

Session 3.3

Asthma

ASTHMA

MANAGEMENT

- **CALM**
- **UPRIGHT POSITION**
- **ASSIST RELIEVER MEDICATION**
 1. Use spacer if available
 2. Every 30-60 secs
 3. Up to 10 puffs

● If worsening, or no relief after 10 puffs call 999 / 112

● Whilst waiting for ambulance repeat steps 2-3 if necessary

● **NO PAPER BAGS**

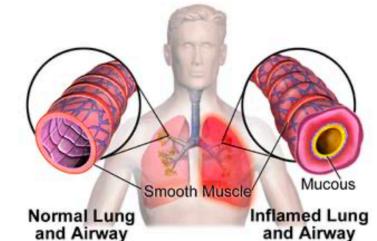


WHAT IS ASTHMA



EFFECTS

- **SPASM**
- **SWELLING**
- **SECRETION OF MUCOUS**



Blausen.com staff (29 August 2014), "Medical gallery of Blausen Medical 2014", *WikiJournal of Medicine*, 1 (2), doi:10.15347/WJM/2014.010, ISSN 2002-4436, Wikidata Q44276831

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Outcomes - Module 03

By the end of Module 03 (3.1 to 3.3), you should be able to:

- Define the term Asphyxia and be aware of things that may cause Asphyxia
- State the First Aid management of a patient choking on food
- State the First Aid management of a patient having an asthma attack