

PILLAR

1. "Comprehensive screening form: medical history and red flag checklist, risk assessment tool"
2. "Contraindication warning chart: conditions requiring caution or avoidance, safety guidelines"

Scapular Dyskinesis

1. "Movement analysis photo: abnormal shoulder blade motion during arm raise, dysfunction pattern"
2. "Correction sequence: thoracic spine work improving scapular position, treatment approach"

Science Integration

1. "Evidence hierarchy pyramid: showing current research quality levels, scientific foundation"
2. "Basic to clinical science pathway: theoretical mechanisms to practical application, translational medicine"

Screening

1. "Multi-system assessment form: comprehensive intake evaluating all relevant factors, thorough evaluation"
2. "Risk stratification diagram: sorting patients by safety and success likelihood, clinical triage"

Segmental Specificity

1. "Spine model demonstration: isolating single vertebral level for treatment, precision technique"
2. "Vector force diagram: targeted decompression at specific segment, biomechanical precision"

Self-Management

1. "Patient education materials: illustrated home exercise guides and tracking tools, empowerment resources"
2. "Independence timeline: progression from supervised to autonomous care, self-efficacy development"

Sensory Feedback

1. "Body sensation map: different feeling types during positions marked with colors, interpretation guide"
2. "Therapeutic sensation scale: distinguishing helpful stretch from harmful pain, safety education"