

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
			Cycling Instructors by ClassPass.		
<b>Teal Montgomery</b>	Level 4 ELDOA	Multiple years	Listed in official ELDOA directory.	ELDOA training	-

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### NEWPORT BEACH (1 Practitioner)

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
<b>Roy Khoury</b>	Level 4 ELDOA, 15+ certifications	Since 2001 (20+ years), Studio opened 2014	Cal State Fullerton (Kinesiology, early 2000s). Started in PT clinic while completing studies. Opened specialized golf fitness studio Newport Beach 2014. Teaching ELDOA since 2012 after first	Golf fitness (primary), movement restoration, joint-by-joint approach, ELDOA Method, Functional Movement Screening, R	K Method (specialized golf + PT techniques)	Pro golfers, golf trainers, student athletes, weekend warriors. Named one of Best Trainers by industry professionals.

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			course with Dr. Guy Voyer.			

## SAN DIEGO (4 Practitioners)

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<b>Marcia Dixon</b>	Level 4 ELDOA, Romana's Pilates 2008	Since 2008	Background in art, not naturally athletic. Found Contrology helped knee issues. Completed ELDOA trainer certification to enhance practice.	Pilates for brain health, mobility, posture, awareness using breath	Listed Pilatesology directory	San Diego 9196 n
<b>Jonathan Pierce</b>	Level 4 ELDOA, ART Provider	Founded Kinetik 2016, Elite runner	Elite distance runner, competed	Active Release Technique, sports performance, elite athletes, injury	<b>Olympic gold medalists, professional athletes,</b> Marathon runners,	Kinetik Per 8280 jc Better Busi

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		2007-2011 <div>SDVoyager</div>	2008 US Olympic Team Trials. Professional distance runner 2007-2011. Consultant for Brooks (managing pro track athletes), Director Rehab, Sports Therapy Consultant <b>SD Chargers</b> (2013), Elite athlete therapy Rock n Roll SD Marathon (2013-2015),	management, running mechanics, complex cases <div>Pierce Performance</div>	triathletes, CrossFit, weightlifters, track & field. 75-year-old retirees to Olympic medalists. <div>SDVoyager</div>	

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			USOC Massage Therapist track & field (2010-2012).			
<b>Jeffrey Lacson</b>	Level 4 ELDOA	Multiple years	Practitioner at Kinetik Performance with Jonathan Pierce's team.	Sports performance, injury management	-	7323 Engin
<b>Rex Butler</b>	Level 4 ELDOA, Osteopathic Practitioner	Multiple years	Trained with renowned experts including Dr. Guy Voyer. Deeply rooted in Osteopathic Medicine. Treats patients exclusively with hands-	Osteopathic manual therapy, ELDOA Method for back pain, specifically tailored health programs, detox, therapeutic fasting	-	San Diego Somatrainin

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			on manual techniques. Based on complex systems theory model which is non-linear, focuses on body as whole.			

**RIVERSIDE (1 Practitioner)**

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
<b>Andrew Flores</b>	Level 4 ELDOA, Kettlebell Certified	12+ years	BS UC Riverside. Southern California native. Specializes in mobility training and unconventional strength	Mobility training, unconventional strength (clubbell, steel mace, kettlebells, sandbags), bodyweight training,	All athletes, martial artists, dancers, first responders, elderly. Regular workshops: mobility/flexibility, kettlebell, Acro Yoga, Animal Flow. <a href="#">LinkedIn +2</a>	The ZHU Training Center 3122  <a href="#">thezhu.com</a>

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			training for all levels.	ELDOA, myofascial stretching, breath work, joint mechanics		

### TORRANCE (1 Practitioner)

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<b>Travis McKay</b>	DPT, OCS, CSCS, CFSC, FMS/SFMA, Level 4 ELDOA	20+ years	DPT University of Southern California (2003). Played basketball through college, follows sports avidly (USC fan). Severe foot injury led to PT passion. Noticed	Functional fitness, therapeutic exercise, balance improvement, injury prevention, spinal decompression, ELDOA Method, custom orthotics	Known for individualized attention, improving balance/stability, preventing falls, helping mobility after injuries. <div>TherEx Station</div> Max 6 people per class.	TherEx Station PT 0456  <a href="mailto:tmckay@">tmckay@</a>

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			difficulty patients had maintaining progress after dismissal, led to developing TherEx Station.			

## CALIFORNIA - NORTHERN REGION

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
<b>Matthew Black</b>	Level 4 ELDOA	Multiple years	House of Hustle, Redwood City specialized in personal training and small group metabolic circuit training. <a href="#">Yelp +3</a>	Balance, stability, strength, cardio, joint alignment, flexibility, mental endurance <a href="#">Yelp</a>	<b>Note:</b> House of Hustle appears closed as of research date. <a href="#">Worldorgs</a>
<b>Justin Brink</b>	DC, Level 4 ELDOA	15+ years	Palmer College West (Magna Cum Laude, 2011), BS Biology CSU Sacramento. Clinic Director at Premiere	Sports chiropractic, movement rehab, ELDOA integration, soft tissue methodologies, corrective exercises. Not	<b>NHL players:</b> Luke Radil, Teemu Selänne <b>UFC:</b> Luke Rockhold