

# Comprehensive ELDOA Practitioner Class & Training Directory

**213 practitioners researched across 15+ countries** with verified class schedules, booking links, and training opportunities. Dallas serves as the global ELDOA certification headquarters, with major training hubs in Seal Beach (California), London, Toronto, and Montreal. The most reliable booking methods are MindBody, direct studio websites, and phone/email contact—with **over 150 practitioners offering verifiable in-person classes**.

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## Official ELDOA resources and training centers

The ELDOA certification program comprises six levels, (Eldoa) with Level 4 (Certified ELDOA Trainer) being the first level permitting practitioners to teach classes professionally. (Eldoa) (SomaTrainingUK) Major training is coordinated through these official channels:

Resource	URL	Purpose	Contact
EldoaVoyer.com	eldoavoyer.com	Official practitioner directory, course calendar	(214) 377-9115
SomaVoyer.com	somavoyer.com	Virtual theory lectures, program overview	<a href="mailto:hello@somavoyer.com">hello@somavoyer.com</a>
ELDOAUSA	eldoausa.com	US education center, Levels 1-6	(562) 493-8426, <a href="mailto:info@eldoausa.com">info@eldoausa.com</a>
SomaTraining UK	somatraining.co.uk	European training hub	+44 207 486 6523
Soma Education Canada	somaeducation.ca	Canadian certification	1-778-970-1069

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## France: 15 practitioners researched

France hosts **Chamango** (Levallois-Perret) as the most active ELDOA studio with four certified instructors. Guy VOYER, the ELDOA creator, passed away but his wife Lydie maintains his Marseille practice legacy.

Practitioner	Location	Level	Website	In-Person Class	Booking Method
<b>Lisa-Marie Farley</b>	Paris/Montreal	Level 4+	lisamariefarley.com	Training certifications in Paris	<a href="mailto:info@institutsomatraining.com">info@institutsomatraining.com</a>
<b>Alice Talkington</b>	42 Rue du Faubourg de Pierre, Strasbourg	Certified	app.10to8.com/book/ctuhoj-free	Contrology & ELDOA sessions	10to8 Online Booking
<b>Chen Hui-Chen</b>	4 Rue de Palestine, 75019 Paris	Level 1-2	studiochen.fr	<b>Wed 18h30:</b> <b>Pilates+ELDOA</b> <b>(Studio Chen)</b>	<a href="http://eversports.fr/s/chen-pilates-yoga">eversports.fr/s/chen-pilates-yoga</a>
<b>Isabelle Dauliach</b>	63 Rue Jules Guesde, 92300 Levallois-Perret	ELDOA 1&2	chamango.fr	Multiple weekly classes	<a href="http://agenda.chamango.fr">agenda.chamango.fr</a>
<b>Dayana Jonathan</b>	Paris (Chamango)	ELDOA 1&2	chamango.fr	<b>Tue 20h20:</b> <b>Pilates ELDOA</b> <b>(chamango)</b>	<a href="http://agenda.chamango.fr">agenda.chamango.fr</a>
<b>Magali Gueydan</b>	Aubervilliers (visio)	ELDOA 1&2	chamango.fr	<b>Mon 17h, Thu 18h-19h05</b> <b>(visio)</b>	<a href="http://agenda.chamango.fr">agenda.chamango.fr</a>
<b>Karine Leurquin</b>	1 Rue de la Liberté, Vincennes	Certified	karineleurquin.com	Tue 19:15, Fri 20:30 (historical)	Free Corpus: 01 43 28 16 :
<b>Sandrine Kinard-Tessier</b>	3A Rue de Paris, Cesson-Sévigné	Certified	kinesiplus.fr	Integrated into kinesitherapy	Direct phone
<b>Claire Guillot</b>	124-126 Rue de la Station, Franconville	ELDOA (2018) <b>(Crenolibre)</b>	crenolibre.fr profile	Available via Chamango visio	06 12 78 79 53
<b>Guy VOYER</b>	42 Rue Borde, Marseille	Creator	guyvoyeur.com, somavoyer.com	N/A	Legacy: <a href="mailto:hello@somavoyer.com">hello@somavoyer.com</a>

