

# ELDOA Practitioner Comprehensive Directory

## PART 1: FRANCE - COMPLETE ELDOA PRACTITIONER DIRECTORY

France is the birthplace of ELDOA (Étirements Longitudinaux avec Decoaptation Ostéo-Articulaire), created by Dr. Guy VOYER, DO in Marseille. [ELDOA Pro +10](#) This comprehensive directory documents all certified ELDOA practitioners in France.

### Important Note on Dr. Guy VOYER

**Dr. Guy VOYER, DO** - the creator and founder of ELDOA - passed away unexpectedly in August 2024 at his home in Marseille, France. He was the only Level 6 Certified ELDOA Expert in France. His wife, Lydie VOYER, has taken over management of the practice at 42 Rue Borde, Marseille.

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## FRANCE: CERTIFIED ELDOA PRACTITIONERS

### Level 6 Expert (Deceased)

Name	Credentials	Certification Level	Years Practicing	Biography & Training	Specializations	City/Region
<b>Guy VOYER</b> (1947-2024)	DO, MD, PhD Educational Science	Level 6 Expert / Level 5 Therapist	40+ years (created ELDOA 1977)	Creator and founder of ELDOA methodology. <a href="#">ELDOA Pro</a> <a href="#">Piercefamilywellness</a> Born in Paris. <a href="#">Vieillir en forme +2</a> Degrees: Physical Education, Physiotherapy, Sports Medicine,	Fascia treatment, spinal health, joint decoaptation, sports medicine, manual osteopathy,	<b>Marseille</b> (13008)

Name	Credentials	Certification Level	Years Practicing	Biography & Training	Specializations	City/Region
				<p>Traumatology, 5 osteopathic programs, PhD Educational Science.</p> <p>Institutsomattraining +6</p> <p>Former world champion judo (twenties).</p> <p>Somavoyer +2 Studied at Marseille Faculty of Medicine. Eldoa</p> <p>Eldoavoyer One of first to map fascial chains.</p> <p>ELDOA The Woodlands +2</p> <p>Developed SomaTraining and SomaTherapy programs.</p> <p>Piercefamilywellness +3</p>	visceral/cranial osteopathy	

## Level 2 Student Practitioners (Active)

Name	Certification Level	Business/Practice	City/Region	Address	Phone	Email
Alice Talkington	Level 2	Art of Contrology	Strasbourg (67000)	42 Rue du Faubourg de Pierre	-	alice.r.talking
Arnaud Gaillard	Level 2	-	Lyon (69003)	73 rue Ferdinand	33-6-45-76- 14-13	-

Name	Certification Level	Business/Practice	City/Region	Address	Phone	Email
			Buisson			
<b>Chen Hui-Chen</b>	Level 2	Studio Chen	Paris 19th (75019)	4 rue de l'encheval	33-6-09-75-27-11	<a href="mailto:huichen826@gmail.com">huichen826@gmail.com</a>
<b>Claire Guillot</b>	Level 2	-	Franconville (95130)	2 bis ruelle du Moulin	33-6-12-78-79-53	<a href="mailto:clairette@neuf.fr">clairette@neuf.fr</a>
<b>Clementine Cervia Parrazano</b>	Level 2	-	Aigremont (78240)	16 rue de l'abreuvoir	33-6-18-40-24-55	<a href="mailto:clementine.cervia.parrazano@gmail.com">clementine.cervia.parrazano@gmail.com</a>
<b>Dayana Jonathan</b>	Level 2	Chamango (instructor)	Paris 13th (75013)	39 rue de Tolbiac	33-6-16-28-53-53	<a href="mailto:dayana.jonathan@gmail.com">dayana.jonathan@gmail.com</a>
<b>Fatima Brahmi</b>	Level 2	Chamango (instructor)	Paris 20th (75020)	1 rue Pali-Kao	33-6-80-82-15-91	<a href="mailto:fatimabrahmi@gmail.com">fatimabrahmi@gmail.com</a>
<b>Isabelle Dauliach</b>	Level 2	<b>Chamango</b> (Founder)	Levallois-Perret (92300)	11 rue Marjolin <small>(Mes Commerces)</small>  <small>(Cours-pilates)</small>	33-6-01-77-29-97  <small>(Cours-pilates)</small>	<a href="mailto:isa@chamango.com">isa@chamango.com</a>
<b>Julien Kapela</b>	Level 2	-	Castelnau-le-Lez (34170)	167 Impasse des Dahlias	33-6-07-33-81-44	<a href="mailto:julien.kapela@gmail.com">julien.kapela@gmail.com</a>
<b>Magali Gueydan</b>	Level 2	Chamango (instructor)	Aubervilliers (93300)	20 rue de la Maladrerie	33-6-12-58-76-91	<a href="mailto:magaligueydan@gmail.com">megaligueydan@gmail.com</a>
<b>Stephane Barbeau</b>	Level 2	-	Varreddes (77910)	55 rue Victor Clairet	33-6-86-36-00-62	<a href="mailto:stefbelge@gmail.com">stefbelge@gmail.com</a>

## Additional French Practitioners (Not in Official Directory)

Name	Credentials	Practice Type	Years Practicing	Specializations	City/Region	Contact
<b>Lisa-Marie Farley</b>	DO, Level 4	Institut SomaTraining	10+ years manual therapy, student of Guy Voyer since 2010 micadanses Institutsomatraining	ELDOA training/certification, osteopathy, manual therapy, professional athletes Institutsomatraining	Paris / Montreal	81 rue Levall 442- 2173 Institu Institu
<b>Karine Leurquin</b>	Pilates/ELDOA Instructor	Free Corpus & Paris studios	Multiple years	ELDOA, Pilates, myofascial stretching, seniors	Vincennes / Paris 1st	1 Rue Karine 95 (France) karine
<b>Sandrine Kinard-Tessier</b>	Kinésithérapeute DE, ELDOA trained	Kinésiplus	25+ years movement therapy, 10+ years functional rehab Kinesiplus	ELDOA as PT complement, functional rehabilitation, myofascial techniques Kinesiplus Kinesiplus	Cesson-Sévigné, Rennes area (35510) Kinesiplus	3A Rue Pages  kinesiplus

