

A Genomics England haplotype reference panel and the imputation of the UK Biobank

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A Genomics England haplotype reference panel and the imputation of the UK Biobank

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14 Abstract

- We built a reference panel with 342 million autosomal variants using 78,195 individuals from
- the Genomics England dataset, achieving a phasing switch error rate of 0.18% for European
- samples, and imputation quality of $r^2 = 0.75$ for variants with minor allele frequencies as low
- 18 as 2×10^{-4} in White British samples. The GEL imputed UK Biobank GWAS analysis identified
- 19 70% of associations found by direct exome sequencing (p < 2.18×10^{-11}), while extending
- 20 testing of rare variants to the entire genome. Coding variants dominated the rare GWAS findings,
- 21 implying less disruptive effects of rare non-coding variants.

23 Main

- Genomics England (GEL) has carried out whole genome sequencing (WGS) of over 120,000
- 25 genomes from over 80,000 individuals taking part in the 100,000 Genomes Project, using an
- 26 average sequencing coverage depth of $\sim 30x^1$. The recruitment strategy focussed on patients with
- 27 rare disease (disorders affecting < 1 in 2000 people) and cancer, and their close relatives, across
- hospitals in England. We constructed a GEL phased reference panel based on 78,195 high-
- 29 coverage sequencing germline genomes, with a diverse ethnic representation. The high degree of
- relatedness among the samples enhances the power of filters, such as the Mendel error filter, for
- 31 eliminating false positive variant sites identified in the sequencing data, and also leads to more
- 32 accurate phasing and imputation of rare variants. In particular, it enables even variants found in
- 32 accurate phasing and imputation of fare variants. In particular, it enables even variants found in
- only one or two individuals to be phased through transmission, a task which is more difficult in
- 34 the absence of related samples or phase information in sequencing reads².
- The resulting GEL reference panel consists of 341,922,205 autosomal variants, with 31,502,703
- 37 (9.26%) being INDELs with an average length of 5bp and a maximum length of 50bp. The
- majority of the variants in the GEL reference panel are rare. 287.2 million (84.1%) of the
- identified variants possess an allele frequency lower than 0.0001, including 66.7 million (19.5%)
- singletons and 91.1 million (26.7%) doubletons. We compared the GEL reference panel to the
- 41 widely used TOPMed r2³ and HRC⁴ panels and found GEL has 8 times and 1.1 times more

variants than the HRC and TOPMed panels respectively (**Figure 1b** and **Supplementary Figure 1**). Due to the use of mostly low coverage sequencing technology, the HRC dataset has limited numbers of rare variants, especially those with $AF \le 10^{-4}$. While the numbers of rare variants captured in TOPMed and GEL are similar, around half of the ultra-rare variants ($AF \le 10^{-4}$) from GEL and TOPMed are non-shared across the panels (**Supplementary Figure 1**). As expected, all three panels capture a similar set of more common ($AF > 10^{-2}$) variants, with less than 4% unique to each panel (**Supplementary Figure 1**), indicating common variants are largely saturated.

The GEL reference panel can be used as a powerful resource for phasing European and South Asian samples, due to their strong representation in the dataset. We compared the phasing accuracy achievable using the GEL and HRC reference panel across 26 diverse populations from the 1000 Genomes project (**Methods**). GEL phasing of these samples achieved lower switch error rates than HRC phasing, across the CEU (Northern European from Utah), African, South Asian and East Asian ancestry populations (**Figure 1a**), with HRC only showing improved performance for South American samples, which are not significantly represented in GEL. GEL phasing switch error rates are 0.18%, 0.33%, 0.31% and 0.73% for European, African, South Asian and East Asian samples respectively.