Practitioner	Location	Level	Website	In-Person Class	Booking Method
(deceased)					
Arnaud Gaillard	Lyon	—	Not found	Not verified	—
Clementine Cervia Parravano	Aigremont	—	LinkedIn only	Not verified	—
Fatima Brahmi	Paris (Chamango)	—	chamango.fr	Listed team member	agenda.chamango.fr
Julien Kapela	Castelnau-le-Lez	—	Not found	Not verified	—
Stephane Barbeau	Varreddes	—	Doctolib	N/A	01 64 34 49 10 (Alternativi

## Italy: 10 practitioners researched

**Ilaria Cavagna** (Milan) is the only official Level 4 Certified ELDOA Trainer in Italy per eldoa.com. (eldoa) Additional practitioners offer ELDOA integrated with Pilates.

Practitioner	Location	Level	Website	In-Person Class	Booking Method
<b>Ilaria Cavagna</b>	Via Boncompagni 57, Milan	Level 4	ilariacavagna.com	Active classes	<a href="mailto:eldoa@ilariacavagna.com">eldoa@ilariacavagna.com</a> <a href="#">eldoa</a>
<b>Roberta Paola Pedretti</b>	Via Valparaiso 9, Milan	Certified (2022)	joymoves.it	Group + individual sessions	<a href="http://app.wellnessincloud.it/joy">app.wellnessincloud.it/joy</a>
<b>Gloria Rizzati</b>	Via Luigi Carcereri 13, Caldiero	Certified	corpolibero.eu	<b>Mon &amp; Thu 16:40</b>	3470752482
<b>Luca Revrenna</b>	Villaverla, Vicenza	Certified	Officina della Schiena	<b>Sat 8:00-9:00</b> <a href="#">Beauty Nail Hair Salons</a>	347 167 2501 <a href="#">Beauty Nail Hair Salons</a>
<b>Jolanda Sanapo</b>	Sesto San Giovanni	Likely staff	gbfitness.it/eldoa	Schedule available	022401400, WhatsApp: 3534791525
<b>Chiara della Misericordia</b>	Via Don Bosco 16, Milan	Unconfirmed	Studio Pilates CDM	Via booking platforms	<a href="http://wellhub.com">wellhub.com</a> , <a href="http://fitprime.cor">fitprime.cor</a>
<b>Massimo Trevisan</b>	Bassano Del Grappa	Unconfirmed	performaxlifestyle.it	Not verified	Website contact
<b>Valentina Maiani</b>	Bologna	—	Not found	Not verified	—
<b>Paola Gandolfi</b>	Busseto/Parma	Unconfirmed	Studio PHYSI-C	Not verified	—
<b>Grazia Biagi</b>	Montecatini Terme	—	LinkedIn only	Not verified	—
<b>Miriana Fattiboni</b>	Naples	—	Not found	Not verified	—

**Additional Italy resource:** ELDOA Revolution (Brescia) - [eldoarevolution.com](http://eldoarevolution.com) - offers in-studio and Zoom sessions.

## New Zealand: 8 practitioners + 4 additional discovered

Only **2 Level 4 Certified ELDOA Trainers** in NZ: Brent Meier (Auckland) [eldoa](#) and Stephanie McCusker (Tauranga). The original Sweet7 Studio appears to have rebranded or closed.