## France: Geographic Distribution Summary

**Total Practitioners: 15 (12 certified + 3 additional)**

Region	Number of Practitioners	Cities
Paris & Île-de-France	10	Paris (75013, 75019, 75020), Levallois-Perret, Franconville, Aigremont, Aubervilliers, Varreddes, Vincennes
Marseille (Provence-Alpes-Côte d'Azur)	1	Marseille (birthplace of ELDOA)
Lyon (Auvergne-Rhône-Alpes)	1	Lyon
Strasbourg (Grand Est)	1	Strasbourg
Montpellier area (Occitanie)	1	Castelnau-le-Lez
Rennes area (Bretagne)	1	Cesson-Sévigné

## France: Key Findings

### Certification Breakdown:

- Level 6 Expert: 1 (Guy Voyer - deceased August 2024)
- Level 4 Trainer: 1 (Lisa-Marie Farley)
- Level 2 Student Practitioners: 11 active
- ELDOA-trained (non-certified): 2+

**Practice Integration:** Most French ELDOA practitioners integrate the method with Pilates, yoga, or kinésithérapie (physical therapy) rather than practicing ELDOA exclusively. (Chamango)

### Notable Studios:

- **Chamango** (Levallois-Perret): Multiple ELDOA-trained instructors, founded by Isabelle Dauliach  
(Mes Commerces)
- **Studio Chen** (Paris 19th): Pilates/ELDOA integration

- **Institut SomaTraining:** French/English ELDOA certification courses

**Important Context:** With Guy Voyer's passing in August 2024, France currently has NO active Level 5 or Level 6 practitioners. Despite being the birthplace of ELDOA, France has a relatively small practitioner base compared to North America.

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## **PART 2: USA LEVEL 4 TRAINERS - COMPREHENSIVE BIOGRAPHICAL PROFILES**

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### **CALIFORNIA - SOUTHERN REGION**

#### **SEAL BEACH - BEACH FITNESS HUB (6 Practitioners)**

**Beach Fitness:** 148 Main St Suite F, Seal Beach, CA 90740 | (562) 493-8426 | [beachfitness.com](http://beachfitness.com) (Yelp +3)

Name	Credentials	Years Practice	Background & Training	Specializations	Contact
<b>Laura Adams</b>	Level 4 ELDOA, Pilates/Yoga Certified, Pre/Postnatal Specialist <a href="#">ELDOAUSA</a>	10+ years	BA Dance (UC Irvine). Certified Studio Du Corps. Pilates & Yoga Moms Instructor, Assisting Program Director at Beach Fitness. Mother of two, passionate about body education. <a href="#">ELDOAUSA</a>	Pilates, Yoga, Barre, Pre/Postnatal care, SOMA Therapy/Training (Year 2) <a href="#">ELDOAUSA</a> <a href="#">eldoausa</a>	(562) 508-7535  <a href="#">laura</a>
<b>Lester Cruz</b>	Level 4 ELDOA, NSCA-CPT, FMS, TPI	10+ years	BS Kinesiology (CSU Long Beach). Director of Personal Training at Beach Fitness. Perpetual continuing	Golf-specific fitness, corrective exercise, personal training, mobile training <a href="#">ELDOAUSA</a> <a href="#">RocketReach</a>	(310) 707-8843  <a href="#">leste</a>

Name	Credentials	Years Practice	Background & Training	Specializations	Contact
Matthew Serrano	Level 4 ELDOA, NSCA-CPT, LMT	Multiple years	AA Political Science. Licensed Massage Therapist. Exercise specialist at ELDOAUSA. Mountain biking enthusiast.	Personal training, massage therapy, exercise prescription <a href="#">ELDOAUSA</a>	(310) 897-5899  <a href="#">matt</a>
Antoinette De La Espriella	Level 4 ELDOA	Multiple years	Group Fitness Instructor. Southern California native. Volleyball coach at Millikan High School. Traveled to 13 countries. Also works in real estate.	Group fitness, volleyball coaching, beach activities	(310) 818-8000  <a href="#">anto</a>

Name	Credentials	Years Practice	Background & Training	Specializations	Contact
<b>Nate Pok (Nickita)</b>	Level 4 ELDOA	Multiple years	Trainer at Beach Fitness, part of world-class facility team.	Personal training, ELDOA instruction	(714) 514-1734  <a href="#">nate</a>
<b>Fumiaki Isshiki</b>	DPT, Level 4 ELDOA	12+ years	DPT Loma Linda University (2012), Bachelor's PT Kobegakuin (Japan). Born/raised Japan, former Pilates instructor, played baseball, worked with Japanese pro baseball team. <a href="#">Darien Library</a> Founded Global Doctor of Physical Therapy.	Orthopedic, sports, pre/post-natal, men's health PT, vestibular therapy, pelvic floor dysfunction, back pain, incontinence, vertigo  <a href="#">Postural Restoration Institute +4</a>	Global DPT: 148 Main St 1110  <a href="#">fumiaki.isshiki</a> dpt.com

## SANTA MONICA (3 Practitioners)

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
<b>Pete Dack</b>	Level 4 ELDOA	Multiple years	Owner/operator Tensegrity Fitness Training in Santa Monica.	Personal training, ELDOA instruction	-	1223 Wilshire 1882 pete@elsoa.com
<b>Pamela Maloney</b>	PhD, DHM, LAc, DiplOM, Level 4 ELDOA	40+ years	PhD, Doctor Homeopathic Medicine, Licensed Acupuncturist. Emperor's College (MTOM), Logan College. Published author of 4 books including "Fascia Cosmetic Acupuncture™." Taught Connective Tissue Cadaver Dissection at Pepperdine (8	Acupuncture, Chinese Herbology, Homeopathy, Ergonomics, Cosmetic Acupuncture, fascial therapy	A-List celebrities and industry notables. Featured in Self magazine, cable TV show.	2101 Ocean 5253 pamelamaloneymd@gmail.com

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
<b>Wendy Shubin</b>	MSPAS, PA-C, C- IAYT, 500 RYT, Level 4 ELDOA	24+  years  OB/GYN	MSPAS Arcadia University (1999- 2001). 1000+ hour yoga therapy training.  PA at HRC Fertility. Sustained traumatic neck injury causing 4.5 years chronic headaches/vertigo - credits full recovery to osteopathy, yoga therapy, ELDOA. Studies with Dr. Guy Voyer, Bryce Turner, Brent Meier. Co-	OB/GYN, Reproductive Endocrinology, Yoga Therapy, CranioSacral Therapy, SOMA Therapist/Trainer (in training), fertility/posture connection	Featured speaker Fertility Summit. 100+ ON-DEMAND classes, LIVE Zoom Wed 6pm	934 15th St 6647  <u>sh</u>

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
			Founder OC Positive Posture.			

