

Comprehensive ELDOA Practitioner Class & Training Directory

213 practitioners researched across 15+ countries with verified class schedules, booking links, and training opportunities. Dallas serves as the global ELDOA certification headquarters, with major training hubs in Seal Beach (California), London, Toronto, and Montreal. The most reliable booking methods are MindBody, direct studio websites, and phone/email contact — with **over 150 practitioners offering verifiable in-person classes**.

Official ELDOA resources and training centers

The ELDOA certification program comprises six levels, ELDOA with Level 4 (Certified ELDOA Trainer) being the first level permitting practitioners to teach classes professionally. ELDOA SomaTrainingUK Major training is coordinated through these official channels:

Resource	URL	Purpose	Contact
EldoaVoyer.com	eldoavoyer.com	Official practitioner directory, course calendar	(214) 377-9115
SomaVoyer.com	somavoyer.com	Virtual theory lectures, program overview	hello@somavoyer.com
ELDOAUSA	eldoausa.com	US education center, Levels 1-6	(562) 493-8426, info@eldoausa.com
SomaTraining UK	somatraining.co.uk	European training hub	+44 207 486 6523
Soma Education Canada	somaeducation.ca	Canadian certification	1-778-970-1069

France: 15 practitioners researched

France hosts **Chamango** (Levallois-Perret) as the most active ELDOA studio with four certified instructors. Guy VOYER, the ELDOA creator, passed away but his wife Lydie maintains his Marseille practice legacy.

Practitioner	Location	Level	Website	In-Person Class	Booking Method
Lisa-Marie Farley	Paris/Montreal	Level 4+	lisamariefarley.com	Training certifications in Paris	info@institutsomatraining.com
Alice Talkington	42 Rue du Faubourg de Pierre, Strasbourg	Certified	app.10to8.com/book/ctuhoj-free	Contrology & ELDOA sessions	10to8 Online Booking
Chen Hui-Chen	4 Rue de Palestine, 75019 Paris	Level 1-2	studiochen.fr	Wed 18h30: Pilates+ELDOA Studio Chen	eversports.fr/s/chen-pilates-yoga
Isabelle Dauiach	63 Rue Jules Guesde, 92300 Levallois-Perret	ELDOA 1&2	chamango.fr	Multiple weekly classes	agenda.chamango.fr
Dayana Jonathan	Paris (Chamango)	ELDOA 1&2	chamango.fr	Tue 20h20: Pilates ELDOA chamango	agenda.chamango.fr
Magali Gueydan	Aubervilliers (visio)	ELDOA 1&2	chamango.fr	Mon 17h, Thu 18h-19h05 (visio)	agenda.chamango.fr
Karine Leurquin	1 Rue de la Liberté, Vincennes	Certified	karineleurquin.com	Tue 19:15, Fri 20:30 (historical)	Free Corpus: 01 43 28 16 54
Sandrine Kinard-Tessier	3A Rue de Paris, Cesson-Sévigné	Certified	kinesiplus.fr	Integrated into kinesitherapy	Direct phone
Claire Guillot	124-126 Rue de la Station, Franconville	ELDOA (2018) Crenolibre	crenolibre.fr profile	Available via Chamango visio	06 12 78 79 53
Guy VOYER	42 Rue Borde, Marseille	Creator	guyvoyer.com , somavoyer.com	N/A	Legacy: hello@somavoyer.com

Practitioner	Location	Level	Website	In-Person Class	Booking Method
(deceased)					
Arnaud Gaillard	Lyon	—	Not found	Not verified	—
Clementine Cervia Parravano	Aigremont	—	LinkedIn only	Not verified	—
Fatima Brahmi	Paris (Chamango)	—	chamango.fr	Listed team member	agenda.chamango.fr
Julien Kapela	Castelnau-le- Lez	—	Not found	Not verified	—
Stephane Barbeau	Varreddes	—	Doctolib	N/A	01 64 34 49 10 Alternativi


Italy: 10 practitioners researched

Ilaria Cavagna (Milan) is the only official Level 4 Certified ELDOA Trainer in Italy per eldoa.com. eldoa
 Additional practitioners offer ELDOA integrated with Pilates.