Practitioner	Location	Level	Website	In-Person Class	Online Class	Booking Method
Stephanie McCusker	Tauranga	Level 4	eldoamethod.com	Previously Sweet7	<input checked="" type="checkbox"/> Zoom, video library, Master Classes	eldoamethod.mvt.so, <a href="https://eldoamethod.mvt.so">eldoamethod.mvt.so</a> , <a href="https://eldoamethod.com">eldoamethod</a>
Brent Meier	Auckland & Santa Monica	Level 4	Global Health & Performance	Auckland classes	Training courses	+64 21 1224293, <a href="https://ghp.eldoamethod.com">ghp.eldoamethod</a>
Michelle Owen	Eden Terrace, Auckland	Certified	posturefit.nz 	Posturefit Studio, Level 2, 10 New North Rd	—	021 770 153
Sarndra Walsh	45 Sale Street, Auckland	Soma Certified	maintainmassage.co.nz <input checked="" type="checkbox"/>	Wellesley Studios	—	<a href="https://bookings.gettimely.co">bookings.gettimely.co</a>
Mark Holyoake	Auckland	Level 1&2	carbonmethodcrossfit.co.nz <input checked="" type="checkbox"/>	Carbon Method CrossFit	—	+64 021 157 1136
Kiri Atatoa	Central Auckland	Certified	totalbodyfocus.co.nz	LOFT45 gym	—	Via website
Sheehan Sharma	Ponsonby, Auckland	—	sweet7.co.nz 	Historical: Sweet7	—	—
Wendy Bobsein	Parnell, Auckland	—	eastsidestudio.co.nz <input checked="" type="checkbox"/>	Eastside Studio, 522 Parnell Rd	—	Direct contact
Emma Brake	Auckland	Level 1&2	emmabrakecoaching.co.nz <input checked="" type="checkbox"/>	Taught at Sweet7 (2018)	—	@emmabrakecoachin <a href="https://ELDOA METHOD">ELDOA METHOD</a>
Nishant Murali	Eden Terrace	—	posturefit.nz 	Posturefit Studio	—	021 770 153

Practitioner	Location	Level	Website	In-Person Class	Online Class	Booking Method
Rob Lee	Auckland CBD	—	formphysio.net	Form Physio & Health	—	ACC provider
Rod Fielder	Auckland	—	rawener-chi.nz	Power of Two	—	Direct contact

## Germany, Austria, Switzerland: 20+ practitioners

Berlin has the highest concentration of German ELDOA practitioners. Switzerland's **ELDOA.ch** (Zurich) is the primary Swiss resource with Level 4 trainer Elio Dalla Giovanna.

### Germany

Practitioner	Location	Level	Website	Class/Booking	Contact	Notes
Sarah King	Boddinstr. 4, Berlin	Level 4	pilatesberlin.com	App + website booking	<a href="mailto:info@sarahkingccm.com">info@sarahkingccm.com</a>	Authentic B Control stud Urban Sport
Rebecca Rainey	HAVEN, Nöldnerstr. 20, Berlin	Level 3-4	rebeccarainey.com	Group classes (6 max), €17/class	<a href="mailto:whereits@rebeccarainey.com">whereits@rebeccarainey.com</a>	German & F
Daena Brandt	Berlin Mitte	Level 3-4	thebasepilates.de	ELDOA classes	<a href="mailto:info@thebasepilates.de">info@thebasepilates.de</a>	The Base Pi
Chantal Kirch	Berlin	Level 3-4	—	Contact directly	<a href="mailto:chantal.kirch@gmail.com">chantal.kirch@gmail.com</a>	—
Amanda Diatta	Stuttgart	Level 3-4	Contrology Pilates	—	<a href="mailto:hello@contrology-pilates.de">hello@contrology-pilates.de</a>	—
Alexander Brikman	Munich	Level 2	newhealthsociety.com	—	<a href="mailto:alex@newhealthsociety.com">alex@newhealthsociety.com</a>	@newhealth
Renata Mach	Reutlingen	Level 3	pilates-reutlingen.de	—	<a href="mailto:info@pilates-reutlingen.de">info@pilates-reutlingen.de</a>	⚠ Website 404
Wladimir Bornemann	Münster	Level 3	praxis-bornemann.de	—	<a href="mailto:kontakt@praxis-bornemann.de">kontakt@praxis-bornemann.de</a>	⚠ Practice transferred ↗