A primary use of the GEL resource will be as a reference panel for genotype imputation of other datasets. We assessed the imputation accuracy among 2,405 1,000 Genomes samples, using the GEL, TOPMed and HRC reference panels. We used genotypes at the 716,473 autosomal biallelic SNP positions on the UK Biobank Axiom array⁵ to impute all non-array sites using each reference panel (**Methods**). Squared correlation r^2 between the imputed allele dosages and true genotypes were calculated, stratified by the independently estimated gnomAD (v3.3.1) minor allele frequency⁶. As we focus on showing the overall performance of the reference panel across different allele frequencies, only variants present within gnomAD are shown. As a result, the number of tested variants differs across reference panels. GEL achieved higher r^2 than HRC in all allele frequency bins for all ethnicities (**Supplementary Figure 4**) and outperforms the TOPMed panel in White British (GBR) and South Asian (SAS) samples, especially for rarer variants: at MAF < 10^{-5} , the GEL imputation r^2 for GBR samples is 0.6, compared to 0.3 and 0.29 using TOPMed and HRC, respectively (**Figure 1c**). The TOPMed panel outperforms GEL in African, American and East Asian samples due to its better representation from these groups (**Supplementary Figure 4**).

We used the GEL panel to impute 488,315 UK Biobank samples at 342,573,817 variants, producing a "GEL-UKB" dataset; we compared to the corresponding HRC and UK10K-imputed "HRC-UKB". GEL-UKB has around 3 times more variants than HRC-UKB, 3.5 times more missense variants, and 6.6 times more "high impact consequence" variants (**Supplementary Table 5**). The imputed information scores (**Methods**) were higher for GEL-UKB than HRC-UKB for 87% of the variants that are in common, while 98% (78%) of GEL-imputed variants in the frequency range 10⁻⁵ to 10⁻⁴ (10⁻⁶ to 10⁻⁵) exceeded a threshold of 0.3, vs 78% (54%) for HRC (**Supplementary Figure 2-3**).

To demonstrate the use of GEL-UKB, exemplar GWAS were carried out on four quantitative traits, including standing height (HEIGHT), body mass index (BMI), systolic (SBP) and diastolic

(DBP) blood pressure, with variant testing using REGENIE⁷. Across all four traits, we found 31,699 and 30,711 significant (P-value $< 5 \times 10^{-8}$) rarer variant associations (MAF < 0.05) from GEL-UKB and HRC-UKB, respectively. The GEL-UKB imputed common variants also exhibited fewer likely false associations than HRC-UKB (Supplementary Notes; Supplementary Table 2; Supplementary Figure 6-8). A recent exome-sequencing based association study reported 31, 0, 1, and 2 rarer (MAF < 0.05) genome-wide significant (P-value $< 2.18 \times 10^{-11}$) variant-trait associations across HEIGHT, BMI, SBP and DBP, respectively⁸. We discovered 70% of these associations using GEL-UKB, compared to 56% using HRC-UKB at the same p-value threshold. Relaxing the GEL p-value threshold to 5×10^{-8} , GEL-UKB identifies 76% of these associations (Supplementary Table 3). Comparing now to the UKB whole exome imputation results⁹, all but 4 out of the 28 exome imputation likely-causal rare coding variants associated with standing height (p-value $< 5 \times 10^{-8}$) were found to be significant using GEL-UKB, vs. all but 9 using HRC-UKB (Supplementary Figure 9). Noticeably, our imputed data p-values were more significant than those available in the summary statistics using imputation from 150,000 sequenced UKB samples¹⁰, (see Extended data table), perhaps due to the more powerful testing framework offered by REGENIE⁷ or, possibly, improvements in GEL-based imputation.

This comparison in the exonic portion of the genome provides confidence that whole-genome imputation using GEL can identify most associations directly observed using sequencing. We next compared the performance of GEL-UKB to the widely used imputed genotypes available for the full set of UKB samples, HRC-UKB, and we examined those novel associations identified using GEL-UKB. First examining shared signals (mainly at common sites), we saw a useful improvement in fine-mapping (**Methods**) using GEL-UKB vs. HRC-UKB. 44% of the GEL-UKB based 95% credible sets contain fewer SNPs, while 25% contain more SNPs (**Figure 2b; Supplementary Table 4**), with the remainder identical in size.

