

Session 3.1

Introduction to Asphyxia and Difficulty in Breathing (D.I.B)

1

By the end of Module 03 (3.1 to 3.3), you should be able to:

- Define the term Asphyxia and be aware of things that may cause Asphyxia
- State the First Aid management of a patient choking on food
- State the First Aid management of a patient having an asthma attack

2

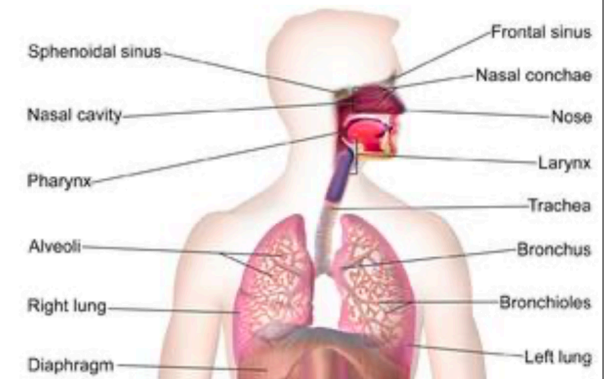
Asphyxia - definition

Asphyxia:

- Any condition which may stop oxygen getting into the lungs then into the blood and / or stops carbon dioxide leaving the lungs.

3

THE RESPIRATORY SYSTEM - pathway



Blausen.com staff (29 August 2014), "Medical gallery of Blausen Medical 2014", *WikiJournal of Medicine*, 1 (2), doi:10.15347/WJM/2014.010, ISSN 2002-4436, Wikidata Q44276831

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The Respiratory System

4

The main causes of Asphyxia



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O
C
L
E
S

Asphyxia - signs & symptoms



Signs and Symptoms:

- Breathing - distressed, rapid, noisy or difficulty in breathing
- Response - lowered levels of consciousness / dizziness / seizures
- Skin - pale and blue (cyanosed) especially around the lips