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## LOS ANGELES (6 Practitioners)

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
<b>Andrew Hauser</b>	MS, LAT, RSCC, PRT, Level 4 ELDOA	14+ years	BS Athletic Training (Kansas, 2008), MS Performance Psychology (2020). Director of Performance Rehab LA Dodgers (2020 World Series championship). Director Player Health & Performance Atlanta Braves.  <a href="#">Premierespineandsport</a>  Now private practice Continuum High Performance (Phoenix).	Return to performance protocols, performance rehab, injury prevention, isometric training, MLB protocols	<b>LA Dodgers</b> (2020 World Series), <b>Atlanta Braves</b> .  <a href="#">Premierespineandsport</a>  Developed comprehensive RTP models for MLB. Featured in sports science podcasts.  <a href="#">Mysite +5</a>	

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
Roy Page	DC, MS Sports Science, MTOM, LAc, CCSP, Level 4 ELDOA	Since 2012 at LA Sports & Spine	DC Logan College (MS Sports Science & Rehab), Emperor's College (MTOM). Head Associate with Dr. Craig Liebenson since 2012. Studied Yang Taijiquan since 1997 after severe football injury left him wheelchair-bound for year - Taijiquan major component teaching him to walk again. Studied with Dr. Yang Jwing-Ming and Grandmaster Kao Tao. Co-taught martial arts at Rhodes College (2001-2006).	Chiropractic, Acupuncture, Oriental Medicine, functional rehabilitation, martial arts integration, movement specialist <a href="#">lasportsandspine</a> <a href="#">lasportsandspine</a>	Past secretary International Society Clinical Rehabilitation Specialists
Maxwell Karish	Level 4 ELDOA, CPT, CHEK HLC2, CA	Multiple years, Year 3 SomaTraining	Santa Monica College. 900+ hours National Holistic Institute. Personal	ELDOA training, massage/bodywork, personal training, holistic lifestyle	Professional athletes weekend warriors, post-surgery rehabilitation

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
	Massage Therapist		<p>experience with soft tissue injuries led to discovering lasting results through specific exercise, manual therapy, lifestyle modifications.</p> <p>Currently Year 3 of Guy Voyer's 3-year SomaTraining program. <a href="#">(LinkedIn)</a></p>	coaching, professional athletes, post-surgery rehab	
<b>Stephen Howell</b>	Level 4 ELDOA	Multiple years	Listed in official ELDOA directory.	ELDOA training	-
<b>Tara Lyn Emerson</b>	Level 4 ELDOA, ACE-CPT, Pre/Postnatal, Weight Management	Multiple years	<p>California native, daughter of pro tennis coach. Diagnosed with Charcot Marie Tooth disease (degenerative neuromuscular) as child - despite genetic condition, became strongest ever. Voted one of LA's Best</p>	TRX suspension training, ELDOA spinal therapy, stability/mobility, pre/postnatal, spinning instructor	<b>Featured trainer:</b> Popsugar Fitness, iFit by NordicTrack, TRX Training Club, FabFitFun. <b>Equinox instructor.</b> 174K+ Instagram followers. <a href="#">(Instagram)</a> ELDOA helped her grow 1.25 inches taller.

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
			Cycling Instructors by ClassPass.		
<b>Teal Montgomery</b>	Level 4 ELDOA	Multiple years	Listed in official ELDOA directory.	ELDOA training	-

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## NEWPORT BEACH (1 Practitioner)

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
<b>Roy Khoury</b>	Level 4 ELDOA, 15+ certifications	Since 2001 (20+ years), Studio opened 2014	Cal State Fullerton (Kinesiology, movement restoration, joint-by-joint approach, ELDOA Method, Functional Movement Screening, R	Golf fitness (primary), movement restoration, joint-by-joint approach, ELDOA Method, Functional Movement Screening, R	K Method (specialized golf + PT techniques)  Named one of Best Trainers by industry professionals.	Pro golfers, golf trainers, student athletes, weekend warriors.

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
			course with Dr. Guy Voyer.			

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## SAN DIEGO (4 Practitioners)

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
<b>Marcia Dixon</b>	Level 4 ELDOA, Romana's Pilates 2008	Since 2008	Background in art, not naturally athletic. Found Contrology helped knee issues. Completed ELDOA trainer certification to enhance practice.	Pilates for brain health, mobility, posture, awareness using breath	Listed Pilatesology directory	San Diego 9196 n
<b>Jonathan Pierce</b>	Level 4 ELDOA, ART Provider	Founded Kinetik 2016, Elite runner	Elite distance runner, competed	Active Release Technique, sports performance, elite athletes, injury	<b>Olympic gold medalists, professional athletes,</b> Marathon runners,	Kinetik Per 8280 jc Better Busi

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
		2007-2011 <a href="#">SDVoyager</a>	2008 US Olympic Team Trials. Professional distance runner 2007-2011. Consultant for Brooks (managing pro track athletes), Director Rehab, Sports Therapy Consultant <b>SD Chargers</b> (2013), Elite athlete therapy Rock n Roll SD Marathon (2013-2015),	management, running mechanics, complex cases <a href="#">Pierce Performance</a>	triathletes, CrossFit, weightlifters, track & field. 75-year-old retirees to Olympic medalists. <a href="#">SDVoyager</a>	

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
			USOC Massage Therapist track & field (2010-2012).			
<b>Jeffrey Lacson</b>	Level 4 ELDOA	Multiple years	Practitioner at Kinetik Performance with Jonathan Pierce's team.	Sports performance, injury management	-	7323 Engin
<b>Rex Butler</b>	Level 4 ELDOA, Osteopathic Practitioner	Multiple years	Trained with renowned experts including Dr. Guy Voyer. Deeply rooted in Osteopathic Medicine. Treats patients exclusively with hands-	Osteopathic manual therapy, ELDOA Method for back pain, specifically tailored health programs, detox, therapeutic fasting	-	San Diego- <a href="#">Somatraining</a>

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
			on manual techniques. Based on complex systems theory model which is non-linear, focuses on body as whole.			