A more dramatic difference is observed for rare variants: independent rare variant associations (MAF < 5×10^{-4}), accompanied by high estimated effect sizes (**Figure 2a**) required to reach statistical significance at these frequencies, are almost exclusively discovered by GEL-UKB (**Figure 2a**). For example, GEL-UKB detected a novel ultra-rare association signal for DBP at rs757561770 in FGD4, with allele frequency 9.31×10^{-6} . Common variants in FGD4 have previously been reported to be associated with hypertension¹¹ (**Figure 2c**). Interestingly, this SNP is intronic and does not show strong linkage disequilibrium ($r^2 > 0.7$) with any coding variant within the GEL panel (**Supplementary Table 6**).

Because we test the entire genome, our results allow us to investigate whether large-effect mutations (which in our example GWAS are only found at low frequency; **Figure 2b**) occur in coding or non-coding DNA more generally. We identified 27 independent large-effect/rare-variant signals (AF < 0.001; p < 5×10^{-8}), across the four traits using step-wise regression (**Methods**). Many of the identified regions show supportive evidence from other GWAS (**Supplementary Table 6**), although we note that while this p-value cut-off is standard in GWAS, the large number of rare variants tested means that some of the weaker associations might represent false positives. Of the 27, 15 were either themselves a coding or splice site variant (n=9) or in strong LD ($r^2 > 0.7$) with such a variant. An additional 2 variants occurred in 5' UTRs of genes (**Supplementary Table 6**). These 17 variants comprise 63% of all signals (p <

5×10⁻⁸), but strikingly, include 16 of the 18 strongest associations (p < 1.25×10⁻⁸; 89%; **Supplementary Table 6**). If replicated for other phenotypes, this implies that it could be likely rare for variation in other non-coding regions such as enhancers to achieve dramatic trait effects – despite such regions dominating GWAS signals overall¹². Because it seems likely that non-coding mutations *are* able to strongly disrupt the binding of individual transcription factors, this might imply that (except in 5' UTR regions), in the overwhelming majority of cases no individual transcription factor plays an essential functional role. Nonetheless, we still observed several cases implicating only non-genic sites, for example two rare intronic signals for decreasing height (rs773574844 and rs1414220739) near SLC12A1, a gene known to be associated with height and Bartter syndrome, whose symptoms include growth retardation¹³. We anticipate that despite their modest effect sizes and limiting power at present (likely, even if genomes are fully sequenced), the number of non-coding associations will likely increase rapidly in future, once sample sizes become larger. Moreover, our results imply imputation will be highly effective in identifying such associations, even for rare variants.

One unexpected finding for height from our analysis was a tight ~1kb-wide cluster of five independent low-frequency variants, all associated with height gains, on chromosome 6 (**Supplementary Table 6**; **Extended data table**), including the rare missense variant rs957675208 (LOC124901225), in a region not reported by the previous exome sequencing⁸ and exome imputation⁹ analyses, or by HRC-UKB (low imputation INFO). Strikingly, rs957675208 in HMGA1/LOC124901225 shows the strongest height-increasing impact of any SNP in the whole genome, equivalent to gaining 3.5 cm of height On further examination, three of these five variants are missense mutations in LOC124901225, and the remaining two variants are in the 5' UTR of HMGA1, in a region not annotated in the exome studies. It is unclear whether these associations reflect regulatory or direct coding roles. This gives one example of how the complete genome-wide coverage of the GEL-UKB data allows for additional findings compared to previous approaches.