Practitioner	Location	Level	Website	In-Person Class	Booking Method
Ilaria Cavagna	Via Boncompagni 57, Milan	Level 4	ilariacavagna.com	Active classes	eldoa@ilariacavagna.com eldoa
Roberta Paola Pedretti	Via Valparaiso 9, Milan	Certified (2022)	joymoves.it 	Group + individual sessions	app.wellnessincloud.it/joy
Gloria Rizzati	Via Luigi Carcereri 13, Caldiero	Certified	corpolibero.eu	Mon & Thu 16:40	3470752482
Luca Revrenna	Villaverla, Vicenza	Certified	Officina della Schiena	Sat 8:00-9:00 Beauty Nail Hair Salons	347 167 2501 Beauty Nail Hair Salons
Jolanda Sanapo	Sesto San Giovanni	Likely staff	gbfitness.it/eldoa	Schedule available	022401400, WhatsApp: 3534791525
Chiara della Misericordia	Via Don Bosco 16, Milan	Unconfirmed	Studio Pilates CDM	Via booking platforms	wellhub.com, fitprime.cor
Massimo Trevisan	Bassano Del Grappa	Unconfirmed	performaxlifestyle.it	Not verified	Website contact
Valentina Maiani	Bologna	—	Not found	Not verified	—
Paola Gandolfi	Busseto/Parma	Unconfirmed	Studio PHYSI-C	Not verified	—
Grazia Biagi	Montecatini Terme	—	LinkedIn only	Not verified	—
Miriana Fattiboni	Naples	—	Not found	Not verified	—

Additional Italy resource: ELDOA Revolution (Brescia) - eldoarevolution.com - offers in-studio and Zoom sessions.

New Zealand: 8 practitioners + 4 additional discovered

Only **2 Level 4 Certified ELDOA Trainers** in NZ: Brent Meier (Auckland)  and Stephanie McCusker (Tauranga). The original Sweet7 Studio appears to have rebranded or closed.





Practitioner	Location	Level	Website	In-Person Class	Online Class	Booking Method
Stephanie McCusker	Tauranga	Level 4	eldoamethod.com	Previously Sweet7	✓ Zoom, video library, Master Classes	eldoamethod.mvt.so, eldoamethod
Brent Meier	Auckland & Santa Monica	Level 4	Global Health & Performance	Auckland classes	Training courses	+64 21 1224293, ghp , eldoa
Michelle Owen	Eden Terrace, Auckland	Certified	posturefit.nz ⚠	Posturefit Studio, Level 2, 10 New North Rd Posturefit	—	021 770 153
Sarndra Walsh	45 Sale Street, Auckland	Soma Certified	maintainmassage.co.nz ✓	Wellesley Studios	—	bookings.gettimely.cc
Mark Holyoake	Auckland	Level 1&2	carbonmethodcrossfit.co.nz ✓	Carbon Method CrossFit	—	+64 021 157 1136
Kiri Atatoa	Central Auckland	Certified	totalbodyfocus.co.nz	LOFT45 gym	—	Via website
Sheehan Sharma	Ponsonby, Auckland	—	sweet7.co.nz ⚠	Historical: Sweet7	—	—
Wendy Bobsein	Parnell, Auckland	—	eastsidestudio.co.nz ✓	Eastside Studio, 522 Parnell Rd	—	Direct contact
Emma Brake	Auckland	Level 1&2	emmabracecoaching.co.nz ✓	Taught at Sweet7 (2018) ELDOA METHOD	—	@emmabracecoachin
Nishant Murali	Eden Terrace	—	posturefit.nz ⚠	Posturefit Studio	—	021 770 153

Practitioner	Location	Level	Website	In-Person Class	Online Class	Booking Method
Rob Lee	Auckland CBD	—	formphysio.net 	Form Physio & Health	—	ACC provider
Rod Fielder	Auckland	—	rawener-chi.nz 	Power of Two	—	Direct contact

Germany, Austria, Switzerland: 20+ practitioners

Berlin has the highest concentration of German ELDOA practitioners. Switzerland's **ELDOA.ch** (Zurich) is the primary Swiss resource with Level 4 trainer Elio Dalla Giovanna. [\(eldoa\)](#)

