

**Business:** Scuola Pilates / ELDOA Revolution

**Certification Level:** Level 3 Student Practitioner

**Biography:** Works alongside Laura Masserdotti at renowned Scuola Pilates/ELDOA Revolution. Part of one of Italy's premier ELDOA education centers. Contributes to ELDOA Revolution's mission to build worldwide ELDOA community.

**Contact:**

- Studio: Via Creta 26 (6th floor), 25124 Brescia
  - Email: [bertelli.fran@gmail.com](mailto:bertelli.fran@gmail.com), [info@eldoarevolution.com](mailto:info@eldoarevolution.com)
  - Website: [eldoarevolution.com](http://eldoarevolution.com), [scuolapilates.com](http://scuolapilates.com)
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**Cristina Centrone - Sesto San Giovanni**

**Business:** GB Fitness

**Certification Level:** Level 3 Student Practitioner

**Biography:** Teaches at GB Fitness, one of the first boutique gyms in Sesto San Giovanni. GB Fitness established 1978, originally focusing on Judo and Bodybuilding, evolved to include Fitness, Functional Training, Pilates, ELDOA, PancaFit, Spinning, Yoga, Pole Dance, Karate. (Gb Fitness +2) Studio praised for ELDOA instruction quality with instructor attention to proper form and personalized progression.

**Studio - GB Fitness:**

- **Address:** Via Giacomo Puccini, 60, 20099 Sesto San Giovanni (MI)
- **Hours:** Mon-Fri 9:00-22:00, Sat 9:30-14:00, Sun 10:00-13:00 (SportivaGVM) (FitnessFast)
- **Features:** Modern boutique gym, air conditioning, wellness area with Turkish bath, 120m from Parco Gramsci
- **Reviews:** 4.4/5 stars (65 reviews) praised for ELDOA quality (SportivaGVM)

- **Hosts:** International ELDOA certification courses with Ilaria Cavagna

**Contact:**

- Phone: +39 338 171 7839 / +39 347 984 7116
  - Email: [info@gbfitness.it](mailto:info@gbfitness.it)
  - Website: [gbfitness.it](http://gbfitness.it) (Gb Fitness)
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**Eros Rizzo - San Damiano d'Asti**

**Certification Level:** Level 3 Student Practitioner

**Biography:** Based in San Damiano d'Asti, Asti province, Piedmont region. Operates in smaller town setting, bringing ELDOA to regional areas outside major cities.

**Contact:**

- Address: Frazione Gorzano 85/B, 14015 San Damiano d'Asti, Piedmont
  - Email: [erosrizzo@gmail.com](mailto:erosrizzo@gmail.com)
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**Gianluca Miracoli - Corsico**

**Certification Level:** Level 3 Student Practitioner

**Biography:** Based in Corsico, just southwest of Milan. Serves Milan metropolitan area.

**Contact:**

- Address: Via Visconti di Modrone, 6 – 20094 Corsico (MI)
  - Email: [ggiangy@gmail.com](mailto:ggiangy@gmail.com)
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## **Claudia Ferri Cataldi - Vimercate**

**Certification Level:** Level 3 Student Practitioner

**Biography:** Operates in Vimercate, Monza e Brianza province. Part of growing Lombardy ELDOA community.

### **Contact:**

- Address: Via Garibaldi, 13 – 20871 Vimercate (MB)
  - Phone: +39 339 353 1502
  - Email: [mcbclaudia70@gmail.com](mailto:mcbclaudia70@gmail.com)
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## **Additional Italian Level 3 Practitioners (60+ total)**

### **Milan & Lombardy Region:**

- **Roberta Paola Pedretti** (also Level 4) - Via Valparaiso 9, 20144 Milano | [info@robertapedretti.com](mailto:info@robertapedretti.com), [info@joymoves.it](mailto:info@joymoves.it) (Joymoves)
- **Alessandra Zorzetto** - Corso Roma 49, Cesano Maderno (MB) 20811 | [alessandra.zorzetto@gmail.com](mailto:alessandra.zorzetto@gmail.com)
- **Chiara della Misericordia** - Via Don Bosco 16, 20139 Milano (Studio Pilates CDM) | [kiarak1172@gmail.com](mailto:kiarak1172@gmail.com)
- **Jolanda Sanapo** - Via Luigi Pirandello 101, Sesto San Giovanni | [cjsan@fastwebnet.it](mailto:cjsan@fastwebnet.it)
- **Katia Quinter** - Via Strada Provinciale 14,10, Liscate (MI) (K&M center) | [katiakety@hotmail.com](mailto:katiakety@hotmail.com)
- **Michela Crociani** - Via Strada Provinciale 14,10, Liscate (MI) (K&M center) | [mikycroc@hotmail.com](mailto:mikycroc@hotmail.com)
- **Valentina Riccardi** - Via Giovanni Scheiwiller 12, 20139 Milano | [vricc83@gmail.com](mailto:vricc83@gmail.com)