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MR FARHAD BABAE GHASEMABADI
FLAT 7
169 REDLAND ROAD
BRISTOL
BS6 6YQ



Statement date: 19 March 2024
Supply address: FLAT 7, 169, REDLAND ROAD, BRISTOL, BS6 6YQ

Account number:
1610 0057 956

Estimated meter reading used

Action required
Submit meter readings

Here to help
scottishpower.co.uk/getintouch
Download our app
0345 270 0700
Monday to Friday: 9am - 5pm

Smell gas? 0800 111 999 (24hrs)
Power cut? Call free: 105 (24hrs)

Your gas and electricity statement for: 21 December 2023 - 19 March 2024
Your current tariff: Standard Online - Monthly Direct Debit

Your account balance

£34.54 in credit

Starting balance (credit) £159.91
Total costs £321.06
You've paid £195.69

Your monthly payment

£65.23

Your next payment will be collected on 01 April 2024. **Important:** if we're unable to collect your payment when it's due, we may apply a £5 administration fee as per our T&Cs.

Your last meter readings

Electricity	19 Mar 24	23186 (E)
Gas	19 Mar 24	5831 (E)

(A) = Actual | (E) = Estimated | (S) = Smart

Please update your meter readings via scottishpower.co.uk/myaccount, **ScottishPower App** or our free 24hr automated service on **0800 027 8000**. Avoid estimated readings - register for a smart meter at scottishpower.co.uk/smartbook

Could you pay less on a different ScottishPower tariff?
Your estimated annual costs on your current tariff are £395.64 for gas and £514.96 for electricity. You can use this information to help you budget and to compare and switch tariffs with confidence.
We've looked at your current tariff to see if there's a cheaper one available with similar features.

	Gas	Electricity	
Our cheapest similar tariff	Good news! You're already on our cheapest similar tariff	Good news! You're already on our cheapest similar tariff	If this changes, we'll let you know on your next bill or statement

You may also be able to save more with our cheapest overall tariff.

	Gas	Electricity	
Our cheapest overall tariff	Save £81.93 per year with Green Flexi May 2026 EM1	Save £80.56 per year with Flexi May 2025 TL1	You could save a total of £162.49 per year

You can view our range of tariffs at scottishpower.co.uk/myaccount. Subject to availability. Different terms & conditions may apply. *See page 2 for more details.

Your estimated annual costs are based on your annual consumption, applicable tariff prices, and VAT (excludes your current balance). This will vary if your tariff prices or energy use changes. Details about your current tariff can be found overleaf. **Don't forget to think about switching your tariff or supplier.**

Thank you for being a ScottishPower customer

This is not a tax invoice

About your tariff

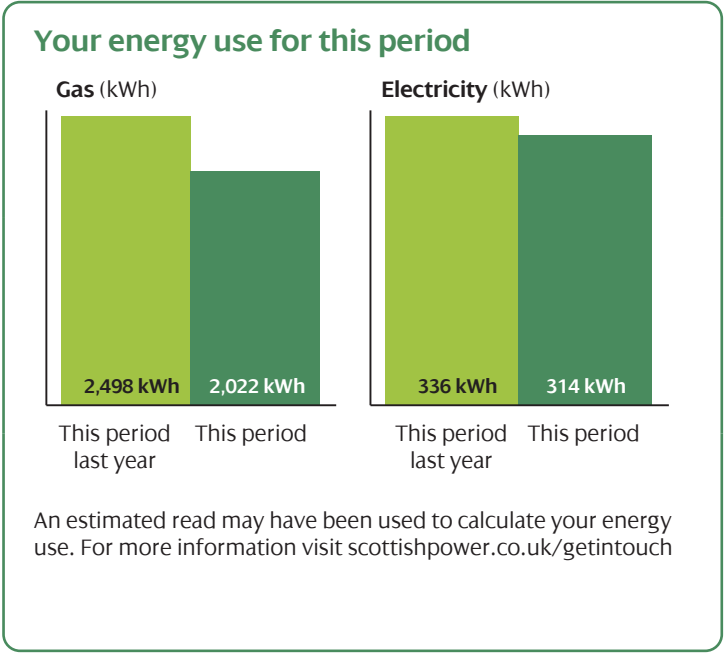
Gas	
Tariff name	Standard Online
Payment method	Monthly Direct Debit
Tariff end date	Not applicable
Exit fee (if you switch supplier more than 49 days before the tariff end date)	Not applicable
Your estimated usage in the last 12 months	4,431 kWh

Electricity	
Tariff name	Standard Online
Payment method	Monthly Direct Debit
Tariff end date	Not applicable
Exit fee (if you switch supplier more than 49 days before the tariff end date)	Not applicable
Your estimated usage in the last 12 months	1,111 kWh

Compare your tariff

Scan this image to download your energy account details - you can use it to check you are on the best tariff for you.