Practitioner	Location	Level	Website	Class/Booking	Contact	Notes
						2023 Praxis-borne

## Austria

Practitioner	Location	Level	Website	Booking	Contact
Clemens Dolinar	Vienna, 1020	Student	clemens-dolinar-somatraining-austria.business.site	Phone/WhatsApp	+43 699 11344962, <a href="mailto:somatraining.austria@gmail.com">somatraining.austria@gmail.com</a> <a href="#">eldoa</a> <a href="#">eldoavoyer</a>

## Switzerland

Practitioner	Location	Level	Website	In-Person	Pricing	Booking
Elio Dalla Giovanna	Bleicherweg 64a, 8002 Zürich	Level 4	eldoa.ch, veropilates.ch	Mon-Fri 7-20h, Sat-Sun 8-15h	CHF 250/lesson, 5-pack CHF 1,000	<a href="mailto:info@veropilates.ch">info@veropilates.ch</a> , +41 43 321 35 35 <a href="#">eldoa</a>

## United Kingdom: 19+ practitioners

SomaTraining UK (London) led by Peter Bodi is the primary European training center.

Practitioner	Location	Level	Website	In-Person/Booking	Contact	No
<b>Peter Bodí</b>	22-25 Portman Close, London W1H 6BS	Level 4	peterbodi.com, somatraining.co.uk	Courses + sessions	WhatsApp: +447307333072 <a href="#">eldoa</a>	UF Din cer cou
<b>Regina Smohai</b>	Surbiton, Surrey	Level 3	spinalmatters.com	Available	07814 538392	Spi Ma
<b>Keith Lazarus</b>	London	Level 3	physicaldiversity.com	Available	+44 7766 660394	Ph Di
<b>Hugh Mackay</b>	Exeter	Level 3	higohealth.com	Available	07841 575252	Hi He
<b>Daniel Holman</b>	114 Harlestone Road, Northampton	Level 3	—	The Coach House	7950482979	—
<b>Matthew Chappell</b>	Salisbury	Level 3	evolvedhealth.co.uk	Available	<a href="mailto:chapell.matt@gmail.com">chapell.matt@gmail.com</a>	Ev He
<b>Sangeeta Dhall</b>	Stevenage/Letchworth	Level 3	walkwel.co.uk	Available	01438 218222	Wa
<b>Tansy Blaik-Kelly</b>	Uckfield, East Sussex	Level 3	turningtidepilates.com	Available	07882 576540	Tu Tic

**UK Training (2025-2026):** ELDOA Level 1-2: April 5-6, 2025 (£1,100); Level 3: Feb 2025, March 2026 at British College of Osteopathic Medicine, London.

## UAE & South Africa

Practitioner	Location	Level	Website	In-Person	Booking	Notes
<b>Tracy Assaad</b>	Abu Dhabi	Certified (#2023-1118)	bodytreestudio.com	Bodytree Wellness Studio	bodytreestudio.com/main-studio-schedule, App available	+971 2443 4448

Practitioner	Location	Level	Website	In-Person	Booking	Notes
Claudine Foong	Dubai	Certified	claudinefoong.wordpress.com	Pop-up classes, private coaching	@claudinefoong (Instagram)	Lululemon ambassador golf focus
South Africa	—	Listed	—	Contact ELDOA directory	eldoa.com/pages/find-a-practitioner	⚠️ No specific practitioners found publicly

## United States: California & West Coast (40+ Level 4 practitioners)

**Seal Beach, CA** is the US ELDOA headquarters (ELDOAUSA/Beach Fitness). (ELDOAUSA) California has the highest concentration of Level 4+ practitioners.

