

# PILLAR

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## Group Classes

1. "Wide-angle clinical photo: spacious room with 8-10 people performing synchronized stretches on mats, proper social distancing, therapeutic setting"
2. "Instructor demonstration photo: teacher at front showing modification options while class follows, mirrors and clinical posters visible"

## Guy Voyer

1. "Historical medical photo style: professional portrait of Dr. Voyer demonstrating original technique to students, vintage 1980s clinical setting"
2. "Timeline infographic: 35-year evolution of technique development with milestone markers and photo thumbnails, medical history documentation"

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## Hamstring Flexibility

1. "Clinical flexibility test photo: sit-and-reach box measurement showing progressive improvement markers, standardized testing setup"
2. "Medical ultrasound style image: hamstring muscle fibers showing improved tissue organization and length, diagnostic imaging visualization"

## Head Position

1. "Postural analysis photo: side view with plumb line showing ideal head alignment over spine, grid background for measurement"
2. "Eye tracking illustration: head position affecting visual focus pathway, showing optimal versus strained positioning, oculomotor diagram"

## Healthcare Integration

1. "Medical team meeting photo: diverse healthcare professionals around table with spine model and charts, collaborative care planning"
2. "Healthcare system flowchart: showing where specific technique fits within treatment pathways, organizational diagram style"

## Hip Decoaptation

1. "Medical MRI style illustration: hip joint cross-section showing increased joint space during specific position, anatomical imaging"
2. "Step-by-step clinical photo series: practitioner demonstrating hip separation technique in 4 progressive stages, instructional format"

## Hockey