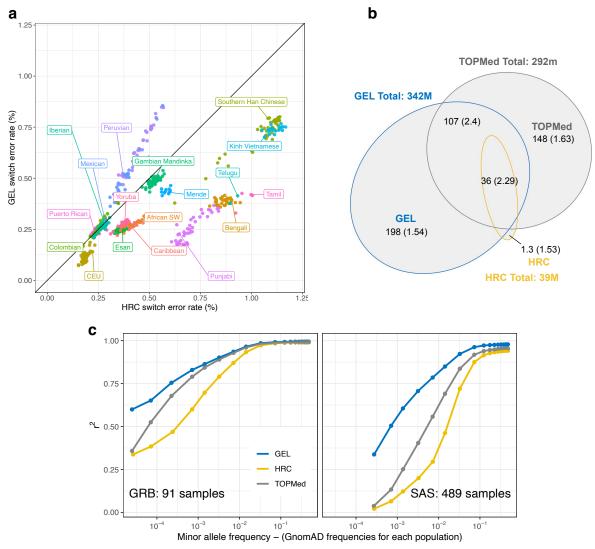


Figure 1: a) Phasing quality for 589 high coverage 1,000 Genome children from mother-father-child trio families, using HRC and GEL reference panels. b) Venn diagram comparing numbers of variants from the GEL, HRC and TOPMed reference panels. The numbers show the variant count (in millions of variants), followed by the Ts/Tv ratio of these variants in brackets. c) Imputation performance, measured by r^2 (**Methods**), for imputation of 1000 Genomes samples from the White British (left) and South Asian (right) groups, using three different reference panels (labels). The variants are stratified by GnomAD allele frequency (v3.3.1)⁶ of their corresponding population.

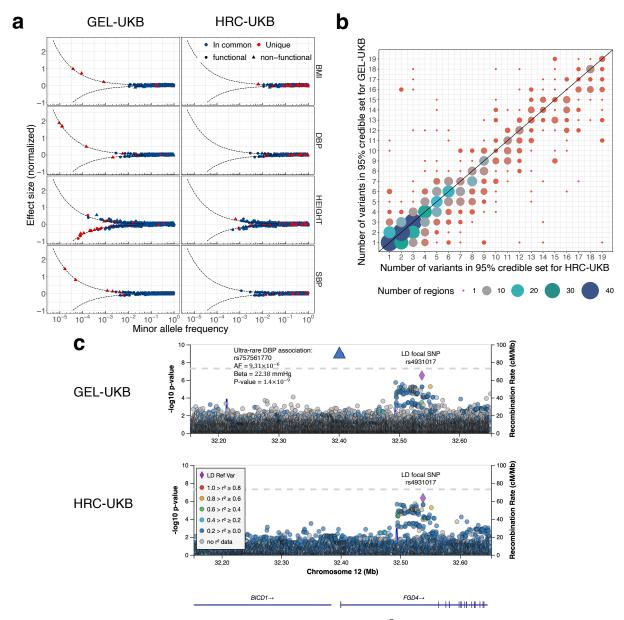


Figure 2: a) A set of independent genome-wide significant ($p < 5 \times 10^{-8}$) associations identified by step-wise regressions (conditioned joint analysis), and with INFO > 0.8, are plotted versus their imputed allele frequency (x-axis). The blue points represent variants that were flagged by step-wise regressions in one dataset and also showed a significant GWAS association in the other dataset; The red points indicate variants unique to that dataset. The shape of the data points reflects the predicted consequences of the variants as determined by the VEP (**Methods**). Dots represent functional variants, including stop gained, stop lost, splice donor/acceptor, frameshift, in-frame insertion/deletion and missense variants, and the triangles indicate non-functional variants. The dotted lines indicate the smallest hypothetical effect sizes that can be captured by the p-value threshold ($p < 5 \times 10^{-8}$). b) Comparison of the number of variants in the 95% credible sets for GEL-UKB and HRC-UKB fine-mapping regults for standing height (capped at 20 variants; **Methods**). The circle sizes represent the number of fine-mapping regions showing each combination; plots below the diagonal correspond to GEL-UKB having fewer variants in the credible set compared to HRC-UKB. c) The LocusZoom plot of ultra-rare variant association (rs757561770) detected by GEL-UKB. The color indicates the LD between SNPs and the focal SNP rs4931017, showing that rs757561770 is in low LD with the focal SNP ($r^2 = 6.57 \times 10^{-6}$). The blue lines show the regional recombination rate.

