

MRI Lumbar Spine Report

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The MRI lumbar spine demonstrates mild to moderate spinal canal stenosis and foraminal narrowing at the L4-L5 levels bilaterally, with severe stenosis and narrowing at the L3-L4 and L4-L5 levels. Additionally, moderate to severe subarticular stenosis is noted at the L4-L5 levels bilaterally. The L1-L2, L2-L3, L3-L4, L4-L5, and L5-S1 levels show mild to normal stenosis and foraminal narrowing.

Recommendations:

1. Further evaluation and management of severe spinal canal stenosis and foraminal narrowing at the L4-L5 levels, including consideration of conservative or surgical intervention.
2. Monitoring and potential treatment for moderate subarticular stenosis at the L4-L5 levels.
3. Continued observation and conservative management for mild to normal stenosis and foraminal narrowing at other levels.

Please consult with a specialist for a comprehensive treatment plan.