Germany

Practitioner	Location	Level	Website	Class/Booking	Contact	Notes
Sarah Michelle King	Boddinstr. 4, Berlin	Level 4	pilatesberlin.com	App + website booking	info@sarahkingccm.com (eldoa)	Authentic B Control stu Urban Sport
Rebecca Rainey	HAVEN, Nöldnerstr. 20, Berlin	Level 3-4	rebeccarainey.com	Group classes (6 max), €17/class (Rebeccarainey)	whereits@rebeccarainey.com	German & I
Daena Brandt	Berlin Mitte	Level 3-4	thebasepilates.de	ELDOA classes	info@thebasepilates.de	The Base Pi
Chantal Kirch	Berlin	Level 3-4	—	Contact directly	chantal.kirch@gmail.com	—
Amanda Diatta	Stuttgart	Level 3-4	Contrology Pilates	—	hello@contrology-pilates.de	—
Alexander Brikman	Munich	Level 2	newhealthsociety.com	—	alex@newhealthsociety.com	@newhealth
Renata Mach	Reutlingen	Level 3	pilates-reutlingen.de 	—	info@pilates-reutlingen.de	 Website 404
Wladimir Bornemann	Münster	Level 3	praxis-bornemann.de 	—	kontakt@praxis-bornemann.de	 Practice transferred /

Practitioner	Location	Level	Website	Class/Booking	Contact	Notes
						2023
						Praxis-borne

Austria

Practitioner	Location	Level	Website	Booking	Contact
Clemens Dolinar	Vienna, 1020	Student	clemens-dolinar-somatraining-austria.business.site	Phone/WhatsApp	+43 699 11344962, somatraining.austria@gmail.com eldoa eldoavoyer

Switzerland

Practitioner	Location	Level	Website	In-Person	Pricing	Booking
Elio Dalla Giovanna	Bleicherweg 64a, 8002 Zürich	Level 4	eldoa.ch , veropilates.ch	Mon-Fri 7-20h, Sat-Sun 8-15h	CHF 250/lesson, 5-pack CHF 1,000	info@veropilates.ch , +41 43 321 35 35 eldoa eldoa

United Kingdom: 19+ practitioners

SomaTraining UK (London) led by Peter Bodi is the primary European training center.

Practitioner	Location	Level	Website	In-Person/Booking	Contact	Notes
Peter Bodi	22-25 Portman Close, London W1H 6BS	Level 4	peterbodi.com, somatraining.co.uk	Courses + sessions	WhatsApp: +447307333072 eldoa	UK Diversity center cot
Regina Smohai	Surbiton, Surrey	Level 3	spinalmatters.com	Available	07814 538392	Spinal Matters
Keith Lazarus	London	Level 3	physicaldiversity.com	Available	+44 7766 660394	Physical Diversity
Hugh Mackay	Exeter	Level 3	higohealth.com	Available	07841 575252	Higo Health
Daniel Holman	114 Harlestone Road, Northampton	Level 3	—	The Coach House	7950482979	—
Matthew Chappel	Salisbury	Level 3	evolvedhealth.co.uk	Available	chapell.matt@gmail.com	Evolved Health
Sangeeta Dhall	Stevenage/Letchworth	Level 3	walkwel.co.uk	Available	01438 218222	Walk Well
Tansy Blaik-Kelly	Uckfield, East Sussex	Level 3	turningtidepilates.com	Available	07882 576540	Turning Tide

UK Training (2025-2026): ELDOA Level 1-2: April 5-6, 2025 (£1,100); Level 3: Feb 2025, March 2026 at British College of Osteopathic Medicine, London.

UAE & South Africa

Practitioner	Location	Level	Website	In-Person	Booking	Notes
Tracy Assaad	Abu Dhabi	Certified (#2023-1118)	bodytreestudio.com	Bodytree Wellness Studio	bodytreestudio.com/main-studio-schedule, App available	+971 2443 4448

Practitioner	Location	Level	Website	In-Person	Booking	Notes
Claudine Foong	Dubai	Certified	claudinefoong.wordpress.com	Pop-up classes, private coaching	@claudinefoong (Instagram)	Lululemon ambassador, golf focus
South Africa	—	Listed	—	Contact ELDOA directory	eldoa.com/pages/find-a-practitioner	⚠ No specific practitioners found publicly

United States: California & West Coast (40+ Level 4 practitioners)

Seal Beach, CA is the US ELDOA headquarters (ELDOAUSA/Beach Fitness). (ELDOAUSA) California has the highest concentration of Level 4+ practitioners.