Methods

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186 Genomics England high coverage sequencing data

187 The Genomics England 100,000 Genomes Project was launched in 2013, focusing on rare 188 diseases and cancer. Over 120,000 genomes have been sequenced. It comprises genomes from 189 73,700 rare disease (disorders affecting ≤1 in 2000 persons) patients and their close relatives, and 190 46,539 genomes from cancer patients¹. The GEL reference panel described in this paper is built 191 on the aggregated dataset (aggV2), comprising 78,195 samples from both rare disease and cancer 192 germline genomes. Samples were sequenced with 150bp paired-end reads on the IlluminaHiSeq 193 X platform and processed with the Illumina North Star Version 4 Whole Genome Sequenced 194 Workflow (iSAAC Aligner v03.16.02.19 and Starling small variant caller v2.4.7), and aligned to 195 the GRCh38 human reference genome. The individual gVCF files were aggregated into multi-196 sample VCF files using Illumina gVCF genotyper and normalised with vt v0.57721. The 197 aggregated multi-sample VCF dataset (aggV2) comprises over 722 million initial called SNPs 198 and short indels (<=50bp). Multi-allelic variants were decomposed into biallelic variants. The 199 dataset includes 49,641 samples (63.48%) from individuals self-identifying as White British, 200 4,100 (5.24%) as "Other White", 2,885 (3.69%) as Pakistani, 1860 (2.3%) as Black, 1,751 201 (2.24%) as Indian, and 12,277 samples (15.7%) as "Unknown". According to the self-reported 202 data, only 27,346 samples (34.97%) are have no relatives in the reference panel. 11,584 203 (14.81%), 32,679 (41.79%), and 6,586 (8.43%) samples possess 2, 3 and >3 family members in 204 the dataset respectively. We identified 12,816 (16.39%) samples as members of duo families and 205 35,106 (44.9%) as members of trio families, while 30,273 (38.71%) samples are treated as 206 unrelated for phasing (Supplementary Notes).

Quality Control

Prior to the quality control (QC) described here, sample level QC was carried out by the Genomics England informatics team on variants called one sample at a time. We conducted additional quality control by pooling information across samples, to remove false positive sites. Specifically we utilised aggregated VCFs, considering genotype quality, depth, missingness, allelic balance, Mendel errors, Hardy-Weinberg equilibrium, and gnomAD⁶ allele frequency concordance. Because singletons observed in unrelated samples are difficult to phase accurately these sites were removed. We applied two sets of QC rules. First, we applied a stringent rule set applied to all sites, including those de novo in Genomics England and very rare sites. Second, we applied a more lenient group of filters for relatively common sites (AF>0.001) that additionally showed support from independent external datasets (TOPMed, HRC, 1000 Genomes, GnomAD), to avoid removing a proportion of genuine sites (e.g. for a modest number of Mendel errors). For these sites, if they failed our stringent filters but passed with somewhat less stringent missingness, Mendel error and gnomAD frequency concordance thresholds, we included them, after separate phasing conditional on the phase of sites passing the more stringent thresholds, i.e. in a manner which did not impact the stringent sites. These sites were incorporated in the final dataset, but with a QC flag indicating their slightly lower reliability. Overall, our filters reduced the initial number of sites from 722 million to 342 million (Supplementary Notes and **Supplementary Table 1).**

