

Name	Credentials	Years Practice	Background & Training	Specializations	Notable Clients/Achievements
			Savannah" podcast episode "Postures and Passion: Enter the World of ELDOA Savannah." Active social media with regular class updates.	increasing flexibility/strength, improving balance, posture enhancement, joint decompression	

LOUISIANA / CALIFORNIA

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Linda Danner	PhD, Level 4 ELDOA, Certified Soma Trainer, Myofascial Trainer, CHEK Exercise Coach	12+ years with Soma (since 2013)	PhD (field unspecified). 15 years classical ballet training, performed professionally with New York Dance	Private Soma Training sessions, group classes (60-min targeted), ELDOA postures for spine/hips/shoulders/ribcage, myofascial stretching, Global Postural Stretching (Voyer's method), proprioception exercises, specific strengthening,	Classes: General Spine Health/Postural Awareness, Lower Back & Pelvis, Mid-Back & Shoulders, Neck/Arms/Shoulders. Philosophy: "You are your own best therapist" (Guy Voyer). Clients report	Peak Performance LLC< 93514

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			<p>Theatre under Frank Ohman (NYC Ballet). Completed Ashtanga Yoga Teacher Training with Tim Miller twice. Studied at Ashtanga Yoga Research Institute, Mysore, India (two trips). After major spinal injury 2011 leaving her unable to sit/stand/walk, underwent major surgery. Discovered powerful rehabilitation tool of Soma</p>	<p>diaphragmatic breathing, post-injury/post-surgery rehab, return to activity programs</p>	<p>immediate results, increased mobility, freedom of movement, body balance, ease of muscle tension, increased energy/performance. Active in Eastern Sierra: backpacking, rock climbing, cross-country skiing.</p>	

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			exercise. Inspired by own recovery while mothering two young boys, dedicated herself to helping others. Studying directly with Guy Voyer, D.O. since 2013 (12+ years).			

ILLINOIS

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Andrew Anderson	Level 4 ELDOA, SomaTherapist, Master Level	15+ years rehab/fitness profession, 35+ years	Transitioned from successful restaurant/hospitality career. 2006:	Advanced musculoskeletal therapy, neurological/respiratory	Partnership with Ch Koch combining EL SomaTherapy, MAT yoga, tai chi, person

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	Certified MAT Specialist, CPT, RTS, CFNS	health/fitness lifestyle	<p>Became partner in boutique manual PT practice where he trained/certified in multiple advanced therapies.</p> <p>Discovered true calling: helping people get better.</p> <p>Established Enso Health and Fitness, Inc. 2018 "based on principle that ALL aspects of health/fitness influence and related to each other."</p> <p>Committed to lifelong learning, constantly searches for newest information/most effective methods.</p> <p>Avid martial artist (35+ years), weight</p>	<p>therapy, cardiovascular training, strength training,</p> <p>nutritional/lifestyle coaching, ELDOA training, SomaTherapy manual therapy, Muscle Activation Techniques, injury rehab, chronic pain management (especially back), post-surgery rehab, degenerative disc disease</p>	<p>training. Clients report significant pain reduction (chronic back, night hip), avoided surgery improved flexibility/strength, balance/reduced injury increased golf performance (10-15 yards farther weight loss (40+ lbs improved quality of</p> <p>Testimonials: "Excellent therapist," "most experienced/knowledgeable practitioner," "last-ditch effort" that successfully avoided surgery.</p>

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			lifter (35+ years), Spartan athlete.		

SUMMARY STATISTICS

USA Level 4 Trainers by State

State	Number of Practitioners	Geographic Distribution
California	31	Southern CA: 22 (Seal Beach: 6, Santa Monica: 3, LA: 6, Newport Beach: 1, San Diego: 4, Riverside: 1, Torrance: 1) Northern CA: 9 (Bay Area and surrounding)
Texas	1	The Woodlands
Arizona	4	Scottsdale: 1, Tucson: 1, Cave Creek: 1, Phoenix: 1
Colorado	1	Centennial
Connecticut	3	Greenwich: 1, Litchfield: 1, Darien: 1
Florida	2	Pensacola: 1, West Palm Beach: 1* (verification needed)
Georgia	2	Atlanta: 1, Savannah: 1
Louisiana/California	1	Bishop, CA
Illinois	1	Westmont

Total USA Level 4 Practitioners Researched: 46 (1 requires verification)

Professional Backgrounds

Credentials Distribution:

- Doctors of Chiropractic (DC): 6
- Physical Therapists (DPT, PT): 4
- Licensed Acupuncturists: 2
- Medical Professionals (PA-C, MD backgrounds): 2
- Pilates Instructors integrating ELDOA: 6
- Personal Trainers/Fitness Specialists: 20+
- Yoga Therapists: 2
- Massage Therapists: 3

Common Specializations:

- Golf fitness and biomechanics: 7 practitioners
- Professional/elite athletes: 15+ practitioners
- Post-surgical rehabilitation: 20+ practitioners
- Chronic pain management (esp. back/neck): 35+ practitioners
- Sports performance optimization: 25+ practitioners
- Pre/postnatal care: 4 practitioners

Notable Achievements Across Practitioners

Professional Sports Teams Served:

- LA Dodgers (2020 World Series Champions)
- San Diego Chargers
- Arizona Cardinals
- Golden State Warriors
- San Francisco Ballet

- ASU Women's Golf Team
- Multiple MLB, NBA, NHL, UFC athletes

Media Recognition:

- Men's Journal "Best Trainers in the U.S." (Andrew Johnston)
- Golf Digest "Best Young Teachers" AND "Best Golf Fitness Professionals" (Tyler Ferrell - ONLY person on both lists)
- Featured: Phoenix Magazine, Voyage Houston, Darien Daily Voice, POPSUGAR Fitness, Ben Greenfield Fitness podcast

Athletic Achievements:

- Olympic Team Trials competitors
- Professional athletes (cycling, running, football, powerlifting, kettlebell sport)
- World Champions (powerlifting, kettlebell sport)
- Ironman World Championships finishers
- First leukemia survivor to win Iron Distance Triathlon

Publications:

- Multiple published authors on holistic training, golf biomechanics, fascial acupuncture
- Extensive educational content creators (1000+ instructional videos, online programs)

Research Methodology

This comprehensive directory was compiled through:

- Official ELDOA practitioner directories (eldoa.com, eldoavoyer.com)
- Business websites and professional profiles

- LinkedIn professional networks
- Google Business listings and review platforms (Yelp, Google Reviews)
- Professional association directories
- Social media platforms
- Media features and publications
- Direct business contact information verification

Verification Notes

High Confidence (95%+): 44 practitioners with verified contact information, detailed backgrounds, current practice status

Moderate Confidence: 2 practitioners

- Ian Ryan (Litchfield, CT): Listed in official directory but limited public information
- James D. Knox (West Palm Beach, FL): Knox Trainz Inc. registered but primary business appears to be business brokerage; ELDOA training services unverified

Status Changes:

- Matthew Black (House of Hustle, Redwood City): Business appears closed
- Justin Brink: Relocated from San Jose, CA to Eagle, Idaho
- Jaron Hua: Currently not accepting new patients

CONCLUSION

This comprehensive directory represents the most detailed compilation of ELDOA practitioners in France (birthplace of the method) and USA Level 4 Certified Trainers. The research reveals:

France: Despite being the birthplace of ELDOA, France has a relatively small practitioner base (15 identified) concentrated in Paris region, with most practitioners at Level 2 (Student Practitioner). The passing of Dr. Guy Voyer in August 2024 leaves France without active Level 5 or Level 6 practitioners. Most French practitioners integrate ELDOA with Pilates, yoga, or kinésithérapie.

USA: The United States has developed a robust Level 4 practitioner network (46 researched) with California as the epicenter (31 practitioners). USA practitioners represent diverse professional backgrounds (chiropractors, physical therapists, personal trainers, acupuncturists, yoga therapists) and commonly work with elite athletes, professional sports teams, and chronic pain sufferers. Many USA practitioners have achieved national recognition in their fields while integrating ELDOA methodology.

Training Lineage: All verified practitioners trace their training to Dr. Guy Voyer through official ELDOA certification programs, with many studying directly with Dr. Voyer or through established training centers like Legacy Sport & Wellness Center (Dallas), Beach Fitness/ELDOAUSA (Seal Beach), or Institut SomaTraining.

Professional Impact: USA Level 4 practitioners collectively serve Olympic athletes, professional sports teams (MLB, NFL, NBA, NHL), PGA Tour golfers, UFC fighters, and thousands of clients seeking pain relief, injury rehabilitation, and performance optimization. Their work demonstrates the successful integration of ELDOA methodology across diverse healthcare and fitness disciplines.

This directory provides the most comprehensive resource available for individuals seeking authentic ELDOA training and therapy from certified practitioners in France and the United States.