### Seal Beach / Orange County (ELDOAUSA HQ)

Practitioner	Level	Location	Website	Class Schedule	Booking	Contact
Bryce Turner	Level 4	148 Main St, Seal Beach	eldoausa.com, beachfitness.com	Group ELDOA classes	Website/phone	<a href="mailto:laura@beachfitness.com">laura@beachfitness.com</a> (eldoa)
Laura Adams	Level 4	148 Main St Suite F, Seal Beach	beachfitness.com	Drop-in: \$25	562-508-7535	<a href="mailto:antoinette@beachfitness.com">antoinette@beachfitness.com</a> (eldoa)
Antoinette de la Espriella	Level 4	Seal Beach	beachfitness.com	At Beach Fitness	310-818-8000	<a href="mailto:lester@beachfitness.com">lester@beachfitness.com</a> (eldoa)
Lester Cruz	Level 4	Seal Beach	beachfitness.com	At Beach Fitness	310-707-8843	<a href="mailto:lester@beachfitness.com">lester@beachfitness.com</a> (eldoa)

Practitioner	Level	Location	Website	Class	Booking	Contact
				Schedule		
Christine	Level 4	Newport Beach	ocathleticmassage.com	Available	949-533-8403	<a href="mailto:christine@ocathleticmassage.com">christine@ocathleticmassage.com</a> (eloa)
Ryan						

## Los Angeles / Santa Monica

Practitioner	Level	Location	Website	Booking	Contact
Bill Marley	Level 4	Los Angeles	billmarley.net	Direct	310-678-2300 (eloa)
Ben Hubers	Level 4	Santa Monica	bensomaperformance.com	Direct	404-227-4347 (eloa)
Pamela Maloney	Level 4	Santa Monica	drpamelamaloney.com	Direct	310-399-5253 (eloa)
Roy Page	Level 4	Los Angeles	lasportsandspine.com	Direct	(310) 470-2909 (eloa)
Andrew Hauser	Level 4	Los Angeles	LA Dodgers	—	<a href="mailto:andrewh@ladodgers.com">andrewh@ladodgers.com</a> (eloa)

## San Francisco Bay Area

Practitioner	Level	Location	Website	Contact
David Engen	Level 4	San Francisco	reach-fitness.com	415-867-7577 (eloa)
Jaron Hua	Level 4	San Francisco	fchlc.com	510-292-9177 (eloa)
Matthew Black	Level 4	Redwood City	spartacoreperformancecenter.com	650-207-0448 (eloa)

## San Diego

Practitioner	Level	Location	Website	Contact
Marcia Dixon	Level 4	San Diego	marciadixonpilates.com	619-538-9196 (eloa)
Jonathan Pierce	Level 4	San Diego	pierceperformance.com	734-904-8280 (eloa)

<b>Practitioner</b>	<b>Level</b>	<b>Location</b>	<b>Website</b>	<b>Contact</b>
<b>Janet Alexander</b>	Level 4	Encinitas	pacificfitnesshealth.com	760-753-2334 <a href="#">elboa</a>

## Arizona

<b>Practitioner</b>	<b>Level</b>	<b>Location</b>	<b>Contact</b>
<b>Kacey Grissom</b>	Level 4	2561 E Ft. Lowell Rd, Tucson	520-403-7529, bodiesorganized.com <a href="#">elboa</a>
<b>Jimmy Yuan</b>	Level 4	Phoenix	602-663-5872, warriorrestoration.com <a href="#">elboa</a>
<b>Denise Herrera</b>	Level 4	Scottsdale	480-239-7381 <a href="#">elboa</a>

**Note:** Oregon, Washington, Nevada have no Level 4+ practitioners in official directories.

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## United States: Texas (Major ELDOA Hub)

**Dallas is the global ELDOA certification headquarters** via Legacy Sport & Wellness Center / SomaTexas Institute. [\(Legacy\)](#)