Phasing the GEL reference panel

- We used a multi-stage phasing strategy leveraging the relatedness within GEL, in particular allowing phasing of singletons where possible.
 - 1. We used the makeScaffold software (https://github.com/odelaneau/makeScaffold) to determine the phase of duo and trio samples (**Supplementary Notes**) by direct transmission information (this phases most sites in these samples).
 - 2. For remaining unphased genotypes in these related samples, with phases undetermined due to heterozygosity or missing data, phases were inferred using SHAPEIT4.2.2¹⁴, using the phased genotypes from step 1 as a scaffold.
 - 3. To phase genotypes in the unrelated samples, we first phased the common variants (AF > 0.01) one chromosome at a time, using SHAPEIT4.2.2 and now using the genotypes (at these common sites) from step 1 and 2 in the related samples as a reference panel.
 - 4. Finally, to phase the remaining sites: genotypes at rare variants in unrelated samples, we using SHAPEIT4.2.2 with the phased samples from steps 1-2 as a reference panel, and the phased common variants from step 3 as a scaffold for these samples.
 - 5. For sites only passing our lenient filters (see "Quality Control" section above and Supplementary Notes) we used the results of step 4, for the sites on the UKB Axiom array sites passing the stringent filters, as a scaffold, and then used SHAPEIT4.2.2 on the remaining genotypes.

Phasing for steps 1 and 3 was done at the entire chromosome level; for steps 2 and 4 it was carried out in regions of approximately 300,000 sites, with 30,000 sites on each side as buffer. The resulting phased regional segments were merged and concatenated using bcftools¹⁵. These phasing steps were computationally intensive, and took around 6,500 CPU days in total to accomplish. The phased reference panel is stored in VCF format and has been made available for all Genomics England registered users on the GEL trusted research environment.

Estimation of 1000 Genome trio phasing switch error rate

Phasing accuracy is important for direct biological interpretation of variants within GEL, as well as ensuring high-quality imputation in other samples and other downstream applications. We assessed the ability of the GEL panel to phase such external samples. Specifically, we phased the parents of mother-father-child trios included in the 1000 Genomes Project (but not HRC or GEL) using the reference panels from HRC and GEL. We then assessed the resulting phase accuracy, by comparing phased haplotypes to those directly inferred using inheritance patterns to the child in each trio. The HRC reference panel was lifted over from the GRCh37 to the GRCh38 reference genome using GATK Picard LiftoverVCF¹⁶. The original GRCh37 HRC reference panel has 39,131,578 autosomal variants. 13,813 variants were removed either due to the incompatibility between reference genomes or mismatching chromosome between the two reference genomes. The resulting autosomal GRCh38 HRC reference panel contains 39,115,765 variants and 27,165 samples. 1000 Genome samples within the HRC reference panel were removed.

We analysed only sites passing 1000 Genome data¹⁷ filters. The phasing test was carried out on 589 trio families from diverse ethnic backgrounds, using SHAPEIT 4.2.2¹⁴. We tested all the heterozygous 1000G sites for each individual reference panel, yielding a total of 1.04×10^9

heterozygous sites (1.76 million per trio family) for the HRC panel and 1.16×10^9 (1.9 million per trio family) for the GEL panel.

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Imputation testing of the 1000 Genomes samples

We used 2,405 1000 Genomes samples to test the relative performance of imputation based on the GEL, TOPMed and HRC imputation panels. We first performed quality control on the 1000 Genomes data, by removing sites which either possess a missingness larger than 5% or failed a Hardy Weinberg equilibrium test, by having a p-value smaller than 10⁻¹⁰ in any of the 26 1000 Genome populations. We then masked genotypes in 1000 Genomes sequencing samples, except the sites existing in the UK Biobank Axiom array, to mimic imputation using this array. This gave 716,473 bi-allelic SNPs across all autosomes. The pseudo-SNP array dataset was then phased one chromosome at a time using SHAPEIT4.1.2¹⁴. TOPMed imputation was carried out using the TOPMed imputation server with the TOPMed r2 reference panel and the imputation software minimac4 1.5.7¹⁸. IMPUTE5¹⁹ was used to impute from the GEL and HRC reference panels. We stratified imputation results into 6 groups: 661 African (AFR), 347 American (AMR), 504 Eastern Asian (EAS), 489 South Asian (SAS), 313 non-Finnish European (NFE) samples and 91 British (GBR) samples.