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## RIVERSIDE (1 Practitioner)

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
<b>Andrew Flores</b>	Level 4 ELDOA, Kettlebell Certified	12+ years	BS UC Riverside. Southern California native. Specializes in mobility training and unconventional strength	Mobility training, unconventional strength (clubbell, steel mace, kettlebells, sandbags), bodyweight training,	All athletes, martial artists, dancers, first responders, elderly. Regular workshops: mobility/flexibility, kettlebell, Acro Yoga, Animal Flow.	The ZHU Trainin 3122  <a href="http://thezhu.com">thezhu.com</a>

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
			training for all levels.	ELDOA, myofascial stretching, breath work, joint mechanics		

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## TORRANCE (1 Practitioner)

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
<b>Travis McKay</b>	DPT, OCS, CSCS, CFSC, FMS/SFMA, Level 4 ELDOA	20+ years	DPT University of Southern California (2003). Played basketball through college, follows sports avidly (USC fan). Severe foot injury led to PT passion. Noticed	Functional fitness, therapeutic exercise, balance improvement, injury prevention, spinal decompression, ELDOA Method, custom orthotics	Known for individualized attention, improving balance/stability, preventing falls, helping mobility after injuries.  TherEx Station Max 6 people per class.	TherEx Station PT 0456  <a href="mailto:tmckay@">tmckay@</a>

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
			difficulty patients had maintaining progress after dismissal, led to developing TherEx Station.			

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## CALIFORNIA - NORTHERN REGION

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
<b>Matthew Black</b>	Level 4 ELDOA	Multiple years	House of Hustle, Redwood City specialized in personal training and small group metabolic circuit training. <a href="#">Yelp +3</a>	Balance, stability, strength, cardio, joint alignment, flexibility, mental endurance	<b>Note:</b> House of Hustle appears closed as of research date. <a href="#">Worldorgs</a>
<b>Justin Brink</b>	DC, Level 4 ELDOA	15+ years	Palmer College West (Magna Cum Laude, 2011), BS Biology CSU Sacramento. Clinic Director at Premiere	Sports chiropractic, movement rehab, ELDOA integration, soft tissue methodologies, corrective exercises. Not	<b>NHL players:</b> Luk Radil, Teemu Selänen, Joe Thornton, Patrik Marleau, Joe Pavelski. <b>UFC:</b> Luke Rockhold

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
			<p>Spine &amp; Sport San Jose 12+ years before relocating to Eagle, Idaho. Internship Ultimate Sports Medicine SF under Dr. Lenny Stein (treated <b>Golden State Warriors, SF Ballet, Olympic athletes).</b></p> <p>(Premierespineandsport +2)</p> <p>Instructor RockTape Inc (2009-present), Adjunct Professor De Anza College (2008-present).</p> <p>(ContactOut)</p>	<p>traditional "snap/crack" - holistic approach.</p> <p>(Yelp)</p>	<p>Josh Barnett, Phil Baroni. Worked at <b>Cisco</b></p> <p><b>LifeConnections 1 years.</b></p> <p>(Premierespineandsport)</p>
<b>Jeffrey Chenault</b>	Level 4 ELDOA	Multiple years	<p>Red Dot Fitness located heart of San Jose near Whole Foods on The Alameda. State-of-the-art facility accessible to major South Bay communities. "Fitness from the inside out" philosophy.</p> <p>(Instagram +7)</p>	<p>Open gym, personal training, small group classes, online programs, nutrition coaching, ELDOA, weight loss, injury/limitation assessment</p> <p>(Instagram +3)</p>	<p>Yelp 4.4 stars (67+ reviews). 21K Instagram followers. Free consultations. Multiple online programs: TBSC, Fit for Action, Physique, Burn, Mobility, RDF On Go.</p>

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
<b>Brian DeGarmo</b>	PT, Level 4 ELDOA	20+ years Bay Area	SOL Physical Therapy + Performance leading East Bay PT practice for 20+ years.  <span style="border: 1px solid black; padding: 2px;">SOL Physical Therapy +3</span> Part of Alliance Physical Therapy Partners network. Two locations same address (Suite 103 Performance, Suite 201 PT).	Comprehensive PT, performance training, sports rehab, movement investigation, gait analysis, ELDOA, boot camp classes	Yelp 5 stars (145+ reviews). Known for sophisticated diagnostic tools, evidence-based science. Testimonials: "Through two knee surgeries, hip replacement, shoulder surgery - SOL been there 15 years."
<b>Rodrigo Fernandez</b>	Level 4 ELDOA	Multiple years	Movement specialist grew up in Mexico as curious/playful kid. Bridges intentional training with playful movement. Philosophy: "I've never heard anyone say they hate having fun." Challenges "no pain, no gain" mentality. Sought out top teachers to become competent in all forms of health/movement.  <span style="border: 1px solid black; padding: 2px;">Steiner Strength</span>	Holistic training, movement exploration, playful fitness, ELDOA stretching/strengthening, building resilience through movement, curiosity-driven training  <span style="border: 1px solid black; padding: 2px;">Steiner Strength</span>	-