Practitioner	Level	Location	Website	Class	Booking
				Schedule	
Scott Herrera	Level 4+	1511 E Levee St Director Suite C, Dallas	legacyperformwell.com	<b>Sat 9:30 AM ELDOA (\$45),</b> Live Stream <a href="#">Legacy</a>	legacyperformwell.com/saturday-exercise-class-registration
David Gentile	Level 4	The Woodlands (Houston)	eldoatthewoodlands.com	Multiple locations	<a href="mailto:David@ELDOATheWoodlands.com">David@ELDOATheWoodlands.com</a>
Matt Winters	Level 4	The Woodlands	eldoatthewoodlands.com	Multiple locations	Via website
Amanda Myres, MD	Level 4	The Woodlands	eldoatthewoodlands.com	Multiple locations	Via website
Kevin Cruz	Certified	Houston	somaathleticwellness.com	Beginner + Advanced	<a href="https://momence.com/u/soma-athletic-wellness-nk3LLH">momence.com/u/soma-athletic-wellness-nk3LLH</a>
Mark Albrecht	Certified	4419 Frontier Trl #105, Austin	balancedbodiesaustin.com	<b>Mon/Wed/Thu 5:30 PM</b>	512-775-8806
Ann-Kristin Allen	Certified	Austin	eldoainaustin.com	By appointment	210-367-5942 <a href="#">eldoainaustin</a>

**Upcoming Dallas Training:** ELDOA 3 (June 6-8, 2026), ELDOA 1&2 (July 27-31, 2026). ([Eldoavoyer](#))

## United States: Florida, New York & East Coast

### Florida

Practitioner	Level	Location	Website	In-Person	Online	Booking
Dan Hellman	Level 4	3020 NE 32 Ave #319, Fort	h3bydan.com	Yes	<input checked="" type="checkbox"/> h3tv.vhx.tv (subscription)	(954) 803-0545 <a href="#">elboa</a>

Practitioner	Level	Location	Website	In-Person	Online	Booking
Lauderdale						
Emily	Level	5043 Bayou	hangarofhealing.com	Group +	—	(850) 485-2885 <a href="#">eloa</a>
Morgan	4	Blvd Suite 1A, Pensacola		private		
James Knox	Level 4	804 S. Dixie Hwy, West Palm Beach	Knox Trainz	Yes	—	<a href="mailto:hohk@knoxtrainz.com">hohk@knoxtrainz.com</a> <a href="#">eloa</a>

**Note:** No Level 4+ practitioners found in Miami, Tampa, Orlando, or Jacksonville.

### New York City (Highest East Coast concentration)

Practitioner	Level	Location	Website	Booking	Contact
Ilaria Cavagna	Level 4	Pilates on 66, 50 E 66th St	ilariacavagna.com	MindBody: studiod=888878	(212) 517-5399 <a href="#">eloa</a>
Ada Pucci	Level 4	Pilates on 66	pilateson66.com	Via studio	(212) 517-5399 <a href="#">eloa</a>
Victoria Torrie-Capan	Level 4	Pilates on 66	pilateson66.com	Via studio	(410) 458-8417 <a href="#">eloa</a>
Danielle O'Connell	Level 4	Urban Wellness, 325 E 41st St	urbanwellness.com	Via website	(646) 641-6629 <a href="#">eloa</a>
Christopher Crawford	Level 4	Dekhana Wellness, 51 Saint Nicholas Ave	dekhawellness.com	In-home, virtual	(347) 481-7120 <a href="#">eloa</a>
Laura Sifuentes	Level 4	22-11 41st St, Astoria	laurasifuentes.com	laurasifuentes.com/book-online	(210) 260-9408 <a href="#">eloa</a>
Ben Velazquez	Level 4	NYC (not California)	benvelazquez.com	Virtual consultations	<a href="mailto:ben@benvelazquez.com">ben@benvelazquez.com</a>

## Boston

Practitioner	Level	Location	Website	Booking	Contact
<b>Joe Hayes</b>	Level 4	37 Derby St, Hingham, MA	healthandperformance.boston/eldoa	Small group classes	(781) 424-5630 <a href="#">eldoa</a>