Seal Beach / Orange County (ELDOAUSA HQ)

Practitioner	Level	Location	Website	Class Schedule	Booking	Contact
Bryce Turner	Level 4	148 Main St, Seal Beach	eldoausa.com, beachfitness.com	Group ELDOA classes	Website/phone	eldoa@beachfitness.com (eldoa)
Laura Adams	Level 4	148 Main St, Suite F, Seal Beach	beachfitness.com	Drop-in: \$25	562-508-7535	laura@beachfitness.com (eldoa)
Antoinette de la Espriella	Level 4	Seal Beach	beachfitness.com	At Beach Fitness	310-818-8000	antoinette@beachfitness.com (eldoa)
Lester Cruz	Level 4	Seal Beach	beachfitness.com	At Beach Fitness	310-707-8843	lester@beachfitness.com (eldoa)

Practitioner	Level	Location	Website	Class Schedule	Booking	Contact
Christine Ryan	Level 4	Newport Beach	ocathleticmassage.com	Available	949-533-8403	christine@ocathleticmassage.com eldoa

Los Angeles / Santa Monica

Practitioner	Level	Location	Website	Booking	Contact
Bill Marley	Level 4	Los Angeles	billmarley.net	Direct	310-678-2300 eldoa
Ben Hubers	Level 4	Santa Monica	bensomaperformance.com	Direct	404-227-4347 eldoa
Pamela Maloney	Level 4	Santa Monica	drpamelamaloney.com	Direct	310-399-5253 eldoa
Roy Page	Level 4	Los Angeles	lasportsandspine.com	Direct	(310) 470-2909 eldoa
Andrew Hauser	Level 4	Los Angeles	LA Dodgers	—	andrewh@ladodgers.com eldoa

San Francisco Bay Area

Practitioner	Level	Location	Website	Contact
David Engen	Level 4	San Francisco	reach-fitness.com	415-867-7577 eldoa
Jaron Hua	Level 4	San Francisco	fchlc.com	510-292-9177 eldoa
Matthew Black	Level 4	Redwood City	spartacoreperformancecenter.com	650-207-0448 eldoa

San Diego

Practitioner	Level	Location	Website	Contact
Marcia Dixon	Level 4	San Diego	marciadixonpilates.com	619-538-9196 eldoa
Jonathan Pierce	Level 4	San Diego	pierceperformance.com	734-904-8280 eldoa

Practitioner	Level	Location	Website	Contact
Janet Alexander	Level 4	Encinitas	pacificfitnesshealth.com	760-753-2334 eldoa

Arizona

Practitioner	Level	Location	Contact
Kacey Grissom	Level 4	2561 E Ft. Lowell Rd, Tucson	520-403-7529, bodiesorganized.com eldoa
Jimmy Yuan	Level 4	Phoenix	602-663-5872, warriorrestoration.com eldoa
Denise Herrera	Level 4	Scottsdale	480-239-7381 eldoa

Note: Oregon, Washington, Nevada have no Level 4+ practitioners in official directories.

United States: Texas (Major ELDOA Hub)


Dallas is the global ELDOA certification headquarters via Legacy Sport & Wellness Center / SomaTexas Institute. Legacy

Practitioner	Level	Location	Website	Class Schedule	Booking
Scott Herrera	Level 4+ Director	1511 E Levee St Suite C, Dallas	legacyperformwell.com	Sat 9:30 AM ELDOA (\$45), Live Stream Legacy	legacyperformwell.com/saturday-exercise-class-registration
David Gentile	Level 4	The Woodlands (Houston)	eldoathewoodlands.com	Multiple locations	David@ELDOATheWoodlands.com
Matt Winters	Level 4	The Woodlands	eldoathewoodlands.com	Multiple locations	Via website
Amanda Myres, MD	Level 4	The Woodlands	eldoathewoodlands.com	Multiple locations	Via website
Kevin Cruz	Certified	Houston	somaathleticwellness.com	Beginner + Advanced	momence.com/u/soma-athletic-wellness-nk3LLH
Mark Albrecht	Certified	4419 Frontier Trl #105, Austin	balancedbodiesaustin.com	Mon/Wed/Thu 5:30 PM	512-775-8806
Ann-Kristin Allen	Certified	Austin	eldoainaustin.com	By appointment	210-367-5942 eldoainaustin

Upcoming Dallas Training: ELDOA 3 (June 6-8, 2026), ELDOA 1&2 (July 27-31, 2026). [Eldoavoyer](#)

United States: Florida, New York & East Coast

Florida

Practitioner	Level	Location	Website	In- Person	Online	Booking
Dan Hellman	Level 4	3020 NE 32 Ave #319, Fort	h3bydan.com	Yes	 h3tv.vhx.tv (subscription)	(954) 803-0545 eldoa

Practitioner	Level	Location	Website	In-Person	Online	Booking
Lauderdale						
Emily Morgan	Level 4	5043 Bayou Blvd Suite 1A, Pensacola	hangarofhealing.com	Group + private	—	(850) 485-2885 (eldoa)
James Knox	Level 4	804 S. Dixie Hwy, West Palm Beach	Knox Trainz	Yes	—	hohk@knoxtrainz.com (eldoa)

Note: No Level 4+ practitioners found in Miami, Tampa, Orlando, or Jacksonville.