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
Jaron Hua	DC, DO Candidate, Level 4 ELDOA	Multiple years	<p>Life Chiropractic College West, Brown University (Neuroscience &amp; Biology), L'Académie Sutherland d'Ostéopathie du Québec (DO Candidate).</p> <p>Multiple childhood concussions and MVAs left him sick for years.</p> <p>2014 lumbar disc herniation - ELDOA helped recover. After first appointment with Dr. Guy Voyer: "felt like I had a second chance in my body." <a href="#">LinkedIn</a></p> <p><a href="#">ELDOA Bay Area</a></p>	<p>Spine health/rehab, injury rehab, sport performance, inflammatory conditions, chronic pain, manual osteopathy, chiropractic, rehabilitative exercise, SomaTherapy, SomaTraining</p> <p><a href="#">LinkedIn +2</a></p>	<p><b>Currently NOT accepting new patients</b> (as of late update). Message for further help.</p> <p><a href="#">ELDOA Bay Area</a></p>
Joe McVeigh	Level 4 ELDOA	Multiple years	<p>Listed in official ELDOA directory.</p> <p>Limited public information available.</p>	ELDOA training	-
Mike Salemi	Level 4 ELDOA,	20+ years	Started strength & conditioning age 15 as competitive powerlifter.	Kettlebell training/sport, Bulgarian Bag, Suples Ball, ELDOA,	Professional Kettle Sport (double 32kg/40kg).

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
	Multiple certs		<p>WABDL World Champion Bench Press &amp; Deadlift at 19. Former D1 collegiate S&amp;C coach Santa Clara University. 15+ years competing elite level Powerlifting and Kettlebell Sport. Former WAKSC Long Cycle World Champion. Studied extensively with Paul Chek.</p> <p>(Just Fly Sports +3)</p>	<p>"Working In" vs "Working Out" methodology, fascial training, holistic health (body/mind/spirit), band training</p> <p>(Just Fly Sports +4)</p>	<p>International presence. Featured podcasts: Ben Greenfield Fitness, The Bledsoe Show, Just Fly Sports. Strong Coach, Cyclical Alignment. Costa Rica retreats.</p> <p>(Just Fly Sports +2)</p>
<b>Tyler Ferrell</b>	<p>Level 4 ELDOA, TPI certifications, C.H.E.K Level 3, Soma Golf Trainer L1</p>	<p>15+ years golf instruction</p>	<p>Towson University BS Marketing/E-Business (Summa Cum Laude), 2 years NCAA D1 golf.</p> <p><b>ONLY person named to BOTH Golf Digest "Best Young Teachers" AND "Best Golf Fitness Professionals."</b></p> <p>Founded Golf Smart Academy (1100+ videos). Presented</p>	<p>Golf swing technique, 3D motion biomechanics, functional fitness for golf, tactical coaching using hands-on methods, exercise prescription for golf</p> <p>(Golf Smart Academy)</p> <p>(Pandora)</p>	<p><b>Charles Howell II (PGA Tour Winner)</b> consulted top coaches/pro players Dr. Greg Rose (TP) "one of the best in business." 2024 TP presentation: "Tactical Coaching: Sensing/Guiding Golf Body Movements."</p>

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
			World Golf Fitness Summit (2016), TPI Summit (2024). Author "The Stock Tour Swing." <span style="border: 1px solid black; padding: 2px;">Golf Smart Academy</span>		

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## TEXAS

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
<b>Kevin A.</b>	Level 4 ELDOA, BS	Multiple years, Founded	Born Tocoa, Honduras; immigrated US at age 11. Graduated Soma University of Houston Wolff Center Entrepreneurship (Top program in country). Struggled with undiagnosed ADHD, language barriers - took 7 years to complete	Chronic pain relief/rehab, quality of movement improvement, ELDOA, segmental strength training, building strength without joint compression	<b>2nd Place Winner Baker Ripley Business Plan Competition (Jan 2019)</b> - used funds to create Soma Athletic Wellness. Featured in Voyage Houston Magazine. Grand Prize Winner "California Dreamin'" Business Plan. Dancers, professional athletes, chronic	Soma Athletic W Woodlands 74206 kevin@

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact	
			<p>college. Founded multiple tech companies (InTuneTo, ParqU, Imalysis, Coconect) before focusing full-time on ELDOA/wellness.</p> <p>Trained directly under Dr. Guy Voyer.</p>		<p>pain/recurring injury sufferers.</p>		

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## ARIZONA

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
<b>Denise Herrera</b>	Level 4 ELDOA	Multiple years	<p>Started career as professional dancer. Discovered Pilates, began teaching at Desert Mountain Club (private golf community). Noticed many clients with spinal issues. Certified</p>	<p>Golf biomechanics, spinal injuries, back pain relief, spinal rehab, hip dysfunction, SI joint, stenosis, spondylolisthesis, ELDOA, Soma Therapy/Training</p>	<p>Desert Mountain Club members (private golf community). "At SomaWorks, we are your coach—not your crutch."</p>

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
			<p>through TPI Golf Fitness, CHEK Institute's Golf Biomechanics/Holistic Lifestyle. Trained under Dr. Guy Voyer and Scott Herrera at Legacy Sports Performance. Success story: helped 25-year chronic back pain sufferer (post-surgical complications) return to golf virtually pain-free.</p>		
<b>Kacey A. Grissom</b>	Level 4 ELDOA	Multiple years	<p>Listed in official ELDOA directory. Limited public biographical information available.</p>	ELDOA training	-
<b>Deva Lingemann</b>	Level 4 ELDOA	Multiple years	<p>Accomplished ultrarunner with 14 race results in UltraRunning Magazine database. Competed in multiple</p>	<p>Athletic performance and recovery, endurance athlete rehab, injury prevention, spinal health for</p>	<b>Ultrarunning achievements:</b> 2012 Cave Creek 50K 12th overall/2nd female (5:36:35), 2010 Lake Cuyamaca 100 Miles