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UK Biobank imputation using the GEL reference panel

The UK Biobank SNP array data consists of 784,256 autosomal variants. We removed the set of 113,515 sites identified by the previous centralized UK Biobank analysis as failing quality control⁵ and an additional set of 39,165 sites failing a test of Hardy-Weinberg equilibrium on 409,703 White British samples, with the p-value threshold of 10^{-10} . The resulting UK Biobank SNP array data was mapped from the GRCh37 to GRCh38 genome build, using the GATK Picard LiftOver tool. Alleles with mismatching strand but matching alleles were flipped. 495 sites were removed due to incompatibility between the two reference genomes, resulting in a final SNP array incorporating 631,081 autosomal variants that we used for phasing and imputation. Haplotype estimation of the SNP array data is a prerequisite for imputation. Phasing was carried out one chromosome at a time using SHAPEIT4.2.2 without a reference panel, using the full set of UK Biobank samples. We ran SHAPEIT4 using its default 15 MCMC iterations and 30 threads. The runtime varied from 2 hours to 30 hours for each chromosome. Imputation of normal filter set and lenient filter set SNPs was carried out independently. Autosomal imputation using the GEL reference panel was performed using IMPUTE5 (v1.1.4). The SNP array data was divided into 408 consecutive and overlapping chunks with roughly 5mb for each chunk and 2.5mb buffer across the genome, using the Chunker program in IMPUTE5¹⁹ and each chunk was further divided into 24 sample batches with each batch containing 20,349 samples. IMPUTE5 was run on each of the 9,792 subsets using a single thread and default settings, at a speed less than 4 minutes per genome, resulting in a total time of around 1,200 CPU days to impute all UK Biobank samples.

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Genome-wide association studies

- We selected four quantitative traits to demonstrate the GWAS performance of the GEL imputed
- 315 UK Biobank data (GEL-UKB), compared to the HRCUK10K imputed UKB (HRC-UKB) data
- on 429,460 white British samples. These traits are standing height (HEIGHT), body mass index
- 317 (BMI), systolic (SBP) and diastolic (DBP) blood pressure. Variants with minor allele count

lower than 5 are not included in testing. The phenotypes are transformed using rank inverse normal transformation (RINT) within sexes to ensure normally distributed input phenotypes and reduce the likelihood of false positives due to outliers. We also performed GWAS on the raw phenotype measures as a reference, but in our analyses, we use the RINT results, if not otherwise specified.

Samples between 40 and 70 years old are included and for each phenotype, outliers that are above ± 4 standard deviation from the mean value were removed⁵. SBP and DBP values are based on automated blood pressure readings, substituting in manual reading values when automated readings are not available. We calculated the mean SBP and DBP values from two automated (n = 418,755) or two manual (n = 25,888) blood pressure measurements. For individuals with one manual and one automated blood pressure measurement (n = 13,521), we used the mean of these two values. For individuals with only one available blood pressure measurement (n = 413), we used this single value. After calculating blood pressure values, we adjusted for blood pressure-lowering medication (n=94,289) use by adding 15 and 10 mmHg to SBP and DBP, respectively²⁰, for individuals on such medication.

GWAS effect size estimates and p-values were obtained using REGENIE⁷. We used the UKB SNP array data to estimate the LOCO predictors in REGENIE Step 1 and the imputed data for Step 2, accounting for sex, age, sex squared, sex × age, and 20 principal components as covariates⁷. The association tests for GEL imputed UKB (GEL-UKB) and HRCUK10K imputed UKB (HRC-UKB) used the identical setup. The HRC-UKB summary statistics of the association tests were mapped using Picard LiftOver from GRCh37 to GRCh38 to compare the results with GEL-UKB. In all analyses, we used an INFO threshold of 0.3 for common imputed variants (MAF>0.05) and 0.8 for rare imputed variants (MAF≤0.05). **Supplementary Figure 5** shows higher INFO thresholds are effective for detecting false positive rare associations.

