

- Website: michelleowen.co.nz
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Practice Setting: Private practice - postural correction and performance training

Sarndra Walsh - Auckland

Business: Maintain Massage Therapy

Certification Level: Certified in ELDOA and Myofascial Stretching (taught by Guy Voyer)

Contact: Website: maintainmassage.co.nz

Practice Setting: Clinical massage therapy practice offering ELDOA instruction

Suzi Nevell - Auckland (Sweet7 Founder)

Business: Sweet7 Studio

Experience: 27+ years as professional physiotherapist, 16 years as leading C.H.E.K Institute senior teacher

Significance: Founder of Sweet7 Studio. Paul Chek called her "the best physical therapist I've ever worked with in my professional career." Senior C.H.E.K Institute Instructor for many years. Teaches ELDOA at Sweet7.

Philosophy: Seven natural and scientific principles - Movement, Nutrition, Hydration, Community, Thoughts, Sleep, and Breathing

Contact:

- Location: Sweet7, 58 Brown Street, Ponsonby, Auckland
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Stephanie McCusker - Formerly Auckland (Now Tauranga)

Certification Level: High-level SomaTraining certification (studying since 2008)

Biography: Bachelor of Science in Kinesiology. Certified National Strength and Conditioning Association (CSCS). Following SomaTraining Certification Program with Guy VOYER DO since 2008. Completing 3-year SomaTherapy Program with Dr. VOYER. Founder of eldoamethod.com. Creates online ELDOA METHOD content and programs. Formerly based in Auckland, taught at Sweet7 Studio. Now located in Tauranga, NZ.

Contact: Website: eldoamethod.com

Practice Setting: Online ELDOA METHOD programs, remote training, and video library

KEY ELDOA TRAINING CENTERS WORLDWIDE

North America:

- **ELDOA USA** - Seal Beach, CA (Beach Fitness - headquarters)
- **Soma Education Canada** - Ontario
- **Legacy Sport & Wellness Center** - Dallas, TX (Scott Herrera, Director of ELDOA Certification)

Europe:

- **ELDOA Revolution / Scuola Pilates** - Brescia, Italy (Laura Masserdotti, Level 5.1)
- **GB Fitness** - Sesto San Giovanni, Milan, Italy (hosts Ilaria Cavagna certification courses)
- **Authentic Body Control** - Berlin, Germany (Sarah King, teacher trainer)
- **Soma Training UK** - British College of Osteopathic Medicine, London

Oceania:

- **Sweet7 Studio** - Ponsonby, Auckland, New Zealand
 - **LOFT45 Gym** - Freemans Bay, Auckland, New Zealand
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ELDOA CERTIFICATION SYSTEM SUMMARY

Level Structure:

- **Level 1-2:** Student Practitioner (Spine) - 2-3 days each, no prerequisites, no exam
- **Level 3:** Student Practitioner (Peripheral joints) - 3 days, requires Levels 1-2, no exam
- **Level 4:** Certified ELDOA Trainer (Pelvis) - 5 days, requires Levels 1-3, written and practical exam with Guy Voyer DO
- **Level 5:** Certified ELDOA Therapist (Pathologies) - Three-part advanced curriculum (5.1, 5.2, 5.3), requires Level 4, taught by Guy Voyer DO
- **Level 6:** Certified ELDOA Expert (Comprehensive review) - Requires Level 5, final comprehensive exam

Alternative Pathway: Completing SomaTraining Program also qualifies for Level 4 certification

Global Distribution:

- **Total Practitioners Worldwide:** 850-1,100+ across all levels
- **United States:** 60-65% of all practitioners (400+)
- **Canada:** 20-25% of all practitioners (200+)
- **Italy:** 60+ Level 3 practitioners, strongest European presence
- **Germany:** 16 practitioners, Berlin hub
- **United Kingdom:** 8+ practitioners
- **New Zealand:** 15+ practitioners, Auckland concentration