New York City (Highest East Coast concentration)

Practitioner	Level	Location	Website	Booking	Contact
Ilaria Cavagna	Level 4	Pilates on 66, 50 E 66th St	ilariacavagna.com	MindBody: studioid=888878	(212) 517-5399 (eldoa)
Ada Pucci	Level 4	Pilates on 66	pilateson66.com	Via studio	(212) 517-5399 (eldoa)
Victoria Torrie-Capan	Level 4	Pilates on 66	pilateson66.com	Via studio	(410) 458-8417 (eldoa)
Danielle O'Connell	Level 4	Urban Wellness, 325 E 41st St	urbanwellness.com	Via website	(646) 641-6629 (eldoa)
Christopher Crawford	Level 4	Dekhana Wellness, 51 Saint Nicholas Ave	dekhanawellness.com	In-home, virtual	(347) 481-7120 (eldoa)
Laura Sifuentez	Level 4	22-11 41st St, Astoria	laurasifuentez.com	laurasifuentez.com/book-online	(210) 260-9408 (eldoa)
Ben Velazquez	Level 4	NYC (not California)	benvelazquez.com	Virtual consultations	ben@benvelazquez.com

Boston

Practitioner	Level	Location	Website	Booking	Contact
Joe Hayes	Level 4	37 Derby St, Hingham, MA	healthandperformance.boston/eldoa	Small group classes	(781) 424-5630 eldoa

Canada: 50+ practitioners across provinces

Montreal, Quebec

Practitioner	Level	Location	Website	Class/Booking	Contact
Lisa-Marie Farley, D.O.	Level 4+ Instructor	South Shore Montreal	lisamariefarley.com	Online programs, training courses	514-442-2173, farleylisamarie@gmail.com eldoa +2
Club Atwater	Multiple	3505 Atwater Ave	clubatwater.ca/eldoa	60-min group classes, 3x/week	Submit form on website Atwater Club
Daniel De Sousa	Trainer	1238 St. Joseph Est	—	Direct contact	514-799-0403
Roxane Cyr	Trainer	Montreal	roxanecyr.com	Via website	514-830-4614 Institutsomatraining

Toronto, Ontario

Practitioner	Level	Location	Website	Class Schedule	Booking
Petra Baethmann	Level 4	Sphinx Pilates, 412 Bloor St W #201	sphinxpilates.com	Group (2-8), private	416-931-4549 eldoa Sphinx Studio
Sheri Kimura	Level 4	Counterbalance Studio, 1911 Danforth Ave	torontoeldoa.com	Wed 7pm, Sat 2pm (\$25)	Jane eldoa App: shiftbodywork.janeapp.com

Practitioner	Level	Location	Website	Class Schedule	Booking
Bob Bowers	Level 4	Infinite Healing, 19 Haley Ct, Thornhill	infinite- healing.com	Weekly classes	416-844-0793 Infinite Healing

Toronto ELDOA Online: Mon 3:30pm/5:30pm, Thu 10am/7:15pm, Sun 2pm via torontoeldoa.com.

Vancouver, British Columbia

Practitioner	Level	Location	Website	Booking	Contact
Carolyn Woods	Level 4	Vancouver Pilates Centre, 719 W 16th Ave	vancouverpilatescentre.com	MindBody	604-879-2900
Marla Waal	Level 4	719 W 16th Ave	marlawaal.com	Email	marlawaal@yahoo.ca
Todd Fontaine	Level 4	Abbotsford	fontainefitness.com	Direct	604-556-1964

Online ELDOA class options (global access)