Bayesian fine-mapping

Bayesian fine-mapping credible set size comparison was carried out on 1,660, 711, 505 and 546 non-overlapping regions for HEIGHT, BMI, SBP and DBP respectively based on HRC-UKB GWAS summary statistics. These regions were defined by the following procedure. First, candidate regions were identified with width 0.125 centiMorgans plus 25 kb on each side of a significant marker. Overlapping candidate regions were successively merged until there were no remaining regions overlapping. We removed 60, 30, 33, and 51 regions for the above traits respectively, in which GEL-UKB showed no significant sites (p-value $< 5 \times 10^{-8}$ in GWAS) for each trait. The recombination rate is based on the HapMap genetic map²¹. A detailed description of this approach can be found in Maller et al., and Bycroft et al.^{5,22}

For each region, we assume a single causal variant – call this model M. Given this, define model M_i to be the model where SNP i is the causal variant. We seek the probability of M_i given the data and that model M is true. This posterior $Pr(M_i|X,M)$ can be written in terms of the Bayes factor relating the probability of the data given M_i versus the probability of the data under the null model with no associated SNP in the region, BF_i . Further, BF_i can be approximated by an asymptotic Bayesian factor (ABF_i) :

 $Pr(M_i|X,M) = \frac{BF_i}{\sum_{i=1}^k BF_i} \approx \frac{ABF_i}{\sum_{i=1}^k ABF_i}.$ 363 364 365 ABF_i can be calculated using the standard error (V_i) and Z score (z) estimated by REGENIE⁵. In each region, the smallest possible 95% credible set of potential causal markers can be obtained 366 by successively including the sites with the highest probabilities, to accumulatively reach 0.95. 367 368 Model M requires a prior (a Gamma distribution) on effect sizes; we choose this prior W to have parameters 0.2² and 0.02², but found the results are not particularly sensitive to the choice of the 369 370 prior. 371 372 Conditional joint analysis: step-wise regression 373 A standard GWAS uses a marginal model considering one variant at a time, while a joint model 374 considers all the selected variants and estimates their joint effect simultaneously in order to 375 remove rare variant signals that are explained by stronger signals at more common nearby 376 SNPs⁸. We performed a conditional joint analysis via a stepwise forward selection procedure, 377 considering each chromosome separately. First we defined the set S of genome-wide significant variants in one chromosome (P-value $< 5 \times 10^{-8}$) in the marginal regression using REGENIE. 378 379 We initialized a set of variants **R** as the most significant variant in the marginal regression. Given the current value of **R**, we calculate the P-value of all the remaining variants in **S** one at a 380 381 time, conditioned on R and the covariates used for the initial GWAS. We then move the variant 382 with the smallest conditional P-value from S to R, until this smallest P-value is no longer 383 genome-wide significant. This approach identifies a set of variants that are independently 384 significant, and account for all the genome-wide association signals (note that this set is not 385 unique), while also accounting for linkage disequilibrium between sites. To identify rare causal 386 variants within UKBB found using GEL-UKB imputation, we considered only those variants 387 found by this stepwise forward selection approach. The full conditional joint analysis results can 388 be found in the Extended data table. 389 Data availability 390 The GEL haplotype reference panel is available within the GEL trusted research environment to 391 approved researchers. The imputed UK Biobank data imputed using the GEL haplotype 392 reference panel is available to those with approved access to the UK Biobank resource and 393 described on the UK Biobank showcase here 394 https://biobank.ctsu.ox.ac.uk/crystal/field.cgi?id=21008 395 Acknowledgements 396 We thank the Wellcome Trust for funding (200186/Z/15/Z to JM, SM) and (212284/Z/18/Z to 397 SM). Work conducted under UKB applications (48031 and 27960). This research was made 398 possible through access to data in the National Genomic Research Library, which is managed by 399 Genomics England Limited (a wholly owned company of the Department of Health and Social 400 Care). The National Genomic Research Library holds data provided by patients and collected by 401 the NHS as part of their care and data collected as part of their participation in research. The 402 National Genomic Research Library is funded by the National Institute for Health Research and

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