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
			<p>50K, 50-mile, 100-mile, and 12-hour races. Performance highlights include 100-mile race completion (25:57:12 at Lake Cuyamaca). Race locations: Cave Creek, Silverton CO, Payson, Sedona, Scottsdale, Lake Cuyamaca CA, Fountain Hills. Based in Cave Creek area.</p>	<p>runners/endurance athletes</p>	<p>38th overall/14th female (25:57:12), multiple ultra races 2010-2012.</p>
<b>Jimmy Yuan</b>	DC, Level 4 ELDOA, Full Body ART Instructor, TPI Certified	24+ years (graduated 2001), Founded WaR 2010	DC New York Chiropractic College (2001), BS Psychobiology SUNY Binghamton. Fellowship Medical Acupuncture. Full Body Active Release Techniques Instructor. Moved to Phoenix Jan 8, 2002. Founded Warrior Restoration	Chiropractic sports performance, ART (full body instructor), medical acupuncture, golf fitness/biomechanics <b>(ASU Women's Golf Team)</b> , kettlebell training, functional movement, quick-fix pain management,	<b>Professional athletes:</b> Bertrand Berry (#92 AZ Cardinals), Karlos Dansby (Football), Cole Hamels, Dontrelle Willis (Baseball), Marcus Morris, Grant Hill (Basketball), Daniel Bryan, Brie Bella (WWE), Ludacris, Jon Rahm (PGA Tour),

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
			2010. Born/raised Queens, NY. Age 41 as of 2018. Personal fitness: kettlebells, taekwondo. Lectures nationwide on functional movement assessments.	celebrity/pro athlete care	<b>ASU Women's Golf Team.</b> Consultant: Atlanta Braves, Washington Nationals, Dallas Stars, LA Dodgers, Washington Capitals. <b>Featured Phoenix Magazine Feb 2018.</b>

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## COLORADO

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
<b>Timothy Pierce</b>	Level 4 ELDOA, CHEK Practitioner, LMT team oversight	20+ years	Founded Pierce Family Wellness to provide holistic wellness solutions converging multiple disciplines. Takes	Pain management as alternative to surgery, ELDOA Method (group/private), CHEK Method, personal training, massage therapy,	Emphasis on "out of pain, into performance and longevity" through integrated massage therapy and exercise. Offers online and in-person options.	Pierce Family Well 784-5712 / 303-9296585  <a href="mailto:info@pie">info@pie</a>

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
			holistic approach to fitness focusing on reducing pain, improving performance, increasing longevity.	corrective exercise, nutritional counseling, online programs, private yoga		

## CONNECTICUT

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
<b>Dana Rodriguez</b>	Level 4 ELDOA, Pilates Certificate	10+ years	B.F.A. Performing Arts Management Brooklyn College, B.A. Dance University of South Florida. Pilates Certificate Kane School Core Integration. Former professional dancer, choreographer/teacher	Private Pilates/ELDOA sessions (one-on-one), customized training programs, rehab after surgery/injury, chronic pain management (back/neck), posture	Instructor Freedom Road Pilates (Spring 2006+). Combines Pilates and ELDOA recognizing they complement perfectly. Clients report feeling taller, stronger, more flexible with sustainable results.	Plus Dana@danarodriguez.com

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Con
			<p>Monroe Dance Academy. After severe back/neck issues led to spine surgery, discovered ELDOA and became pain-free within weeks. This transformation inspired her to help others. Board member Martha Graham Center Contemporary Dance, Committee Member CT State Dept of Education.</p>	improvement, mobility/flexibility, core strengthening		
Ian Ryan	Level 4 ELDOA	Multiple years	Listed in official ELDOA directory. Limited public information available.	ELDOA training	-	Litic
Talita Moss	E-RYT 200, Level 4 ELDOA, FRC, Kinstretch	12+ years (since 2013)	Brazilian native. Discovered passion for teaching after enrolling in teacher training to deepen own practice.	Private yoga (adults, children, teens), group ELDOA classes, yoga for children with special needs	<b>Pioneered "Soothing Yoga" for special needs children at Darien YMCA.</b> Featured in Darien Daily Voice (multiple	Talit Allia

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
			<p>Teaching venues: Darien YMCA, Darien Library, private sessions.</p> <p>Decade of experience teaching people of all abilities/ages.</p>	<p>("Soothing Yoga" ages 8-12), teen yoga, corporate yoga, ELDOA workshops, joint mobility training</p>	<p>articles 2015-2016). NIKE Sports Camps instructor. ELDOA workshops targeting spine, shoulders, hips, ribcage, pelvis. Focuses on clear alignment, creating space through breath.</p>	

## FLORIDA

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
<b>Emily Morgan</b>	M.S., Level 4 ELDOA, CHEK, HLC2, AFAA-CPT	8+ years  (since 2017)	<p>Former high-level soccer player and professional women's tackle football athlete.</p> <p>Suffered chronic hip pain 14 years that went undiagnosed despite numerous medical consultations, leading to unnecessary hernia surgery. Discovered ELDOA Summer 2017,</p>	<p>ELDOA group classes/private sessions, holistic nutrition counseling/meal planning, functional training/therapy, H.A.N.G.A.R. approach (Holistic</p>	<p><b>Featured in POPSUGAR fitness article about ELDOA method.</b> Featured in Integra Healthcare blog. Personal story used as case study for ELDOA effectiveness. Philosophy: "90% of all diseases caused by mismanagement of diet/lifestyle factors."</p>	<p>Hangar Pensaco &lt;br&gt;hangar@pensacolafitness.com</p>

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Contact
			began her journey to health and wellness by becoming pain-free within weeks. Made it her mission to help others. Has scoliosis, multiple head traumas from sports.	Approach to Nutrition, Growth, Activity, Restoration), Primary Movement Patterns, Six Foundation Principles: exercise, recovery, nutrition, breathing, hydration, mindset		
<b>James D. Knox</b>	Level 4 ELDOA (Listed)	Multiple years	<b>Note:</b> Research indicates James D. Knox is primarily a Licensed Business Broker and M&A Advisor with Transworld Business Advisors. Knox Trainz, Inc. registered as Florida corporation	Business brokerage (primary), ELDOA training (unverified)	-	663 NE 0384 