Calculating your gas charge

We charge gas in kWh (kilowatt-hrs). To convert gas units to kWh we use the following calculation:

gas units used

X

calorific value
38.9

X

volume correction
1.02264

÷

3.6

=

gas units expressed in kWh

*Switching tariffs may involve changing terms and conditions. Our tariff range is frequently changing, with some tariffs only available for a limited period or through selected channels. Eligibility criteria will apply, such as having a smart meter with sufficient signal strength.

How your energy adds up

Here's a breakdown of your payments and costs for this billing period.

Meter type: Standard
Your electricity supply number:

S	01	801	010
	22	0001 6390	419

Your gas meter point reference number:

9210151508

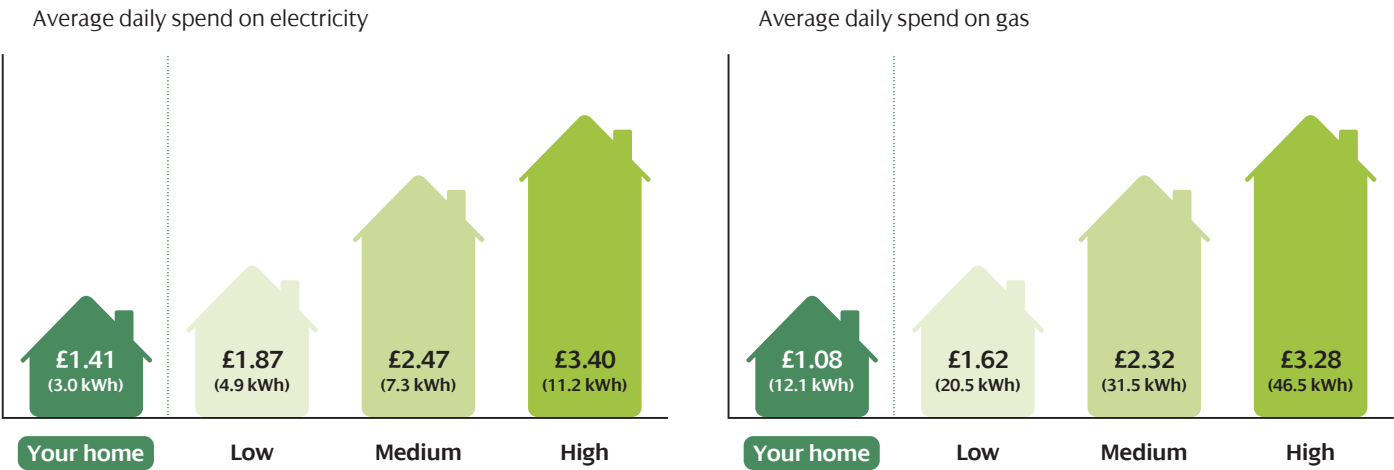
	Credit	Debit
Your starting balance was	£159.91	
Electricity costs		
Meter number: D08D36834		
Standard Online - Monthly Direct Debit		
20 Dec 2023	Estimated read: 22872	
31 Dec 2023	Estimated read: 22911.2	
Electricity units used	39.2 = 39.2 kWh	
Unit rate	39.2 kWh x 25.890p	£10.15
Standing Charge	11 days x 55.900p	£6.15
Standard Online - Monthly Direct Debit		
31 Dec 2023	Estimated read: 22911.2	
19 Mar 2024	Estimated read: 23186	
Electricity units used	274.8 = 274.8 kWh	
Unit rate	274.8 kWh x 27.071p	£74.39
Standing Charge	79 days x 55.880p	£44.15
Total electricity costs		£134.84
Gas costs		
Meter number: G4A01013410801		
Standard Online - Monthly Direct Debit		
20 Dec 2023	Estimated read: 5648	
31 Dec 2023	Estimated read: 5670	
Gas units used	22 = 243.1 kWh	
Unit rate	243.1 kWh x 6.759p	£16.43
Standing Charge	11 days x 28.200p	£3.10
Standard Online - Monthly Direct Debit		
31 Dec 2023	Estimated read: 5670	
19 Mar 2024	Estimated read: 5831	
Gas units used	161 = 1779.09 kWh	
Unit rate	1779.09 kWh x 7.259p	£129.14
Standing Charge	79 days x 28.180p	£22.26
Total gas costs		£170.93
What you've paid		
02 Jan 2024	Payment	£65.23
01 Feb 2024	Payment	£65.23
01 Mar 2024	Payment	£65.23
Total paid	£195.69	
Summary		
Total gas and electricity costs		£305.77
VAT 5.00% on £305.77		£15.29
Total costs for this period		£321.06
Your starting balance	£159.91	
Total payments for this period	£195.69	
Your new account balance is	£34.54	

