MRI Lumbar Spine Report

MRI Lumbar Spine Report:

The MRI findings indicate mild to moderate spinal canal stenosis and foraminal narrowing at the L4-L5 level bilaterally, with severe stenosis and foraminal narrowing at the L5-S1 level. Additionally, there is severe subarticular stenosis at the L4-L5 and L5-S1 levels on the left side, and moderate subarticular stenosis at the L4-L5 and L5-S1 levels on the right side. Summary:

- Mild to moderate spinal canal stenosis at L1-L2, L2-L3, L3-L4, and L4-L5 bilaterally.
- Severe spinal canal stenosis at L5-S1 bilaterally.
- Moderate left neural foraminal narrowing at L4-L5.
- Severe left neural foraminal narrowing at L5-S1.
- Normal/mild left and right neural foraminal narrowing at L1-L2, L2-L3, L3-L4, and L4-L5.
- Severe left subarticular stenosis at L4-L5 and L5-S1.
- Moderate right subarticular stenosis at L4-L5 and L5-S1.

Recommendation: Further evaluation and management are advised for the severe stenosis and foraminal narrowing at the L5-S1 level, as well as the severe subarticular stenosis at the L4-L5 and L5-S1 levels. Conservative treatment options, such as physical therapy and pain management, may be considered initially. If symptoms persist or worsen, surgical consultation may be necessary.