

# PILLAR

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1. "Medical comparison photo: person with uneven shoulders marked with measurement lines, then same person with balanced posture, clinical documentation style"
2. "Sports medicine illustration: baseball pitcher showing natural shoulder height difference, with 'OK' checkmark symbol, educational acceptance of sport adaptation"

## Athletic Performance Enhancement

1. "Before and after sports photo: athlete jumping over hurdle, second image showing higher jump, measurement markers visible, sports science style"
2. "Medical sports collage: football, baseball, basketball equipment arranged around central glowing spine illustration, professional sports medicine poster"

## Autonomic Effects

1. "Medical illustration: heart and lungs with soft glowing aura in calming blue and pink, showing peaceful nervous system activity, anatomical art style"
2. "Medical diagram: human nervous system shown as gentle glowing pathways in soft yellow, meditation-like visualization, educational poster"

## Auto-normalization

1. "Empowering medical photo: confident person looking in mirror while performing stretching exercise independently, bright motivational setting"
2. "Medical progression illustration: three panels - doctor helping patient, family member helping, patient exercising alone, growth timeline style"

# B

## Back Pain

1. "Medical illustration: human back with dark storm clouds and lightning bolts on left side, sunshine and rainbow on right side after treatment, educational poster style"
2. "Medical comparison: heavy backpack causing hunched posture with pain indicators, versus upright posture with relief indicators, side-by-side view"

## Balance Training

1. "Clinical photo: person standing confidently on one foot with arms spread like airplane wings, balance testing setting, professional medical documentation"
2. "Medical training photo: person on balance board looking stable and confident, clinical gym setting, sports medicine style"

## Baseball