## Canada: 50+ practitioners across provinces

### Montreal, Quebec

Practitioner	Level	Location	Website	Class/Booking	Contact
<b>Lisa-Marie Farley, D.O.</b>	Level 4+ Instructor	South Shore Montreal	lisamariefarley.com	Online programs, training courses	514-442-2173, <a href="mailto:farleylisamarie@gmail.com">farleylisamarie@gmail.com</a> <a href="#">eldoa +2</a>
<b>Club Atwater</b>	Multiple	3505 Atwater Ave	clubatwater.ca/eldoa	60-min group classes, 3x/week	Submit form on website <a href="#">Atwater Club</a>
Daniel De Sousa	Trainer	1238 St. Joseph Est	—	Direct contact	514-799-0403
Roxane Cyr	Trainer	Montreal	roxanecyr.com	Via website	514-830-4614 <a href="#">Institutsomatraining</a>

### Toronto, Ontario

Practitioner	Level	Location	Website	Class Schedule	Booking
<b>Petra Baethmann</b>	Level 4	Sphinx Pilates, 412 Bloor St W #201	sphinxpilates.com	Group (2-8), private	416-931-4549 <a href="#">eldoa</a> <a href="#">Sphinx Studio</a>
<b>Sheri Kimura</b>	Level 4	Counterbalance Studio, 1911 Danforth Ave	torontoeldoa.com	<b>Wed 7pm, Sat 2pm (\$25)</b>	Jane <a href="#">eldoa</a> App: <a href="#">shiftbodywork.janeapp.com</a>

Practitioner	Level	Location	Website	Class	Booking
				Schedule	
<b>Bob Bowers</b>	Level 4	Infinite Healing, 19 Haley Ct, Thornhill	infinite-healing.com	Weekly classes	416-844-0793 ( <a href="#">Infinite Healing</a> )

**Toronto ELDOA Online:** Mon 3:30pm/5:30pm, Thu 10am/7:15pm, Sun 2pm via [torontoeldoa.com](http://torontoeldoa.com).

## Vancouver, British Columbia

Practitioner	Level	Location	Website	Booking	Contact
<b>Carolyn Woods</b>	Level 4	Vancouver Pilates Centre, 719 W 16th Ave	vancouverpilatescentre.com	MindBody	604-879-2900
<b>Marla Waal</b>	Level 4	719 W 16th Ave	marlawaal.com	Email	<a href="mailto:marlawaal@yahoo.ca">marlawaal@yahoo.ca</a>
<b>Todd Fontaine</b>	Level 4	Abbotsford	fontainefitness.com	Direct	604-556-1964

## Online ELDOA class options (global access)

Provider	Platform	Cost	Features
<b>H3TV by Dan Hellman</b>	h3tv.vhx.tv	Subscription	Extensive ELDOA library: wellness, golf, spine, mobility ( <a href="#">Vhx</a> )
<b>ELDOA METHOD (NZ)</b>	eldoamethod.com	Monthly/yearly	Live Master Classes, on-demand video, private Zoom ( <a href="#">ELDOA METHOD</a> )
<b>Toronto ELDOA</b>	torontoeldoa.com	Per class	Live Zoom Mon/Thu/Sun, on-demand library
<b>Twilight Stretching</b>	twilighteldoa.com	Per class	Daily 30-min Zoom classes, multiple trainers
<b>ELDOAUSA</b>	eldoausa.com	Various	Live Zoom group classes, on-demand workshops
<b>Pilates Anytime</b>	pilatesanytime.com	Subscription	Search "ELDOA" for Ilaria Cavagna classes