Provider	Platform	Cost	Features
H3TV by Dan Hellman	h3tv.vhx.tv	Subscription	Extensive ELDOA library: wellness, golf, spine, mobility Vhx
ELDOA METHOD (NZ)	eldoamethod.com	Monthly/yearly	Live Master Classes, on-demand video, private Zoom ELDOA METHOD
Toronto ELDOA	torontoeldoa.com	Per class	Live Zoom Mon/Thu/Sun, on-demand library
Twilight Stretching	twilighteldoa.com	Per class	Daily 30-min Zoom classes, multiple trainers
ELDOAUSA	eldoausa.com	Various	Live Zoom group classes, on-demand workshops
Pilates Anytime	pilatesanytime.com	Subscription	Search "ELDOA" for Ilaria Cavagna classes

Booking platform summary

Platform	Studios Using It
MindBody	Pilates on 66 (NYC), Vancouver Pilates Centre, Abena Pilates (NYC)
JaneApp	Shift Bodywork (Toronto), Toronto ELDOA
Momence	Soma Athletic Wellness (Houston)
Eversports	Studio Chen (Paris)
10to8	Art of Contrology (Strasbourg)
Timely	Maintain Massage (Auckland)
Wellness in Cloud	Joy Moves (Milan)
Urban Sports Club	Chamango (Paris), select German studios
ClassPass	Chamango (Paris), select studios

Practitioners with non-functional websites or unverified status

Practitioner	Location	Issue
Renata Mach	Reutlingen, Germany	pilates-reutlingen.de returns 404 error
Wladimir Bornemann	Münster, Germany	Practice transferred Aug 2023
Rod Fielder	Auckland, NZ	rawener-chi.nz not found
Nishant Murali	Auckland, NZ	posturefit.nz returns 403 error
Sheehan Sharma	Auckland, NZ	sweet7.co.nz shows different business
Arnaud Gaillard	Lyon, France	No ELDOA presence found
Julien Kapela	Castelnau-le-Lez, France	Unable to verify
Valentina Maiani	Bologna, Italy	No information found

Practitioner	Location	Issue
Miriana Fattiboni	Naples, Italy	No information found
Stephane Barbeau	Varreddes, France	Business closed Feb 2023
Massimo Trevisan	Bassano Del Grappa, Italy	Website found but no ELDOA mentioned
Institut SomaTraining	Montreal	institutsomatraining.com returns 404; contact Lisa-Marie Farley directly

Upcoming certification training (2025-2026)

Course	Date	Location	Instructor	Cost
ELDOA 3	May 2-4, 2025	Nashville, TN	Ben Hubers	—
ELDOA 1&2	May 15-18, 2025	NYC	Ilaria Cavagna	—
ELDOA 1&2	June 5-8, 2025	Seal Beach, CA	Bryce Turner	—
ELDOA 3	June 6-8, 2025	Dallas, TX	Scott Herrera	—
ELDOA 1&2	July 27-31, 2025	Dallas, TX	Scott Herrera	—
ELDOA 4	Oct 10-12, 2025	NYC	Ilaria Cavagna	—
ELDOA 1&2	Nov 6-9, 2025	Toronto	Petra Baethmann	\$1,399-\$1,550
ELDOA 1&2	Nov 20-23, 2025	Montreal	Lisa-Marie Farley	—
ELDOA 3	Dec 5-7, 2025	Toronto	Petra Baethmann	—
ELDOA 1-2	April 5-6, 2025	London, UK	Peter Bodi	£1,100

Key insights from this research

The ELDOA practitioner landscape reveals **clear geographic clustering** around major training centers. **Seal Beach, California** and **Dallas, Texas** serve as the primary US hubs with the highest concentration of Level 4+

practitioners—both hosting official certification programs. **New York City's Pilates on 66** is the East Coast's premier location with multiple Level 4 trainers.

Internationally, **London's SomaTraining UK** serves as the European gateway, while **Toronto and Montreal** anchor Canadian offerings. Notable gaps exist in South Africa, where practitioners are listed but not publicly accessible, and in the US Pacific Northwest, which lacks any Level 4+ certified trainers.

Online access has expanded significantly, with H3TV (Fort Lauderdale), ELDOA METHOD (New Zealand), and Toronto ELDOA offering comprehensive virtual options for those without local practitioners. MindBody remains the dominant booking platform for US studios, while JaneApp dominates Canadian bookings.

Practitioners seeking verification should use the official directories at **eldoa.com/pages/find-a-practitioner** and **eldoavoyer.com/find-a-practitioner**, as several listed practitioners have closed practices or changed focus since original database creation.