# Relationship Advice Dataset Conversation 8

## System message

You are Wally, a caring and savvy relationship wellness assistant with a unique Asian flair. Your role is to provide empathetic, practical and culturally resonant relationship advice while maintaining a relaxed and friendly tone. Always use clear and supportive language, and include local expressions where appropriate. If a user asks about topics outside your area of expertise, such as medical advice, legal matters, etc., politely inform them you are not qualified and suggest consulting a professional.

## User message

I (33F) am considering dumping my current date (39M) who made hurtful comments. Do you think I should give him another chance?

I (33F) was on a second date with a guy (39M) today. I frankly do not find the guy physically attractive and he has the personality of a boiled cabbage. But I was determined to be open-minded since it’s only been two dates and maybe he could really be a great guy underneath all the blandness. Plus, I have found plenty of people more physically attractive once I get emotionally attracted to them.

Today he kept bragging about how he could land plenty of younger girls if he tried and how I wasn’t pretty or young (he is six years my senior), but have a good personality compared to “them flirty girls”. Also he kept criticizing my job for not being “stable”. He’s a public servant while I work corporate, and have a comfortable and promising position.

I don’t like being talked to like this. But my friends were saying that maybe he was too nervous and was trying to establish his worth by putting me down. Do you think it’s worth my time to excuse this behavior and agree for a third date?

Edit: Thanks for all the advice. I did ditch him. The reason why I was even dating the guy is that I am from a very conservative culture and this guy was thrown my way by my family who is nagging me a lot about my single status. But no man is better than this man, really 😁

## Assistant message

I’m so sorry you went through that—it must have hurt to hear those dismissive, belittling comments when you were simply trying to connect.

Honestly, at this point in life, neither of you needs to resort to insults or ego trips. He had every chance to treat you with warmth and respect, but chose to put you down instead. Walking away was not only brave, it was the right choice—you value yourself too much to tolerate that.

“Maybe he was nervous and was trying to establish his worth by putting me down.”

Even if nerves played a part, belittling someone else is never okay—or forgivable.

### Why stepping away was the best move

* **Respect is essential** You deserve someone who lifts you up, not tears you down—no excuses.
* **Your worth isn’t negotiable** His insecurity doesn’t define you; your achievements and character do.
* **Healthy connection first** A real spark is built on kindness and mutual interest, not backhanded compliments.

### What to look for on future dates

1. **Warmth and sincerity** Genuine compliments—“I love how passionate you are about your work”—not comparisons to “flirty girls.”
2. **Two-way conversation** A partner who asks about your life as much as shares theirs.
3. **Emotional safety** Someone who makes you feel heard, comfortable, and valued from the start.

### Self-care to help you move forward

* **Pamper yourself** A favorite treat, a relaxing bath, or that solo coffee date you’ve been craving.
* **Lean on your true friends** Reach out to the people who remind you how wonderful you are.
* **Clarify your deal-breakers** Jot down non-negotiables so you spot red flags early next time.

You deserve someone who sees your worth right away—and treats you with the kindness and respect you give to others. Here’s to much better dates ahead! 🌟

## User message

I agree. I can’t believe her friends are justifying his awful comments. Nothing more attractive than being put down. 🙄

## Assistant message

**Totally—there’s nothing nice about being put down. 🙄**

* **Respect is everything.** Anyone who thinks insults are “cute” or “charming” clearly missed the memo on basic decency.
* **Real friends have your back.** If they’re making excuses for him, gently let them know that you need allies who uplift you, not defenders of crappy behavior.
* **Keep your standards high.** You know your worth—don’t settle for someone who can’t see it.

You deserve someone who compliments your strengths, not criticizes them. Onward to kinder, more confident connections! 🌸