HM Government is no longer providing an Energy Price Guarantee (EPG) discount to your gas and/or electricity prices. This change took effect from 1st July 2023. Please note, you may still see a saving applied to your account if your bill covers a period before the EPG discount no longer applied.

Staying on top of your energy costs

How much energy do you use in a day?

Your average daily spend, based on your energy use and tariff, is shown below. To help you understand what type of energy user you are, we've also shown the equivalent daily spend for Ofgem's typical low, medium and high energy users. Figures include VAT at 5%.



Some top tips to help reduce your energy costs

Turn off standby mode

Most electrical appliances can be turned off at the plug when not in use without causing any issues. Turn off standby mode on appliances like your TV to save around £55 a year. Always check your appliance's instruction manual if you're unsure.

Draught-proof your home

If you live in an older home, you'll likely lose some heat in various places around your home. Professional draught-proofing of windows, doors and blocking cracks in floors and skirting boards can cost around £250, but it can save around £95 a year on energy bills. DIY draught proofing can be much cheaper.

Spend less time in the shower

The energy needed to heat the water for a shower can add up. Shortening a shower to 4 minutes could save the average household £70 per year.

Savings information source: Energy Savings Trust January 2024 energysavingtrust.org.uk/hub/quick-tips-to-save-energy

Interested in discovering more energy saving tips?

Our energy efficiency guide provides a range of easy and affordable tips to help reduce your energy use and save money. Find out more at scottishpower.co.uk/energy-efficiency or call our Energy Efficiency advice line free on 0800 332233.

Control at your fingertips

Download the free ScottishPower App

Manage your account and more on the go with our ScottishPower App



Try our Direct Debit Manager tool

A simple way to control your payments and make sure you're paying enough for your energy. Available in our ScottishPower App and your online account.



IMPORTANT

Speak. Seek. Save.

Times are challenging and the cost-of-living crisis is impacting many households. We're supporting Citizens Advice with their Speak. Seek. Save campaign to provide more help to our customers.

Speak: If you're struggling to pay your energy bills, please speak to us as soon as possible. We can work with you to set up a payment plan or discuss the help and support we have available to you.

Seek: You may be eligible for our Hardship Fund if you're on a lower income and need help. The fund can apply credit to your account that you don't need to pay back, which can help clear or reduce any debt on your account. Find out more at scottishpower.co.uk/hardship-fund. We can also direct you to organisations where you can seek advice. For example, debt charities, Citizens Advice, StepChange or LEAP (Local Energy Advice Partnership).

Save: We can help you save energy at home with our simple tips. For example, turning your heating down by one degree could save you £100 per year*. Find out more at scottishpower.co.uk/energy-efficiency or visit www.gov.uk/saveenergy for further advice from the Government. And, if your home has a poor EPC energy efficiency rating and you receive certain benefits, we could help to lower your energy bills with a free air source heat pump installation. Discover more at scottishpower.co.uk/air-source-heat-pumps

Extra help managing your energy account

If you need a little more support – for example if you have a disability, chronic illness, are of pensionable age, are blind or partially sighted, or have experienced a change to your personal circumstances, you may be eligible for our free Priority Services Register (PSR). It offers a range of services - for example, we can send communications in alternative formats, provide help with your meter readings, and carry out free gas safety checks. To find out more, visit scottishpower.co.uk/psr

*Source: energysavingtrust.org.uk/energy-saving-budget



We're founding members of Energy UK's Vulnerability Commitment, which aims to provide focused support for vulnerable households.