

# Mariem Gaida — Head Nurse Supervisor

Tunisia

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## Profile

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Head Nurse Supervisor with over 10 years of experience across various hospital departments, including neonatology and hemodialysis. Strong expertise in team management, care coordination, and patient support. Skilled at working in demanding environments, with high adaptability and a strong sense of responsibility.

## Professional Experience

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### Regional Hospital Mjez El Beb

Head Nurse Supervisor - Hemodialysis Unit

April 2018 – Present

- Supervision and coordination of the nursing staff in the department.
- Scheduling shifts and managing resources.
- Monitoring and providing care for chronic kidney disease patients.
- Collaborating with the medical team to ensure continuous quality improvement.

### Regional Hospital Béja

Nurse - Hemodialysis Unit

June 2016 – April 2018

- Provided care for end-stage renal disease patients.
- Monitored dialysis sessions and ensured patient safety.
- Patient and family education regarding treatment and lifestyle.

### Zaga Nefza Dispensary

General Nurse

June 2015 – June 2016

- Provided primary care and follow-up for chronic patients.
- Participated in prevention and vaccination campaigns.
- Worked independently in a resource-limited setting.

### University Hospital Wassila Bourguiba

Nurse - Neonatology Unit

January 2014 – June 2015

- Monitored and provided care for premature and high-risk newborns.
- Assisted physicians during medical procedures.
- Ensured hygiene and prevention of hospital-acquired infections.

## Education

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### Higher Institute of Nursing Sciences of Tunis

Bachelor's Degree in Nursing Sciences

2010 – 2013

## Skills

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**Specialized Care:** Neonatology, Hemodialysis, Hospital Care Management

**Technical Skills:** Vital signs monitoring, treatment preparation and administration, emergency management

**Management:** Workforce scheduling, staff supervision, training of new nurses

**Computer Skills:** Microsoft Office (Word, Excel), Hospital Management Software

## Languages

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**Arabic:** Native

**French:** Fluent

**English:** Intermediate

**German:** Basic knowledge

## Additional Skills

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Leadership and team coordination

Excellent communication with patients and families

Ability to handle stress and work in critical environments

Strong organizational skills and professional rigor

## Interests

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Medical and scientific reading

Continuous education and professional development

Sports activities (hiking, fitness)

Participation in health awareness and prevention campaigns

## References

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Available upon request.