

- **Daniela Renata Rossi** - Via Monti Sabini 13, Milano | zia.danidr@gmail.com
- **Sabrina Bellini** - Via Padana Superiore 30, Bellinzago Lombardo (MI) | sabrinabellini75@gmail.com
- **Sophia Esposito** - Via Michelangelo Buonarroti 61, Arcore (MB) 20862 | solupetta83@gmail.com

Genoa & Liguria:

- **Giulia Volpi** - Studio Pilates Classico, Via Majorana 67r, 16166 Genova | vlpgli70@gmail.com
- **Irene Carrea** - Studio Pilates Classico, Via Majorana 67r, 16166 Genova | irenecarrea@hotmail.com
- **Paola Suppo** - Studio Pilates Classico, Via Majorana 67r, 16166 Genova | paolasuppo1@gmail.com

Bologna & Emilia-Romagna:

- **Elisa Lontani** - Pilates Couture, Via Jussi 8, San Lazzaro di Savena, Bologna | elisaesperanto@gmail.com
- **Valentina Maiani** - Via Fondè 9, San Lazzaro di Savena, Bologna | vanyc2002@gmail.com
- **Paola Gandolfi** - Via Renzo Martini 4, Busseto (PR) 43011 | paola-gandolfi@libero.it
- **Riccardo Bizzi** - Via Unità d'Italia 16-1, San Secondo Parmense, Parma 43017 | riccardobizzi78@gmail.com

Veneto Region:

- **Federica Cerpelloni** - Via Cerpelloni 28, 37125 Verona | federica.cerpelloni@live.com
- **Gloria Rizzati** - ASD Corpolibero, Via Carcereri 13, Caldiero (VR) | corpolibero@corpolibero.eu
- **Luca Revrenna** - Via San Domenico 22, Villaverla (VI) 36030 | officinadellaschiena@gmail.com
- **Massimo Trevisan** - PerforMax Fitness, Via Cristoforo Colombo 102/64, Bassano Del Grappa (VI) | max@performaxfitness.net

Tuscany:

- **Francesca Mottola** - Via Bergiola 121, Massa 54100 | lafraballa@yahoo.it | joymoves.it
- **Grazia Biagi** - Via Giovanni Bovio 14, Montecatini Terme 51016 | ciaccia70@gmail.com

Piedmont:

- **Sara Bianco** - Corso Alfieri 241/251, Asti 14100 | sara.bianco1987@libero.it

Rome & Central Italy:

- **Miriana Fattiboni** - Via Marcello Candia 10, Fuorigrotta, Naples | mirianafattiboni.cielo@gmail.com
- **Claudia Olivieri** - Via Codevigo 29, 00123 Rome | cla.olivieri85@gmail.com
- **Giacinta Bernocchi** - Via Guglielmo Massaia 45b, 00154 Rome | giacintabernocchi@gmail.com
- **Giorgia De Cristofaro** - Via Portuense 495, Rome | yogastudio.giorgia@gmail.com
- **Filomena Pagano** - Via SS. Nome di Maria 26, Caserta | voltisenzatempo@gmail.com
- **Paola Langella** - Via Raffaele Morghen 181, Naples | hello@paolalangella.co.uk

Swiss Italian-speaking Region:

- **Sabrina Tissot** - Espace Pilates, Rue du Chateau 1, 1814 La Tour-de-Peilz | sabrina@espace-pilates.ch

GERMANY (16 Practitioners)

Germany has a concentrated ELDOA community primarily in **Berlin** (7 practitioners), with **Sarah King** serving as master educator at Authentic Body Control. Stuttgart also hosts multiple practitioners.

Level 4 Certified Trainers

Sarah King - Berlin (ELDOA Teacher Trainer)

Business: Authentic Body Control

Certification Level: Level 4 Certified ELDOA Trainer & Teacher Trainer

Years of Practice: Multiple years studying with Guy VOYER, DO

Biography: Classically trained acupuncturist (Master of Science), Classical Pilates instructor, **ELDOA Teacher Trainer for Guy Voyer's certification program**. Student of Guy VOYER, DO in SOMA Training & Therapy programs. (Urban Sports Club) (Sched) Founder of Authentic Body Control in Berlin.

(Pilatesberlin) Teaches ELDOA Levels 1-3, Myofascial Stretching, and Segmental Strengthening.

(Pilatesberlin) Completed most ELDOA training in USA, continues advanced studies including pelvic anatomy in Montreal. (Urban Sports Club) Featured in Urban Sports Club Berlin, establishing Berlin as German ELDOA hub.

Specializations: Acupuncture, classical Pilates, ELDOA instruction and teacher training, myofascial stretching, segmental strengthening, SOMA training

Contact:

- Studio: Boddinstr. 4, 12053 Berlin (Pilatesberlin)
- Email: info@sarahkingccm.com
- Websites: pilatesberlin.com, authenticbodycontrol.com

Amanda Diatta - Stuttgart

Business: Contrology Pilates Studio

Certification Level: Level 3 & Level 4 Certified ELDOA Trainer

Years of Practice: ELDOA since 2021 (4+ years), Pilates since 2009 (16+ years), 15+ years professional fitness

Biography: State-approved teacher for gymnastics & sports (Sportschule Glucker, Stuttgart). Completed Pilates training in 2009 with Davorka Kulenovic at "Pilates New York" studio in Stuttgart, learning