tactical Coaching: Sensing/Guiding Golf Swing Body Movements."

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			World Golf Fitness Summit (2016), TPI Summit (2024). Author "The Stock Tour Swing." <div>Golf Smart Academy</div>		

## TEXAS

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<b>Kevin A. Cruz</b>	Level 4 ELDOA, BS Business Admin	Multiple years, Founded Soma 2019	Born Tocoa, Honduras; immigrated US age 11. Graduated University of Houston Wolff Center Entrepreneurship (Top program in country). Struggled with undiagnosed ADHD, language barriers - took 7 years to complete	Chronic pain relief/rehab, quality of movement improvement, ELDOA, segmental strength training, building strength without joint compression	<b>2nd Place Winner Baker Ripley Business Plan Competition (Jan 2019)</b> - used funds to create Soma Athletic Wellness. Featured in Voyage Houston Magazine. Grand Prize Winner "California Dreamin'" Business Plan. Dancers, professional athletes, chronic	Soma Athletic W Woodlands 7 4206  <a href="mailto:kevin@somathletic.com">kevin@somathletic.com</a>

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			college. Founded multiple tech companies (InTuneTo, ParqU, Imalysis, Coconnect) before focusing full-time on ELDOA/wellness. Trained directly under Dr. Guy Voyer.		pain/recurring injury sufferers.	

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## ARIZONA

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<b>Denise Herrera</b>	Level 4 ELDOA	Multiple years	Started career as professional dancer. Discovered Pilates, began teaching at Desert Mountain Club (private golf community). Noticed many clients with spinal issues. Certified	Golf biomechanics, spinal injuries, back pain relief, spinal rehab, hip dysfunction, SI joint, stenosis, spondylolisthesis, ELDOA, Soma Therapy/Training	Desert Mountain Club members (private golf community). "At SomaWorks, we are your coach—not your crutch."

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			through TPI Golf Fitness, CHEK Institute's Golf Biomechanics/Holistic Lifestyle. Trained under Dr. Guy Voyer and Scott Herrera at Legacy Sports Performance. Success story: helped 25-year chronic back pain sufferer (post-surgical complications) return to golf virtually pain-free.		
<b>Kacey A. Grissom</b>	Level 4 ELDOA	Multiple years	Listed in official ELDOA directory. Limited public biographical information available.	ELDOA training	-
<b>Deva Lingemann</b>	Level 4 ELDOA	Multiple years	Accomplished ultrarunner with 14 race results in UltraRunning Magazine database. Competed in multiple	Athletic performance and recovery, endurance athlete rehab, injury prevention, spinal health for	<b>Ultrarunning achievements:</b> 2012 Cave Creek 50K 12th overall/2nd female (5:36:35), 2010 Lake Cuyamaca 100 Miles

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			50K, 50-mile, 100-mile, and 12-hour races. Performance highlights include 100-mile race completion (25:57:12 at Lake Cuyamaca). Race locations: Cave Creek, Silverton CO, Payson, Sedona, Scottsdale, Lake Cuyamaca CA, Fountain Hills. Based in Cave Creek area.	runners/endurance athletes	38th overall/14th female (25:57:12), multiple ultra races 2010-2012.
<b>Jimmy Yuan</b>	DC, Level 4 ELDOA, Full Body ART Instructor, TPI Certified	24+ years (graduated 2001), Founded WaR 2010	DC New York Chiropractic College (2001), BS Psychobiology SUNY Binghamton. Fellowship Medical Acupuncture. Full Body Active Release Techniques Instructor. Moved to Phoenix Jan 8, 2002. Founded Warrior Restoration	Chiropractic sports performance, ART (full body instructor), medical acupuncture, golf fitness/biomechanics ( <b>ASU Women's Golf Team</b> ), kettlebell training, functional movement, quick-fix pain management,	<b>Professional athletes:</b> Bertrand Berry (#92 AZ Cardinals), Karlos Dansby (Football), Cole Hamels, Dontrelle Willis (Baseball), Marcus Morris, Grant Hill (Basketball), Daniel Bryan, Brie Bella (WWE), Ludacris, Jon Rahm (PGA Tour),