Name	Credentials	Years Practice	Background & Training  (filed 01/08/2019) with Knox as CEO, but public information suggests business brokerage rather than ELDOA training services. Educational background: University of Florida (Architecture/Business), Virginia Commonwealth, Illinois State. No ELDOA certification or fitness training credentials found in available sources.  <b>Recommendation:</b> Verify if correct practitioner or if another James Knox associated with ELDOA.	Specializations	Notable Clients/Achievements	Contact

## GEORGIA

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
<b>Andrew Johnston</b>	CSCS, CHEK Practitioner, Level 4 ELDOA, Published Author (2 books)	25+ years (since 1999), Founded Triumph Training 2000	Graduated Eckerd College 1994. 1992: Invited as resident athlete Olympic Training Center Colorado Springs. 1994: Turned pro cyclist (Belgian Haverbeke GB team). 1996: Competed Olympic Trials. 1996-1998: Raced professionally Spain. 1999: Cycling career ended due to crash/third concussion. 2001: Olympic Distance	Private personal training with extensive (2-hour) physical assessment, ELDOA training/therapy, corrective exercise/holistic fitness, athletic performance optimization, corporate wellness, motivational speaking, post-cancer rehab, injury recovery/prevention	<b>Men's Journal Trainers in the Year 2005 and 2006</b> <b>Corrective Health Exercise Kinesiologist Georgia (2006)</b> Subject of award-winning documentary "Living Is What Matters" (2006). Featured in Voyage ATL Magazine, Shape Atlanta. Published author: "Holistic Strength Training for Triathlon" (AuthorHouse) + second book. Corporate clients include Google, Procter & Gamble. ~90% clients from word-of-mouth.

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
			<p>Champion of Georgia (triathlon), All-American, U.S. World Triathlon team. <b>2006:</b></p> <p><b>First Leukemia Survivor to qualify for/finish Hawaii Ironman World Championships.</b></p> <p>2012: Qualified 70.3 World Championships.</p> <p><b>2012: Overall Win Great Floridian - First Leukemia Survivor to win Iron Distance Triathlon.</b> 2014: 3rd place Race Across America (3000 miles) -</p>		

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
			raised \$250K+ for Leukemia & Lymphoma Society.		
<b>Christin/Christina Zimmerman</b>	Level 4 ELDOA, StickMobility Coach, SomaTraining/Therapy certified	Several years	Owner-founder ELDOA Savannah. Committed to educating clients about their bodies and bringing Dr. Guy Voyer's unique methods to Savannah. Member Chamber of Commerce (joined Sept 2024). Season 5 Sponsor "Made of Savannah" podcast. Featured guest on "Made of	VIP private sessions (one-on-one), semi-private classes (small groups, friends/accountability partners), group wellness classes (larger, community-focused), SomaTherapy manual therapy (ligament pumping), personalized home routine development, body awareness, movement intelligence training. Back pain relief/management, movement skill improvement, reducing aches/pains,	Emphasizes wellness "not merely a typical fitness class" but "movement program" where clients "up-level" movement skills. Helps clients body's story, narratives. Clients report improvements in strength, balance, mobility, core strength, pelvic (postpartum), recovery.

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
Savannah	"Postures and Passion: Enter the World of ELDOA Savannah."	Increasing flexibility/strength, improving balance, posture enhancement, joint decompression	Active social media with regular class updates.		

## LOUISIANA / CALIFORNIA

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Cont:
Linda Danner	PhD, Level 4 ELDOA, Certified Soma Trainer, Myofascial Trainer, CHEK Exercise Coach	12+ years	PhD (field unspecified). with Soma (since 2013) classical ballet training, performed professionally with New York Dance	Private Soma Training sessions, group classes (60-min targeted), ELDOA postures for spine/hips/shoulders/ribcage, myofascial stretching, Global Postural Stretching (Voyer's method), proprioception exercises, specific strengthening,	Classes: General Spine Health/Postural Awareness, Lower Back & Pelvis, Mid-Back & Shoulders, Neck/Arms/Shoulders. Philosophy: "You are your own best therapist" (Guy Voyer). Clients report	Peak LLC< Bishop 93514

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Cont:
			Theatre under Frank Ohman (NYC Ballet). Completed Ashtanga Yoga Teacher Training with Tim Miller twice. Studied at Ashtanga Yoga Research Institute, Mysore, India (two trips). After major spinal injury 2011 leaving her unable to sit/stand/walk, underwent major surgery. Discovered powerful rehabilitation tool of Soma	diaphragmatic breathing, post-injury/post-surgery rehab, return to activity programs	immediate results, increased mobility, freedom of movement, body balance, ease of muscle tension, increased energy/performance. Active in Eastern Sierra: backpacking, rock climbing, cross-country skiing.	

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements	Cont:
			<p>exercise.</p> <p>Inspired by own recovery while mothering two young boys,</p> <p>dedicated herself to helping others.</p> <p><b>Studying directly with Guy Voyer, D.O. since 2013 (12+ years).</b></p>			

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## ILLINOIS

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
<b>Andrew Anderson</b>	Level 4 ELDOA, SomaTherapist, Master Level	15+ years rehab/fitness profession, 35+ years	Transitioned from successful restaurant/hospitality career. 2006:	Advanced musculoskeletal therapy, neurological/respiratory	Partnership with Ch Koch combining EL SomaTherapy, MAT yoga, tai chi, person

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
<p>Certified MAT Specialist, CPT, RTS, CFNS</p> <p>health/fitness lifestyle</p> <p>Became partner in boutique manual PT practice where he trained/certified in multiple advanced therapies.</p> <p>Discovered true calling: helping people get better.</p> <p>Established Enso Health and Fitness, Inc. 2018 "based on principle that ALL aspects of health/fitness influence and related to each other."</p> <p>Committed to lifelong learning, constantly searches for newest information/most effective methods.</p> <p>Avid martial artist (35+ years), weight</p>				<p>therapy, cardiovascular training, strength training, nutritional/lifestyle coaching, ELDOA training, SomaTherapy manual therapy, Muscle Activation Techniques, injury rehab, chronic pain management (especially back), post-surgery rehab, degenerative disc disease</p>	<p>training. Clients report significant pain reduction (chronic back, night hip), avoided surgery improved flexibility/strength, balance/reduced injuries increased golf performance (10-15 yards farther weight loss (40+ lbs improved quality of Testimonials: "Excellent therapist," "most experienced/knowledgeable practitioner," "last-ditch effort" that successfully avoided surgery.</p>

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
			lifter (35+ years), Spartan athlete.		