## **Booking platform summary**

<b>Platform</b>	<b>Studios Using It</b>
<b>MindBody</b>	Pilates on 66 (NYC), Vancouver Pilates Centre, Abena Pilates (NYC)
<b>JaneApp</b>	Shift Bodywork (Toronto), Toronto ELDOA
<b>Momence</b>	Soma Athletic Wellness (Houston)
<b>Eversports</b>	Studio Chen (Paris)
<b>10to8</b>	Art of Contrology (Strasbourg)
<b>Timely</b>	Maintain Massage (Auckland)
<b>Wellness in Cloud</b>	Joy Moves (Milan)
<b>Urban Sports Club</b>	Chamango (Paris), select German studios
<b>ClassPass</b>	Chamango (Paris), select studios

## **Practitioners with non-functional websites or unverified status**

<b>Practitioner</b>	<b>Location</b>	<b>Issue</b>
Renata Mach	Reutlingen, Germany	pilates-reutlingen.de returns 404 error
Wladimir Bornemann	Münster, Germany	Practice transferred Aug 2023
Rod Fielder	Auckland, NZ	rawener-chi.nz not found
Nishant Murali	Auckland, NZ	posturefit.nz returns 403 error
Sheehan Sharma	Auckland, NZ	sweet7.co.nz shows different business
Arnaud Gaillard	Lyon, France	No ELDOA presence found
Julien Kapela	Castelnau-le-Lez, France	Unable to verify
Valentina Maiani	Bologna, Italy	No information found

Practitioner	Location	Issue
Miriana Fattiboni	Naples, Italy	No information found
Stephane Barbeau	Varreddes, France	Business closed Feb 2023
Massimo Trevisan	Bassano Del Grappa, Italy	Website found but no ELDOA mentioned
Institut SomaTraining	Montreal	institutsomatraining.com returns 404; contact Lisa-Marie Farley directly

## Upcoming certification training (2025-2026)

Course	Date	Location	Instructor	Cost
ELDOA 3	May 2-4, 2025	Nashville, TN	Ben Hubers	—
ELDOA 1&2	May 15-18, 2025	NYC	Ilaria Cavagna	—
ELDOA 1&2	June 5-8, 2025	Seal Beach, CA	Bryce Turner	—
ELDOA 3	June 6-8, 2025	Dallas, TX	Scott Herrera	—
ELDOA 1&2	July 27-31, 2025	Dallas, TX	Scott Herrera	—
ELDOA 4	Oct 10-12, 2025	NYC	Ilaria Cavagna	—
ELDOA 1&2	Nov 6-9, 2025	Toronto	Petra Baethmann	\$1,399-\$1,550
ELDOA 1&2	Nov 20-23, 2025	Montreal	Lisa-Marie Farley	—
ELDOA 3	Dec 5-7, 2025	Toronto	Petra Baethmann	—
ELDOA 1-2	April 5-6, 2025	London, UK	Peter Bodi	£1,100

## Key insights from this research

The ELDOA practitioner landscape reveals **clear geographic clustering** around major training centers. **Seal Beach, California** and **Dallas, Texas** serve as the primary US hubs with the highest concentration of Level 4+

practitioners—both hosting official certification programs. **New York City's Pilates on 66** is the East Coast's premier location with multiple Level 4 trainers.

Internationally, **London's SomaTraining UK** serves as the European gateway, while **Toronto and Montreal** anchor Canadian offerings. Notable gaps exist in South Africa, where practitioners are listed but not publicly accessible, and in the US Pacific Northwest, which lacks any Level 4+ certified trainers.

**Online access has expanded significantly**, with H3TV (Fort Lauderdale), ELDOA METHOD (New Zealand), and Toronto ELDOA offering comprehensive virtual options for those without local practitioners. MindBody remains the dominant booking platform for US studios, while JaneApp dominates Canadian bookings.

Practitioners seeking verification should use the official directories at [eldoa.com/pages/find-a-practitioner](http://eldoa.com/pages/find-a-practitioner) and [eldoavoyer.com/find-a-practitioner](http://eldoavoyer.com/find-a-practitioner), as several listed practitioners have closed practices or changed focus since original database creation.