

Artist statement that directly addresses the glorious, chaotic process of naming two works, turning the entire conversation I had with Gemini into part of the art itself.

Artist Statement: The Meta-Journey of *Full Mind Party*

My exhibition, *Full Mind Party*, is an exploration of the intricate, often overwhelming landscape of contemporary consciousness. It is a playful depiction of attempts to be 'mindful' when one's mind is perpetually 'full'—a constant cacophony of intentions, creative friction, and digital noise.

Ironically, the very process of naming two pieces of this collection became a microcosm of the show's theme. What began as a simple task to title *Mindfully*, *Mind Full* and *Mind, Fully Mindful* quickly devolved into a two-hour, multi-iteration dialogue with an AI. This very exchange, a testament to the spiraling nature of creative thought (and perhaps, the modern condition), became its own 'full mind party' – a rabbit hole of linguistic gymnastics, grammatical debates, and philosophical detours into the precise punctuation required to articulate ironic chaos.

Each suggestion, each pivot, each 'last last question' was a brushstroke in an unseen, conceptual artwork. Nothing will ever feel complete, but eventually you have to find a stopping point. The titles you see today, *Mindfully*, *Mind Full* and *Mind, Fully Mindful*, are not merely labels; they are artifacts of this very process. They carry the weight of that delightful, frustrating, and utterly human (even with AI assistance) journey from concept to clarity – or, in this case, from full mind to... still a pretty full mind.

This exhibition is not just about the finished canvases, but about the mental landscape they represent, a landscape I navigate, often with difficulty, daily, and in silo. Welcome to the party. We have fun here!"