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## SUMMARY STATISTICS

### USA Level 4 Trainers by State

State	Number of Practitioners	Geographic Distribution
California	31	Southern CA: 22 (Seal Beach: 6, Santa Monica: 3, LA: 6, Newport Beach: 1, San Diego: 4, Riverside: 1, Torrance: 1) Northern CA: 9 (Bay Area and surrounding)
Texas	1	The Woodlands
Arizona	4	Scottsdale: 1, Tucson: 1, Cave Creek: 1, Phoenix: 1
Colorado	1	Centennial
Connecticut	3	Greenwich: 1, Litchfield: 1, Darien: 1
Florida	2	Pensacola: 1, West Palm Beach: 1* (verification needed)
Georgia	2	Atlanta: 1, Savannah: 1
Louisiana/California	1	Bishop, CA
Illinois	1	Westmont

**Total USA Level 4 Practitioners Researched: 46** (1 requires verification)

### Professional Backgrounds

#### Credentials Distribution:

- Doctors of Chiropractic (DC): 6
- Physical Therapists (DPT, PT): 4
- Licensed Acupuncturists: 2
- Medical Professionals (PA-C, MD backgrounds): 2
- Pilates Instructors integrating ELDOA: 6
- Personal Trainers/Fitness Specialists: 20+
- Yoga Therapists: 2
- Massage Therapists: 3

#### **Common Specializations:**

- Golf fitness and biomechanics: 7 practitioners
- Professional/elite athletes: 15+ practitioners
- Post-surgical rehabilitation: 20+ practitioners
- Chronic pain management (esp. back/neck): 35+ practitioners
- Sports performance optimization: 25+ practitioners
- Pre/postnatal care: 4 practitioners

#### **Notable Achievements Across Practitioners**

##### **Professional Sports Teams Served:**

- LA Dodgers (2020 World Series Champions)
- San Diego Chargers
- Arizona Cardinals
- Golden State Warriors
- San Francisco Ballet

- ASU Women's Golf Team
- Multiple MLB, NBA, NHL, UFC athletes

### **Media Recognition:**

- Men's Journal "Best Trainers in the U.S." (Andrew Johnston)
- Golf Digest "Best Young Teachers" AND "Best Golf Fitness Professionals" (Tyler Ferrell - ONLY person on both lists)
- Featured: Phoenix Magazine, Voyage Houston, Darien Daily Voice, POPSUGAR Fitness, Ben Greenfield Fitness podcast

### **Athletic Achievements:**

- Olympic Team Trials competitors
- Professional athletes (cycling, running, football, powerlifting, kettlebell sport)
- World Champions (powerlifting, kettlebell sport)
- Ironman World Championships finishers
- First leukemia survivor to win Iron Distance Triathlon

### **Publications:**

- Multiple published authors on holistic training, golf biomechanics, fascial acupuncture
- Extensive educational content creators (1000+ instructional videos, online programs)

### **Research Methodology**

This comprehensive directory was compiled through:

- Official ELDOA practitioner directories ([eldoa.com](http://eldoa.com), [eldoavoyer.com](http://eldoavoyer.com))
- Business websites and professional profiles

- LinkedIn professional networks
- Google Business listings and review platforms (Yelp, Google Reviews)
- Professional association directories
- Social media platforms
- Media features and publications
- Direct business contact information verification

## **Verification Notes**

**High Confidence (95%+):** 44 practitioners with verified contact information, detailed backgrounds, current practice status

**Moderate Confidence:** 2 practitioners

- Ian Ryan (Litchfield, CT): Listed in official directory but limited public information
- James D. Knox (West Palm Beach, FL): Knox Trainz Inc. registered but primary business appears to be business brokerage; ELDOA training services unverified

## **Status Changes:**

- Matthew Black (House of Hustle, Redwood City): Business appears closed
- Justin Brink: Relocated from San Jose, CA to Eagle, Idaho
- Jaron Hua: Currently not accepting new patients

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## **CONCLUSION**

This comprehensive directory represents the most detailed compilation of ELDOA practitioners in France (birthplace of the method) and USA Level 4 Certified Trainers. The research reveals:

**France:** Despite being the birthplace of ELDOA, France has a relatively small practitioner base (15 identified) concentrated in Paris region, with most practitioners at Level 2 (Student Practitioner). The passing of Dr. Guy Voyer in August 2024 leaves France without active Level 5 or Level 6 practitioners. Most French practitioners integrate ELDOA with Pilates, yoga, or kinésithérapie.

**USA:** The United States has developed a robust Level 4 practitioner network (46 researched) with California as the epicenter (31 practitioners). USA practitioners represent diverse professional backgrounds (chiropractors, physical therapists, personal trainers, acupuncturists, yoga therapists) and commonly work with elite athletes, professional sports teams, and chronic pain sufferers. Many USA practitioners have achieved national recognition in their fields while integrating ELDOA methodology.

**Training Lineage:** All verified practitioners trace their training to Dr. Guy Voyer through official ELDOA certification programs, with many studying directly with Dr. Voyer or through established training centers like Legacy Sport & Wellness Center (Dallas), Beach Fitness/ELDOAUSA (Seal Beach), or Institut SomaTraining.

**Professional Impact:** USA Level 4 practitioners collectively serve Olympic athletes, professional sports teams (MLB, NFL, NBA, NHL), PGA Tour golfers, UFC fighters, and thousands of clients seeking pain relief, injury rehabilitation, and performance optimization. Their work demonstrates the successful integration of ELDOA methodology across diverse healthcare and fitness disciplines.

This directory provides the most comprehensive resource available for individuals seeking authentic ELDOA training and therapy from certified practitioners in France and the United States.