

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
			Cycling Instructors by ClassPass.		
Teal Montgomery	Level 4 ELDOA	Multiple years	Listed in official ELDOA directory.	ELDOA training	-

NEWPORT BEACH (1 Practitioner)

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
Roy Khoury	Level 4 ELDOA, 15+ certifications	Since 2001 (20+ years), Studio opened 2014	Cal State Fullerton (Kinesiology, movement restoration, joint-by-joint approach, ELDOA Method, Functional Movement Screening, R	Golf fitness (primary), movement restoration, joint-by-joint approach, ELDOA Method, Functional Movement Screening, R	K Method (specialized golf + PT techniques) Named one of Best Trainers by industry professionals.	Pro golfers, golf trainers, student athletes, weekend warriors.

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			course with Dr. Guy Voyer.			

SAN DIEGO (4 Practitioners)

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Marcia Dixon	Level 4 ELDOA, Romana's Pilates 2008	Since 2008	Background in art, not naturally athletic. Found Contrology helped knee issues. Completed ELDOA trainer certification to enhance practice.	Pilates for brain health, mobility, posture, awareness using breath	Listed Pilatesology directory	San Diego 9196 n
Jonathan Pierce	Level 4 ELDOA, ART Provider	Founded Kinetik 2016, Elite runner	Elite distance runner, competed	Active Release Technique, sports performance, elite athletes, injury	Olympic gold medalists, professional athletes, Marathon runners,	Kinetik Per 8280 jc Better Busi

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		2007-2011 SDVoyager	2008 US Olympic Team Trials. Professional distance runner 2007-2011. Consultant for Brooks (managing pro track athletes), Director Rehab, Sports Therapy Consultant SD Chargers (2013), Elite athlete therapy Rock n Roll SD Marathon (2013-2015),	management, running mechanics, complex cases Pierce Performance	triathletes, CrossFit, weightlifters, track & field. 75-year-old retirees to Olympic medalists. SDVoyager	

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			USOC Massage Therapist track & field (2010-2012).			
Jeffrey Lacson	Level 4 ELDOA	Multiple years	Practitioner at Kinetik Performance with Jonathan Pierce's team.	Sports performance, injury management	-	7323 Engin
Rex Butler	Level 4 ELDOA, Osteopathic Practitioner	Multiple years	Trained with renowned experts including Dr. Guy Voyer. Deeply rooted in Osteopathic Medicine. Treats patients exclusively with hands-	Osteopathic manual therapy, ELDOA Method for back pain, specifically tailored health programs, detox, therapeutic fasting	-	San Diego- Somatraining

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			on manual techniques. Based on complex systems theory model which is non-linear, focuses on body as whole.			

RIVERSIDE (1 Practitioner)

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
Andrew Flores	Level 4 ELDOA, Kettlebell Certified	12+ years	BS UC Riverside. Southern California native. Specializes in mobility training and unconventional strength	Mobility training, unconventional strength (clubbell, steel mace, kettlebells, sandbags), bodyweight training,	All athletes, martial artists, dancers, first responders, elderly. Regular workshops: mobility/flexibility, kettlebell, Acro Yoga, Animal Flow.	The ZHU Trainin 3122 thezhu.com

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			training for all levels.	ELDOA, myofascial stretching, breath work, joint mechanics		

TORRANCE (1 Practitioner)

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
Travis McKay	DPT, OCS, CSCS, CFSC, FMS/SFMA, Level 4 ELDOA	20+ years	DPT University of Southern California (2003). Played basketball through college, follows sports avidly (USC fan). Severe foot injury led to PT passion. Noticed	Functional fitness, therapeutic exercise, balance improvement, injury prevention, spinal decompression, ELDOA Method, custom orthotics	Known for individualized attention, improving balance/stability, preventing falls, helping mobility after injuries. TherEx Station Max 6 people per class.	TherEx Station PT 0456 tmckay@

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			difficulty patients had maintaining progress after dismissal, led to developing TherEx Station.			

CALIFORNIA - NORTHERN REGION

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
Matthew Black	Level 4 ELDOA	Multiple years	House of Hustle, Redwood City specialized in personal training and small group metabolic circuit training. Yelp +3	Balance, stability, strength, cardio, joint alignment, flexibility, mental endurance	Note: House of Hustle appears closed as of research date. Worldorgs
Justin Brink	DC, Level 4 ELDOA	15+ years	Palmer College West (Magna Cum Laude, 2011), BS Biology CSU Sacramento. Clinic Director at Premiere	Sports chiropractic, movement rehab, ELDOA integration, soft tissue methodologies, corrective exercises. Not	NHL players: Luk Radil, Teemu Selänen, Joe Thornton, Patrik Marleau, Joe Pavelski. UFC: Luke Rockhold