

# MRI Lumbar Spine Report

## Clinical Summary:

This lumbar spine examination demonstrates mild central canal stenosis at the L1-L2, L2-L3, L3-L4, L4-L5, and L5-S1 levels, indicating normal or mild narrowing. Additionally, mild neural foraminal narrowing is noted bilaterally at the L1-L2, L2-L3, L3-L4, and L4-L5 levels. Most notably, there is severe neural foraminal stenosis observed at the left L5-S1 level bilaterally. The bilateral subarticular regions of the lumbar vertebrae display mild stenosis from L1-L5 to S1 vertebrae levels, with no significant abnormalities. These findings are consistent with degenerative changes expected in the aging spine and may correlate with the patient's symptoms if present.

Clinically, the patient should be monitored for any signs of lumbar spinal stenosis and its possible associated symptoms. Further evaluation with clinical correlation and symptom assessment is recommended, especially considering the severe subarticular stenosis at the left L5-S1 level, which may be contributing to symptomatic radiculopathy. Pain management and physical therapy interventions including spinal stretches and strengthening exer